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UnitedHealthcare®

# It’s time to review your 2026 plan

On behalf of the entire UnitedHealthcare family, thank you for being our member. As America’s most chosen Medicare Advantage brand for nearly two decades, you can count on us to keep you informed of industry-wide Medicare and benefit changes impacting your plan, so you can feel confident in your coverage next year.

## Medicare industry changes may affect some plan benefits

Each year, the Medicare Advantage program evolves based on industry regulations and federal funding. We recognize it is important for you to understand how your plan will change in 2026, so you can make the right decisions for your health and budget

## Take time to review your 2026 plan changes

Review this Annual Notice of Changes to avoid surprises. It will tell you about changes to your benefits, including what’s new next year. Your 2026 plan will be effective Jan. 1, whether you stay in your current plan or switch to a different plan.

## What to expect next

• Starting Oct. 1, you can view your plan changes for 2026 on your member site and the UnitedHealthcare® app. There, the Prepare for Next Year page will show your benefit changes side-by-side, help you confirm if your doctors are in-network and more.

• Watch for communications from us to help you continue to understand your benefits for next year.

• Use the UnitedHealthcare app to easily access your plan information anywhere you go. To download, open the App Store® or Google Play™ on your mobile device and search for UnitedHealthcare.

## Expert guidance to support you

If you have questions, call us at the toll-free number on the cover of this booklet.

Visit uhc.care/next-year or scan the QR code to learn more about industry-wide Medicare changes and plan benefit changes.

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Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies. A Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan’s contract renewal with Medicare.

Benefits, features and/or devices may vary by plan/area. Limitations, exclusions and/ or network restrictions may apply. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process.

Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process Reward offerings may vary by plan and are not available in all plans. Reward program Terms of Service apply. Most chosen based on total plan enrollment from 2008-2025 Medicare Enrollment Data.

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UnitedHealthcare

# Annual Notice of Change 2026 AARP® Medicare Advantage from UHC FL-0021 (PPO)

myAARPMedicare.com

Toll-free 1-866-627-7806, TTY 711

7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept

## Do we have the right address for you?

If not, please let us know so we can keep you informed about your plan.

AARP® Medicare Advantage from UnitedHealthcare®

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# Find updates to your plan for next year

This notice provides information about updates to your plan, but it doesn’t include all of the details. Throughout this notice you will be directed to myAARPMedicare.com to review the details online. All of the below materials will be available online after **October 15, 2025.**

## Provider Directory

Review the 2026 Provider Directory online to make sure your providers (primary care provider, specialists, hospitals, etc.) will be in the network next year.

## Pharmacy Directory

Review the 2026 Pharmacy Directory online to see which pharmacies are in our network next year.

## Drug List (Formulary)

You can look up which drugs will be covered by your plan next year and review any new restrictions on our website.

## Evidence of Coverage (EOC)

Review your 2026 EOC for details about plan costs and benefits. The EOC is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. It also has information about the quality program, how medical coverage decisions are made and your Rights and Responsibilities as a member.

## Reduce the clutter and get plan materials faster.

Visit myAARPMedicare.com to sign up for paperless delivery.

## Would you rather get paper copies?

If you want a paper copy of what is listed above, contact our Customer Service at 1-866-627-7806 (TTY users should call 711). Hours are 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept.

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2026 Annual Notice of Change for AARP® Medicare Advantage from UHC FL-0021 (PPO)

AARP® Medicare Advantage from UHC FL-0021 (PPO) offered by UnitedHealthcare

# Annual Notice of Change for 2026

You’re enrolled as a member of AARP® Medicare Advantage from UHC FL-0021 (PPO).

This material describes changes to our plan’s costs and benefits next year.

• **You have from October 15 - December 7 to make changes to your Medicare coverage for next year**. If you don’t join another plan by December 7, 2025, you’ll stay in AARP Medicare Advantage from UHC FL-0021 (PPO).

• To change to a **different plan**, visit Medicare.gov or review the list in the back of your Medicare & You 2026 handbook.

• Note this is only a summary of changes. More information about costs, benefits, and rules is in the Evidence of Coverage. Get a copy at myAARPMedicare.com or call Customer Service at 1-866-627-7806 (TTY users call 711) to get a copy by mail.

