

# First steps with R in Life Sciences: Statistics

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-- with slides from Diana Marek, Leonore Wigger, Wandrille Duchemin







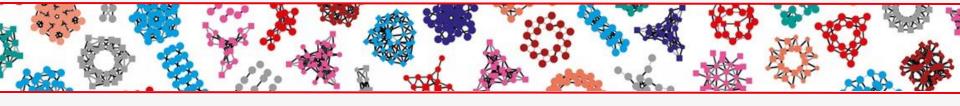










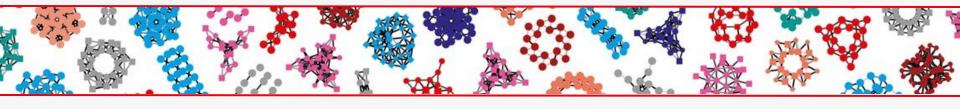


07

Starting with statistics in R

### Covered in this lecture:

- T-test
- Correlation
- Simple linear regression



Hypothesis testing and linear modelling in R

## Statistical hypothesis testing

- Two hypotheses in competition :
  - H0: the NULL hypothesis (usually the most conservative e.g., "no difference")
  - H1: the alternative hypothesis (usually the one we are actually interested in)

#### **Example:**

HO: « There is no difference in weight between two given strains of mice »

H1: « The average weight in KO mice is different from that in WT mice »

#### Statistical test:

- Calculate test statistic,
- Calculate associated p-value,
- Check if p-value is small enough to reject H0, according to pre-defined significance level.

## Statistical hypothesis testing

#### Test statistic:

Variable calculated from sample data. Measures the degree of agreement between the sample of data and the null hypothesis. Example: t statistic in the t-test.

#### • p-value:

Probability of observing a result (and test statistic) at least as extreme as the one obtained from the analyzed data, assuming the null hypothesis is true.

### significance level (alpha level):

Decision threshold for the p-value below which we reject the null hypothesis (conventionally, 0.05 or 0.01). It is also the probability of mistakenly rejecting the null hypothesis.

## T-test

### Goal:

 Compare a continuous measure between two groups: Is the difference between the two group means statistically significant?

## **Assumptions:**

- Observations are independent
- The means of the two groups follow a normal distribution
- (Same variance in each group)

R uses Welch's t-test, which does not assume equal variance

## Example data set: sleep

**Student's sleep data:** shows the effect of two soporific drugs on 10 patients: hours of sleep gained with the drug compared to control condition without drug

```
>data(sleep)
```

#### >head(sleep)

# Cushny, A. R. and Peebles, A. R. (1905) The action of optical isomers: II hyoscines. The Journal of Physiology 32, 501–510.

Student (1908) The probable error of the mean. Biometrika, 6, 20.

#### >summary(sleep)

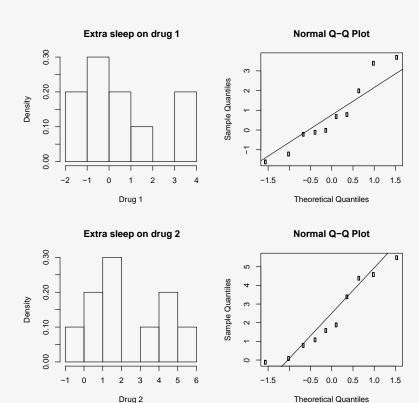
extra	gro	group		
Min.	:-1.600	1:10	1	:2
1st Qu.	:-0.025	2:10	2	:2
Median	: 0.950		3	: 2
Mean	: 1.540		4	: 2
3rd Qu.	: 3.400		5	: 2
Max.	: 5.500		6	: 2
				r):8

# Check normality of the data with plots

>data(sleep) # Data which shows the effect of two soporific drugs (increase in hours of sleep compared to control) on patients.

