7 The velocity–time graph for an object is shown.
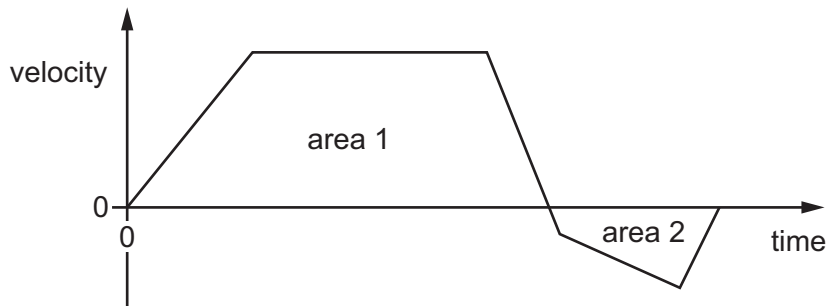

Which expression gives the total displacement of the object?

A area 1 – area 2

B $\dfrac{(\text{area 1} + \text{area 2})}{2}$

C area 1 + area 2

D area 2 – area 1