

BUNEKA KATHA

A CANOPY NEPAL MAGAZINE

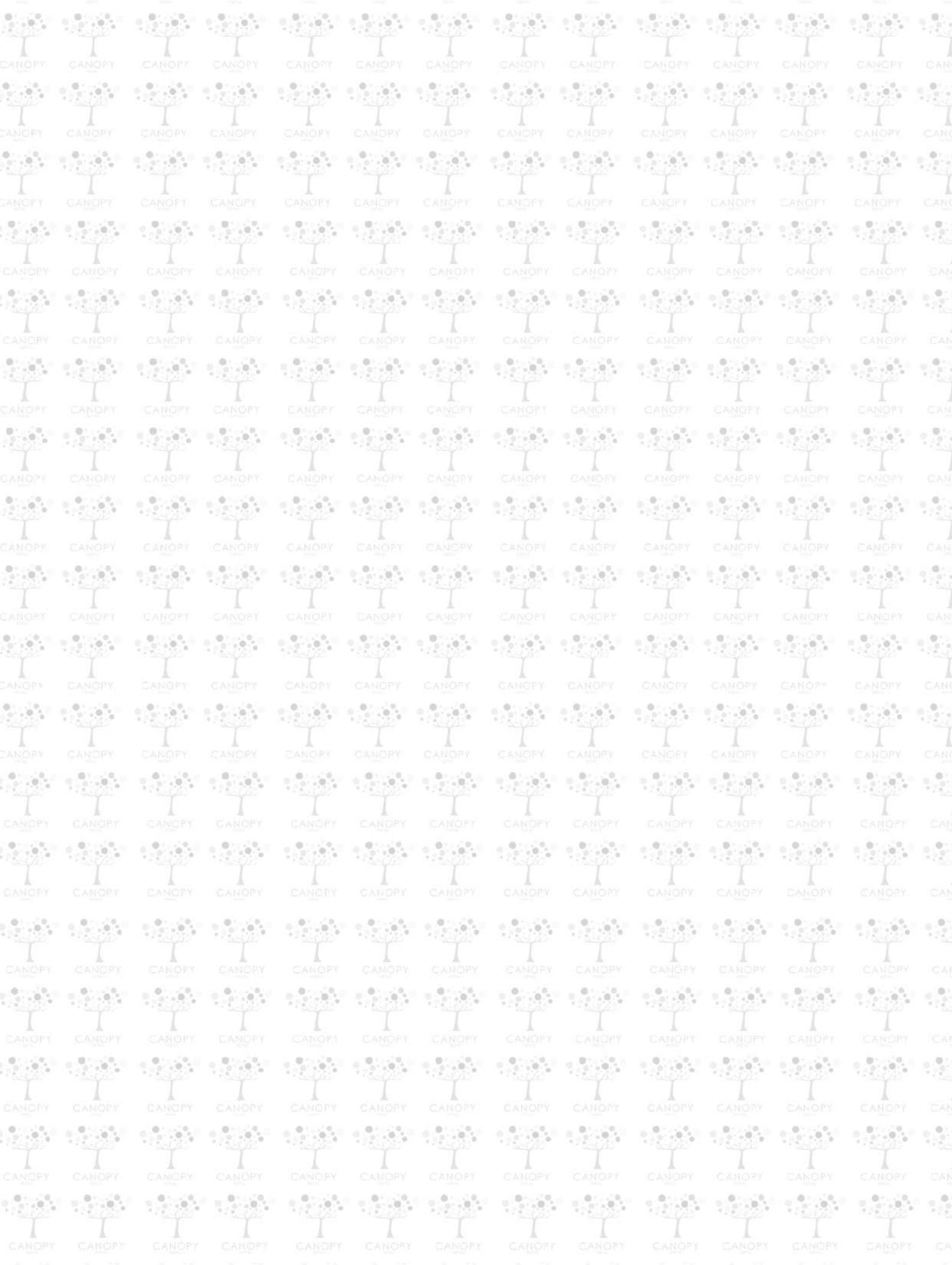
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A GLIMPSE OF THE
PROGRAMS WE CONDUCTED

INSIDE STORIES FROM SCHOLARS,
TEACHERS, & PARENTS

READ STORIES
FROM KATHA BUNAUN





Buneka Katha

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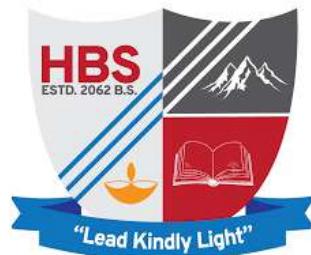
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Please note that all stories in the Buneka Katha section are a work of fiction. Any similarities to persons living or dead or actual events are purely coincidental.

MEET OUR PARTNER SCHOOLS



This list is the schools we collaborated with this year.

MEET OUR PARTNER SCHOOLS



Kanya Mandir
Secondary School



PRAGATI SECONDARY SCHOOL
प्रगति माध्यमिक विद्यालय



THAMES
INTERNATIONAL COLLEGE



united world schools

This list is the schools we collaborated with this year.



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Team Members

Agraj Ranjitkar
Angirash Karki
Deekshak Bhattacharai
Devina Tandukar
Monal Bhattacharai
Nimish Sharma
Pragya Silwal
Riya Poudyal
Ruchi Gurung
Shalina Rai

Special Thanks To

Isha Shrestha
Mohit Rauniyar
Paridhi Joshi
Utkristha Sharma

Editors

Monal Bhattacharai
Riya Poudyal





BUNEKA KATHA





Lucky Girls

Bipana Tamatta
Himalaya Boarding School

"Iccha, what is the matter with you? Is it again your past? Why do you keep thinking about it and bother yourself, dear? Everything is okay now. We are here, together." Iccha's sister convinced her. Iccha was thinking about her horrible past, a past that made her realize the situation of several homeless children.

Iccha used to live in a house filled with children of different age groups and 2 sisters. The name of the house was "New Nepal House". The house was bad because there was never enough food to eat, no clean water to drink and no proper infrastructures that could help everyone fulfill their basic needs, especially for children of smaller age groups.

More than 50 children were living there. At the time, Iccha was only a five years old girl. She was the tallest among her friends of similar age group. She had long black hair and always tied her hair into a ponytail. She had a nice dimple in her left cheek while she smiled but due to the environment around her, her dimple could barely be seen in her face. However, all of the children there lived with unity, without complaining about anything.

It was one usual evening, when all the children including Iccha were having dinner. That day, Iccha was very hungry. Although she knew the sister's habit and the environment of the house well, she decided to ask for more rice from the sister who used to prepare dinner plates for all the children.

While she called the sister for the same, the sister did not give her anything and pretended like Ichha had called her for no reason. Iccha knew the sister well, so she did not say anything and stood up from her bench and went to her room. After dinner, all the children except Ichha were playing happily. Suddenly, the headmaster came to their room and all the children haphazardly went to their places. After everyone was in their place and silent, he said, "Tomorrow some people are going to visit you. Please clean your room and also clean the house." After that, they went to sleep. All of them woke up early in the morning and started to clean the house. After some time, the people about whom the Headmaster talked about the previous day came to visit them. They said, "the girls who don't have their parents please come forward." 11 of the girls went and stood in front of them. Among them, Iccha was also there. All the 11 girls were asked to pack their bags by the people and also the Headmaster. All of them were being taken somewhere and none of the girls knew where they were going, so they were scared.

An hour later, the car stopped and all 11 girls were asked to get out of the car. Ichha and 10 other girls could now see a tall, new building in front of them. They were asked to get inside the tall building with their packed stuff. The name of the new building read "Dusty Yak Foundation Society".

The person there welcomed all the girls and said, "This is your new house. You all will be living here together and all the facilities will be provided to you. You just have to promise us to study hard and make your future bright. We will help and guide you to do so too."

All the girls seemed happy and so did Ichha. The house was beautiful. There were different types of flowers like rose, marigold, lily, etc. and also there were different types of vegetables there. They admitted all the 10 girls and Iccha to a school. The name of the school was Himalaya Boarding School. They gave Ichha a new family. There were 16 members in the family, 11 girls and 5 sisters. They also got a lot of facilities like dancing, singing, karate, and drama. They were lucky to have a family like that.



The Haunted House

Aarjish Shiwakoti
Sewa Sadan School

Satin was from a middle-class family. He was a 20-year-old boy, who dreamt of being a paranormal investigator. He had been searching for a haunted mansion on the internet. He used to research a lot but could not find anything. He then decided to call his friend and asked him for help. His friend's name was Mike. Mike was an introvert who was comfortable talking to people online but hesitated talking to people in real life. So, Satin, being a clever boy, texted Mike and asked him ways to find more about paranormal activities. Satin took Mike's advice and went to a different search engine to search more about paranormal activities. While doing so, he found a house, which was quite reknowned to catch a spirit. He was very happy to get a lead on this.

The next day, he asked some people about that area, but they refused to give him information. He kept searching but could not find anything. He was about to give up, but then he remembered what his father always said to him, "Never give up." He started searching some more, and at last, he went to a shop and asked for some information, but the shopkeeper refused to give any information to him. Satin then offered some money to him and asked about the house. The shopkeeper gave some information to him and the directions to the house.

Satin began his journey to the house. He climbed a big mountain, saw the house, and reached the gate. He found a guard who warned him not to go inside. "Don't go in, or you will never come back." the guard said. But he refused and went anyway. When he got in, he felt some paranormal activities in the house. He went further inside. There he saw a girl dressed in white who was about 5 feet and 7 inches tall. Satin, being fearless, tried chasing the girl, but she disappeared. He followed her footsteps which led him to a secret basement. There, he found a boy, who was getting undressed from the girl's outfit. Satin caught him and brought him in front of the village. He proved to the village that the house which was called haunted was not haunted.





The Best Friend

Raj Kumar Khatri
Himalaya Boarding School

This is a story of two boys. Their names were Suman and Krishav. They were really good friends. Suman was a small and brave boy. He had long black hair. Krishav was handsome and brave. He was tall. Suman was from a rich, so-called high class family whereas Krishav was from a so-called middle-class family. Suman and Krishav studied in the same school and were friends from grade 1. Although they were friends since their childhood, Suman's family did not like Krishav but Krishav's family loved and respected Suman a lot. Although Suman's family did not like Krishav, Suman and Krishav never fought in their so-called classes. Rather, they helped each other grow.