## More Resources

• UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

• UnitedHealthcare provides free services to help you communicate with us such as materials in other languages, braille, large print, audio, or you can ask for an interpreter. Call us toll-free at the number on your UnitedHealthcare UCard® or the front of your plan booklet.

• UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, materiales en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Llámenos al número gratuito que se encuentra en su UCard® de UnitedHealthcare o en la portada de la guía de su plan.

The repeated page footer below is not repeated throughout this document.

OMB Approval 0938-1051 (Expires: August 31, 2026)

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## About AARP® Medicare Advantage from UHC FL-0021 (PPO)

• Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan’s contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product or pharmacy recommendations for individuals.

• When this material says “we,” “us,” or “our,” it means UnitedHealthcare Insurance Company or one of its affiliates. When it says “plan” or “our plan,” it means AARP® Medicare Advantage from UHC FL-0021 (PPO).

• **If you do nothing by December 7, 2025, you’ll automatically be enrolled in AARP® Medicare Advantage from UHC FL-0021 (PPO).** Starting January 1, 2026, you’ll get your medical and drug coverage through AARP® Medicare Advantage from UHC FL-0021 (PPO). Go to Section 3 for more information about how to change plans and deadlines for making a change.

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# Summary of important costs for 2026

## Monthly plan premium\*

\*Your premium can be higher than this amount. (Go to Section 1.1 for details.)

### 2025 (this year)

$0

### 2026 (next year)

$0

## Maximum out-of-pocket amounts

This is the **most** you’ll pay out-of-pocket for covered Part A and Part B services. (Go to Section 1.2 for details.)

### 2025 (this year)

From network providers: $5,900

From in-network and out-of-network providers combined: $10,100

### 2026 (next year)

From network providers: $6,700

From in-network and out-of-network providers combined: $10,100

## Primary care office visits

### 2025 (this year)

You pay a $0 copayment per visit (in-network).

You pay a $45 copayment per visit (out-of-network).

### 2026 (next year)

You pay a $0 copayment per visit (in-network).

You pay a $45 copayment per visit (out-of-network).

## Specialist office visits

### 2025 (this year)

You pay a $35 copayment per visit (in-network).

You pay a $70 copayment per visit (out-of-network).

### 2026 (next year)

You pay a $45 copayment per visit (in-network).

You pay a $85 copayment per visit (out-of-network).

## Inpatient hospital stays

Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you’re formally admitted to the hospital with a doctor’s order. The day before you’re discharged is your last inpatient day.

### 2025 (this year)

You pay a $295 copayment each day for days 1 to 6 (in-network).

$0 copayment for additional Medicare covered days (in-network).

You pay 40% of the total cost for each Medicare-covered hospital stay for unlimited days (out-of-network).

### 2026 (next year)

You pay a $395 copayment each day for days 1 to 7 (in-network).

$0 copayment for additional Medicare covered days (in-network).

You pay 40% of the total cost for each Medicare-covered hospital stay for unlimited days (out-of-network).

The repeated page footer below is not repeated throughout this document.

**Questions?** Call Customer Service at 1-866-627-7806, TTY 711, 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept

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## Part D drug coverage deductible

(Go to Section 1.7 for details.)

### 2025 (this year)

$0 Tier 1 and Tier 2

$420 Tier 3, Tier 4 and Tier 5, except for covered insulin products and most adult Part D vaccines.

### 2026 (next year)

$0 Tier 1 and Tier 2

$600 Tier 3, Tier 4 and Tier 5, except for covered insulin products and most adult Part D vaccines.

## Part D drug coverage

(Go to Section 1.7 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.)

### 2025 (this year)

Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage stage:

• Drug Tier 1: Standard retail cost-sharing (in-network) $0 copayment

• Drug Tier 2: Standard retail cost-sharing (in-network) $0 copayment

• Drug Tier 3: Standard retail cost-sharing (in-network) $47 copayment

You pay $35 per month supply of each covered insulin product on this tier1

• Drug Tier 4: Standard retail cost-sharing (in-network) $100 copayment

### 2026 (next year)

Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage stage:

• Drug Tier 1: Standard retail cost-sharing (in-network) $0 copayment

• Drug Tier 2: Standard retail cost-sharing (in-network) $5 copayment

• Drug Tier 3: Standard retail cost-sharing (in-network) 18% of the total cost

You pay 18%, up to $35 per month supply of each covered insulin product on this tier1

• Drug Tier 4: Standard retail cost-sharing (in-network) 41% of the total cost

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## Part D drug coverage

(Go to Section 1.7 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.)

