3   A ball is thrown upwards vertically near Earth's surface.

It takes a time of 3.20 s to return to the initial position.

Assume air resistance is negligible.

What is the initial speed with which the ball is thrown?

A   3.07 m s^{-1}
B   7.85 m s^{-1}
C   15.7 m s^{-1}
D   31.4 m s^{-1}