Krishav was good in mathematics and helped Suman with his math problems while Suman was good in History and helped Krishav with his History homework. One day, Krishav went to Suman's house to call him to play football. Suman's mom came out and said, "Why are you here, you poor boy?" Krishav replied, "Namaste aunty, I am here to call Suman." Suman's mom said, "Get out of my house, you poor boy. It will be better if you stay away from my son. I never liked you then, neither will I like you now. I don't want to see my boy, Suman hanging out with dirty, poor people like you." This wasn't the first time Krishav didn't reply.



He went to his house and he said to his mom, "Mom, I know we are more poor than Suman and his family but can I not be friends with him? Suman's mom always calls me "poor boy" and I think I am being reminded that I am a poor boy and I have to make friends with the people of the same class or else will I always be hated by all?" Seeing Krishav sad about this situation, Krishav's mom called Suman's mom and they fought on the phone. Due to family pressure, Suman and Krishav stopped talking to each other and two classmates who were once best friends were now strangers to one another.

After two months, Krishav was walking around with his new friends. At a little distance, Krishav became thirsty and was drinking water from the nearby tap.

At the same time, Krishav saw Suman's mother crossing the road. While both of them saw one another, while saying so, she didn't see the road and tried crossing it. A car which was going at a very high speed then hit Suman's mom. Krishav, who was very helpful, tried helping Suman's mom. He called Suman's house but Suman's father did not receive the phone. Krishav called again and finally, Suman received the call Krishav and he told him that his mother had an accident and asked Suman to come fast. Suman told everything to his father. Finally, they took his mother to the hospital. The doctor told Suman's father if they were a bit late, then there was a chance of death. After this, Suman and his entire family thanked Krishav and both Suman's and Krishav's families maintained good terms and Suman and Krishav became best friends just like they were, but this time, with no so-called class barrier.



New Family

Anku D.C
Sewa Sadan School

Ganesh was a 15-year-old boy. He had fluffy brown hair and brown eyes. He was a short boy who was intelligent and kind. George was gay. He was afraid of his drunkard father, so he kept it a secret. He lived in a small house with his father in a small town. Everyone in his family was dead, except for his physically abusive father. His mother had died when he was young.

One day, Ganesh's father found his diary. When Ganesh reached the front door of his house, he quietly opened it. There stood his dad staring at the door with unimpressed eyes.

"So, you are gay, huh?" his father asked in a harsh tone.

Ganesh gasped as his father grabbed him by the collar of his shirt.

"Please..." Ganesh pleaded as tears rolled down his cheeks. His father shoved Ganesh against the wall behind him. His fist connected with Ganesh's jaw, sending pain through his face. A knee landed on his stomach, making him bleed. His father threw him onto the floor and left him sniffling and whimpering.

The next day, Ganesh ran away from his home. While running, he stumbled upon a man.

"What happened to you?" the man asked.

"My dad—" Ganesh stuttered. The boy coughed rather wetly, getting weaker. "I had to get away." the boy grumbled."

"I understand. Come, let's get you inside." the man said.

The man looped a supportive arm around the boy and helped the limping boy into the house. The man treated and bandaged his wounds. The boy was lying in a large bed with black sheets.

"How are you feeling?" the man asked.

"I am feeling much better. Thank you." the boy said with a smile.

"And I am Bir Bahadur. You can call me Bir." Bir hummed.

"I am Ganesh," Ganesh replied with a grin.

After a while, a small boy with brown hair came running in. He smiled widely at Ganesh.

"Hi! I am Karna. Who are you?" he said brightly.

"I am Ganesh. Nice to meet you, Karna." Ganesh said with a smile.

"Is he your child?" Ganesh asked Bir.

"Yeah, I adopted him about three years ago. I found him in the street crying. So, I took him in." Bir said.

Another day, Ganesh was sitting near a window. He was looking out and thinking about something.

"What are you thinking about?" Bir asked as he sat beside Ganesh.

Ganesh snapped back into reality. "I was thinking that I have to go back home soon." Ganesh said with a frown. "Ganesh, I don't want you to go back to your abusive father. You should stay here with us." Bir said in a reassuring tone.

"I don't want to be a burden," Ganesh said. "You are not a burden, Ganesh.

You are such a kind kid. You are like a son to me and I own a school so you don't have to worry about your studies too." Bir said.

"Thank you, thank you so much," Ganesh said excitedly.

After a few days, Ganesh started going to his new school. The new environment made Ganesh lively. He made many new friends there.

Days were passing by and when Ganesh turned 16 years old, Bir adopted him. Now, Ganesh had a caring and loving family. He was finally happy after suffering for a long time.

The Slime Monster

Mohit Tamang
Sewa Sadan School

At the beginning of the universe, there lived a slime monster. It was really cute and everyone loved his presence. It was named Squicher. It was one of the most powerful beings in the universe. He lived in the forest of the glowing woods. Everything was glowing, trees, fruits, stone and even dirt. Everywhere Squicher went, that place would glow and shine.

One day, Squicher was walking in the forest, he saw a strange being. It was a human being. Since no one had seen such species on earth until then, Squicher got eager to learn and know the new species more. With the same curiosity, he followed the human. As he was following the new species, he saw "the city of the end". "The city of the end" was a floating city. All the colors in the city of the end were different as if it was missing texture. Squicher was completely unaware of the existence of that city. The moment Squicher went inside the city, he changed into a missing texture slime. As Squicher was exploring the city, he could see many such strange species all around the city. He also saw how these new species had special powers in the strange city.

"Wow," said Squicher. "This is amazing. I can jump so high. I could go to space." Squicher was hopping around and went exploring. He saw human skeletons, a fountain that shoots out lava and more. There, a mysterious man showed up. "Who are you? And what do you want? Do you want to meet the Lord?" asked a human. In a blink of an eye, they reached a castle. It had huge walls and some signs there. A huge red beam came towards Squicher. Squicher, who was innocent, got hit by my lazer gun and got killed in the end without proper reasons.





The Elephant and The Deer

Angel Bhatt
Shivapuri Seconday School

In the big jungle, there lived an elephant and a deer. They were best friends. They lived together and played together. They even helped each other in times of need. Since both of them loved to eat grasses and green leaves, both would explore many places together for their survival.

One day, the elephant and the deer wanted to go and explore the taste of the leaves on the west side of the jungle. So, they decided to go there with each other's support. They started preparing to go to the west the day before leaving. As they reached half way through the jungle, both of them got tired and thought of taking some rest. Both of them fell asleep under a

big banyan tree after drinking water from the nearby river. After some time, the deer woke up and saw a monkey at the side of a river.

The deer went and asked the monkey, "What are you doing here?"

The monkey replied, "I am talking to my friend."

The deer asked again, "Where is your friend?"

The monkey said, "Here is my friend."

The deer said, "This is just a reflection of yourself."

The monkey said, "My reflection is my best friend. I am Monkey 1 and my reflection is Monkey 2."

The deer said, "From today, I am your best friend."

The monkey was very happy hearing this.

From that day, the monkey and the deer used to play together. The deer had completely forgotten about the elephant. The monkey and deer used to play together, live together and eat together. The elephant was very sad seeing the monkey and the deer together,

One day, the monkey and deer were playing when suddenly, a lion

appeared and said, "I will eat you both."

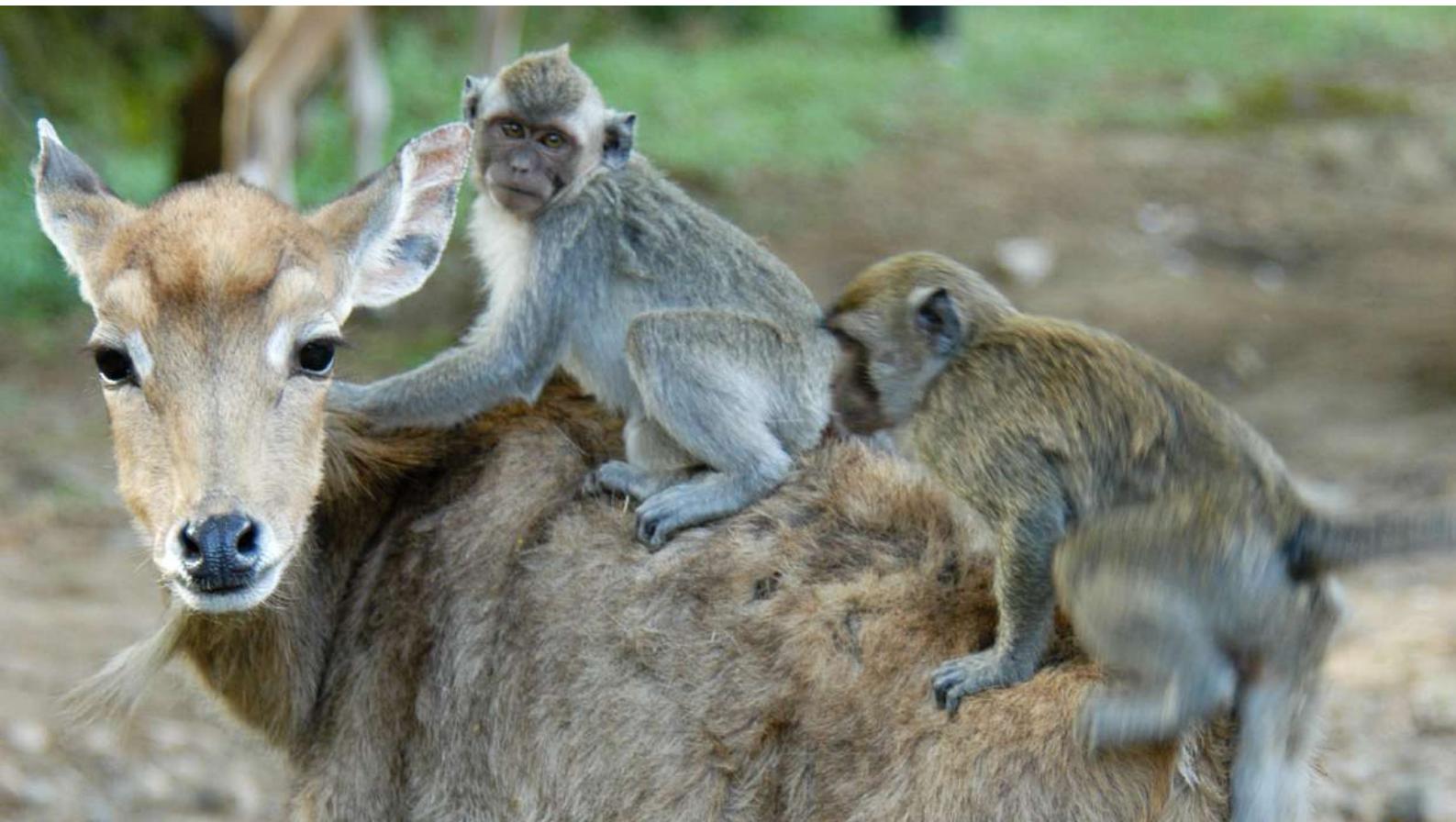
The monkey replied to the lion, "you can't eat me, I can climb trees."