### 2025 (this year)

• Drug Tier 5: Standard retail cost-sharing (innetwork) 28% of the total cost

Catastrophic Coverage Stage:

• During this payment stage, you pay nothing for your covered Part D drugs.

• You can have cost sharing for drugs that are covered under our enhanced benefit.

### 2026 (next year)

• Drug Tier 5: Standard retail cost-sharing (innetwork) 26% of the total cos

Catastrophic Coverage Stage:

• During this payment stage, you pay nothing for your covered Part D drugs.

• You can have cost sharing for drugs that are covered under our enhanced benefit.

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1In 2025, you pay no more than $35 for each 1-month supply of Part D covered insulin drugs. In 2026, you’ll pay no more than a $35 copay or 18% of the total drug cost—whichever is less—until you reach the Catastrophic Coverage stage where your cost drops to $0. You pay these amounts even if you haven’t paid your deductible.

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# Section 1 Changes to Benefits & Costs for Next Year

## Section 1.1 Changes to the Monthly Plan Premium

## Monthly plan premium

(You must also continue to pay your Medicare Part B premium.)

### 2025 (this year)

$0

### 2026 (next year)

$0

## Factors that could change your Part D Premium Amount

• Late Enrollment Penalty - Your monthly plan premium will be more if you're required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that's at least as good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.

• Higher Income Surcharge - If you have a higher income, you may have to pay an additional amount each month directly to the government for Medicare drug coverage.

## Section 1.2 Changes to Your Maximum Out-of-Pocket Amounts

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. These limits are called the maximum out-of-pocket amounts. Once you’ve paid this amount, you generally pay nothing for covered Part A and Part B services for the rest of the calendar year.

## In-network maximum out-of-pocket amount

Your costs for covered medical services (such as copayments) from network providers count toward your in-network maximum out-of-pocket amount. Your costs for prescription drugs don’t count toward your maximum out-of-pocket amount.

### 2025 (this year)

$5,900 Once you’ve paid $5,900 out-of-pocket for covered Part A and Part B services from network providers, you’ll pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.

### 2026 (next year)

$6,700 Once you’ve paid $6,700 out-of-pocket for covered Part A and Part B services from network providers, you’ll pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.

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## Combined maximum out-of-pocket amount

Your costs for covered medical services (such as copayments) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount. Your costs for prescription drugs don’t count toward your maximum out-of-pocket amount.

### 2025 (this year)

$10,100 Once you’ve paid $10,100 out-of-pocket for covered Part A and Part B services, you’ll pay nothing for your covered Part A and Part B services from in-network or out-of-network providers for the rest of the calendar year.

### 2026 (next year)

$10,100 Once you’ve paid $10,100 out-of-pocket for covered Part A and Part B services, you’ll pay nothing for your covered Part A and Part B services from in-network or out-of-network providers for the rest of the calendar year.

## Section 1.3 Changes to the Provider Network

Our network of providers has changed for next year. Review the 2026 Provider Directory (myAARPMedicare.com) to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here’s how to get an updated Provider Directory:

• Visit our website at myAARPMedicare.com.

• Call Customer Service at 1-866-627-7806 (TTY users call 711) to get current provider information or to ask us to mail you a Provider Directory.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Customer Service at 1-866-627-7806 (TTY users call 711) for help. For more information on your rights when a network provider leaves our plan, go to Chapter 3, Section 2.2 of your Evidence of Coverage.

## Section 1.4 Changes to the Pharmacy Network

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

Our network of pharmacies has changed for next year. Review the 2026 Pharmacy Directory (myAARPMedicare.com) to see which pharmacies are in our network. Here’s how to get an updated Pharmacy Directory:

• Visit our website at myAARPMedicare.com.

• Call Customer Service at 1-866-627-7806 (TTY users call 711) to get current pharmacy information or to ask us to mail you a Pharmacy Directory.

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We can make changes to the pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Customer Service at 1-866-627-7806 (TTY users call 711) for help.

## Section 1.5 Changes to Benefits & Costs for Medical Services

## Acupuncture for chronic low back pain (Medicare-covered)

### 2025 (this year)

You pay a $0 copayment for services provided by a primary care physician (in-network).

You pay a $35 copayment for services provided by a specialist (in-network).

Generally, Medicare-covered acupuncture services are not covered when provided by an acupuncturist or chiropractor.

See Chapter 4 of the Evidence of Coverage for details.

### 2026 (next year)

You pay a $0 copayment for services provided by a primary care physician (in-network).

You pay a $45 copayment for services provided by a specialist (in-network).

Generally, Medicare-covered acupuncture services are not covered when provided by an acupuncturist or chiropractor.

See Chapter 4 of the Evidence of Coverage for details.

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## Acupuncture for chronic low back pain (Medicare-covered)

### 2025 (this year)

You pay a $45 copayment for services provided by a primary care physician (out-of-network)

You pay a $70 copayment for services provided by a specialist (out-of-network).

Generally, Medicare-covered acupuncture services are not covered when provided by an acupuncturist or chiropractor.

See Chapter 4 of the Evidence of Coverage for details.

### 2026 (next year)

You pay a $45 copayment for services provided by a primary care physician (out-of-network).

You pay a $85 copayment for services provided by a specialist (out-of-network).

Generally, Medicare-covered acupuncture services are not covered when provided by an acupuncturist or chiropractor.

See Chapter 4 of the Evidence of Coverage for details.

## Additional routine foot care

### 2025 (this year)

You pay a $35 copayment (in-network).

You pay a $70 copayment (out-of-network).

We cover 6 in and out-of-network visits every year

### 2026 (next year)

You pay a $40 copayment (in-network).

You pay a $85 copayment (out-of-network).

We cover 6 in and out-of-network visits every year

## Chiropractic services

### 2025 (this year)

You pay a $20 copayment (in-network).

### 2026 (next year)

You pay a $15 copayment (in-network).

## Chiropractic services

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

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## Chronic care management services, including chronic pain management and treatment plan services

### 2025 (this year)

This section did not exist in your 2025 Evidence of Coverage.

If you have serious chronic conditions and receive chronic care management services, your provider develops a monthly comprehensive care plan that lists your health problems and goals, providers, medications, community services you have and need, and other information about your health. Your provider also helps coordinate your care when you go from one health care setting to another.

### 2026 (next year)

What you pay depends on who provides your chronic care management services. You will pay the cost-sharing that applies for services provided by your primary care provider, specialist, nurse practitioner, physician's assistant, or other non-physician health care professional. The in-network or out-of-network cost share rules will also apply.

View the Evidence of Coverage for your specific cost-share amounts.

## Diabetes self-management training, diabetic services and supplies

### 2025 (this year)

You pay a $0 copayment (in-network).

We only cover Accu-Chek® and OneTouch® brands.

Covered glucose monitors include: OneTouch Verio Flex®, OneTouch®Ultra 2, Accu-Chek® Guide Me and Accu-Chek® Guide.

Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, AccuChek® Aviva Plus and Accu-Chek® SmartView.

### 2026 (next year)

You pay a $0 copayment (in-network).

We only cover Contour® and Accu-Chek® brands. Other brands are not covered by your plan.

Covered glucose monitors include: Contour Plus Blue, Contour Next EZ, Contour Next Gen, Contour Next One, Accu-Chek Guide Me and Accu-Chek Guide.

Test strips: Contour, Contour Plus, Contour Next, Accu-Chek Guide and Accu-Chek Aviva Plus.

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## Diabetes self-management training, diabetic services and supplies

### 2025 (this year)

Other brands are not covered by your plan. If you use a brand of supplies that is not covered by your plan, you should speak with your doctor to get a new prescription for a covered brand.

### 2026 (next year)

If you use a brand of supplies that is not covered by your plan, you should speak with your provider to get a new prescription for a covered brand.

## Emergency care

### 2025 (this year)

You pay a $125 copayment.

### 2026 (next year)

You pay a $130 copayment.

## Hearing services

Routine hearing exam

### 2025 (this year)

You pay a $0 copayment (in-network).

You pay a $70 copayment (out-of-network).

We cover 1 in or out-of-network exam every year.

### 2026 (next year)

You pay a $0 copayment (in-network).

You pay a $85 copayment (out-of-network).

We cover 1 in or out-of-network exam every year.

## Hearing services

Medicare-covered hearing and balance exams

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

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## Hearing services

Hearing aids

### 2025 (this year)

You pay a $99 - $829 copayment for each OTC hearing aid. You pay a $199 - $1,249 copayment for each prescription hearing aid. You can purchase up to 2 hearing aids every year.

Home-delivered hearing aids are available nationwide through network providers (select products only).

You must use network providers to access this benefit.

### 2026 (next year)

You pay a $199 - $829 copayment for each OTC hearing aid. You pay a $199 - $1,249 copayment for each prescription hearing aid. You can purchase up to 2 hearing aids every year.

Home-delivered hearing aids are available nationwide through network providers (select products only).

You must use network providers to access this benefit.

## Inpatient hospital care

### 2025 (this year)

You pay a $295 copayment each day for days 1 to 6 (in-network).

$0 copayment for additional Medicare covered days (in-network).

### 2026 (next year)

You pay a $395 copayment each day for days 1 to 7 (in-network).

$0 copayment for additional Medicare covered days (in-network).

## Inpatient mental health care

### 2025 (this year)

You pay a $295 copayment each day for days 1 to 5 (in-network).

$0 copayment each day for days 6 to 90 (in-network).

### 2026 (next year)

You pay a $395 copayment each day for days 1 to 5 (in-network).

$0 copayment each day for days 6 to 90 (in-network).

## Outpatient diagnostic tests and therapeutic services and supplies - X-rays

### 2025 (this year)

You pay a $20 copayment (in-network).

### 2026 (next year)

You pay a $30 copayment (in-network).

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## Outpatient diagnostic tests and therapeutic services and supplies - X-rays

### 2025 (this year)

You pay a $40 copayment (out-of-network).

### 2026 (next year)

You pay a $50 copayment (out-of-network).

## Outpatient diagnostic tests and therapeutic services and supplies - other diagnostic tests - radiological diagnostic service, not including X-rays

### 2025 (this year)

You pay a $0 copayment for each diagnostic mammogram.

You pay a $230 copayment otherwise (in-network).

### 2026 (next year)

You pay a $0 copayment for each diagnostic mammogram.

You pay a $260 copayment otherwise (in-network).

## Outpatient rehabilitation services - occupational therapy

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Outpatient rehabilitation services - physical therapy and speech therapy

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Outpatient surgery - ambulatory surgical center

### 2025 (this year)

You pay a $0 copayment for a diagnostic colonoscopy.

You pay a $245 copayment otherwise (in-network)

### 2026 (next year)

You pay a $0 copayment for a diagnostic colonoscopy.

You pay a $345 copayment otherwise (in-network).

## Outpatient surgery - hospital outpatient facilities

### 2025 (this year)

You pay a $0 copayment for a diagnostic colonoscopy.

You pay a $295 copayment otherwise (in-network).

### 2026 (next year)

You pay a $0 copayment for a diagnostic colonoscopy.

You pay a $395 copayment otherwise (in-network).

## Outpatient surgery - hospital outpatient observation services

### 2025 (this year)

You pay a $295 copayment (in-network).

### 2026 (next year)

You pay a $395 copayment (in-network).

## OTC and home and bath safety devices credit

### 2025 (this year)

Covered

### 2026 (next year)

Not covered

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## Physician/practitioner services, including doctor's office visits - Medicare-covered hearing and balance exams

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Physician/practitioner services, including doctor’s office visits - specialists

### 2025 (this year)

You pay a $35 copayment (in-network).

### 2026 (next year)

You pay a $45 copayment (in-network).

## Physician/practitioner services, including doctor’s office visits - specialists

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Podiatry services (Medicare-covered)

### 2025 (this year)

You pay a $35 copayment (in-network).

### 2026 (next year)

You pay a $40 copayment (in-network).

## Podiatry services (Medicare-covered)

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Pulmonary rehabilitation

### 2025 (this year)

You pay a $0 copayment (in-network).

### 2026 (next year)

You pay a $15 copayment (in-network).

## Skilled nursing facility (SNF) care

### 2025 (this year)

You pay a $0 copayment each day for days 1 to 20 (in-network).

You pay a $203 copayment each day for days 21 to 100 (in-network).

### 2026 (next year)

You pay a $0 copayment each day for days 1 to 20 (in-network).

You pay a $218 copayment each day for days 21 to 100 (in-network).

## Skilled nursing facility (SNF) care

### 2025 (this year)

You pay a $225 copayment each day for days 1 to 100 (out-of-network).

### 2026 (next year)

You pay a $250 copayment each day for days 1 to 100 (out-of-network).

## Supervised exercise therapy (SET)

### 2025 (this year)

You pay a $0 copayment (in-network).

### 2026 (next year)

You pay a $15 copayment (in-network).

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## Urgently needed services

### 2025 (this year)

You pay a $55 copayment for each visit.

### 2026 (next year)

You pay a $50 copayment for each visit.

## Vision care

Medicare-covered eye exams to evaluate for eye disease

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Vision care

Medicare-covered glaucoma screening

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Vision care

Medicare-covered visits

### 2025 (this year)

You pay a $70 copayment (out-of-network).

### 2026 (next year)

You pay a $85 copayment (out-of-network).

## Vision care

Additional routine eye exams

### 2025 (this year)

You pay a $0 copayment (in-network).

You pay a $70 copayment (out-of-network).

We cover 1 in or out-of-network exam every year.

### 2026 (next year)

You pay a $0 copayment (in-network).

You pay a $85 copayment (out-of-network).

We cover 1 in or out-of-network exam every year.

## Section 1.6 Changes to Part D Drug Coverage

## Changes to Our Drug List

Our list of covered drugs is called a Formulary or Drug List. **You can get the complete Drug List** by calling Customer Service at 1-866-627-7806 (TTY users call 711) or visiting our website (myAARPMedicare.com). This material will be available online after October 15, 2025.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you’re taking, we’ll send you a notice about the change.

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If you’re affected by a change in drug coverage at the beginning of the year or during the year, review Chapter 9 of your Evidence of Coverage and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. Call Customer Service at 1-866-627-7806 (TTY users call 711) for more information.

## Section 1.7 Changes to Prescription Drug Benefits & Costs

## Do you get Extra Help to pay for your drug coverage costs?

If you’re in a program that helps pay for your drugs (Extra Help), the **information about costs for Part D drugs may not apply to you**. We sent you a separate material, called the Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs, which tells you about your drug costs. If you get Extra Help, you will receive a LIS Rider. If you don’t get this material, call Customer Service at 1-866-627-7806 (TTY users call 711) and ask for the LIS Rider to be sent to you.

## Drug Payment Stages

There are **3 drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program no longer exist in the Part D benefit.

• Stage 1: Yearly Deductible

You start in this payment stage each calendar year. During this stage, you pay the full cost of your Tier 3, Tier 4 and Tier 5 drugs until you reach the yearly deductible.

• Stage 2: Initial Coverage

Once you pay the yearly deductible, you move to the Initial Coverage Stage. In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date out-of-pocket costs reach $2,100.

• Stage 3: Catastrophic Coverage

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

The Coverage Gap Discount Program has been replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of the plan’s full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program don’t count toward out-of-pocket costs.

## Drug Costs in Stage 1: Yearly Deductible

The table shows your cost per prescription during this stage.

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## Yearly Deductible

### 2025 (this year)

$420 During this stage, you pay $0 for drugs on Tier 1 (in-network standard retail 30-day supply), $0 for drugs on Tier 2 (in-network standard retail 30-day supply), and the full cost of drugs on Tier 3, Tier 4 and Tier 5 until you’ve reached the yearly deductible.

### 2026 (next year)

$600 During this stage, you pay $0 for drugs on Tier 1 (in-network standard retail 30-day supply), $5 for drugs on Tier 2 (in-network standard retail 30-day supply), and the full cost of drugs on Tier 3, Tier 4 and Tier 5 until you’ve reached the yearly deductible.

## Drug Costs in Stage 2: Initial Coverage

For drugs on Tier 3 and Tier 4, your cost-sharing in the initial coverage stage is changing from a copayment to coinsurance. Go to the following table for the changes from 2025 to 2026.

Coinsurance is a portion or part of the total cost, typically as a percentage. With this plan, you pay part of the cost of Tier 3, Tier 4 and Tier 5 drugs. For example, if your coinsurance is 25% and the total cost of your prescription is $100, you would pay $25. The plan pays the rest. You pay the full cost of your drugs until you meet the deductible, then you’ll start paying the coinsurance amount.

The table shows your cost per prescription for a one-month (30-day) supply filled at a network pharmacy with standard cost sharing.

