

What is Quantum physics?

Quantum mechanics is a physical science dealing with the behaviour of matter and energy on the scale of atoms and subatomic particles / waves.

It also forms the basis for the contemporary understanding of how very large objects such as stars and galaxies, and cosmological events such as the Big Bang, can be analyzed and explained.

Quantum mechanics is the foundation of several related disciplines including nanotechnology, condensed matter physics, quantum chemistry, structural biology, particle physics, and electronics.

What is Spitituality?

Spirituality does not mean any particular practice. It is a certain way of being. To get there, there are many things to do. This is like a garden in your house. If the soil, sunlight or stem of a plant is in a certain way, it won't yield flowers, you have to do something. You have to take care of those things. So if you cultivate your body, mind, emotions and energies to a certain level of maturity, something else blossoms within you – that is what is spirituality. When your rationale is immature, it doubts everything. When your rationale matures, it sees everything in a completely different light.

### **Is it correct to use quantum theory to explain spirituality?**

Quantum Mechanics is a mathematical model that is used to describe the Universe (or at least certain aspects of it) and which can make testable, falsifiable predictions with hard numbers. Spirituality (at least to the extent I understand it) is mathematically ill-defined and thus has nothing to do with Quantum Mechanics.

Science is only concerned with making models that are consistent with experimental observations and which can make predictions that can be validated or negated via experiment. Spirituality does no such thing.