The lion said, "Then I will eat you, friend deer."

The monkey said, " I don't care if you eat my friend."

The deer asked the monkey for help when the monkey replied, "I can't help you. You'll have to watch out for yourself, friend."

Then the elephant appeared in front of them. The lion was very scared and ran away. Then the deer said, "Sorry elephant." The elephant forgave the deer and they lived happily together.





How A Dog Saved My Life

Kristina Uprety
Himalaya Boarding School

Kristina is 11 years old. She studies at Himalaya Boarding School. She has big eyes and golden hair. She likes to play video games like Free Fire, My Talking Angela, Subway Surfers, etc. She likes to eat panipuri, pizza, momo, sekuwa, etc. She was talented and did well in her academics. She was also kind to others. Her family had four members. They all believed in helping others. She grew up seeing her family helping others.

Kristina's mother always said "If you show kindness to others, it will come back to you and you will be happy."

By listening to her mom, she used to feed the dogs. She also gave food, water, money, etc to the needy people. She became lovely to the kids. She speaks politely and respects young people.

One day, the dog barked at her and tried to bite her. But she still tried to feed them. Slowly the dog knew she was not there to harm them but to help them. The dog started loving her. But one of the dogs always barked at her.

One day in her school, there was coaching. She was late to go home. When she was going home at night some boys were following her. She was so scared. She started to run. When she started to run, the boys also started to run. Suddenly, the dogs that were fed by Kristina came and started barking. The dogs were barking loudly. By listening to the dogs barking, some people came out of their homes. The people took the boys and went to the police station. Now Kristina was safe. That time, she remembered the things that her mother used to say "If you will show kindness to others it will come back to you."



A Child from Space

Jugal Hang Rai
Creative Academy

Meteor falling from the sky, BOOM!

Karen: Did you hear that?

Michael: Yes I did! What was that?

They went to the location jumping but had something in their hearts. They saw a baby crying near the crash. As soon as Karen held the baby in her hands, she felt love for the baby.

Karen: Should we keep it?

Michael: I don't know.

The couple had tried to have a baby for 2 years but something always went wrong. And because they had no child and got a baby in hand, they got excited and decided to keep the baby.

Karen: He's a boy!

Michael: Of course he is!

Karen: What should we name him?

Michael: ummm, (suddenly stopping)

Baby speaks.

Baby: Ragnar!

The couple was shocked to see such a small child speak. Both Karen and Michael were really happy to see their child grow but did notice Ragnar engaging in several unusual things. Ragnar was blessed with a super power. His power was that he was very strong and powerful. The more people hated him and got scared of him, he would be more powerful.

Although Rager and his parents were familiar with his power, they were unaware of the second fact.

Ragnar: (Chewing steel fork)

Michael: Son, what are you doing?

Ragnar: You would not understand it, dad.

Michael was speechless. He told Karen about this and she was speechless as well. Even though Ragnar had superpowers, he was bullied in school. Everyone called him a dirty rag. One day, a bully gang came to bully him.

Main bully: Hey old dirty rag, did you finish polishing my dad's car?

Ragnar: Not yet.

Bully: So what are you waiting for?
(punches him)

Ragnar got angry and hit the bully very hard and suddenly killed the bully. After killing the boy, he felt a strange satisfaction and knew that killing people would make him happy. Since he was very strong and started to kill a lot more people.

However, with the thought of conquering the world, he stopped fearing killing people. He hated everyone.

All the people were very scared and started to worship him. Seeing this, Ragnar's happiness escalated.

After a few weeks, Ragnar killed his parents who treated him like a diamond

and kept him in their eyes. After that nobody stopped him from conquering the world, so Ragnar started challenging gods.

Ragnar: Nobody can defeat me!

All the gods were angry at him and they warned Ragnar but he was too arrogant to listen. Seeing this, the gods tried to fight him but he was too strong because he gained more and more power as more people got scared of him.

Now gods were thinking of a way to defeat Ragnar. They figured that the place where Ragnar was born was his source of power. So, the gods destroyed the place where he was first found.

Ragnar: What did you do you stupid gods?

Gods: Now you are gone.

They started to fight again but because the place of his birth was destroyed, Ragnar was weaker and he lost to the gods and gave up.

Ragnar: I am sorry, I get too arrogant with my power. Please forgive me.

Luckily, the gods forgave him and at the end everything was normal. 500 years later, Ragnar was hiding under the earth, waiting to get strong enough to fight the gods again.



राम र श्यामको संघर्ष

रोशन घिमिरे
शिवपूरी उच्च माध्यमिक विद्यालय

राम र श्याम लासा नामक देशको हिरगाना गाउँमा बस्ने गर्थे। हिरगाना गाउँ एकदमै बिकट थियो। त्यो गाउँमा विद्यालय पनि थिएन।

त्यो गाउँमा भन्दा अलि पर अर्को गाउँ थियो। त्यो गाउँको नाम सिनागाना थियो। त्यो गाउँ अलि विकसित थियो। राम र श्याम विद्यार्थी थिए। उनीहरु पढ्नका लागि सिनागाना गाउँमा जान्थे। सिनागाना गाउँमा पनि माध्यमिक तहसम्म मात्र पढाई हुन्थ्यो।

राम र श्याम दुबैले माध्यमिक तहको पढाई सकाएर अब माध्यमिक तहभन्दा माथि पढ्नका लागि देशको राजधानी सिजगामा जानुपर्थ्यो। सिजगामा एकदमै विकसित थियो। सिजगामा सहर जानका लागि चारदिन पैदल हिङ्गु पर्थ्यो। राम र श्यामले सिजगामा पढ्न जानका लागि सल्लाह गरे।

राम: श्याम, तिमीले सहर जानका लागि के के तयारी गर्याँ त?

श्याम: मैले खाना, सामान सबै तयारी गरि सकौँ। अनि तिमीले नि?

राम: मैले पनि सबै तयारी गरि सकौँ। अब त कपडा हाल्न मात्र बाँकि छ।

श्याम: राम कपडा चाहिँ अलि तातो तातो बोक है। सहर जाँदा जङ्गलको बाटो हिङ्गु पर्छ रे! धेरै जाडो हुन्छ अरे नि! मलाई मेरो बुबाले भन्नुभएको।

राम: हुन्छ। श्याम म सबै तयारी गर्छु नी!

श्याम: ल ल राम अब छुट्टीउँ, भोलिको लागि अझै तयारी गर्नु पर्ने छ।

राम: ल ल श्याम, बाइ बाइ।

राम र श्याम दुवै जना घर गएर भोलिपल्टको लागि तयारी गर्छन्।

भोलिपल्ट बिहान सबेरै घर परिवारलाई बिदाई निस्किन्छन्। उनीहरुले पैदल जाँदा जाँदै धेरै दृश्यहरुको अवलोकन गरे। उनीहरुले हिमल, पहाड, डॉडा-कॉडा धेरै बाटोहरू पार गरे अनि धेरै गाउँहरू पनि पार गरे।

उनीहरुले धेरै ओटा जङ्गलहरू पनि पार गरे। अन्त्यमा, एउटा ठुलो जङ्गल आयो। त्यो जङ्गलको नाल हियासोमा जङ्गल थियो। हियासोमा जङ्गल एकदमै विशाल थियो। त्यहाँ जङ्गली जनावरहरूको बसोस्थान थियो। त्यो जङ्गलमा हिँडदा एकदमै होशियारिका साथ हिँड्नु पर्थ्यो। उनीहरुले हियासोमा जङ्गल विभिन्न कठिनाईका साथ बल्लतल्ल पार गरेर उनीहरू सहरको बाटो तर्फ लागे। चौथो दिन, उनीहरू सहरमा प्रवेश गरे। उनीहरू सहर देख्ने बित्तिकै दङ्ग परे। सहर एकदमै राम्रो थियो। त्यहाँ ठुला ठुला घर, अस्पताल, कार्यालयहरू थिए।

राम र श्यामले सहरको राम्रोसँग अवलोकन गरे। दुबैले एउतै क्याम्पसमा भर्ना गरेर पढ्न थाले। त्यो क्याम्पसको नाम सितायो नेशनल क्याम्पस थियो। उनीहरू सँगै क्याम्पस जान्थे र सँगै घर आउँथे। उनीहरू दुबै जना खुसी भएर सितायो क्याम्पसमा पढ्न थाले। क्याम्पसको पहिलो दिन, दुबै जना खुसि थिए। बिस्तारै दिनहरु बित्दै गएपछि, राम र श्याम दुबै जना काम पानि गर्न थाले उनिहरु दुबै जना निकै मिहिनेति थिए।

एक दिनको कुरा हो। राम र श्याम दुबै जना काममा जाई थिए तर रामलाई एक जनाले रोकेर "पैसा दे, नत्र म मरिदिन्छु" भन्यो। श्यामले हत्तनपत्त दिमाग लगाएर, पछडिबाट लौरीले त्यो गुन्डालाइ पिट्यो र त्याबाट रामलाई लिएर भग्यो श्यामले बुद्धि लगाएको देखेर रामले आफुलाई धेरै भग्यमानि ठन्यो र राम र श्याम झान् मिनेर बस्न थले।





