DSC550 - Term Project - sidbhaumik

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0.0.1 Mental Health in Tech Industry

Tech industry is considered as one of the most sought after place for students and professionals due to various reasons like great salary and perks, big offices, sometimes fancy work environment, possible to climb up the management ladder in fairly short time, etc.

Tech is one of the fastest growing industry where people want answers even before they could formulate their problems. Companies are trying to stay one step ahead of their competitors to stay profitable in the Fiercely competitive or inovative market. With the fast-paced environment comes a lot of pressure to deliver quality production ready deliverables. In addition with the advent of new methodologies such as Agile, Peer programming and XP (Extreme Programming) workers are now under more stress than ever before to perform and deliver.

According to OSMI data, 51% of tech professionals have been diagnosed with a mental health condition. By comparison, 19.1% of U.S. adults experience mental illness, according to the National Alliance on Mental Illness.

The terrifying problem with mental illness is that it is invisible; it's a private battle that people have, and it's hard to know when people need help.

The dataset I have selected is from a 2014 survey posted in Kaggle that measures attitudes towards mental health and frequency of mental health disorders in the tech workplace.

Content of this dataset:

- 1. Timestamp
- 2. Age
- 3. Gender
- 4. Country
- 5. state: If you live in the United States, which state or territory do you live in?
- 6. self employed: Are you self-employed?
- 7. family history: Do you have a family history of mental illness?
- 8. treatment: Have you sought treatment for a mental health condition?
- 9. work_interfere: If you have a mental health condition, do you feel that it interferes with your work?
- 10. no_employees: How many employees does your company or organization have?
- 11. remote_work: Do you work remotely (outside of an office) at least 50% of the time?
- 12. tech company: Is your employer primarily a tech company/organization?
- 13. benefits: Does your employer provide mental health benefits?
- 14. care options: Do you know the options for mental health care your employer provides?
- 15. wellness_program: Has your employer ever discussed mental health as part of an employee wellness program?

- 16. seek_help: Does your employer provide resources to learn more about mental health issues and how to seek help?
- 17. anonymity: Is your anonymity protected if you choose to take advantage of mental health or substance abuse treatment resources?
- 18. leave: How easy is it for you to take medical leave for a mental health condition?
- 19. mental_health_consequence: Do you think that discussing a mental health issue with your employer would have negative consequences?
- 20. phys_health_consequence: Do you think that discussing a physical health issue with your employer would have negative consequences?
- 21. coworkers: Would you be willing to discuss a mental health issue with your coworkers?
- 22. supervisor: Would you be willing to discuss a mental health issue with your direct supervisor(s)?
- 23. mental_health_interview: Would you bring up a mental health issue with a potential employer in an interview?
- 24. phys_health_interview: Would you bring up a physical health issue with a potential employer in an interview?
- 25. mental_vs_physical: Do you feel that your employer takes mental health as seriously as physical health?
- 26. obs_consequence: Have you heard of or observed negative consequences for coworkers with mental health conditions in your workplace?
- 27. comments: Any additional notes or comments

My target variable here is 'treatment'. Workplaces which promote mental health and support their employees through different benefits and wellness programs will see more people opting for treatments and other kind of help if needed. Also, such companies will benefit as well if the employees feel cared for, feel happy as that will improve their work quality and their likelihood to stay with the employer. This will help companies retain employees specially the good one's as well as make them preferred choice when a job applicant decides on a specific company on factors other than position and salary offered. Also, this will improve their ratings in job sites like Glassdoor, Indeed, etc.

```
[1]: # Import necessary libraries
  import numpy as np # linear algebra
  import pandas as pd # data processing
  # Libraries for Data Visualization
  import matplotlib.pyplot as plt
  from matplotlib.colors import ListedColormap
  import seaborn as sns
  from scipy import stats
  from scipy.stats import randint
  import warnings
  warnings.filterwarnings('ignore')
```

```
[2]: # Reading Mental Health Survey CSV file and writing to the Dataframe src_df= pd.read_csv("survey.csv")
```

```
[3]: # Read Sample data from Dataframe
     src_df.head()
[3]:
                                                    Country state self_employed
                                   Gender
                   Timestamp
                              Age
        2014-08-27 11:29:31
                               37
                                    Female
                                             United States
                                                               IL
                                                                             NaN
        2014-08-27 11:29:37
                                             United States
                                                               ΙN
                                                                             NaN
     2 2014-08-27 11:29:44
                               32
                                      Male
                                                     Canada
                                                              NaN
                                                                             NaN
     3 2014-08-27 11:29:46
                               31
                                      Male
                                            United Kingdom
                                                              NaN
                                                                             NaN
     4 2014-08-27 11:30:22
                                      Male
                                             United States
                               31
                                                               TX
                                                                             NaN
       family_history treatment work_interfere
                                                     no employees
                             Yes
     0
                    No
                                           Often
                                                             6-25
     1
                    No
                              No
                                          Rarely
                                                  More than 1000
                    No
     2
                              No
                                          Rarely
                                                             6-25
     3
                   Yes
                             Yes
                                           Often
                                                           26-100
     4
                   Nο
                                           Never
                                                          100-500
                              No
                      leave mental_health_consequence phys_health_consequence
     0
             Somewhat easy
                                                                              No
     1
                Don't know
                                                  Maybe
                                                                              No
        Somewhat difficult
     2
                                                     No
                                                                              No
        Somewhat difficult
     3
                                                    Yes
                                                                             Yes
                Don't know
                                                     No
                                                                              No
           coworkers supervisor mental_health_interview phys_health_interview
        Some of them
                             Yes
                                                        No
                                                                            Maybe
     0
     1
                  Nο
                                                                               No
                              No
                                                        No
     2
                  Yes
                             Yes
                                                       Yes
                                                                              Yes
        Some of them
                              No
                                                     Maybe
                                                                            Maybe
        Some of them
                             Yes
                                                       Yes
                                                                              Yes
       mental_vs_physical obs_consequence comments
     0
                       Yes
                                         No
                                                  NaN
     1
               Don't know
                                         No
                                                  NaN
     2
                                         No
                                                  NaN
                        No
     3
                        No
                                        Yes
                                                  NaN
               Don't know
                                         No
                                                  NaN
     [5 rows x 27 columns]
[4]: # Checking the number of rows and columns in the dataset
     print("Number of rows:",src_df.shape[0])
     print("Number of columns:",src_df.shape[1])
```

Number of rows: 1259 Number of columns: 27

```
[5]: # Checking for columns with missing data src_df.isnull().sum().sort_values(ascending=False)
```

```
[5]: comments
                                    1095
                                     515
     state
     work_interfere
                                     264
     self_employed
                                      18
     seek_help
                                       0
                                       0
     obs_consequence
     mental_vs_physical
                                       0
     phys health interview
                                       0
     mental_health_interview
                                       0
     supervisor
                                       0
                                       0
     coworkers
     phys_health_consequence
                                       0
     mental_health_consequence
                                       0
     leave
                                       0
     anonymity
                                       0
     Timestamp
                                       0
     wellness_program
                                       0
     Age
                                       0
     benefits
                                       0
     tech_company
                                       0
                                       0
     remote_work
     no_employees
                                       0
     treatment
                                       0
     family_history
                                       0
     Country
                                       0
     Gender
                                       0
     care_options
                                       0
     dtype: int64
```