Using histograms (hist()) and QQ-Plots (qqnorm(), qqline()), we can visually assess the normality of the data.

```
>par(mfrow=c(2,2))
>hist(sleep$extra[sleep$group==1],
freq=FALSE, xlab="Drug 1",
main=" Extra sleep on drug 1")
>qqnorm(sleep$extra[sleep$group==1])
>qqline(sleep$extra[sleep$group==1])
>hist(sleep$extra[sleep$group==2],
freq=FALSE, xlab="Drug 2",
main=" Extra sleep on drug 2")
>qqnorm(sleep$extra[sleep$group==2])
>qqline(sleep$extra[sleep$group==2])
```



## Recommendations for assessing normality

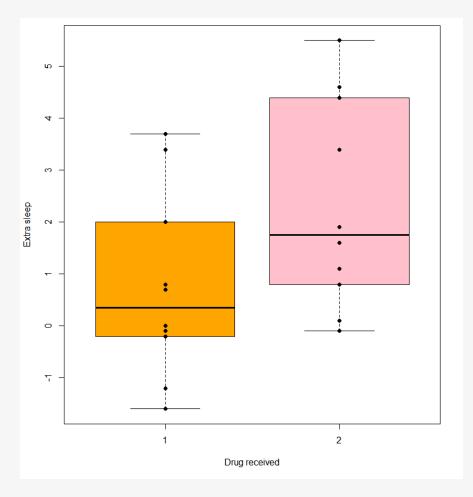
T-test is somewhat robust to non-normal data. No need to be too strict about normality requirement.

QQ-Plot: If you only do one type of assessment, use this!

Histograms: Better for larger data sets. Distributions hard to asses for small data sets.

# Visualize group differences with boxplot()

```
>boxplot(extra ~ group, data=sleep, col=c("orange", "pink"),
ylab="Extra sleep", xlab="Drug received")
>points(extra ~ group, data = sleep, col="black",pch = 19)
```



Are the two means significantly different?

# Function t.test()

0.75

```
>t.test(sleep$extra[sleep$group==1],
        sleep$extra[sleep$group==2])
>t.test(extra ~ group, data=sleep) #equivalent to the above
# Two-sided Welch two-sample t-test (modified t-test, does
not assume equal sample variances)
Welch Two Sample t-test
data: extra by group
t = -1.8608, df = 17.776, p-value = 0.07939
alternative hypothesis: true difference in means is not equal
to 0
                                 No significant difference
95 percent confidence interval:
                                    between group means
 -3.3654832 0.2054832
sample estimates:
                                     at alpha level 0.05
mean in group 1 mean in group 2
```

2.33

## T-test object

- t.test() and other tests return an R object that can be assigned to a variable. This object is a list.
- View the names of the list's slots using names().
- Access the elements of a list using the \$ or the [[]] operators.

```
> test.res <- t.test(sleep$extra[sleep$group==1],</pre>
                    sleep$extra[sleep$group==2])
> names(test.res)
[1] "statistic" "parameter" "p.value" "conf.int"
[5] "estimate" "null.value" "alternative" "method"
[9] "data.name"
> test.res[["statistic"]] #or: test.res$statistic
t
-1.860813
> test.res[["p.value"]] #or: test.res$p.value
[1] 0.07939
```

## Paired data

Sleep data set has two measurements per person (ID): one for each drug.

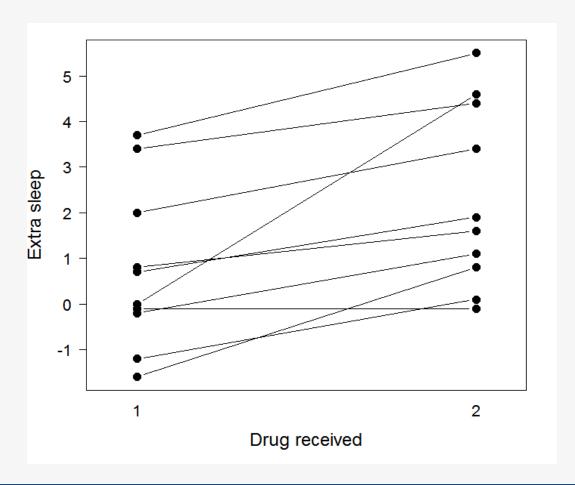
A paired t-test would be more appropriate than an unpaired t-test.

### Normality assumption:

 The mean of the differences between pairs are normally distributed.

## Paired data representation

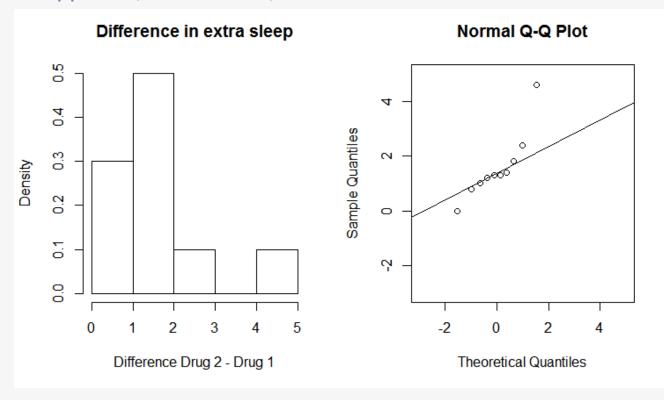
>interaction.plot(response=sleep\$extra, x.factor=sleep\$group,
trace.factor=sleep\$ID, legend=FALSE, type="b", lty=1, pch=16,
xlab="Drug received", ylab="Extra sleep")



Is the difference between the two treatments significant?

## Check normality of the differences between pairs

```
>difference = sleep$extra[sleep$group==2]-
sleep$extra[sleep$group==1]
>hist(difference, freq=FALSE, xlab="Difference Drug 2 - Drug 1",
main="Difference in extra sleep", col="white")
>qqnorm(difference, xlim=c(-5, 2), ylim=c(-5, 2))
>qqline(difference)
```



Most points are close to the qqline but there is an outlier

## Paired t-test

 Use a paired t-test when the data contains two measures for the same subject/entity.

```
>t.test(sleep$extra[sleep$group==1],
        sleep$extra[sleep$group==2], paired=TRUE)
# paired values must be at the same position in the two vectors
# do not use formula notation (extra~sleep) for paired t-test
Paired t-test
data: sleep$extra[sleep$group == 1] and
sleep$extra[sleep$group == 2]
t = -4.0621, df = 9, p-value = 0.002833
alternative hypothesis: true difference in means
is not equal to 0
95 percent confidence interval:
 -2.4598858 -0.7001142
                                The difference between the
sample estimates:
                               two treatments is significant
mean of the differences
```

-1.58

at alpha level 0.05

## Non-parametric alternatives to the t-test

- When the data deviates strongly from normality, a non-parametric test can be used in place of a t-test.
- Non-parametric tests do not assume any particular distribution of the data.

Instead of t-test (without pairing), use Mann-Whitney U test.

Instead of paired t-test, use Wilcoxon Signed Rank test.

These two tests have different names but are both implemented in the R function wilcox.test.

## Function wilcox.test()

For the sleep data, a paired test is appropriate.

Wilcoxon signed rank test with continuity correction

```
data: sleep$extra[sleep$group == 1] and
sleep$extra[sleep$group == 2]
V = 0, p-value = 0.009091
alternative hypothesis: true location shift is not equal to 0
```

- The conclusion is the same as it was for the paired t-test.
- The p-value is a little higher wilcox.test: 0.009091
- t.test: 0.002833

The difference between the two treatments is significant at alpha level 0.05

# Function wilcox.test(): warning messages about p-value computation

- wilcox.test() implements two ways to compute p-values: exact and by approximation
- The method can be selected with parameter exact=TRUE or exact=FALSE
- The default is "exact" if sample size < 50 and there are no ties in the data. Otherwise it is by normal approximation.

If warning messages saying "cannot compute exact p-value" are displayed, then computation of exact p-value failed and a normal approximation was performed.