घटना

बिन्दु खत्री

श्री राम राज्य उच्च माध्यमिक विद्यालय

वृन्दा एउटा सानो गाउँमा बस्थिन्। गाउँ धेरै सुन्दर थियो । त्यसैले गाउँको नाम सुन्दरगाउँ थियो। त्यो गाउँको विशेषता भनेको खोला थियो। नदीको सुन्दरताले सबैलाई मोहित बनाएको थियो। वृन्दा आफ्नो बुबा, आमा र एक भाइसँग बस्थे। उनका बुबाले गाउँको बाटो बनाउनुहुन्थ्यो र आमाले बाख्ना पाल्ने काम गर्नुहुन्थ्यो। भाइको नाम प्रकाश थियो। वृन्दाको भाइ धेरै शरारती थियो र धेरै गल्ती गर्थ्यो। उनी स्कुल जाने उमेर पुगिसकेका थियो। बहिनीलाई धेरै माया गर्थि। उनी स्कुल जान निकै उत्साहित थिए। उनी शरारती मात्रै थिएनन्, निकै जिह्वी पनि थिए।

भोलि पल्ट प्रकाश स्कुल जान्छ।

वृन्दा: बाबा, प्रकाश भोलि स्कुल जाँदै हुनुहुन्छ, के मउसलाई स्कुल पुराउन मद्दत गर्छु।"

बाबा: भोलि मलाई केही काम छ। उसलाई साधीहरूसँग स्कूल लैजानुहोस्।

आमा: मैले लिएर जान्थैं तर भोलि घाँस काट्न जानुपर्छ।

वृन्दाले आफ्नो भाइलाई भाँचिएको पुल पार गर्न कसरी मद्दत गर्ने भनेर सोचिन्। वृन्दा चाँडै उठिन् खाना पकाएर खाइन्। उसले आफ्नो भाइलाई लुगा लगाई र उसको झोला बोकी। दिउँसोको खाना झोलामा हालेर भाइलाई लिएर घरबाट निस्किन्।

उनीहरु नदीमा पुगे जुन धेरै सुन्दर थियो। त्यो नीलो रंगको थियो। उनी यसको सौन्दर्यले मोहित भए। उनले केही माछा र त्यसपछि भाँचिएको पुल देखे र त्यतातिर गए।

वृन्दाले त्यो देखे र डराउँदै भनिन् "भाइ, पर्खनुहोस् हामी एक जना आएपछि जान्छौं।"

तर ऊ दौडियो र बहिनीले भनेको कुरा मानेन। वृन्दा आफ्नो भाइलाई समात्न दौडिन्। पुल चिप्लो थियो र प्रकाश हतारमा दौडिरहेका थिए।

एककासी वृन्दा ढुङ्गामाथि लडिन्। यसले उनलाई घाइते बनायो। प्रकाशले त्यो देखे र कराए, "दीदी।"

उनी दौडेर पुलतर्फ गए र एककासी पुल भाँचियो। प्रकाश तल लडे र यो देखेर वृन्दा डराए।

घटना यति छिटो भयो कि उनीहरूका साथीहरूले केही गर्न सकेनन्। वृन्दा बेहोस भइन् र प्रकाश लडे। पात झैं प्रकाशलाई खोलाले खोस्यो। केही समयपछि साथीहरूले प्रकाशको आमा, बुवा र गाउँलेलाई फोन गरे। प्रकाशकी आमा डरले शरीर काँपिरहेको थिइन् र चाँडै बेहोस भईन्। बुबा र गाउँले प्रकाश खोज्न गए। गाउँका महिलाहरूले वृन्दा र उनकी आमालाई घर लगे। केही समयपछि आमा ब्यूँझनुभयो।

आमा: मेरो छोरा कहाँ छ? म मेरो छोरा फिर्ता चाहन्छु।

गाउँलेले प्रकाशलाई मृत फेला पारेका थिए। उनीहरूले प्रकाशलाई काँडाले भरिएको झाडीमा झुण्डिएको देखे। गाउँलेहरूले प्रकाशलाई फिर्ता ल्याइरहँदा उहाँको बुवाको आँसु शरीरमा खस्यो र बुवा रातो आँखाले एकोहोरो हैरिरहे। खबर सुनेर उनीहरू रोए। उनीहरूले शव नदीमा लगेका थिए।

बा: मेरो केटा, उठ!

तर प्रकाशको मृत्यु भइसकेको थियो र उनको शरीर चिसो थियो।

बुप्रकाशका बुवाले शव बोकेर घर लगे। छोराको शव देखेर आमा र वृन्दा रोए। प्रकाशको अन्तिम संस्कार गरिएको थियो।

वृन्दाको परिवारले ठूलो स्वरमा शोक व्यक्त गरेका थिए। उनीहरू गाउँपालिका गए। गाउँलेहरूले साथ दिए। वृन्दाले धेरै पढेकी थिइनन् तर पनि उनी बुद्धिमान केटी थिइन्। उनले आफ्नो भाइ फिर्ता वा उपयुक्त पुल वा नजिकैको विद्यालय चाहेको भन्दै शोक र रेसले चिच्याइन्। यो घटनाको खबर जतातै थियो। गाउँलेहरूले साथ दिए।

केही वर्षपछि पुल बन्यो। विद्यालय निर्माण सुरु भयो। राम्रो बाटो बनेको थियो। सबै कुरा मिलाइएको थियो तर दुःखको कुरा उनको भाइ प्रकाशलाई फिर्ता ल्याउने कुनै उपाय थिएन। एक वर्षपछि, वृन्दाले अर्को भाइ पाइन। वृन्दाको परिवारको जीवनमा फेरि खुशी आयो। उनीहरू खुसीसाथ सँगै बसे।

यसपछि वृन्दा गाउँमा मात्र होइन, जतातै लोकप्रिय भईन्। चाँडै, उनले यस घटनामा पुस्तक प्रकाशित गरिन् र पछि राम्रो शिक्षक बनिन्।



भाग्य चम्कियो

ग्रिष्मा पुन मगर
युनाइटेड वर्ल्ड स्कूल्स- बडागाउँ

गुल्मी भन्ने ठाउँमा एउटी केटी बस्थिन्। उनको नाम पुष्पा थियो। उनी सफा र खुशी देखिएथिन्। उनी २० वर्षकी थिइन्। उनको कपाल लामो थियो। उनको परिवारमा आमा, बुबा, कान्छो दाजु, ठूली दिदी बस्नुहुन्थ्यो। उहाँ असल हुनुहुन्थ्यो, ठूलाहरूलाई आदर गर्नुहुन्थ्यो, आफ्ना कनिष्ठहरूलाई माया गर्नुहुन्थ्यो र कहिल्यै कसैमा भेदभाव गर्नुभएन। उनका बुबा खेतमा काम गर्थे। यसबाट उनका बुवाले दिनभरको खाना खाएर पैसा जम्मा गर्नुहुन्थ्यो। पुष्पा निकै मेहनत गरेर पढ्थिन्।

कक्षा ७ मा पढ्दा परीक्षा आयो। उनलाई आफ्नो परीक्षाको लागि पैसा चाहिएको थियो त्यसैले उनले आफ्नो बुबालाई सोधे, "बुवा कृपया मलाई परीक्षाको लागि पैसा दिनुहोस्।" उनका बुवाले भन्नुभयो, "छोरी, अहिले खेतमा पर्याप्त बाली छैन, त्यसैले मधेरै पैसा कमाउन सकिन। मलाई माफ गरिदेउ।" बुवाले हात जोडे। केही महिनापछि परीक्षा आयो र पैसा नभएकाले परीक्षामा बस्न सकिनन्। उनले निराश महसुस गरिन्।

निराश हुदै उनी आफ्नो नजिकको साथीको घरमा गइन्। उनले आफ्नो साथीलाई भनिन्, "मित्र, म परीक्षामा बस्न सकिन, त्यसैले मसँग निराश नभौ है। कृपया मलाई माफ गरिदेउ।"





म परीक्षामा बस्न चाहन्छु, तर मेरो बुबासँग पर्याप्त पैसा छैन।" उनको नजिकको साथीले भन्यो, "तिमिले त जाबो परीक्षाको शुल्क पनि तिर्न सकिनौ। तिम्रो दर्जा यति सानो छ भनेर मलाइ थाहा थिएन, थाहा पाएको भए बरु म तिम्रो साथि नै बन्दिनथिए नि। मेरो बुबा कति कमाउनु हुन्छ तर तिम्रो बुबा भने त्यति कमाउन पनि सक्दैनन्। हामि अब एउटै दर्जाको मान्छे रहेनौ त्यसैले अब हामि साथि पनि हुन सक्दैनौ, तिमि अब आफ्नो बाटो लाग्न सक्छौ, पुष्पा।"

पुष्पा असार महिनाको वर्षा झाँ
रुदै घर फर्किन्। पुष्पाको घर
जाने बाटो जङ्गल भएर
जानुपर्यो। पुष्पाले "हाउ, हाउ"
गर्दै गरेको आवाज सुनिन्। उनले
वरिपरि हेरिन् तर केपि पनि
देखिनन्। धेरै बेर खोजि गरेपछि,
पुष्पाले एउटा इनार देखिन्। त्यो
इनारमा गएर हेर्दा, उनिले त्यहा
एउटा कुकुरलाइ देखिन्। पछि,
उनले इनारको बाल्टिनमा कुकुर
देखिन्। उनले कुकुरलाई
बाल्टिनबाट निकाले र पछि त्यो
कुकुर देवतामा परिणत भयो।
भगवानले पैसा दिनुभयो र
पुष्पाले फेरि पढाइ जारी राखिन्।



बाँदर

फुलसारा परियार
खड्ग आधारभूत विद्यालय

फुलसारा नाम गरेकी एक केटी थिई। ऊ सानो छँदा धेरै शरारती थिई। ऊ अरुको नक्कल गर्थ्यो र यसै कारणले गर्दा फेसनमा धेरै रुचि थियो। ऊ आपनो घरमा अलि जिद्दी थिई। उसलाई खेल खेल्न, घुम्न र विभिन्न ठाउँहरू हेर्न मन पर्थ्यो। ऊ सानो छँदा आमा बुवालाई धेरै गाली गर्थ्यो। उसको आमा र बुबाले उसलाई सधैं राम्रो मान्छे बन्न भन्नुहन्थ्यो तर ऊ सधैं बेवास्ता गर्थ्यो।