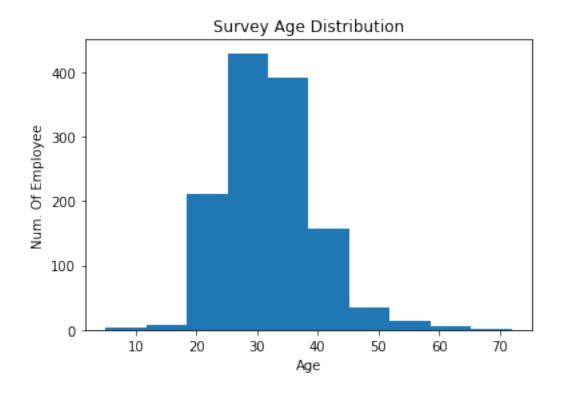
Data Cleansing

```
[7]: ## Putting default values for other columns with missing values src_df["state"].fillna("Others",inplace=True)
```

```
[8]: src_df["work_interfere"].fillna(src_df["work_interfere"].mode()[0],inplace=True)
```

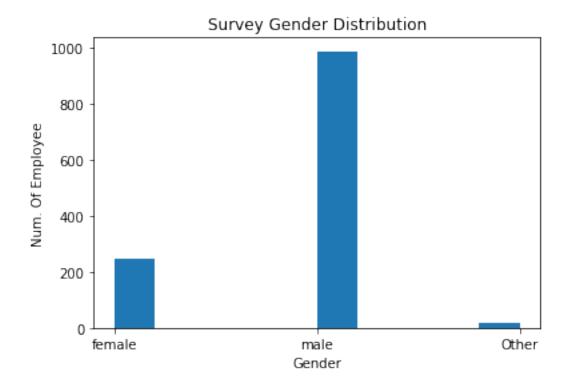
```
[9]: # Checking Unique data for Age column
      src_df["Age"].unique()
 [9]: array([
                                    44,
                                                 32,
                                                                            33,
                      37,
                                                               31,
                      35,
                                    39,
                                                 42,
                                                               23,
                                                                            29,
                      36,
                                    27,
                                                 46,
                                                               41,
                                                                            34,
                      30,
                                                 38,
                                                               50,
                                                                            24,
                                    40,
                      18,
                                    28,
                                                 26,
                                                               22,
                                                                            19,
                      25,
                                    45,
                                                 21,
                                                              -29,
                                                                            43,
                      56,
                                    60,
                                                 54,
                                                              329,
                                                                            55,
             99999999999,
                                    48,
                                                 20,
                                                               57,
                                                                            58,
                      47,
                                    62,
                                                 51,
                                                               65,
                                                                            49,
                   -1726,
                                     5,
                                                 53,
                                                               61,
                                                                             8,
                      11,
                                    -1.
                                                 721)
[10]: # I see multiple invalid Age's which I will drop and store cleansed data in a
      \rightarrownew dataframe
      src_clean_df = src_df[(src_df['Age'] > 0) & (src_df['Age'] <= 100)]</pre>
[11]: # Checking cleaned Age data
      src_clean_df["Age"].unique()
[11]: array([37, 44, 32, 31, 33, 35, 39, 42, 23, 29, 36, 27, 46, 41, 34, 30, 40,
             38, 50, 24, 18, 28, 26, 22, 19, 25, 45, 21, 43, 56, 60, 54, 55, 48,
             20, 57, 58, 47, 62, 51, 65, 49, 5, 53, 61, 8, 11, 72])
[12]: # Checking Unique data for Gender column
      src_clean_df["Gender"].unique()
[12]: array(['Female', 'M', 'Male', 'male', 'female', 'm', 'Male-ish', 'maile',
             'Trans-female', 'Cis Female', 'F', 'something kinda male?',
             'Cis Male', 'Woman', 'f', 'Mal', 'Male (CIS)', 'queer/she/they',
             'non-binary', 'Femake', 'woman', 'Make', 'Nah', 'Enby', 'fluid',
             'Genderqueer', 'Female ', 'Androgyne', 'Agender',
             'cis-female/femme', 'Guy (-ish) ^_^', 'male leaning androgynous',
             'Male ', 'Man', 'Trans woman', 'msle', 'Neuter', 'Female (trans)',
             'queer', 'Female (cis)', 'Mail', 'cis male', 'A little about you',
             'Malr', 'femail', 'Cis Man',
             'ostensibly male, unsure what that really means'], dtype=object)
[13]: # Gender data is messy and need to be cleansed and standardized
      src clean df["Gender"]=src clean df["Gender"].replace("f","female")
      src_clean_df["Gender"]=src_clean_df["Gender"].replace("m","male")
      src clean df["Gender"]=src clean df["Gender"].replace("Female", "female")
      src_clean_df["Gender"]=src_clean_df["Gender"].replace("Male", "male")
      src_clean_df["Gender"]=src_clean_df["Gender"].replace("F","female")
      src_clean_df["Gender"]=src_clean_df["Gender"].replace("M","male")
```

```
src_clean_df["Gender"]=src_clean_df["Gender"].replace("maile","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Male-ish","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("women","female")
     src_clean_df["Gender"] = src_clean_df["Gender"].replace("Women", "female")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("women","female")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Mail","male")
     src clean df["Gender"]=src clean df["Gender"].replace("Man","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Make","male")
     src clean df["Gender"]=src clean df["Gender"].replace("Cis Female", "female")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Cis Male","male")
     src_clean_df["Gender"] = src_clean_df["Gender"] . replace("Male (CIS)", "male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Female (cis)","female")
     src_clean_df["Gender"] = src_clean_df["Gender"] . replace("Mal", "male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Femake", "female")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("woman","female")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("cis male","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Cis Man","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("femail","female")
     src_clean_df["Gender"] = src_clean_df["Gender"] . replace("Female ", "female")
     src_clean_df["Gender"] = src_clean_df["Gender"] .replace("Male ","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("msle","male")
     src_clean_df["Gender"]=src_clean_df["Gender"].replace("Malr","male")
     src_clean_df["Gender"] = src_clean_df["Gender"] . replace("Woman", "female")
[14]: | src_clean_df['Gender'] = np.where((src_clean_df['Gender'] != 'female') &__
      [15]: src clean df["Gender"].unique()
[15]: array(['female', 'male', 'Other'], dtype=object)
[16]: # Looking at the Age range for people surveyed using Histogram
     plt.hist(src_clean_df["Age"])
     plt.xlabel("Age")
     plt.ylabel("Num. Of Employee")
     plt.title('Survey Age Distribution')
     plt.show()
```



The above plot shows that most of the people participated in the survey are between 25 to 35 Age range. I am interested to see which Age group are most affected with Mental health issues.

```
[17]: # Looking at the Gender distribution for people surveyed using Histogram
    plt.hist(src_clean_df["Gender"])
    plt.xlabel("Gender")
    plt.ylabel("Num. Of Employee")
    plt.title('Survey Gender Distribution')
    plt.show()
```



