



# Mili

Your Pocket Companion

**Do your thoughts  
sometimes feel too  
loud to handle alone?**

# Problem

- **1 in 2 people** will face a mental health disorder in their lifetime.
- Over **1 billion** people worldwide live with a mental health condition.
- More than **700,000 die** by suicide every year, yet nearly a third had already shared their thoughts, just not with professionals.



# THE DAILY REP

November 12, 2022

**Loneliness gripping**  
Social isolation, digital dependence, elevated family and community violence hurting youth

UNICEF URBAN – Gen Z more likely to experience mental health issues. Expert warned that mental health issues are a global priority.

# THE OLD CHRONICLE

SEPTEMBER 28, 2023

**Mental Health Study Shows Overwhelmed by Global**  
A UNICEF report calls for urgent youth mental health action.

# THE HARVARD CHRONICLE

## SPECIAL EDITION

August 17, 2024 Cambridge, MA

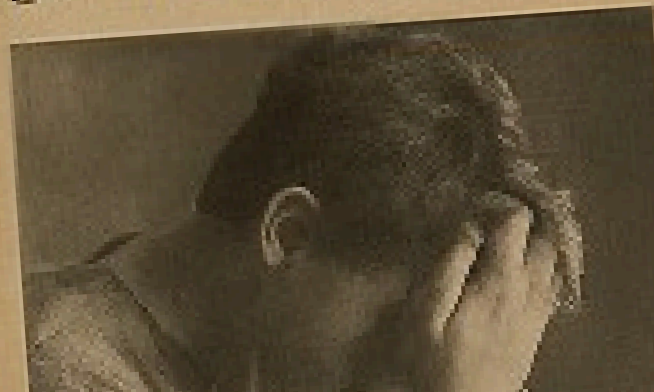
**Loneliness in America: Just the Tip of the Iceberg?**

# THE YOUTH TIMES

May 5, 2025

**Experts Call for Urgent Youth Mental Health Action**

UNICEF and partners urge schools and governments to prioritize services



WASHINGTON, D.C. — A UNICEF coalition, experts warn that youth mental health must be a global priority as challenges continue to rise.

Independent Source for Local National News and Culture

March 17, 2025 - Cambridge, MA

**Arizona – One of the Worst States for Youth Mental Health Care**

Undiagnosed and untreated mental health issues in youth can lead to substance abuse

By Owen Green, Reporter

MARCH 17, 2025

# THE OBSERVER

December 10, 2023

**Experts call for urgent youth mental health action**



# If it's so **serious**, why is it still **avoided**?

- Therapy is **expensive**: ~\$150 per session
- Therapy carries **stigma**: many hesitate to seek help
- Mental Health Apps are growing: ~\$7.5B market size in **2025**
- Apps remain underused: only **23%** of those in need use them

# Meet Our Team



**SIDDHESH MORE**



**SHREERAJ BHAMARE**

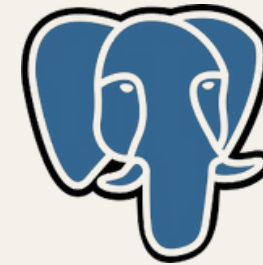


**SANIYA NANDE**

# Tech Stack



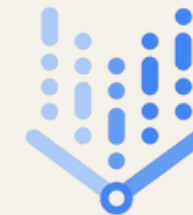
**Flutter**



**PostgreSQL**



**Firebase**



**VertexAI**



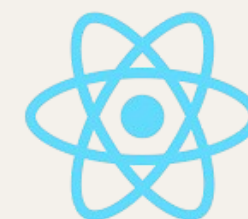
**Google Gemini**  
(2.5 Flash)



**Google Fonts**

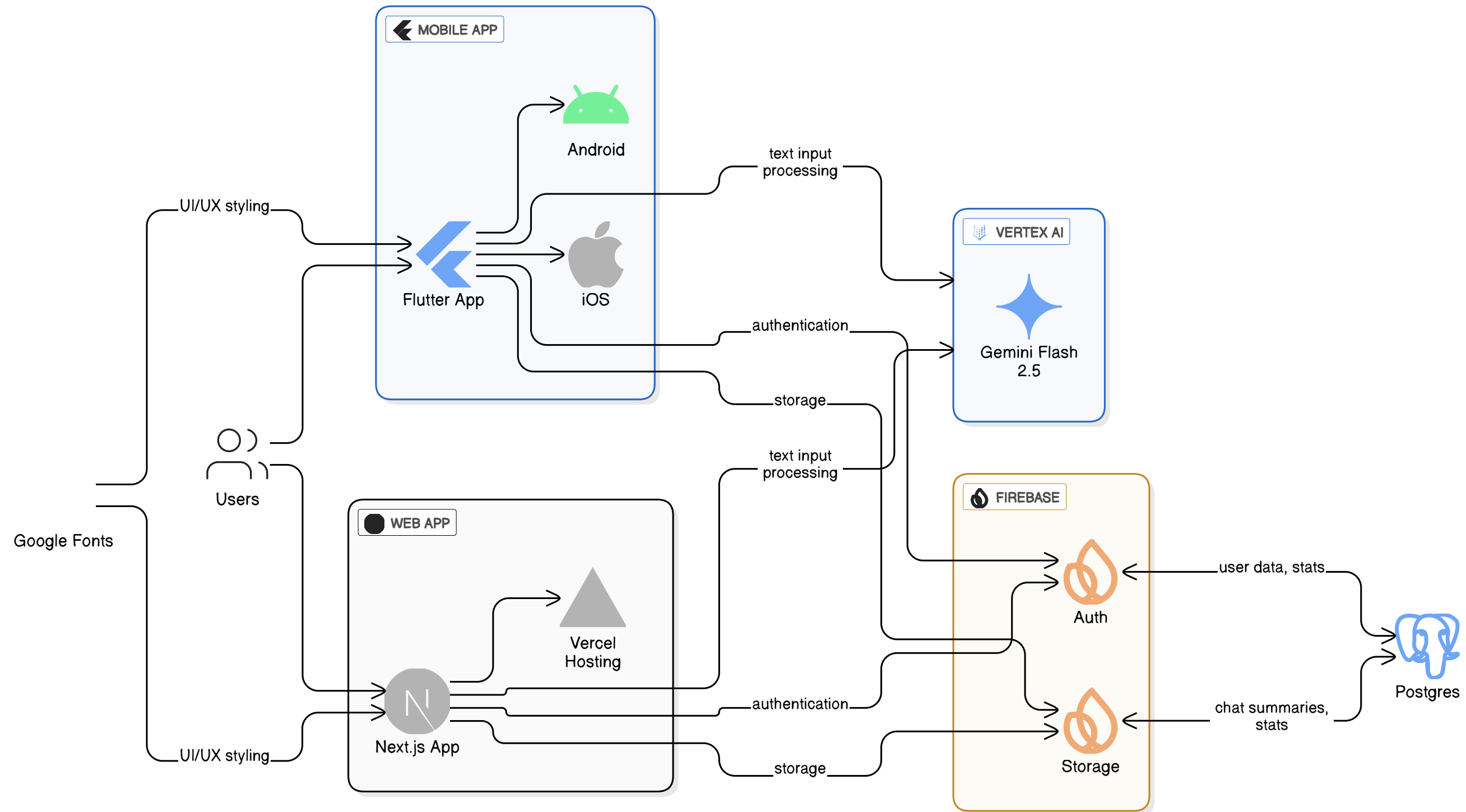


**Next.js**



**React.js**

# Architectural diagram





# Thank you!

 [YouTube](#)

 [Github](#)

 [Website](#)