शनिबारको दिन थियो, घरमा आमा बुवा कोही थिएनन्। भाइ पनि खेल्न गएको थियो। ऊ घरमा एकलै थियो। उसलाई घरमा बस्न मन लागेन त्यसैले एकलै मावला जाने निर्णय गर्यो। ऊ आपनी माइजुकी छोरीसँग धेरै नजिक थियो, ऊ मावला जान जहन्थ्यो। ऊ कसैलाई नभनी घरबाट निस्कियो।

साँझको ५:३० बजेको थियो।

मावला धेरै टाढा थिएन तर ढिलो भएकोले त्यहाँ पुग्न अझै समय लाग्ने थाहा थियो। तर पनि ऊ घरबाहिर निस्कियो। आधा घण्टापछि ऊ जङ्गलको बाटोमा पुग्यो। जङ्गलमा धेरै जनावरहरूको कोलाहल थियो। जनावरहरूको आवाजले उसलाई डराएको थियो। साँझ पानी पर्न लागेको थियो। ऊ ओखरपानी पुग्यो। बाँदरको ठूलो समूह थियो। एउटा बाँदर उसको छेउमा आयो।

उसको नजिक आएपछि बाँदर चिच्याउन थाल्यो। जब बाँदर चिच्याउन थाल्यो, अरु सबै बाँदरहरु नजिक आउन थाले। त्यसपछि बाँदरले उसलाई आक्रमण गर्यो। ऊ चिच्यायो र रोयो तर जङ्गलको बीचमा हुँदा कसैले सुनेनन्। उसले हातमा लट्ठी लिएर बाँदरहरूलाई हात्र थाल्यो।

उसले एउटा बाँदरलाई हिर्काएपछि त्यो भाग्यो। त्यसपछि अन्य बाँदरहरू पनि भाग्न थाले। त्यो दिन निकै अँध्यारो भइसकेकोले ऊ मावलासम्म पुग्न सकेन।

ऊसँग बत्ती थिएन र धेरै संघर्ष गरेर घर पुग्यो। घर पुग्दा उसको परिवारले उसको कुरा गर्दै थियो। उसको बुवाले मावलालाई फोन गर्नुभयो, हजुरआमाले छिमेकीलाई बोलाउनुभयो र सबैले उसको बारेमा सोध्नु भयो। ऊ उनीहरूसँगै छ भनेर कसैले भनेनन् त्यसैले यसले उसको परिवारलाई चिन्तामा पार्यो। उसलाई फर्कको देखेर सबै खुसी भए। उसको परिवारले उसलाई ऊ कहाँ गएको भनेर सोधे।

ऊ कसैलाई नभनी गएको कुरा बताउन सक्ने हिम्मत थिएन। ऊ हिलो भित्र लुकेको छ भनेर उसले तिनीहरूलाई भन्यो। सबैले उसलाई सोधे, "किन?" उसले भन्यो, "तिमीहरु सबैको मजाक गर्न लुकेको थिएँ।" त्यसपछि खाएर कोठामा सुत्न लागे। त्यो घटना सम्झिँदा ऊ निदाउन सकेन, उसलाई झनै डर लाग्यो। घटनापछि अनुमति नलिई घरबाहिर ननिस्कने निर्णय गर्यो।

यसपछि पढाइमा ध्यान दिन थाल्यो। उसले खेल्न र घुम्न छाड्यो र उसले आफ्नो आमाबाबुको अनादर गर्न पनि छाड्यो। त्यो डरलाग्दो दिन उसले जीवनमा कहिलै भुल्न सकिने। आज पनि उसलाई डर लाग्छ र कहिलेकाहीं मजाक पनि लाग्छ।



EVENT HIGHLIGHTS





Stories From The Hills

Author: Pragya Silwal

As we woke up after an entire night of travel, the bus had begun marching upward towards the hills of Gulmi. After almost 11 hours of starting from Kathmandu, we were welcomed at Tamghas by the United World School team, who would be accompanying us for the next 16 days. The next day, the teams split into two and headed toward two schools in Ishma for our first sessions. As we stepped inside the classroom and started familiarizing ourselves, we were thrilled to see our learners adapt and be excited to participate in something completely different than their regular classroom experience.

When we started brainstorming story ideas with them, a follow-up question constantly arose, 'About what?' While the freedom of sharing their own experiences or fictional ideas was a boon to some, most stayed puzzled – this was the first time creating something entirely out of their own ideas, unrestricted by any parameters. The facilitators then took up the role of talking to learners individually and getting to know them. After brief, heartfelt conversations, we always met an idea or an experience unique to them. These stories were peculiar to us, too, they were original to their communities and livelihoods – something we were just getting introduced to.



After our sessions, we explored hills, temples, and historical forts and mingled with our host families and teachers. Immersing in the surroundings made the experience more memorable and helped us better understand the backgrounds our learners came from and tweak our activities and methods accordingly. After bringing out our learners' story ideas, the following days followed with various activities. From learning how stories are structured to preparing and presenting short skits entirely from scratch, our learners started revealing their inner writers and presenters. We were amazed when they prepared all kinds of props - chairs, brooms, colors, and even crowns woven out of wild grass - just to enhance their performances.

Throughout the four sessions at Ishma, Badagaun, and Marbhung, we observed students slowly opening up, being vocal about their experiences, and presenting their stories in front of their entire schools.

We were delighted to see how impactful the week-long program was in encouraging them to reflect on their surroundings, explore literature beyond the demands of their curriculums, and create a medium for them to continue expressing their creativity. Returning home, the team was able to compile their stories and publish a booklet. We not only brought back a lot of inspiring stories from the trip but also a wonderful experience that we will cherish forever. Stories from these sessions are in this magazine in the Buneka Katha section.

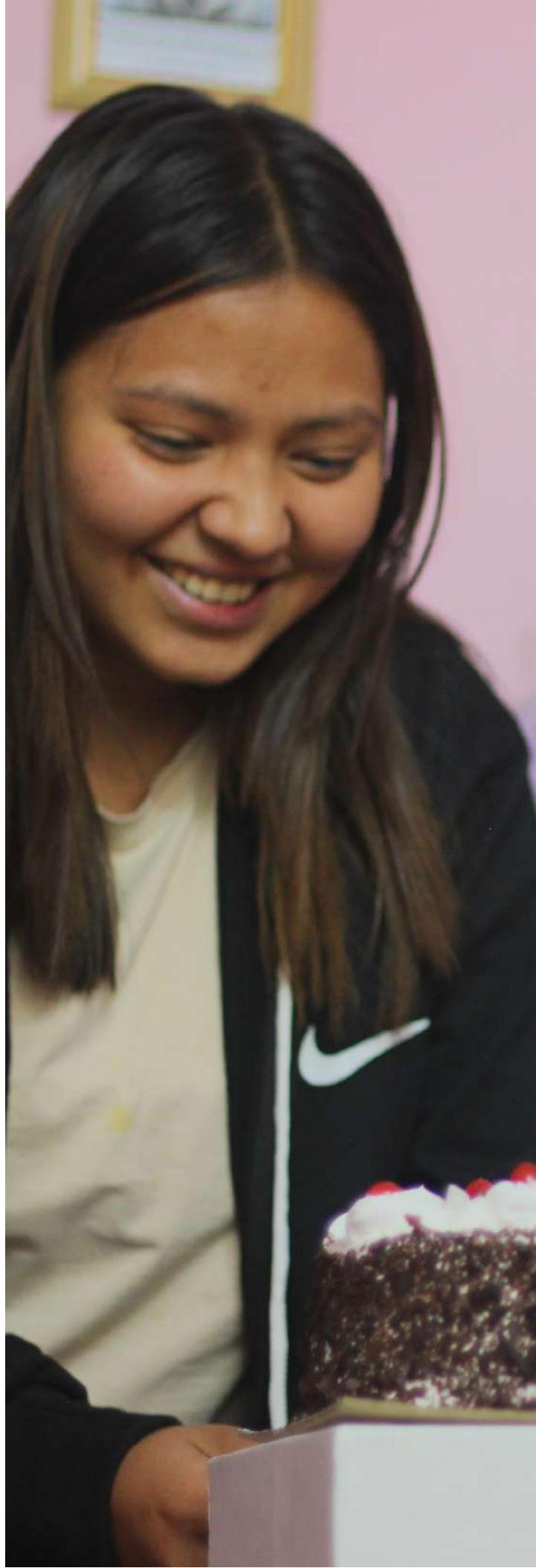
Stepping Stone

Author: Shalina Rai

Canopy Nepal has been celebrating our scholars' achievements every step of the way, both academic and non-academic. As the new academic year recently ended, we celebrated six scholars' graduation who added their spot in our graduated scholar' name list by passing their high school level with incredible results.

The graduation ceremony is not limited to just celebrating scholars' hard work and dedication but also a chance for the team and scholars to reflect on our journey together. "My family wouldn't have been able to afford my education cost if I wasn't provided with a scholarship from Canopy Nepal. Now, I am getting to study and choose my career field just because of your support. I cannot express my thanks enough," shared Pooja as she shared how she became a part of Canopy.

Similarly, with a proud feeling, Rabin shared, "I have been a Canopy Nepal scholar for the past four years, and I cannot thank enough the whole Canopy Nepal team for showering this much love and support on a child like me who wasn't very good in his academics. But now I have changed myself into someone who is more concerned about his study and responsible towards his family. Canopy Nepal has helped me reflect on my inner self and recognize my strength. Their support has aided my overall well-being along with my education. Thank you, Canopy Nepal, for being my guardian." The graduation ceremony is a stepping stone for the scholars as they lead their life ahead as independent and responsible adults.





Being the first scholar to have the longest scholarship duration, Sarita thanked Canopy Nepal with all her heart, writing, "I am very lucky to get this opportunity to be a Canopy Nepal scholar for the past 10 years. Canopy Nepal is my family who has been taking care of me without any selfishness. For this, I will always remain thankful to the team." Similarly, Sabina thanked Canopy Nepal for providing a platform where she could grow and develop herself throughout her scholarship periods. She mentioned how she could come out of her comfort zone after being a part of Canopy. She wrote, "I am extremely thankful to the Canopy family for this opportunity where I didn't receive just financial support but also great mentors who guided me, my

guardian who helped me in my career development process, and role models whom I look up to. This scholarship journey has taught me to speak more confidently and take a stand for myself. I cannot imagine how my life would have been if Canopy Nepal Scholarship Programs weren't a part of my life."