The above plot shows that most of the people participated in the survey are Males. I am interested to see which Gender is most affected with Mental health issues.

```
[18]: # Looking at the Age Vs Gender Distribution for people surveyed using Scatter

→Plot

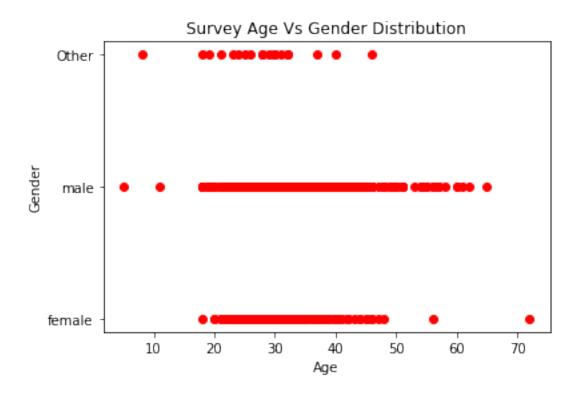
plt.scatter(src_clean_df["Age"], src_clean_df["Gender"],c="red")

plt.xlabel("Age")

plt.ylabel("Gender")

plt.title('Survey Age Vs Gender Distribution')

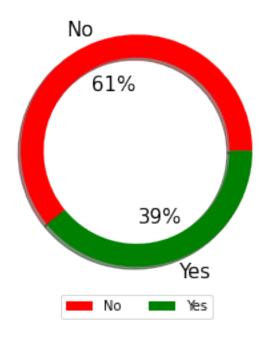
plt.show()
```



The above plot shows the same as previous plots. That more number of Male employees within 25 - 35 age range participated in the survey.

No 764 Yes 490

Name: family_history, dtype: int64



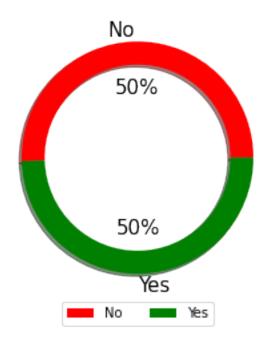
I believe people with family history of mental illness will be more aware of this issue and will be eager to seek help if need arise. From the survey, I see 39% of employee has some family history of mental illness.

```
[20]: # Looking for employee who have taken some treatment for Mental Illness tr=src_clean_df["treatment"].value_counts() print(tr)

plt.pie(tr,labels=fh.index,autopct="%0.0f%%",textprops={"fontsize": →15},wedgeprops={'width': 0.20},shadow=True,colors="rg",explode=[0,0]); plt.legend(loc='lower center', bbox_to_anchor=(0.5, -0.1),ncol=3); plt.show()
```

Yes 633 No 621

Name: treatment, dtype: int64



From the survey population, 50% of the employee have taken some form of treatment for Mental health.

```
[21]: ## People who have family history and undergoing any treament

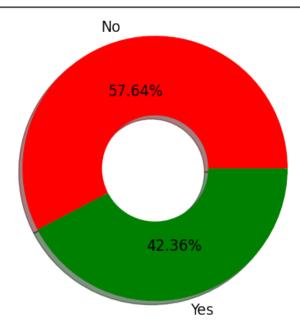
df=src_clean_df[src_clean_df["family_history"]==src_clean_df["treatment"]]

df_new=df[["family_history","treatment"]].value_counts().reset_index()

df_new
```

```
[21]: family_history treatment 0 0 No No 494 1 Yes Yes 363
```

Employee with/without family history taking Treatment?



Around 42% employee with some family history of Mental health issue are undergoing some form of treatment.

```
        Gender
        care_options

        Other
        Yes
        8

        Not sure
        5

        No
        3

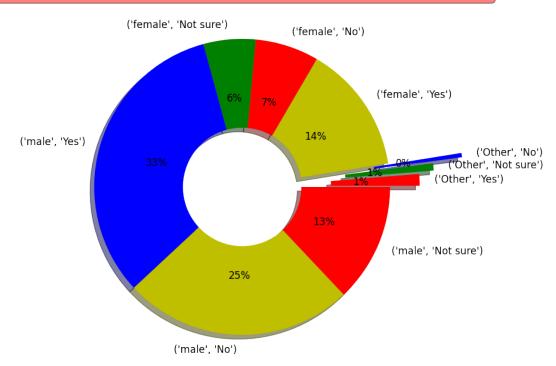
        female
        Yes
        89

        No
        44
```

	Not sure	36
male	Yes	207
	No	159
	Not sure	82

Name: care_options, dtype: int64

Employee undergoing treatment aware of Employer Care Options?



33% of the male who were undergoing treatment say they are aware of care options being provided to them by the Employer.

By initial exploration of the dataset, I selected below listed variables which I thought will be useful and influence the target variable 'Treatment': Age, Gender, family_history, benefits, care_options.

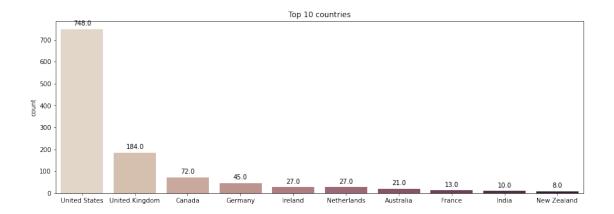
My assumption that 'Age' and 'Gender' may play a significant part was not correct. But I see family_history and care_options have good influence over employees opting for treatment. I will continue my exploration for other variables to see if any other variable has influence over people opting for treatment.

[24]: src_clean_df.head()

