



Sidhuz Grocery List

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Fruits

The noun vegetable means an edible plant or part of a plant but usually excludes seeds and most sweet fruit. A snack is a portion of food oftentimes smaller than that of a regular meal, that is generally eaten between meals. In botany, a fruit is a part of a flowering plant that derives from specific tissues of the flower, mainly one or more ovaries.



Vegetables

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Snacks

A snack is a portion of food oftentimes smaller than that of a regular meal, that is generally eaten between meals. In botany, a fruit is a part of a flowering plant that derives from specific tissues of the flower, mainly one or more ovaries.

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<i>Items</i>	<i>Price</i>	<i>Items</i>	<i>Price</i>
<i>Fruits</i>		<i>Juices</i>	
Apples	\$3.50/kg	Orange Juice	\$2.5/each
Bananas	\$4.00/kg	Mango Juice	\$5.00/each
Grapes	\$5.00/kg	Pineapple Juice	\$2.00/each
<i>Vegetables</i>		<i>Ice Creams</i>	
Green pepper	\$2.50/kg	Chocolate ice cream	\$2.00/each
Cabbage	\$4.00/kg	Vanilla Flavour	\$4.00/kg
Lady finger	\$3.00/kg	Mini Choco bar	\$3.00/kg
<i>Snacks</i>		<i>Fast foods</i>	
Chocolate chip	\$5.00/each	French Fries	\$3.00/kg
Butter bite	\$2.00/each	Spring Rolls	\$3.00/kg
Dairy milk cookies	\$2.5/each	Mini rice Plates	\$4.00/kg
<i>Non-veg products</i>		<i>Non types</i>	
Beef	\$9.5/kg	Non plain	\$2.00/each
Pork	\$6.7/kg	Garlic non	\$5.00/each
Chicken	\$4.7/kg	Oil non	\$2.5/each

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Ingredients

Boneless Chicken 1 kg
Garlic (crushed) 2 tsp
Salt as per taste
Onions (sliced) 3 medium
Tomatoes (boiled and blended) 3 medium
Yogurt (whipped) 1/2 cup
Red Chilli Powder 1 tbsp
Salt
Red peeper-one
Green pepper-one
Hing-1 spoon

Directions

To make the stock, boil 1/2 kg chicken bones in pot with 6-8 cups of water until only two cups of stock remain. To avoid heek, add one small whole peeled onion and 2-4 black pepper corns when it comes to a boil. In a earthen ware pot, boil one onion and 1 teaspoon of garlic in the stock.



Ingredients

1 cup (2 sticks, 8 ounces) unsalted butter
1 1/2 teaspoons salt
2 teaspoons vanilla extract
1 tablespoon baking powder
1 1/2 cups (10 1/2 ounces) sugar
3 large eggs
4 1/2 cups (19 ounces) King Arthur Unbleached All-Purpose Flour
1 cup (8 ounces) milk

Directions

Add the flour to the wet ingredients alternately with the milk, beginning and ending with the flour. Do this gently; there's no need to beat the batter. Using a muffin scoop, drop the dough onto the prepared cookie sheets. Flatten each mound of dough to a circle about 1 1/2" across; wet your fingers or a knife, or grease the bottom of a drinking glass or measuring cup to do this. Leave 2" to 2 1/2" between each cookie, for expansion.

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Beef	\$6.7/kg
Pork	\$9.5/kg
Chicken	\$4.7/kg
<i>Total Products</i>	<i>Total Price</i>
20	\$35.85

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