Patient Medical Report

1. Patient Information

***PatientUnitStayID:** 284517 * **UniquePID:** 003-13187 * **Gender:** Male * **Age:** 67 * **Ethnicity:** Caucasian * **HospitalID:** 95 * **WardID:** 126 * **Unit Type:** Med-Surg ICU * **Admission Height (cm):** 177.8 * **Admission Weight (kg):** 79.3 * **Discharge Weight (kg):** 79.3 * **Hospital Admit Time:** 08:50:00 * **Hospital Admit Source:** Emergency Department * **Hospital Discharge Year:** 2015 * **Hospital Discharge Time:** 16:45:00 * **Hospital Discharge Location:** Other External * **Hospital Discharge Status:** Alive * **Unit Admit Time:** 08:50:00 * **Unit Admit Source:** Emergency Department * **Unit Discharge Time:** 16:41:00 * **Unit Discharge Location:** Other Hospital * **Unit Discharge Status:** Alive * **APACHE Admission Dx:** Sepsis, pulmonary

2. History

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3. Diagnoses

The patient presented with multiple diagnoses, some active upon discharge and others resolved during the ICU stay. Major diagnoses included:

***Sepsis:** (ICD-9 codes: 038.9, A41.9) Listed as both Primary and Major diagnosis. This indicates a severe systemic infection. * **Hypotension/Pressor Dependent Shock:** Listed as both Major and Other diagnosis. This suggests the patient experienced significant low blood pressure requiring medication to maintain adequate perfusion. * **Colon Cancer:** (ICD-9 codes: 153.9, C18.9) Listed as a Major diagnosis. This is a significant underlying condition that likely contributed to the patient's presentation. * **Leukocytosis:** (ICD-9 codes: 288.8, D72.829) Listed as a Major diagnosis. This indicates an elevated white blood cell count, consistent with the sepsis diagnosis. * **Acute Respiratory Failure:** (ICD-9 codes: 518.81, J96.00) Listed as a Major diagnosis. This suggests compromised respiratory function, a common complication of sepsis. * **Metabolic Acidosis (Lactic Acidosis):** (ICD-9 codes: 276.2, E87.2) Listed as a Major diagnosis. This indicates an imbalance of acid-base levels in the blood, often associated with shock and organ dysfunction. * **Muscular Dystrophy/Myopathy:** (ICD-9 codes: 359.89, G72.89) Listed as both Major and Other diagnosis. The presence of this pre-existing condition might have influenced the patient's response to illness and treatment.

Other diagnoses, not active upon discharge, included metabolic acidosis, muscular dystrophy/myopathy, and sepsis. These were likely addressed during the ICU stay.

4. Treatments

The patient received a range of treatments throughout their ICU stay. Active treatments upon discharge included:

***Intravenous Normal Saline Administration:** Fluid resuscitation is a key component of managing sepsis and hypotension. * **Compression Boots (VTE Prophylaxis):** These prevent blood clots, a common risk in hospitalized patients. * **Ondansetron (Antiemetic):** This medication reduces nausea and vomiting. * **Methylprednisolone (Systemic Glucocorticoid):** This anti-inflammatory medication is often used in severe illness. * **Piperacillin/Tazobactam (Antibiotic):** This broad-spectrum antibiotic targets bacterial infections. * **Vancomycin (Antibiotic):** This antibiotic is used to treat serious bacterial infections, often those resistant to other antibiotics. * **Nebulized Bronchodilator:** This treatment helps open the airways, improving breathing. * **Mechanical Ventilation:** This life support measure assisted the patient's breathing. * **Bolus Parenteral Analgesics:** This indicates the use of pain medication given intravenously. * **Chest X-ray:** A standard imaging test to assess lung function and potential infections. * **Head CT Scan:** This neuroimaging study was likely performed to assess for any neurological complications.

Inactive treatments included beta-agonist bronchodilator, oxygen therapy, and more. These treatments may have been administered and discontinued as the patient's condition improved.

5. Vital Trends

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6. Lab Trends

The lab results show fluctuations in various parameters. Initial values revealed elevated lactate (10.1 mmol/L), anion gap (23 mmol/L), and CRP (114.8 mg/L), all suggestive of sepsis and tissue hypoxia. Hematological parameters showed leukocytosis (WBC x 1000: 28.2 K/mcL) and low lymphocytes (2%). There was also metabolic acidosis evidenced by low bicarbonate (14.9 mmol/L) and low blood pH (7.2). Creatinine levels were initially slightly elevated (0.7 mg/dL) but decreased upon discharge. Repeat lab values drawn later showed improvement, such as a reduction in lactate (4.8 mmol/L) and anion gap (12 mmol/L). Oxygen saturation was initially low (84%) but improved (95%).

7. Microbiology Tests

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8. Physical Examination Results

Physical exam findings at 398 minutes post-admission indicated the patient was ill-appearing, in acute distress, and sedated. Vital signs recorded included a heart rate of 112 bpm (with a low of 109 and high of 129), blood pressure of 91/67 mmHg (low of -12/-19 mmHg, high of 127/82 mmHg), respiratory rate of 21 breaths per minute (low of 14, high of 43), and oxygen saturation of 93% (low of 88%). The GCS was 12, though estimated due to medication influence. Initial exam (16 minutes post-admission) indicated a GCS of 3 (E1M1V1) indicating severe impairment of consciousness. The patient's weight remained stable at 79.3 kg.