[24]:		Age	Gender	Country	state	family_history	treatment	\
	0	37	female	United States	IL	No	Yes	
	1	44	male	United States	IN	No	No	
	2	32	male	Canada	Others	No	No	
	3	31	male	United Kingdom	Others	Yes	Yes	

```
4
          31
                male
                        United States
                                            ΤX
                                                            No
                                                                      No
        work_interfere
                           no_employees remote_work tech_company
                                                                         anonymity \
                 Often
                                    6-25
                                                  No
      0
                                                               Yes
      1
                Rarely More than 1000
                                                  No
                                                                No
                                                                       Don't know
      2
                                    6-25
                                                                       Don't know
                Rarely
                                                  No
                                                               Yes
      3
                  Often
                                 26-100
                                                  Nο
                                                               Yes
      4
                 Never
                                100-500
                                                 Yes
                                                               Yes ...
                                                                       Don't know
                       leave mental_health_consequence phys_health_consequence
      0
              Somewhat easy
                                                     No
      1
                 Don't know
                                                  Maybe
                                                                               No
         Somewhat difficult
                                                     No
                                                                               No
      3
         Somewhat difficult
                                                    Yes
                                                                              Yes
                 Don't know
                                                     No
                                                                               No
            coworkers supervisor mental health interview phys health interview
         Some of them
                              Yes
                                                         No
                                                                             Maybe
                               No
                                                         No
      1
                   No
                                                                                No
      2
                   Yes
                              Yes
                                                        Yes
                                                                               Yes
      3
         Some of them
                                                     Maybe
                                                                             Maybe
                               No
         Some of them
                              Yes
                                                        Yes
                                                                               Yes
        mental_vs_physical obs_consequence
      0
                        Yes
      1
                Don't know
                                          No
      2
                         No
                                          No
      3
                         No
                                         Yes
                Don't know
                                          No
      [5 rows x 24 columns]
[25]: # Making sure there are no columns with missing data
      src_clean_df.isnull().sum().sort_values(ascending=False)
[25]: Age
                                     0
      Gender
                                     0
      mental_vs_physical
                                     0
      phys_health_interview
                                     0
      mental_health_interview
                                     0
      supervisor
                                     0
                                     0
      coworkers
                                     0
      phys_health_consequence
      mental_health_consequence
                                     0
                                     0
      leave
      anonymity
                                     0
                                     0
      seek_help
```

```
wellness_program
                                   0
                                   0
      care_options
      benefits
                                   0
                                   0
      tech_company
     remote_work
                                   0
     no_employees
                                   0
     work interfere
                                   0
     treatment
                                   0
                                   0
     family history
      state
                                   0
                                   0
     Country
     obs_consequence
      dtype: int64
[26]: # Checking Unique data for Country column
      src_clean_df["Country"].unique()
[26]: array(['United States', 'Canada', 'United Kingdom', 'Bulgaria', 'France',
             'Portugal', 'Netherlands', 'Switzerland', 'Poland', 'Australia',
             'Germany', 'Russia', 'Mexico', 'Brazil', 'Slovenia', 'Costa Rica',
             'Austria', 'Ireland', 'India', 'South Africa', 'Italy', 'Sweden',
             'Colombia', 'Latvia', 'Romania', 'Belgium', 'New Zealand', 'Spain',
             'Finland', 'Uruguay', 'Israel', 'Bosnia and Herzegovina',
             'Hungary', 'Singapore', 'Japan', 'Nigeria', 'Croatia', 'Norway',
             'Thailand', 'Denmark', 'Bahamas, The', 'Greece', 'Moldova',
             'Georgia', 'China', 'Czech Republic', 'Philippines'], dtype=object)
[27]: country_count = src_clean_df.Country.value_counts().
      →sort_values(ascending=False).to_frame()[:10]
      country count = country count.rename(columns={'Country': 'count'})
      plt.figure(figsize=(15,5))
      ax = sns.barplot(x=country count.index, y='count', data=country count, ___
      →palette="ch:.25")
      for p in ax.patches:
          ax.annotate(format(p.get_height(), '.1f'),
                         (p.get_x() + p.get_width() / 2., p.get_height()),
                         ha = 'center', va = 'center',
                         xytext = (0, 9),
                         textcoords = 'offset points')
      ax = ax.set_title('Top 10 countries')
```



```
[28]: ## Since United States is at the top of list based on the survey and above

→result, I am interested in only exploring United States data. So, removing

→rest of the countries.

src_clean_df = src_clean_df[(src_clean_df['Country'] == 'United States')]
```

- [29]: # Making sure I have only United States data now src_clean_df["Country"].unique()
- [29]: array(['United States'], dtype=object)
- [30]: ## Dropping state column as I want to see the overall US stats src_clean_df.drop(columns=["state"],inplace=True)
- [31]: # Checking the number of rows and columns in the dataset after cleanup print("Number of rows:",src_clean_df.shape[0]) print("Number of columns:",src_clean_df.shape[1])

Number of rows: 748 Number of columns: 23

```
from sklearn.metrics import accuracy_score, mean_squared_error,

→precision_recall_curve

from sklearn.model_selection import cross_val_score

from sklearn.metrics import roc_curve,auc

from sklearn.metrics import f1_score
```

```
[33]: ## Encoding data to feed the model
labelDict = {}
for feature in src_clean_df:
    le = preprocessing.LabelEncoder()
    le.fit(src_clean_df[feature])
    le_name_mapping = dict(zip(le.classes_, le.transform(le.classes_)))
    src_clean_df[feature] = le.transform(src_clean_df[feature])
    # Get labels
    labelKey = 'label_' + feature
    labelValue = [*le_name_mapping]
    labelDict[labelKey] = labelValue

for key, value in labelDict.items():
    print(key, value)
```