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```
Warning messages:
1: In wilcox.test.default(sleep$extra[sleep$group == 1],
sleep$extra[sleep$group == :
    cannot compute exact p-value with ties
2: In wilcox.test.default(sleep$extra[sleep$group == 1],
sleep$extra[sleep$group == :
    cannot compute exact p-value with zeroes
```

These warnings don't mean that there is an error in the result. An (approximated) p-value is still provided and can be reported.

# Let's practice - 9

Come back to the mice data-set stored in the "mice\_data" data frame.

- 1) Considering WT mice weight and KO mice weight separately, check the assumption of normality graphically.
- 2) Make an appropriate plot to visualize the mouse weights grouped by genotype.
- 3) Perform a test to see whether the mouse weight is different between the two genotypes.
- 4) Repeat step 1 to 3 for the diet variable.

# In a nutshell

- R can help you to make a graphical representation of your hypothesis and to test it using the right model based on your data (check the assumptions).
- R offers a wide range of functions for simple hypotheses testing such as:
  - t.test(): Student's t-test
  - wilcox.test(): Whitney Mann U and Wilcoxon Signed Rank tests (non-parametric)

### Further examples not covered in this course:

- var.test(): F test for equality of variances
- fisher.test(): Fisher's exact test
- chisq.test(): Chi-squared contingency tables tests and goodness-of-fit tests
- ks.test(): Kolmogorov-Smirnov test (non parametric)

• ...

## Bivariate linear correlation

 Goal: Quantify the strength of a linear correlation between two continuous variables

cor() computes a correlation between two variables.

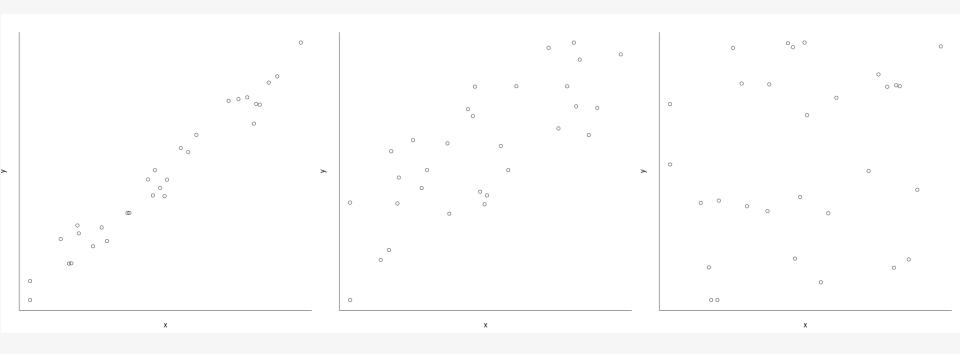
**Default: method="pearson"** (linear correlation)

Other options: method="spearman", method="kendall"

(rank-based correlations)

• cor.test() computes a correlation and performs a corresponding statistical test to obtain a p-value (for Pearson correlation: p-value from linear regression, same as lm())

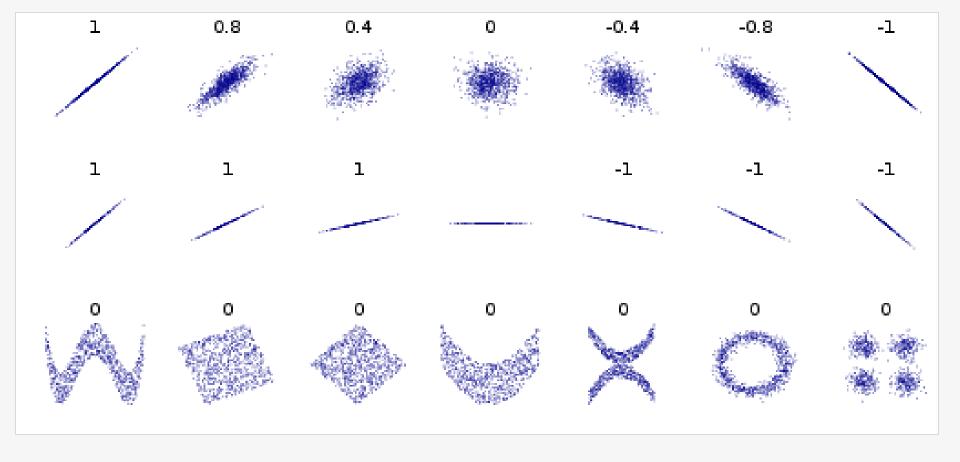
# Scatter plots and correlation strength



Strong linear correlation: points are close to a straight line

Medium-strong linear correlation: points more or less follow a straight line

No correlation: Points have random pattern



Several sets of (x, y) points, with the Pearson correlation coefficient of x and y for each set. Note that the correlation reflects the noisiness and direction of a linear relationship (top row), but not the slope of that relationship (middle), nor many aspects of nonlinear relationships (bottom).

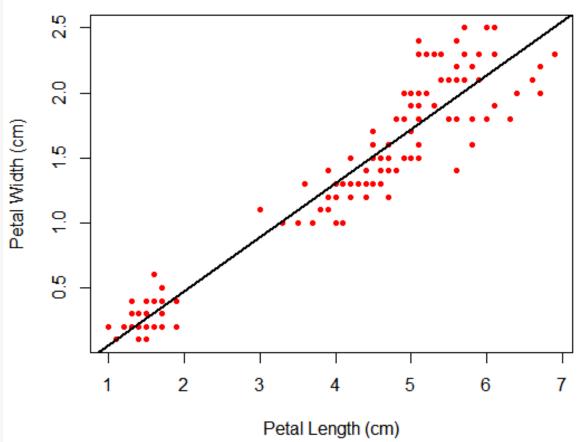
Image credit: wikipedia user DenisBoigelot, under the CC0 1.0 license

## Scatter plot



Does a significant linear correlation exist between sepal length and width?

## Scatter plot



Does a significant linear correlation exist between sepal length and width?

Visual assessment: Points are close to trend line

## Linear correlation

