Jalebi Recipe (Traditional Method)

Ingredients:

- 1. 1 cup all-purpose flour (125 grams)
- 2. 2 tablespoons gram flour (besan)
- 3. 1 teaspoon turmeric powder
- 4. 1 pinch baking soda or ¼ teaspoon baking powder
- 5. 1 cup water (adjust as needed)
- 6. 1 to 2 tablespoons all-purpose flour (to thicken after fermentation)
- 7. 1 cup sugar (150 grams)
- 8. ½ cup water
- 9. ¼ teaspoon saffron strands
- 10. Oil for deep frying (or ghee)

Instructions:

- 1. In a bowl, take 1 cup of all-purpose flour.
- 2. Add besan, turmeric powder, and a pinch of baking soda or ¼ teaspoon baking powder.
- 3. Mix the dry ingredients with a spoon or spatula.
- 4. Gradually add 1 cup of water and mix well.
- 5. Break any lumps using a spoon or spatula.
- 6. Stir the batter briskly in circular motions for 4 minutes to smooth the texture.
- 7. The batter should have a flowing consistency.
- 8. Cover and keep in a warm place to ferment for 12-15 hours.
- 9. If in a cold climate, ferment for 20-24 hours; in a hot climate, 6-10 hours is sufficient.
- 10. After fermentation, the batter will have air pockets and a tangy taste.
- 11. Stir the batter lightly; it may have thinned.
- 12. To thicken, add 1 to 2 tablespoons of all-purpose flour and mix well.
- 13. Transfer the batter to a squeezy bottle or piping bag.
- 14. In a pan, add 1 cup sugar and saffron strands.
- 15. Add ½ cup water and stir the mixture on low heat.
- 16. Once the sugar dissolves, cook the syrup until it reaches one-string consistency.
- 17. Turn off the heat, add ¼ teaspoon lime juice, and stir.
- 18. Keep the syrup warm on the stove.

- 19. Heat oil or ghee in a kadai or deep pan for frying.
- 20. Check oil temperature by dropping a small amount of batter. If it rises quickly, it's ready.
- 21. Squeeze the batter into the oil, forming concentric rings.
- 22. Fry until golden, flipping to cook both sides evenly.
- 23. Once done, remove with tongs and drain excess oil.
- 24. Dip the fried jalebis in the warm sugar syrup for 2-3 minutes.
- 25. Serve the jalebis hot, warm, or at room temperature. Store leftovers in an airtight container.