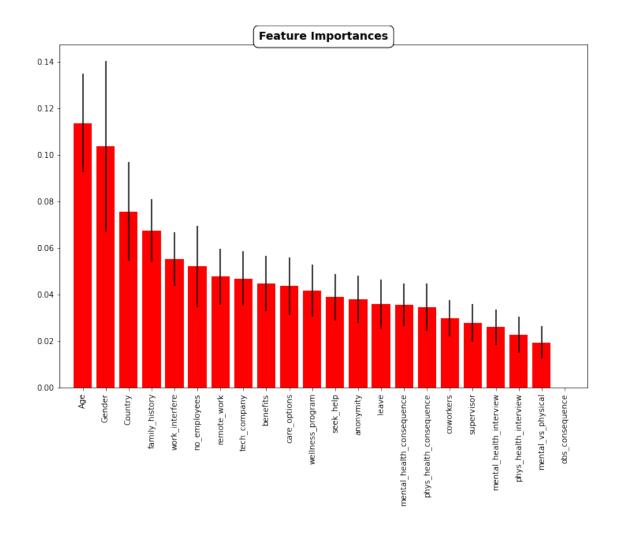
```
label_Age [5, 11, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32,
33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 53,
54, 55, 56, 57, 58, 60, 62, 65, 72]
label_Gender ['Other', 'female', 'male']
label_Country ['United States']
label_family_history ['No', 'Yes']
label_treatment ['No', 'Yes']
label_work_interfere ['Never', 'Often', 'Rarely', 'Sometimes']
label_no_employees ['1-5', '100-500', '26-100', '500-1000', '6-25', 'More than
1000']
label remote work ['No', 'Yes']
label_tech_company ['No', 'Yes']
label benefits ["Don't know", 'No', 'Yes']
label_care_options ['No', 'Not sure', 'Yes']
label_wellness_program ["Don't know", 'No', 'Yes']
label_seek_help ["Don't know", 'No', 'Yes']
label_anonymity ["Don't know", 'No', 'Yes']
label_leave ["Don't know", 'Somewhat difficult', 'Somewhat easy', 'Very
difficult', 'Very easy']
label_mental_health_consequence ['Maybe', 'No', 'Yes']
label_phys_health_consequence ['Maybe', 'No', 'Yes']
label_coworkers ['No', 'Some of them', 'Yes']
label_supervisor ['No', 'Some of them', 'Yes']
label_mental_health_interview ['Maybe', 'No', 'Yes']
label_phys_health_interview ['Maybe', 'No', 'Yes']
label_mental_vs_physical ["Don't know", 'No', 'Yes']
```

```
[34]: src_clean_df.head()
[34]:
                       Country family_history
         Age
               Gender
                                                   treatment
                                                               work_interfere \
      0
          21
                    1
                              0
                                                            1
          28
                    2
                              0
                                                0
                                                            0
                                                                             2
      1
      4
          15
                    2
                              0
                                                0
                                                            0
                                                                             0
      5
          17
                    2
                              0
                                                1
                                                            0
                                                                             3
      6
          19
                    1
                              0
                                                            1
                                                                             3
                                                1
                                      tech_company
                                                      benefits
         no_employees
                        remote_work
                                                                 •••
                                                                    anonymity
      0
                     4
                                    0
                                                   1
                                                              2
                                                                             2
                                                                                     2
                                                                 ...
      1
                     5
                                    0
                                                   0
                                                              0
                                                                             0
                                                                                     0
                                                              2
      4
                     1
                                    1
                                                   1
                                                                             0
                                                                                     0
      5
                     4
                                                              2
                                                                             0
                                                                                     0
                                    0
                                                   1
      6
                     0
                                    1
                                                   1
                                                                                     1
                                       phys_health_consequence
         mental_health_consequence
                                                                 coworkers
                                                                              supervisor \
      0
                                    1
                                                               1
                                                                           1
      1
                                    0
                                                               1
                                                                           0
                                                                                        0
      4
                                    1
                                                               1
                                                                           1
                                                                                        2
      5
                                    1
                                                               1
                                                                           2
                                                                                        2
      6
                                                               0
                                                                                        0
                                    0
                                                                           1
         mental_health_interview phys_health_interview mental_vs_physical
      0
                                                                                 0
      1
                                 1
                                                           1
      4
                                 2
                                                           2
                                                                                 0
      5
                                 1
                                                           0
                                                                                 0
      6
                                                           1
                                                                                 0
                                 1
         obs_consequence
      0
      1
                         0
      4
                         0
      5
                         0
      6
                         0
      [5 rows x 23 columns]
     Scaling & Model Fitting
[35]: # Scaling Age because it's completely different from others.
      scaler = MinMaxScaler()
      src_clean_df['Age'] = scaler.fit_transform(src_clean_df[['Age']])
      src_clean_df.head()
```

```
[35]:
              Age Gender Country family_history treatment work_interfere \
         0.466667
      0
                         1
                                  0
         0.622222
                         2
                                                   0
                                                                               2
      1
                                  0
                                                              0
         0.333333
                         2
                                  0
                                                   0
                                                              0
                                                                               0
                         2
                                                                               3
      5 0.377778
                                  0
                                                   1
                                                              0
      6 0.422222
                         1
                                  0
                                                                  anonymity
                                    tech_company benefits
         no_employees remote_work
      0
                                  0
                                                 1
                                                           2
                                                                                 2
                     5
                                  0
                                                 0
                                                           0
                                                                          0
                                                                                 0
      1
      4
                     1
                                  1
                                                 1
                                                           2
                                                                          0
                                                                                 0
      5
                     4
                                  0
                                                 1
                                                           2
                                                                          0
                                                                                 0
      6
                     0
                                                                                  1
                                  1
                                                 1
         mental_health_consequence phys_health_consequence coworkers supervisor \
      0
      1
                                  0
                                                             1
                                                                        0
                                                                                     0
      4
                                                             1
                                                                                     2
                                  1
                                                                        1
      5
                                  1
                                                             1
                                                                        2
                                                                                     2
      6
                                  0
                                                             0
                                                                                     0
                                                                        1
         mental_health_interview phys_health_interview mental_vs_physical \
      0
                                                        1
                                                                             0
      1
                                1
      4
                                2
                                                        2
                                                                             0
                                                        0
      5
                                1
                                                                             0
      6
                                                        1
                                                                             0
                                1
         obs_consequence
      0
                        0
      1
      4
                        0
      5
                        0
      6
      [5 rows x 23 columns]
[36]: # Creating X containing all the features except target treatment
      X = src_clean_df.drop('treatment',axis=1)
[37]: # Creating y containing only target class
      y = src_clean_df['treatment']
     80/20 Train - Test Datasplit
[38]: # Data split between Train & Test
```

methodDict = {}

```
rmseDict = ()
[40]: # Build a forest and compute the feature importances
      feature_cols = ['Age', 'Gender', 'Country', 'family_history', 'work_interfere',
             'no_employees', 'remote_work', 'tech_company', 'benefits',
             'care_options', 'wellness_program', 'seek_help', 'anonymity', 'leave',
             'mental_health_consequence', 'phys_health_consequence', 'coworkers',
             'supervisor', 'mental_health_interview', 'phys_health_interview',
             'mental vs physical', 'obs consequence']
      forest = ExtraTreesClassifier(n estimators=250,
                                    random_state=0)
      forest.fit(X, y)
      importances = forest.feature_importances_
      std = np.std([tree.feature_importances_ for tree in forest.estimators_],
                   axis=0)
      indices = np.argsort(importances)[::-1]
      labels = []
      for f in range(X.shape[1]):
          labels.append(feature_cols[f])
      # Plot the feature importances of the forest
      plt.figure(figsize=(12,8))
      plt.title("Feature Importances",fontsize=14, fontweight='bold', __
      →bbox=dict(facecolor='white', edgecolor='black', boxstyle='round,pad=0.5'))
      plt.bar(range(X.shape[1]), importances[indices],
             color="r", yerr=std[indices], align="center")
      plt.xticks(range(X.shape[1]), labels, rotation='vertical')
      plt.xlim([-1, X.shape[1]])
      plt.show()
```



Evaluating a Classification Model. This function will evaluate:

- 1. Classification accuracy: percentage of correct predictions
- 2. Null accuracy: accuracy that could be achieved by always predicting the most frequent class
- 3. Percentage of ones
- 4. Percentage of zeros
- 5. Confusion matrix True Positives (TP) True Negatives (TN) False Positives (FP) False Negatives (FN) Falsely predict negative
- 6. False Positive Rate
- 7. Precision of Positive value
- 8. AUC: Is the percentage of the ROC plot that is underneath the curve .90-1 =excellent (A) .80-.90 =good (B) .70-.80 =fair (C) .60-.70 =poor (D) .50-.60 =fail (F)

Logistic Regression

[41]: # instantiate model
logreg = LogisticRegression()

```
# fit model
logreg.fit(X_train, y_train)
```

[41]: LogisticRegression()

```
[42]: # make class predictions for the testing set
y_pred_class = logreg.predict(X_test)
```

Classification accuracy: percentage of correct predictions

Classification accuracy is 80.0 %

Null accuracy: accuracy that could be achieved by always predicting the most frequent class

```
[44]: # examine the class distribution of the testing set y_test.value_counts()
```

[44]: 0 76 1 74 Name: treatment, dtype: int64

```
[45]: # calculate the percentage of ones
# because y_test only contains ones and zeros, we can simply calculate the mean
→= percentage of ones
y_test.mean()
```

[45]: 0.49333333333333335

```
[46]: # calculate the percentage of zeros
1 - y_test.mean()
```

[46]: 0.506666666666666

This means that the model will be right 51% of time. This shows that the classification accuracy is not that good.

```
[47]: ##Comparing the true and predicted response values

# print the first 25 true and predicted responses

print('True:', y_test.values[0:25])

print('False:', y_pred_class[0:25])
```

True: [1 0 0 1 0 1 0 0 0 1 0 1 0 1 0 0 0 1 1 0 0 0 1 1 0 0 1 0 1]
False: [1 0 1 1 0 1 0 0 0 1 0 1 0 1 0 0 0 1 0 0 0 0 0 1]

Classification accuracy is the easiest classification metric to understand, But, it does not tell you the underlying distribution of response values.