Graduation day is both a joyful as well as a sad day for us because we are proud to congratulate our scholars for their success and wish them luck for their upcoming days ahead, but this also means we are bidding farewell to our scholars from the program. The team remains in contact with the graduate scholars regularly, but it is still a bitter-sweet experience to see them be independent adults now.



Creativity, Cooperation, Collaborations

Author: Nimish Sharma

Ever since we began conducting skill-enhancement programs at schools in Kathmandu, yearly collaborations with schools have been a crucial part of our activities. In the last academic year, we collaborated with Adarsha Yog Hari School, Budhanilkantha School, Creative Academy, Shree Shanti Vidyagriha School, Shivapuri School, and many more to provide skill-enhancement sessions to young students. Our sessions like Katha Bunaun, Lekhaun, and EIC have been carefully designed to provide a set of highly important skills to our students.

One of the main reasons behind our year-long collaborations with these schools is the hope that our programs and sessions have a long-term positive

effect on the students we work with. Our yearly collaborations help to ensure that our learners cultivate the skills they learn from our programs throughout the year. A yearly collaboration gives us the opportunity to work with the same group of students more than once, and we make use of this opportunity by not only providing various sessions that cover a diverse range of skills but also by reinforcing the ideas we taught the class during the previous sessions. We believe that the skills that we help our students grow, from critical thinking and creative writing to self-expression and leadership, are instrumental for a student's overall growth in this highly competitive world. At the same time, our facilitators also gain a variety of leadership skills through these sessions.

Furthermore, the feedback that we receive from students and teachers helps us improve our own methodologies too.

In addition, our yearly collaborations help us create healthier relationships with our partner schools and students. There have been many instances of our team members going to a school they worked at after a long time and instantly being recognized and greeted with love by the students. And it probably is not a surprise when we say that that is one of the best feelings in the world.

"This session was very helpful for me, and I enjoyed it a lot. We learned to write better stories and express ourselves well. I wish the session were longer so that I could learn more. I wish we can take more sessions with Canopy." said Shalin Adhikari, one of our students from Creative Academy after her Katha Bunaun session.

"Facilitating Lekhaun for the first time was not easy. Before I could teach my students, I had to teach myself various literary elements. I helped my students become better writers, and they helped me become a better educator. I hope the students thoroughly enjoyed the session; I certainly did." said Nisarga Dhungana, one of our program facilitators, after his Lekhaun session.

We try to have a positive impact on the students we work with, which motivates us to continue being a platform for young learners to expand their skillsets, express themselves, and explore new ideas. We look forward to more collaborations, more learning, and more growth in the upcoming year.





समतामूलक शिक्षाको आवश्यकता

लेखक: अग्रज रन्जितकार

अहिलेको आधुनिक समयमा नेपालको शिक्षा प्रणालीमा विद्यार्थीका हितका लागि भनेर गुणस्तरीय शिक्षाका साथसाथै उचित मार्गदर्शनको व्यवस्था गर्न आवश्यक छ। अधिकांश विद्यार्थीहरु आफ्नो परिवारको आर्थिक एंवं पारिवारिक समस्याले गर्दा आफ्नो पढाइमा लगावका साथ ध्यान दिन सकिरहेका छैनन्। यसका साथै विद्यार्थीहरुले आफ्नो भविष्यको विषयमा कुनै पनि निर्णय लिन भन्दा अगाडी आफ्ना अभिभावक तथा गुरुवर्गको सल्लाहसुझाव र साथ चाहिन्छ। शिक्षासम्बन्धि समसामायिक विषयमा कुराकानी गर्न र विद्यार्थीका जीवनमा महत्वपूर्ण भूमिका निर्वाह गर्ने अभिभावक, शिक्षक, विद्यालय प्रतिनिधि तथा विद्यार्थी स्वयंलाई आमन्त्रण गराएर क्यानोपी नेपालद्वारा शिवपुरी माध्यमिक विद्यालयको प्राङ्गणमा २०७८ साल फाल्गुण १४, शनिबार 'शिक्षामा समतामूलक पुँ हुँ' शीर्षकमा Inspiring Through Stories आयोजना गरिएको थिए। यसै प्यानल छलफल बैठकमा, मनमा अनेकौं कुरा खेलाएर आफ्ना पढाइ र समग्र विकासमा एकाग्रित हुन नसकेका विद्यार्थीहरुलाई उचित मार्गदर्शन एवं

परामर्शको व्यवस्था गर्न जरुरी छ भनेर सत्यवती माध्यमिक विद्यालयका सहायक प्रधानाध्यक श्री ध्रुवराज खतिवडाले वर्तमान समयमा शिक्षालाई थप कसरी समतामूलक र व्यवहारिक बनाउन सकिन्छ भनेर मध्यस्तकर्ता मदन रिजालद्वारा सीधिएको प्रश्नको जवाफ दिनुभयो।

ध्रुवराज सरको कुरामा सहमति जनाउदै नेपाल आदर्श माध्यमिक विद्यालयका उप-प्रधानाध्यापक श्री करुणा प्रधानले आफ्नो विद्यालयले समतामूलक शिक्षा सुनिश्चित गर्न गरेका कार्यहरुका बारेमा बताउन भयो। नेपाल आदर्श विद्यालयले आफ्ना पुर्व-विद्यार्थीहरुको सहयोगमा एंवं शिक्षाका क्षेत्रमा कार्यरत विभिन्न गैरसरकारी संस्था जस्तै क्यानोपी नेपालसँग सहकार्य गरी आर्थिक रूपले विपन्न तथा मनोसामाजिक सहयोगको खाँचोमा रहेका विद्यार्थीहरुलाई उनीहरुको शिक्षामा प्रगति तथा सुधार ल्याउन काम गरिरहेको र आगामी दिनमा यस्ता कार्यहरुलाई थप प्रभावकारी बनाउन तिर लाग्ने प्रतिवद्धता जनाइन्।



त्यसैगरी श्री जनकल्याण उच्च माध्यमिक विद्यालयका प्रधानाध्यापक श्री कुमारी कमला राईले 'समता' र 'समानता' को भिन्नतालाई मध्यनजरमा राखी शिक्षालाई समतामूलक बनाउनु पर्ने र विद्यार्थीहरूलाई उनीहरुका परिस्थिति, माग, र आवश्यकता अनुरूप शिक्षा र समग्र कल्याणमा साथ-सहयोग गर्नुपर्छ भन्ने कुरामा जोड दिइन। यसै विषयको छलफललाई निरन्तरता दिँदै कन्या मन्दिर माध्यमिक विद्यालयका उप-प्रधानाध्यापक श्री दीपक विश्वकर्माले समतामूलक शिक्षा सुनिश्चित गर्ने क्रममा आइपर्न सक्ने समस्याहरुको बारेमा ध्यानाकर्षण गराउनु भयो। जुन विद्यार्थी तथा परिवारलाई सहयोगको खाँचो हुन्छ, उहाँहरुले आफूलाई समस्या परेको कुरा भन्ने हिचकिचाउने, र धूर्त स्वभावका व्यक्तिहरुले त्यसको फाइदा उठाएर आवश्यकता भएका परिवार तथा विद्यार्थीहरूलाई सहयोगबाट बन्चित हुने गरेको घटनाहरुका बारेमा बताउनु भयो।

कार्यक्रममा वक्ताहरुले दर्शकमहानुभावहरुबाट आएका प्रश्नहरुको पनि जवाफ दिएर कार्यक्रममा उपस्थित भएका विद्यार्थीवर्गहरूलाई पढाइमा सुधार एवं प्रगति गर्ने युक्तिहरु पनि दिनुभएको थियो। कारेब साडे दुई घण्टाको यस कार्यक्रमले हाम्रो स्कोलरहरूलाई तथा हामी स्कोलरहरुको अभिभावकहरूलाई पनि समानतामूलक शिक्षाको आवश्यकताका बारेमा सचेत बनाएको छ। आगामी दिनहरुमा पनि क्यानोपी नेपालको Inspiring Through Stories को बिभिन्न संस्करण संग हामी हाम्रो स्कोलरहरूलाई प्रेरित गर्नेछौं।



Canopy Picnic 2022

Our scholars and team members went to pincin in May 2022. These are some glimpses of that fun day.



INSIDE VOICES



Growing Up With Canopy

Interviewed By Ruchi Gurung

Originally from a small village of Gorkha, Sarita Gurung was a shy little girl who migrated to Kathmandu with her family at a very young age. Being the eldest sibling in the family, she took care of her brother and her sister who were even younger than her. Sarita and her family were introduced to CANSHIP/NCEP Canada in 2012. The team believed in her ability and saw potential in her to grow into a bright, hardworking, and successful student and individual.

In 2012, Sarita was awarded the scholarship and she received support for her tuition fee, uniforms, stationery, and all other educational necessities, along with moral support to continue her education. "When I first got the scholarship, I was in grade 2, and I was currently pursuing my Bachelor's degree in Business Studies. Ever since I received the scholarship, my parents have been proud of me. I think I have pushed myself to continuously work hard and present the best outcomes from the support I am getting. This is my tenth year of being a scholar here, and I cannot put into words the growth I have seen in myself", said Sarita during the interview.

Growing up with such a strong pillar of support, Sarita began noticing changes in herself. She had started becoming independent, confident, and more interactive with people around her. Canopy Nepal gave her the space to open up and overcome her fear. "I consider the *dais* and *didis* at Canopy as my second parents. They have always been on my side ever since I



Sarita Gurung
Canopy Scholar 2012 - Present



was a young girl. I remember sharing the joys of passing my exams with flying colors, joining my first job, and winning an award at school with them. I also remember them being there to support me when I didn't feel the most motivated as well. I have grown into a young hardworking, and vision-oriented woman because of the support I have been receiving from Canopy."