```
>cor(iris$Petal.Length, iris$Petal.Width, method="pearson")
[1] 0.9628654
>cor.test(iris$Petal.Length, iris$Petal.Width,
         method="pearson")
      Pearson's product-moment correlation
data: iris$Petal.Length and iris$Petal.Width
t = 43.387, df = 148, p-value < 2.2e-16
alternative hypothesis: true correlation is not equal to 0
95 percent confidence interval:
```

0.9490525 0.9729853 sample estimates: cor 0.9628654

We can reject the null hypothesis that there is no association

## Linear regression

Goal: Determine the extent to which there is a linear relationship between an "outcome" variable (dependent variable) and one more "explanatory" variables (independent variables, predictor variables).

Can a significant part of the variability in the outcome be predicted/explained by the independent variables?

Outcome variable: continuous (e.g. weight, heart rate, blood sugar)

Explanatory variables: continuous OR categorical (e.g. gender)

In R, the linear regression model is specified by a model formula of the form:

outcome ~ explanatory variables

## Simple linear regression

A simple regression model (one explanatory variable) is specified by

• 
$$y = a + b*x + err$$

a: Intercept

b: coefficient of explanatory var., x: explanatory var.

err: error term (=residuals)

#### **Assumptions:**

- Homoscedasticity: independence between residual variance and variables
- Linearity + absence of linear relationship between variables
- independence of the observations.
- Residuals centered around predicted value (mean=0)
- + normality of the residual's mean
  - → only used to assess parameters confidence interval
- Otherwise: try log-transform (for heteroskedasticity) or non-parametric methods if the assumptions are not met.

## Summary of the data

