Good writing is like good design.

By defining the problem, you are taking the first steps towards figuring out a solution.

Collecting information will give you the inspiration to get started. Create sketches, take photographs and gather data.

Brainstorm and analyze ideas so you can begin to understand how all the data and information you've collected may impact your writing.

Develop solutions by taking the ideas you've created and making them into drafts.

Gather feedback by presenting your writing to as many people as possible.

Reflect on all of your feedback and decide if or to what extent it should be incorporated.

If you feel stuck, take a break. That's not specific to good design but overall wellness (: