

# Harmony K Ubhi

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## CONTACT

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## OBJECTIVE

A self-motivated and enthusiastic student with a desire to further her medical experience, especially within clinical audits and research.

## CURRENT APPOINTMENT

UCL

2012 — Present

First Year Clinical Student

Entering into the clinical realms of medicine, I have applied scientific theory to patient's circumstances from my first three years of medical training. The opportunity to explore a range of clinical specialities ranging from Acute Medicine to Surgical exposure was abundant, and I look forward to exploring further sub-specialities this coming year. Professional responsibilities have naturally come with the vocational setting, to include patient-student interactions and investigations.

Projects Abroad

October 2011 — Present

Student Ambassador

I thoroughly enjoyed my medical placements in India and the opportunity it gave to explore alternative infrastructure of healthcare amongst other learning experiences. Consequently, I attend events organised by the company who ran my placements, 'Projects Abroad'. Here I discuss my own experiences of international travel with interested parties and address their queries concerning their own volunteering.

## QUALIFICATIONS

- Neuroscience Intercalated Bachelor of Science Degree at University College London: 2011-2012
- Nominated for the Reflective Writing Prize 2013
- Information Governance Training Tool: Clinical Records: Introductory Level 2012
- Information Governance Training Tool: Record Keeping Standards for Hospital Inpatients: Foundation Level 2012

## EDUCATION

Bachelor of Medicine, Bachelor of  
Surgery  
University College London

2009 — Present

Higher Education

2005 — 2009

Haberdashers' Aske's School for Girls

- 3 A Grades at A Level
- 10 A\*-As at GCSEs

TEACHING EXPERIENCE	<p>‘Open Minds’ Teaching with 'TIPS' Training:</p> <p>Mental health in the public domain remains a largely misunderstood concept and can be prone to stigma. Our student selected component provided the knowledge behind psychiatric disease and UCL TIPS training for effective teaching. With these skills at hand, I and a colleague organised open discussions with secondary school children to challenge their thinking and promote a wider understanding on the topic</p>
MANAGEMENT EXPERIENCE	<p>UCL Indian Society’s Secretary 2010-2011:</p> <p>My secretarial role in the UCL group proved multifaceted; including small grouped team management and organisation to the planning and execution of successful inter-university events. Working alongside different team members, we secured group funding and established new events opening the society to a wider audience.</p>
RESEARCH	<p>My IBSc project, "The effects of viral GMCSF on spinal cord regeneration in the rat motor cortex", will form data as part of a presentation at the International Spinal Research Trust Network in September this year.</p>
COURSES AND MEETINGS	<ul style="list-style-type: none"> <li>• Imperial College Laproscopic Simulation Study: June 2013</li> <li>• National Undergraduate and Foundation Surgery Conference: 16-17th March 2013</li> <li>• Royal Society of Medicine's Insight into Surgical Training: 13th March 2013</li> </ul>
INTERESTS	<p>Travel</p> <ul style="list-style-type: none"> <li>• June-July 2012: Interrail Trip beginning in Hamburg, Germany and ending in Altinkum, Turkey</li> <li>• July 2011: Trivandrum, India</li> <li>• July 2009: Thailand and Bali</li> </ul>
VOLUNTEER WORK	<p>UCL Saving a Baby’s Life 2011-Present:</p> <p>With training from the Royal Lifesaving Society, I volunteer in outreach programmes aimed at those involved in the care of children to provide training in basic life support; to include CPR, choking and near drowning.</p> <p>UCL Spectrum Volunteer 2011-2012:</p> <p>Through the student led charity, I and a colleague were linked to a young child with autism with the purpose of providing her with a befriending service. On a bimonthly basis, we would provide her with outdoor activities and fun whilst simultaneously permitting some respite care for her parents.</p>
MEMBERSHIPS	<ul style="list-style-type: none"> <li>• British Medical Association</li> <li>• Royal Society of Medicine</li> </ul>

- Medical Defence Union

## REFERENCES

Can be provided on request