```
>class_data <- read.csv("class.csv")
>class_data$Gender=as.factor(class_data$Gender)
#dataset* of 19 students' measurements
>summary(class_data)
```

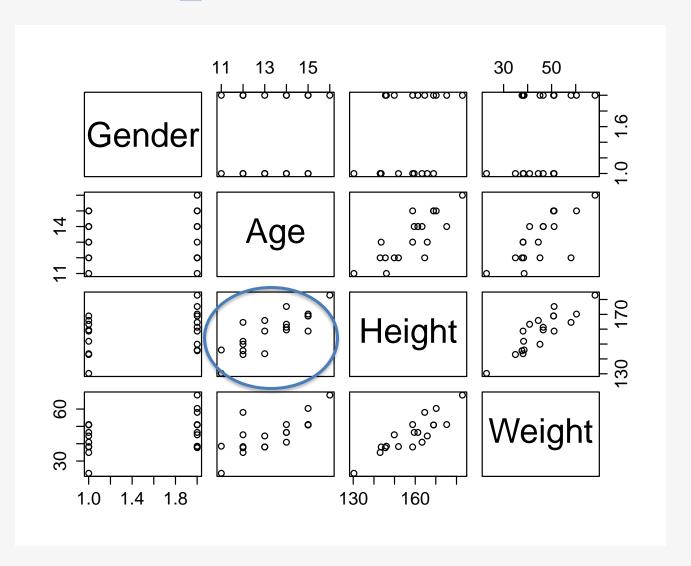
Gender	Age		Height		Weight	
F: 9	Min.	:11.00	Min.	:130.3	Min.	:22.91
M:10 1st Qu.:12.00		.:12.00	1st Qu.:148.0		1st Qu.:38.22	
	Median	:13.00	Median	:159.5	Median	:45.13
	Mean	:13.32	Mean	:158.3	Mean	:45.37
	3rd Qu	.:14.50	3rd Qu	.:167.4	3rd Qu	.:50.92
	Max.	:16.00	Max.	:182.9	Max.	:68.04

<sup>\*</sup>CLASS dataset, from the program SAS (names removed and units have been modified from imperial to metric)

## Representation of the data

>pairs(class\_data)

Height~a+b1\*Age+ err



# The Im() Function

- Im(): fitting a linear model.
- Creates an R object which contains the regression result and can be stored or printed. Just printing the result provides only the regression coefficients.
- The summary() and plot() functions can be used to provide more information, including diagnostic plots.
- Many other functions can be applied to the regression objects:
  - residuals() extracts a vector containing the residuals (error)
  - coef() extracts the regression coefficients
  - anova() produces the corresponding ANOVA table (not covered

## Simple linear regression

# Simple linear regression

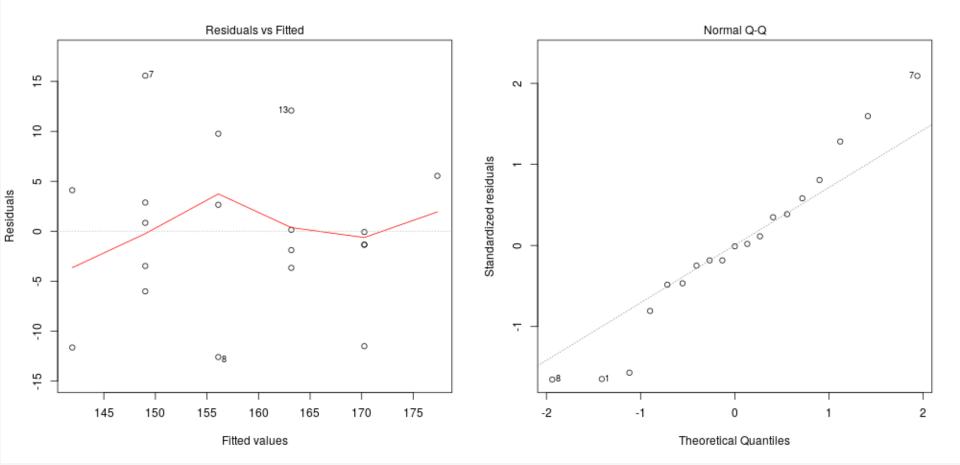
Model: Height =  $64.07 + 7.08 \times Age$ 

### Check model assumptions

The output of lm() already contains some diagnostic plots:

