

Clinic: **AKG clinic** Treating Doctor: **PranjalSagar**

Patient Name: PranjalSagar Patient ID: P.PraSag10311

From: 21-12-2022 -- 22-12-2022 Time Slots: 10:00 am 12:00 pm 2:00 pm 04:00 pm 06:00 pm 08:00 pm





Prone Straight Leg Gluteal Activation

Sets | 1 Reps | 3



2 Prone On Hands

Sets | 1 | Reps | 3