Today, Sarita is in her first year of Bachelor's degree in Business Studies from Saraswati Multiple Campus and at the same time, she's working as a marketing representative at Marketing Cooperative Organization to support her family further. She has discovered her interest in that field and hopes to continue her career journey.

Sarita deems herself lucky to have gotten a chance to receive the scholarship. She says, "every child who is struggling as I did deserves a chance like this. I strongly feel that when there was no one to help me in my desperate time, CANSHIP/NCEP Canada came to rescue me, for which I am forever grateful. Canopy will always be a family to me, even after my graduation as a scholar."



करुना प्रधान
नेपाल आदर्श स्कूल, उप प्र.अ.

विद्यार्थीहरुको समग्र कल्याणमा विद्यालयको भूमिका

अन्तर्वार्ता लिने: अग्रज रन्जित्कार

विद्यार्थीहरुको सुमधुर भविष्य निर्माणका लागि अहिलेको समयमा किंताबी ज्ञानमात्रै पर्याप्त छैन। यसका साथै अतिरिक्त क्रियाकलाप तथा सीपमूलक तालिम कार्यक्रमहरु पनि अत्यावश्यक भइसकेका छन्। नियमित कक्षाहरुलाई गुणस्तरीय बनाउनुका साथै अतिरिक्त कार्यक्रमहरु आयोजना गरेर विद्यार्थीको शिक्षालाई थप प्रभावकारी बनाउन नेपाल आदर्श माध्यमिक विद्यालयले निरन्तर रूपमा काम गरिरहेको छ। यसका लागि विद्यालय प्रशासनले नियमित रूपमा कार्यक्रम गर्नुका साथै शिक्षाको क्षेत्र कार्यरत विभिन्न संघसंस्थासँग समन्वय गरेर विभिन्न कार्यक्रम आयोजना गरेर विद्यार्थीहरुका लागि शिक्षा रोचक एवं आकर्षक बनाउँदै, विद्यार्थीहरुलाई शिक्षाको महत्त्व बुझाउने प्रयास गर्दै आएको कुरा नेपाल आदर्श माध्यमिक विद्यालयका उप-प्रधानाध्यक श्री करुणा प्रधानले भन्नुभयो। उहाँले नेपाल आदर्शमा नियमित रूपमा अतिरिक्त क्रियाकलाप जस्तै चित्रकला, नृत्य, संगीत, एवं सीपमूलक प्रतियोगिताहरु आयोजना गर्दै आएको तर विगत केही समयदेखि विश्व महामारी र लकडाउनका कारण कक्षामा सोही कार्यक्रमहरु संचालन गर्न नसकेको कुरा व्यक्त गरिन्। उहाँले आगामी समयमा यस्ता कार्यक्रमहरुलाई निरन्तरता दिने प्रतिवद्दता पनि जनाउनु भयो।

क्यानोपी नेपाल र नेपाल आदर्श माध्यमिक विद्यालय दुवैको लक्ष्य शिक्षालाई थप व्यवहारिक र समातमूलक बनाउने रहेको हुनाले वि. सं. २०७७ देखि यी दुई संस्थाबीच साझेदारी हुँदै आएको हो। क्यानोपी नेपालले हाल नेपाल आदर्शका ११ विद्यार्थीहरुलाई छात्रवृत्ति प्रदान गर्दै आएको छ। यसका साथै विद्यार्थीमा सीप सिकाउने र आत्मविश्वास बढाउने कार्यक्रमहरु पनि आयोजना गर्दै आएको छ। अन्य छात्रवृत्ति प्रदान गर्ने संघसंस्थाभन्दा क्यानोपी नेपालको कार्यशैली भिन्न र राम्रो

रहेको करुणा प्रधानको भनाइ छ। “अरुले त केबल विद्यालय शुल्क तिरिदिन्छन् तर क्यानोपी नेपालले विद्यार्थीको समग्र कल्याणका लागि विद्यार्थी तथा उनीहरुका परिवारसंग नियमित रूपमा सम्पर्क राख्ने विद्यालय प्रशासन तथा शिक्षकहरुको सल्लाहसुझाव लिएर विद्यार्थीका हितका लागि आवश्यक कार्यशालादेखि लिएर अतिरिक्त सुविधा जस्तै युनिफर्म, खाजाको व्यवस्था, इत्यादि पनि गरिदिनुहुन्छ।” भनेर क्यानोपी नेपाल प्रति आभार व्यक्त गर्नुभयो।

क्यानोपी नेपालको छात्रवृति पाइसकेपछि छात्रवृति पाएका विद्यार्थीहरुमा सकारात्मक परिवर्तन देखेको कुरा करुणा प्रधानले व्यक्त गर्नुभयो। उनीहरुले पढाइलाई गम्भीरता साथ लिनुका साथै नियमित रूपमा कक्षामा उपस्थित हुने गरेको कुरा उहाँले थम्नुभयो। यसका साथै विद्यार्थीका अभिभावकहरुले पनि आफ्ना बच्चाको पढाइमा चासो दिन थालेको कुरा बताइन्। यस्तो सकारात्मक परिवर्तनको कुरा गर्दै उहाँले प्रतक्ष्य देख्नु भएका सुधार क्यानोपी नेपालले छात्रवृति दिएको हाल कक्षा १० मा अध्ययनरत लक्ष्मण परियारको जीवनको बारेमा बताउनु भयो। आफ्नो पारिवारिक समस्यामा अलिङ्गाए पनि क्यानोपी नेपालसँग जोडिएपछि लक्ष्मणले आफ्नो पढाइमा सुधार ल्याउनलाई धेरै मिहिनेत गरिरहेको कुरा बताउनु भयो। आफ्नो विद्यालयका विद्यार्थीहरु र उनीहरुका परिवारमा देखिएका परिवर्तित मनोवृत्तिले उहाँको मन खुसी भएको कुरा पनि उहाँले भन्नुभयो। क्यानोपी नेपालसँगको सम्बन्धलाई थप सुमधुर बनाएर शिक्षालाई समतामूलक बनाउने लक्ष्यलाई सहकार्य गरी हासिल गर्न सकिन्छ भन्ने कुरामा उहाँ विश्वस्त हुनुहुन्छ।



From Scholar to Team Member

Interviewed By Devina Tandukar

Canopy's relationship with Suniva dates back to 2016 when she first got selected as a scholar. She was a sixth-grader and was the brightest student in her class. Her hard work and dedication to her academics, despite a tight financial situation in her family, caught everyone's attention in school. "I remember when I got selected as a scholar in 2016. I was only in sixth grade so I was very young but I knew that the scholarship program ensured my parents that I will continue my education", shared Suniva.

She further added, "during the scholarship journey, Canopy has been a helping hand in each and every step of my student life. The program has rigorously supported me in gaining academic milestones and remarkable achievements in extracurricular activities. I have been a part of multiple training and workshops that helped me understand the world outside of academics too. Canopy saw me grow and helped me grow, they are my second family."

Suniva Shrestha
Scholar Volunteer, 2020





Suniva's journey in Canopy took a step further when she joined as a Scholar Volunteer in our first-ever cohort. She said, "my bond with Canopy grew after I completed my high school. I was given the opportunity to join the team and after the selection process, I was officially a team member at Canopy as a Scholar Volunteer. I remember the scholar selection in CANSCHIP and I, along with other Scholar Volunteers, was supposed to create Scholars' Profiles. I got the chance to enhance my basic computer technical skills. At the same time, the work felt very personal because I was able to relate to the new scholars' journey and it reminded me of my own. Along with this, I also saw myself improve in professional skills like teamwork, team coordination, and communications."

The team saw her grow immensely as a young professional. From seeing a sixth-grader that was nervous around team members, we got to work with a young and confident Suniva in 2020. Suniva is now a graduate scholar at Canopy and is leaping forward to her dream of pursuing a Bachelor's degree. She recently moved to Japan to begin her new life with the same enthusiasm and eagerness that she used to have during the Canopy Nepal Scholarship and Scholar Volunteer journey. "I have decided to move away from my comfort area and challenge myself to grow in a new environment. I know the journey isn't going to be the easiest but I am ready for this change. I was able to make this decision with Canopy's constant support and unbroken determination toward my success", shared Suniva all the way from Japan.



Shailendra Shrestha
Canopy Parent, 2018 - Present

Supporting Pillars

Interviewed By Agraj Ranjitkar & Shalina Rai

Shailendra Shrestha is a proud father of a hardworking and smart daughter. He has been a part of Canopy as a scholar parent since 2018. "Being the only breadwinner of the family was one of the greatest and most challenging responsibilities I ever had. It wasn't easy on me mentally to be a father of a bright child like Shrinkhala but barely being able to afford her education. This is when I met Canopy Nepal and the team in 2018", said Shailendra Ji.

"Since then, I have found a support pillar

for my daughter and her education & wellbeing. Not just Shrinkhala, but I have found a safe space in Canopy to come and share my sorrows and challenges; the scholarship team has become a part of my life and family now", he added. "My respect for the team does not stop at the scholarship my daughter is getting. It expands to the working model of the team such as regular follow-up regarding Shrinkhala's study, health, and family conditions. The care goes beyond education and family to ensure my daughter is empowered in all ways

possible. During the lockdown, I was very proud to see my daughter work with the team that has been supporting her since she was a young child. To see her gain professional exposure and skills brings tears of joy to my eyes."

"After receiving this scholarship, she has become more responsible, especially towards her family and her role as a support system for her family's future. Also, she is more concerned about her study now compared to in the past. I believe that Shrinkhala is more concerned about her education because, now, she realizes that besides her family, Canopy Nepal also cares about her career and they are working as hard as her family for her brighter future", Shrinkhala's father shared.

"I am extremely proud of my daughter's growth. I am thankful to Canopy Nepal and Friends of Adelaide (FONAI) for helping me raise my daughter into a smart, kind, and loving being."





Sushant Shahi
Canopy Scholar, 2018 – Present

Blistered Hands

Interviewed By Deekshak Bhattarai

Sushant Shahi was looking at his blistered hands with deep satisfaction. He had hammered the stones since dawn. The hot summer breeze smothered his hair and he dived deep into his thoughts.