```
> par(mfrow=c(1,2))
```

- > plot(model\_height\_age, which=1)
- > plot(model\_height\_age, which=2)

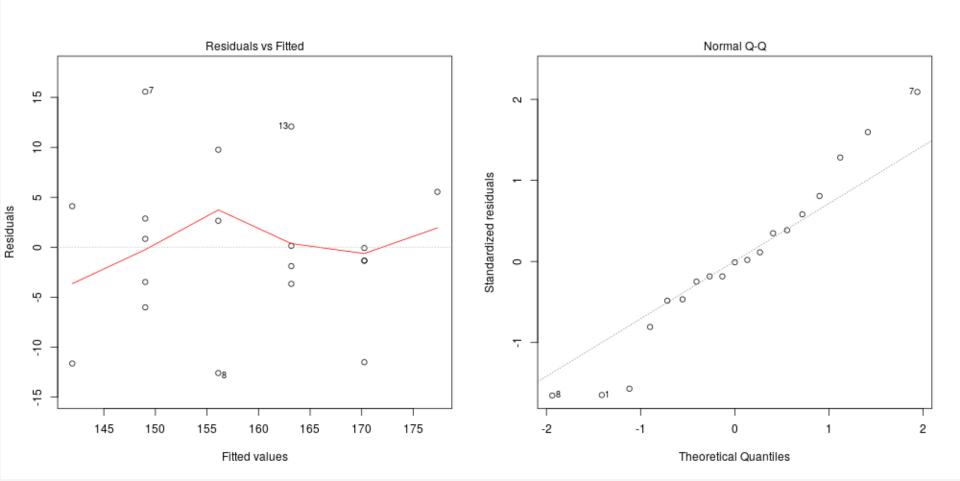


### Check model assumptions

**Left plot:** homoscedasticity (variance or residual equal along axis)

+ mean of residuals at 0

**Right plot:** normality of residuals

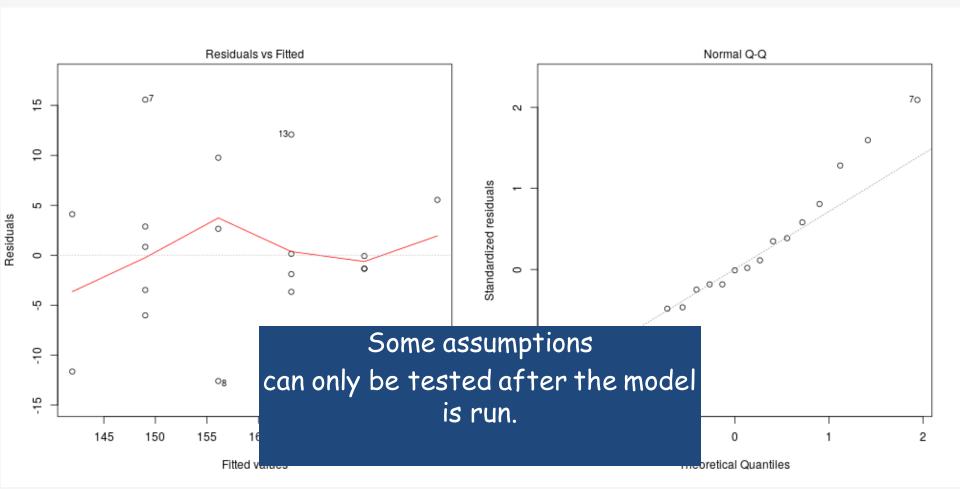


### Check model assumptions

**Left plot:** homoscedasticity (variance or residual equal along axis)

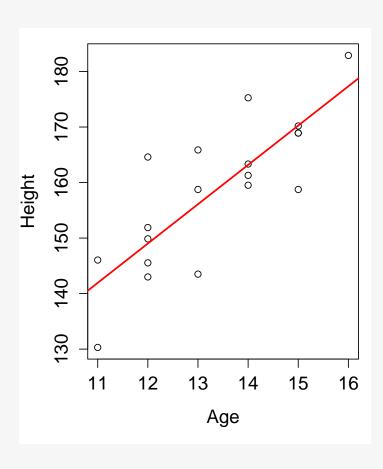
+ mean of residuals at 0

**Right plot:** normality of residuals

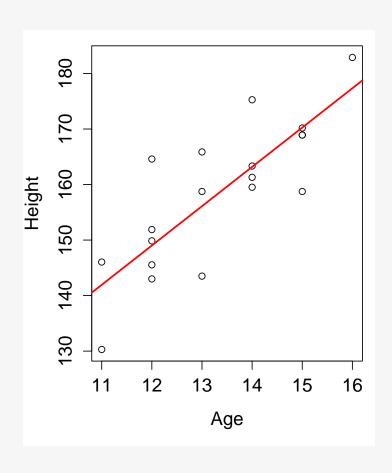


### Representation of the fit

```
>plot(Height~Age,data=class_data)
>abline(model_height_age, col="red", lwd=2)
```

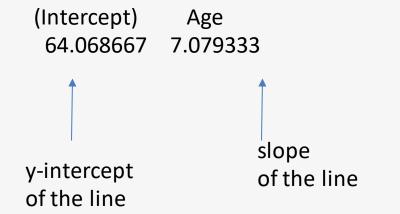


# Functions to extract data from Im object (I): coefficients

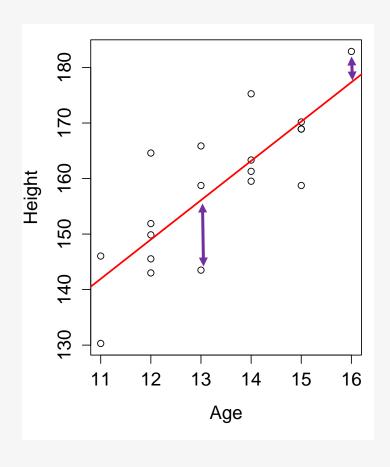


**coefficients:** y-intercept and slope of the regression line

#get the coefficients as vector
>coef(model\_height\_age)



### Functions to extract data from Im object (II): 2) residuals



residuals: vertical distances of data points from the regression line

# get the residuals as vector
>residuals(model\_height\_age)

```
1 2 3 4 5
-11.6393 4.1087 -3.4787 2.8713 0.8393
6 7 8 9 10
-6.0187 15.5713 -12.5900 9.7620 2.6500
11 12 13 14 15
-3.6673 -1.8893 12.0807 0.1427 -11.5087
16 17 18 19
-1.3487 -0.0787 -1.3487 5.5420
```

#### >summary(model height age) Height~a+b1\*Age+ err

#### Call:

```
lm(formula = Height ~ Age, data = class data)
```

#### Residuals:

```
Min
           1Q Median 3Q
                              Max
-12.5900 -3.5730 -0.0787 3.4900 15.5713
```

#### Error:

Difference between the observed and the fitted points (line)

#### Coefficients:

```
Estimate Std. Error t value Pr(>|t|)
(Intercept) 64.069 16.565 3.868 0.00124 **
         7.079 1.237 5.724 2.48e-05 ***
Age
              0 \***' 0.001 \**' 0.01 \*' 0.05 \.' 0.1 \' 1
Signif. codes:
```

Significance of the parameters: Is Age different from 0? YES

Residual standard error: 7.832 on 17 degrees of freedom

Multiple R-squared: 0.6584, Adjusted R-squared: 0.6383

F-statistic: 32.77 on 1 and 17 DF, p-value: 2.48e-05

R<sup>2</sup>: Fraction of the variance explained by the model

F-test: Is the model significant compared to a model with just the intercept? YES

### In a nutshell

R offers different ways to model your hypotheses. Choose one suited to your types of variables and your research question. Covered in this course:

Comparing two group means t.test()

- Testing linear correlation between continuous variables: cor(), cor.test()
- Building simple linear models between a continuous variable and a continuous or categorical variable.

```
Im()
```

### Summary - Overall analysis workflow

- 1. Specify your biological question and your experimental design very clearly, then collect your data.
- 2. Save your data into a csv format in a dedicated folder.
- 3. Start up RStudio, create an R project, open a new script file and save it where you save your data. Don't forget to annotate it and save it regularly.
- 4. Import your data into R. Check everything in your data. Make sure it is what you expect it to be.
- 5. Explore your data, first with R's plotting functions. Make an hypothesis. Try to guess the answer that your statistical test should give you.
- 6. Perform your test to confirm your answer.
- 7. Communicate your findings.
- 8. Make sure your files (data, scripts, figures, reports) are well organised in your folder.

## More to explore...

- R manuals: <a href="http://cran.r-project.org/manuals.html">http://cran.r-project.org/manuals.html</a>
- Datacamp free tutorials: <a href="https://www.datacamp.com/courses/free-introduction-to-r">https://www.datacamp.com/courses/free-introduction-to-r</a>
- STHDA (Statistical Tools for High Throughput Data Analysis)
   free tutorials: <a href="http://www.sthda.com/english/">http://www.sthda.com/english/</a>
- Stackoverflow documentation, resources and user forum: <a href="http://stackoverflow.com/tags/r/info">http://stackoverflow.com/tags/r/info</a>
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### Thank you for your attention

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Any questions? Contact training@sib.swiss

### Let's practice - 10

The data set "Pima" comes from a study on diabetes in women of Pima Indian heritage. We are using a subset (Pima.tr).

- 1) Load the package MASS using library(). (You may need to install it first). Load the dataset Pima.tr using data(). Use? to get an idea which variables it contains.
- 2) Hypothesis: Blood glucose level (glu) is associated with diastolic blood pressure (bp). Run a linear model to test the hypothesis.
- 3) Visualize the fit with a scatter plot and a trend line.
- 4) Check assumptions of the model (homoscedasticity, mean of residual at 0, normality of the residuals) graphically.