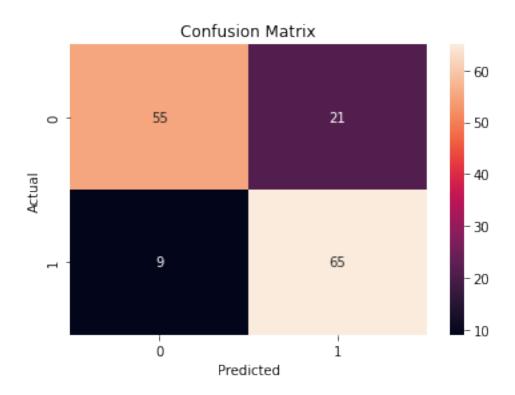
We examine by calculating the null accuracy.

And, it does not tell you what "types" of errors your classifier is making.

Confusion Matrix

Table that describes the performance of a classification model

```
[48]: # IMPORTANT: first argument is true values, second argument is predicted values
      # this produces a 2x2 numpy array (matrix)
      confusion = metrics.confusion_matrix(y_test, y_pred_class)
      print(confusion)
      #[row, column]
      TP = confusion[1, 1]
      TN = confusion[0, 0]
      FP = confusion[0, 1]
      FN = confusion[1, 0]
     [[55 21]
      [ 9 65]]
[49]: # visualize Confusion Matrix
      sns.heatmap(confusion,annot=True,fmt="d")
      plt.title('Confusion Matrix')
      plt.xlabel('Predicted')
      plt.ylabel('Actual')
      plt.show()
```



Basic terminology

- . True Positives (TP): we correctly predicted that they do have diabetes 65
- . True Negatives (TN): we correctly predicted that they don't have diabetes $\,\,$
- . False Positives (FP): we incorrectly predicted that they do have diabetes (a "Type I error") 21

Falsely predict positive

Type I error

. False Negatives (FN): we incorrectly predicted that they don't have diabetes (a "Type II errog

Falsely predict negative Type II error

0.1

. 0: negative class

. 1: positive class

Classification Accuracy: Overall, how often is the classifier correct?

```
[50]: # use float to perform true division, not integer division
print((TP + TN) / float(TP + TN + FP + FN))
print(metrics.accuracy_score(y_test, y_pred_class))
```

0.8

0.8

Sensitivity: When the actual value is positive, how often is the prediction correct?

- 1. Something we want to maximize
- 2. How "sensitive" is the classifier to detecting positive instances?
- 3. Also known as "True Positive Rate" or "Recall"
- 4. TP / all positive. all positive = TP + FN

```
[51]: sensitivity = TP / float(FN + TP)

print(sensitivity)
print(metrics.recall_score(y_test, y_pred_class))
```

- 0.8783783783783784
- 0.8783783783783784

Specificity: When the actual value is negative, how often is the prediction correct?

- 1. Something we want to maximize
- 2. How "specific" (or "selective") is the classifier in predicting positive instances?
- 3. TN / all negative all negative = TN + FP

```
[52]: specificity = TN / (TN + FP)
print(specificity)
```

0.7236842105263158

Our classifier is

- 1. Highly specific
- 2. Not sensitive

Confusion matrix gives you a more complete picture of how your classifier is performing.

Also allows you to compute various classification metrics, and these metrics can guide your model selection.

Adjusting the classification threshold

```
[53]: # print the first 10 predicted responses
# 1D array (vector) of binary values (0, 1)
logreg.predict(X_test)[0:10]
```

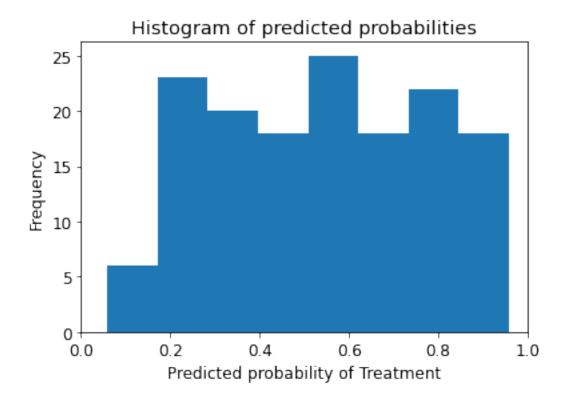
```
[53]: array([1, 0, 1, 1, 0, 1, 0, 0, 0, 1])
```

```
[54]: # print the first 10 predicted probabilities of class membership logreg.predict_proba(X_test)[0:10]
```

```
[54]: array([[0.16226662, 0.83773338],
             [0.65401382, 0.34598618],
             [0.47555222, 0.52444778],
             [0.28630639, 0.71369361],
             [0.63929965, 0.36070035],
             [0.30902833, 0.69097167],
             [0.67066338, 0.32933662],
             [0.83277338, 0.16722662],
             [0.58600923, 0.41399077],
             [0.2643511 , 0.7356489 ]])
     . Row: observation
             Each row, numbers sum to 1
     . Column: class
             2 response classes there 2 columns
                 1. column 0: predicted probability that each observation is a member of class 0
                 2. column 1: predicted probability that each observation is a member of class 1
     . Importance of predicted probabilities
          . We can rank observations by probability of diabetes
              . Prioritize contacting those with a higher probability
     . predict_proba process
         1. Predicts the probabilities
         2. Choose the class with the highest probability
     . There is a 0.5 classification threshold
         1. Class 1 is predicted if probability > 0.5
         2. Class 0 is predicted if probability < 0.5
[55]: # print the first 10 predicted probabilities for class 1
      logreg.predict_proba(X_test)[0:10, 1]
      # store the predicted probabilities for class 1
      y_pred_prob = logreg.predict_proba(X_test)[:, 1]
[56]: # allow plots to appear in the notebook
      %matplotlib inline
      import matplotlib.pyplot as plt
      # adjust the font size
      plt.rcParams['font.size'] = 12
[57]: # histogram of predicted probabilities
      #8 bins
      plt.hist(y_pred_prob, bins=8)
      # x-axis limit from 0 to 1
      plt.xlim(0,1)
```

```
plt.title('Histogram of predicted probabilities')
plt.xlabel('Predicted probability of Treatment')
plt.ylabel('Frequency')
```

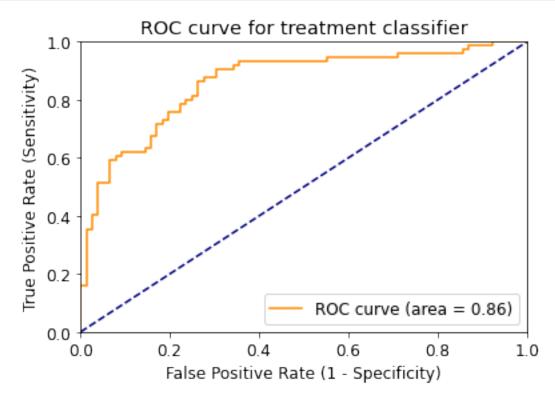
[57]: Text(0, 0.5, 'Frequency')



Question: Wouldn't it be nice if we could see how sensitivity and specificity are affected by various thresholds, without actually changing the threshold?