As far as his memory went he had no clue about his parents. He had roamed around the dark streets of Kathmandu since his childhood. The world had pushed him around ever since. He had finally found his solace at Dalit Mahila Uthan Kendra, an orphanage situated in Kathmandu. Ainsley Roscrow had

mentored and supported him with great compassion. Ainsley Roscrow has been a member at FONAI and cared for him in every way possible. It is through working under her wings Sushant learned the value of conscience towards others.

After FONAI built a partnership with Canopy Nepal in 2018, Sushant was admitted to Suryodaya Secondary Boarding School (SAB School). This is where he completed his SEE. This is where he learned servitude towards others. Above all, this is where he faced the hardships of the COVID-19 pandemic

and later found that due to a lack of resources and facilities, youths from the rural areas are deprived of education and learning due to the closure of educational institutes.

"Canopy is my second home. It has always been there for me in my ups and downs. I hope, one day with my work, I can contribute to and support Canopy in any way possible. But for now, others are volunteering for me & I want to volunteer for others," says Sushant Shahi. With this in mind, during the lockdown, he voluntarily initiated extra classes twice a day for the students from his community who cannot afford the tuition fees for their studies. Besides providing extra classes, he additionally distributed stationery supplies and restarted WiFi services in Soru Rural Municipality with the support of Canopy Nepal & SAB school and rural municipality authorities respectively. In addition, he organized a menstrual awareness program for local women who are unaware of menstrual hygiene and was appointed Deputy Secretary of Soru Football Club.

The COVID-19 pandemic not only motivated him to help others, but this was also the time when he received his first salary of NRs. 9000 in his blistered hand with deep satisfaction.



CANOPY NEPAL IN NUMBERS



9487

Students
Reached

1141

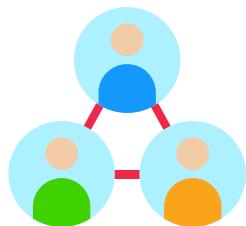
Sessions
Conducted

181

Scholarships
Awarded

208

Canopy Club
Members Reached



830

Teachers
Trained

132

Organizations
Collaborated With

208

Educational Institutes
Participated With

156

Team Trainings
Conducted



34

Scholars Graduated

638

School Supplies
Distribution Series

430

Leaders Trained

CANOPY NEPAL IN NUMBERS



6
Provinces
Reached

8
Clubs
Opened

7
Programs
Digitized



15
Magazines Published



1,819
School Visits Made



64,042
Meals Provided

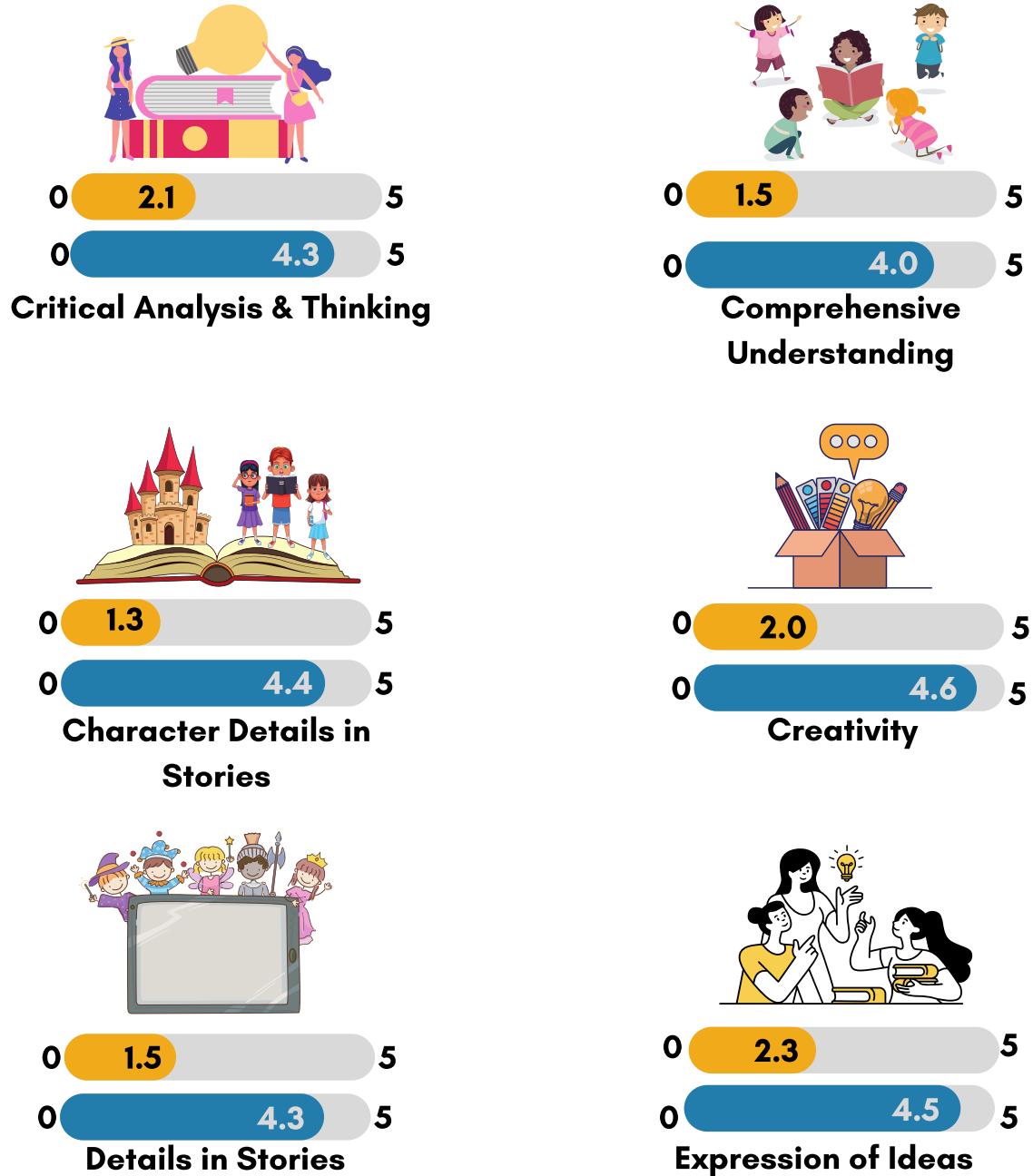


3,228
Social Well-Being
Assessments Made



714
Reflection Sessions
Conducted

OUTCOMES

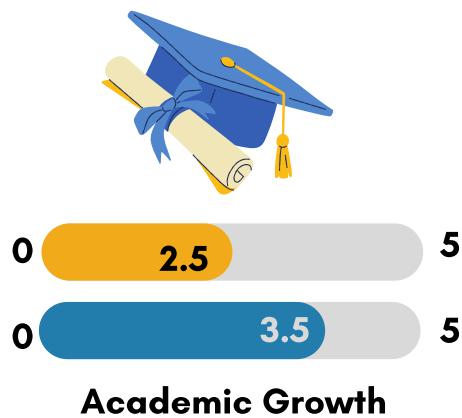
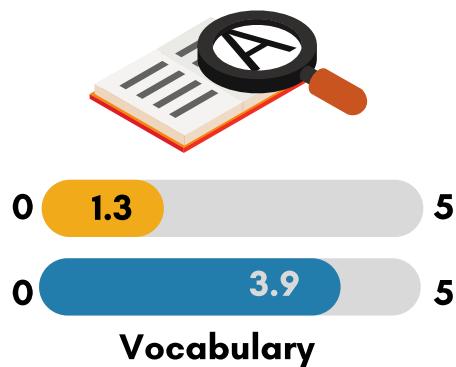
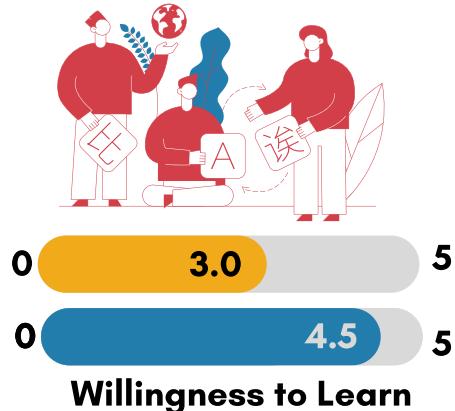
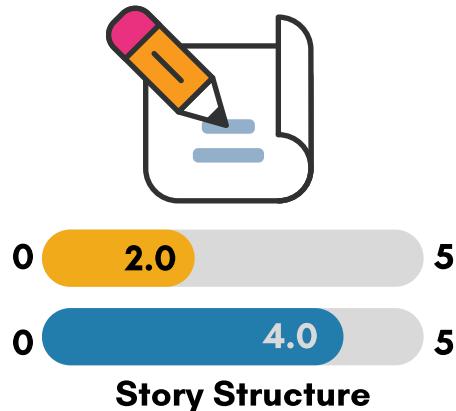
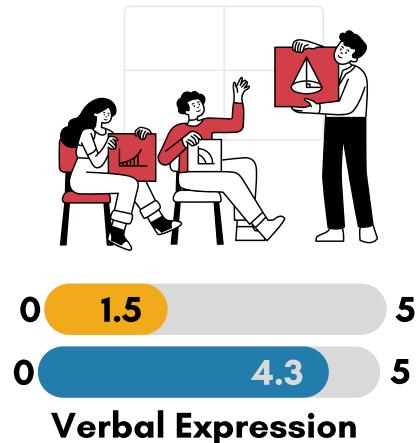
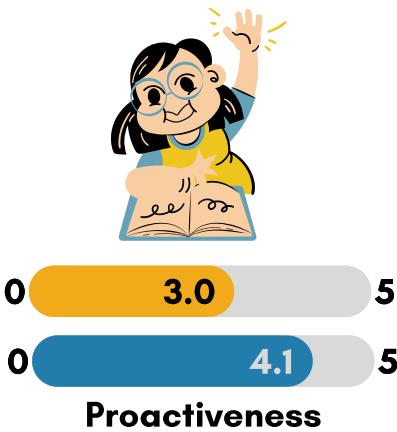


*Numbers represented here are based on pre and post evaluation data and metrics collected from sessions conducted from December 2021 to May 2022 with 780 students in 35 sessions.

Assessment in Yellow represents the data collected from Pre-Evaluation

Assessment in Blue represents the data collected from Post-Evaluation

OUTCOMES



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