

- 16** A man has a mass of 80 kg. He ties himself to one end of a rope which passes over a single fixed pulley. He pulls on the other end of the rope to lift himself up at an average speed of 50 cm s^{-1} .

What is the average useful power at which he is working?

- A** 40 W **B** 0.39 kW **C** 4.0 kW **D** 39 kW

Space for working