4 A micrometer is used to measure the 28.50 mm width of a plastic ruler. The micrometer reads to the nearest 0.01 mm.

What is the correct way to record this reading?

A 0.02850 ± 0.01 m

B 0.0285 ± 0.001 m

C $(2.850 \pm 0.001) \times 10^{-2}$ m

D $(2.850 \pm 0.001) \times 10^{-3}$ m