Answer: Plot the ROC curve.

```
plt.ylabel('True Positive Rate (Sensitivity)')
plt.legend(loc="lower right")
plt.show()
```



ROC curve can help you to choose a threshold that balances sensitivity and specificity in a way that makes sense for your particular context.

```
[59]: # define a function that accepts a threshold and prints sensitivity and 

→ specificity

def evaluate_threshold(threshold):
    print('Sensitivity:', tpr[thresholds > threshold][-1])
    print('Specificity:', 1 - fpr[thresholds > threshold][-1])
```

[60]: evaluate_threshold(0.5)

Sensitivity: 0.8783783783783784 Specificity: 0.7236842105263157

[61]: evaluate_threshold(0.3)

Sensitivity: 0.9459459459459459 Specificity: 0.4473684210526315

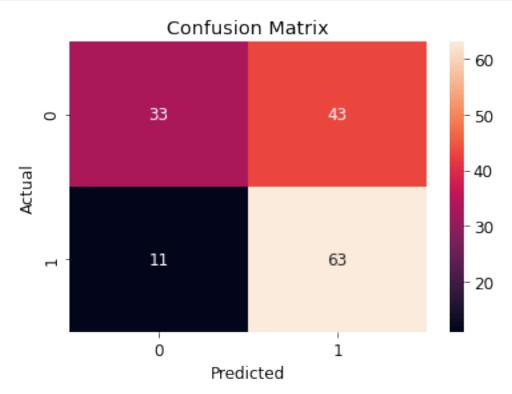
```
#Searching multiple parameters simultaneously
          # n_iter controls the number of searches
          rand = RandomizedSearchCV(model, param_dist, cv=10, scoring='accuracy', u
       →n_iter=10, random_state=5)
          rand.fit(X, y)
          #rand.grid_scores_
          # examine the best model
          print('Rand. Best Score: ', rand.best_score_)
          print('Rand. Best Params: ', rand.best_params_)
          # run RandomizedSearchCV 20 times (with n iter=10) and record the best score
          best_scores = []
          for _ in range(20):
              rand = RandomizedSearchCV(model, param_dist, cv=10, scoring='accuracy', u
       \rightarrown iter=10)
              rand.fit(X, y)
              best_scores.append(round(rand.best_score_, 3))
          print(best_scores)
[63]:
          # Calculating the best parameters
      tree = DecisionTreeClassifier()
      featuresSize = feature_cols.__len__()
      param_dist = {"max_depth": [3, None],
                    "max_features": randint(1, featuresSize),
                    "min_samples_split": randint(2, 9),
                    "min_samples_leaf": randint(1, 9),
                    "criterion": ["gini", "entropy"]}
      tuningRandomizedSearchCV(tree, param_dist)
          # train a decision tree model on the training set
      tree = DecisionTreeClassifier(max_depth=3, min_samples_split=8, max_features=6,_
      ⇔criterion='entropy', min_samples_leaf=7)
      tree.fit(X_train, y_train)
          # make class predictions for the testing set
      y_pred_class = tree.predict(X_test)
      print('######### Tree classifier ##########")
       # calculate accuracy
      print("Classification accuracy is", metrics.accuracy_score(y_test, ⊔
       →y_pred_class)*100,"%")
```

[62]: def tuningRandomizedSearchCV(model, param_dist):

Rand. Best Score: 0.7687927927927 Rand. Best Params: {'criterion': 'entropy', 'max_depth': 3, 'max_features': 17,

```
'min_samples_leaf': 7, 'min_samples_split': 2}
     [0.761, 0.746, 0.762, 0.762, 0.762, 0.77, 0.757, 0.755, 0.762, 0.766, 0.769,
     0.727, 0.774, 0.763, 0.761, 0.756, 0.766, 0.765, 0.759, 0.767
     Classification accuracy is 64.0 %
[64]: #Null accuracy: accuracy that could be achieved by always predicting the most
      \rightarrow frequent class
         # examine the class distribution of the testing set (using a Pandas Series_{\sqcup}
      \rightarrowmethod)
     print('Null accuracy:\n', y_test.value_counts())
     Null accuracy:
          76
          74
     Name: treatment, dtype: int64
[65]: # calculate the percentage of ones
     print('Percentage of ones:', y_test.mean())
     Percentage of ones: 0.49333333333333333
[66]:
         # calculate the percentage of zeros
     print('Percentage of zeros:',1 - y_test.mean())
     [67]:
         #Comparing the true and predicted response values
     print('True:', y_test.values[0:25])
     print('Pred:', y_pred_class[0:25])
     True: [1 0 0 1 0 1 0 0 0 1 0 1 0 1 0 0 0 1 1 0 0 0 1]
     Pred: [1 1 1 1 1 0 0 0 1 1 0 1 1 1 1 0 1 1 1 0 0 1 0 1 1]
[68]:
         #Confusion matrix
         # save confusion matrix and slice into four pieces
     confusion = metrics.confusion matrix(y test, y pred class)
         #[row, column]
     TP = confusion[1, 1]
     TN = confusion[0, 0]
     FP = confusion[0, 1]
     FN = confusion[1, 0]
         # visualize Confusion Matrix
     sns.heatmap(confusion,annot=True,fmt="d")
     plt.title('Confusion Matrix')
     plt.xlabel('Predicted')
```

```
plt.ylabel('Actual')
plt.show()
```



```
[69]: #False Positive Rate: When the actual value is negative, how often is the → prediction incorrect?

false_positive_rate = FP / float(TN + FP)

print('False Positive Rate:', false_positive_rate)
```

False Positive Rate: 0.5657894736842105

```
[70]: #Precision: When a positive value is predicted, how often is the prediction

→correct?

print('Precision:', metrics.precision_score(y_test, y_pred_class))
```

Precision: 0.5943396226415094

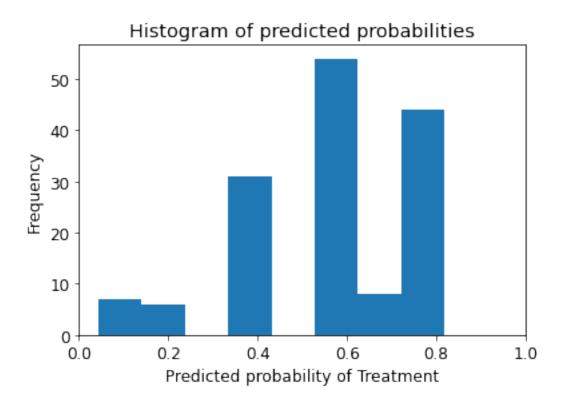
```
[71]: print('AUC Score:', metrics.roc_auc_score(y_test, y_pred_class))
```

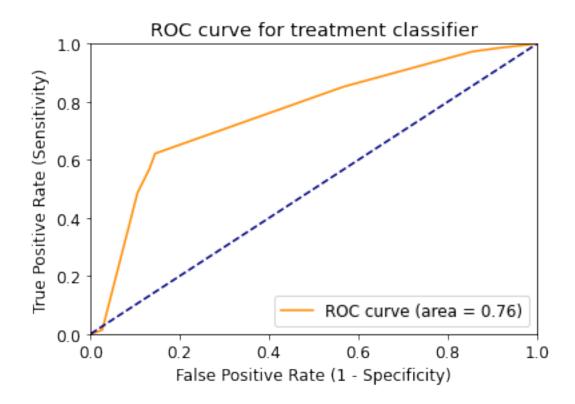
AUC Score: 0.6427809388335703

Adjusting the classification threshold

```
[72]: # print the first 10 predicted responses
# 1D array (vector) of binary values (0, 1)
```

```
tree.predict(X_test)[0:10]
[72]: array([1, 1, 1, 1, 1, 0, 0, 0, 1, 1])
[73]: # print the first 10 predicted probabilities of class membership
      tree.predict_proba(X_test)[0:10]
[73]: array([[0.18518519, 0.81481481],
             [0.44578313, 0.55421687],
             [0.44578313, 0.55421687],
             [0.18518519, 0.81481481],
             [0.44578313, 0.55421687],
             [0.62773723, 0.37226277],
             [0.62773723, 0.37226277],
             [0.62773723, 0.37226277],
             [0.44578313, 0.55421687],
             [0.18518519, 0.81481481]])
[74]: # print the first 10 predicted probabilities for class 1
      tree.predict_proba(X_test)[0:10, 1]
      # store the predicted probabilities for class 1
      y_pred_prob = tree.predict_proba(X_test)[:, 1]
[75]: # allow plots to appear in the notebook
      %matplotlib inline
      import matplotlib.pyplot as plt
      # adjust the font size
      plt.rcParams['font.size'] = 12
[76]: # histogram of predicted probabilities
      #8 bins
      plt.hist(y_pred_prob, bins=8)
      # x-axis limit from 0 to 1
      plt.xlim(0,1)
      plt.title('Histogram of predicted probabilities')
      plt.xlabel('Predicted probability of Treatment')
      plt.ylabel('Frequency')
[76]: Text(0, 0.5, 'Frequency')
```





0.0.2 Trying Other Models

Gradient Boost

```
[82]: from sklearn.ensemble import GradientBoostingClassifier
gdb_clf = GradientBoostingClassifier(random_state=42, subsample=0.8)
train_evaluate(gdb_clf,X_train,y_train, "GradientBoosting CLASSIFIER")
```

```
[82]:
                                Name F1_score_trainset F1_score_validationset
     O GradientBoosting CLASSIFIER
                                               0.925547
                                                                       0.774363
     XGBoost
[84]: from xgboost import XGBClassifier
      xgb_clf = XGBClassifier(verbosity=0)
      train_evaluate(xgb_clf,X_train,y_train,"XG Boost CLASSIFIER")
[84]:
                        Name F1_score_trainset F1_score_validationset
                                                               0.754313
      O XG Boost CLASSIFIER
                                            1.0
     Finetuning GradientBoost
[85]: param_grid = [
          {'n_estimators': [3,10,30,50,100],
          'max_features': [2,4,6,8,10],
          'max_depth' : [1,2,3,4],
          'subsample': [0.25,0.5,0.75]}
      ]
      gdb clf2 = GradientBoostingClassifier(random state=42)
      grid_search2 = GridSearchCV(gdb_clf2, param_grid, cv=5,
                                 scoring='f1',
                                 return_train_score=True)
      grid_search2.fit(X_train, y_train)
[85]: GridSearchCV(cv=5, estimator=GradientBoostingClassifier(random_state=42),
                   param_grid=[{'max_depth': [1, 2, 3, 4],
                                'max_features': [2, 4, 6, 8, 10],
                                'n_estimators': [3, 10, 30, 50, 100],
                                'subsample': [0.25, 0.5, 0.75]}],
                   return_train_score=True, scoring='f1')
[86]: grid_search2.best_estimator_
[86]: GradientBoostingClassifier(max_depth=2, max_features=8, n_estimators=10,
                                 random state=42, subsample=0.25)
     Re-evaluating Model
[87]: train_evaluate(grid_search2.best_estimator_,X_train,y_train,"GradientBoosting_
       →Tuned")
[87]:
                           Name F1_score_trainset F1_score_validationset
      O GradientBoosting Tuned
                                          0.796143
                                                                  0.790374
```

Finetuning XGBoost

```
[88]: param_grid = [
          {'n_estimators': [3,10,30,50,100],
          'eta' : [0.01,0.025, 0.05, 0.1],
          'max_features': [2,4,6,8],
          'max_depth' : [1,2,3,4],
          'subsample': [0.5,0.75],
          'booster':['gblinear','gbtree']}
      ]
      xgb_clf = XGBClassifier(verbosity = 0)
      grid_search3 = GridSearchCV(xgb_clf, param_grid, cv=5,
                                 scoring='f1',
                                 return_train_score=True)
      grid_search3.fit(X_train, y_train)
[88]: GridSearchCV(cv=5,
                   estimator=XGBClassifier(base score=None, booster=None,
                                            callbacks=None, colsample_bylevel=None,
                                            colsample bynode=None,
                                            colsample_bytree=None,
                                            early_stopping_rounds=None,
                                            enable_categorical=False, eval_metric=None,
                                            feature_types=None, gamma=None,
                                            gpu_id=None, grow_policy=None,
                                            importance_type=None,
                                            interaction_constraints=None,
                                            learning_rate=None,...
                                            max_leaves=None, min_child_weight=None,
                                            missing=nan, monotone constraints=None,
                                            n_estimators=100, n_jobs=None,
                                            num_parallel_tree=None, predictor=None,
                                            random_state=None, ...),
                   param_grid=[{'booster': ['gblinear', 'gbtree'],
                                 'eta': [0.01, 0.025, 0.05, 0.1],
                                 'max_depth': [1, 2, 3, 4],
                                 'max_features': [2, 4, 6, 8],
                                 'n_estimators': [3, 10, 30, 50, 100],
                                 'subsample': [0.5, 0.75]}],
                   return_train_score=True, scoring='f1')
[89]: grid_search3.best_estimator_
[89]: XGBClassifier(base_score=None, booster='gbtree', callbacks=None,
                    colsample_bylevel=None, colsample_bynode=None,
                    colsample_bytree=None, early_stopping_rounds=None,
                    enable_categorical=False, eta=0.025, eval_metric=None,
```

feature_types=None, gamma=None, gpu_id=None, grow_policy=None,
importance_type=None, interaction_constraints=None,
learning_rate=None, max_bin=None, max_cat_threshold=None,
max_cat_to_onehot=None, max_delta_step=None, max_depth=3,
max_features=2, max_leaves=None, min_child_weight=None,
missing=nan, monotone_constraints=None, n_estimators=30,
n_jobs=None, num_parallel_tree=None, ...)

[90]: train_evaluate(grid_search3.best_estimator_,X_train,y_train,"XGBoost Finetuned")

[90]: Name F1_score_trainset F1_score_validationset
0 XGBoost Finetuned 0.813953 0.79559

After finetuning, XGboost is generalizing well on our dataset. So XGBoost will be my selected model.

So, We have successfully developed a model which can predict whether a employee seeks mental health treatment or not.