We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List. Most adult Part D vaccines are covered at no cost to you. For more information about the costs of vaccines, or information about the costs for a long-term supply or for mail-order prescriptions, go to Chapter 6 of your **Evidence of Coverage.**

Once you’ve paid $2,100 out of pocket for covered Part D drugs, you’ll move to the next stage (the Catastrophic Coverage Stage).

## Tier 1 - Preferred Generic

### 2025 (this year)

You pay $0 per prescription.

### 2026 (next year)

You pay $0 per prescription.

## Tier 2 - Generic

### 2025 (this year)

You pay $0 per prescription.

### 2026 (next year)

You pay $5 per prescription.

## Tier 3 - Preferred Brand

### 2025 (this year)

You pay $47 per prescription.

### 2026 (next year)

You pay 18% of the total cost.

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## Tier 3 - Preferred Brand

### 2025 (this year)

You pay $35 per month supply of each covered insulin product on this tier1.

### 2026 (next year)

You pay 18%, up to $35 per month supply of each covered insulin product on this tier1.

## Tier 4 - Non-Preferred Drug

### 2025 (this year)

You pay $100 per prescription.

Your cost for a one-month mail-order prescription is $100.

### 2026 (next year)

You pay 41% of the total cost.

Your cost for a one-month mail-order prescription is 41%.

## Tier 5 - Specialty Tier

### 2025 (this year)

You pay 28% of the total cost.

Your cost for a one-month mail-order prescription is 28%.

### 2026 (next year)

You pay 26% of the total cost.

Your cost for a one-month mail-order prescription is 26%.

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1In 2025, you pay no more than $35 for each 1-month supply of Part D covered insulin drugs. In 2026, you’ll pay no more than a $35 copay or 18% of the total drug cost—whichever is less—until you reach the Catastrophic Coverage stage where your cost drops to $0. You pay these amounts even if you haven’t paid your deductible.

## Changes to the Catastrophic Coverage Stage

If you reach the Catastrophic Coverage stage, you pay nothing for your covered Part D drugs. You may have cost sharing for excluded drugs that are covered under our enhanced benefit. For specific information about your costs in the Catastrophic Coverage Stage, go to Chapter 6, Section 6, in your **Evidence of Coverage**.

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# Section 2 Administrative Changes

## Emergency care - Worldwide reimbursement

### 2025 (this year)

Foreign emergencies and urgently needed services are covered while you are travelling. Payment requests from intermediaries, claims management companies or third-party billers for services received outside of the United States are not reimbursable.

### 2026 (next year)

Foreign emergencies and urgently needed services are covered while you are travelling. Payment requests from intermediaries, claims management companies or third-party billers for services received outside of the United States are not reimbursable. The EOC now includes some additional instructions on how to get foreign services directly reimbursed to you or the provider. Please see Chapter 7 Section 1 of the EOC for complete information.

## Medicare Prescription Payment Plan

### 2025 (this year)

The Medicare Prescription Payment Plan is a payment option that began this year and can help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January-December). You may be participating in this payment option.

### 2026 (next year)

If you’re participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026.

To learn more about this payment option, call us at 1-866-627-7806 (TTY users call 711) or visit Medicare.gov.

## Transplant services - Travel & lodging

### 2025 (this year)

If you receive an in-network transplant at a location outside your local community pattern of care, some travel and lodging expenses related to your transplant may be covered.

### 2026 (next year)

The EOC has been updated to include more details explaining allowable transplant-related travel and lodging expenses. Please see the Chapter 4, Section 3 of the EOC for more details.

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# Section 3 How to Change Plans

**To stay in our plan, you don’t need to do anything**. Unless you sign up for a different plan or change to Original Medicare by December 7, you’ll automatically be enrolled in our AARP® Medicare Advantage from UHC FL-0021 (PPO).

If you want to change plans for 2026 follow these steps:

• **To change to a different Medicare health plan**, enroll in the new plan. You’ll be automatically disenrolled from AARP® Medicare Advantage from UHC FL-0021 (PPO).

• **To change to Original Medicare with Medicare drug coverage**, enroll in the new Medicare drug plan. You’ll be automatically disenrolled from AARP® Medicare Advantage from UHC FL-0021 (PPO).

• **To change to Original Medicare without a drug plan**, you can send us a written request to disenroll or visit our website to disenroll online (myAARPMedicare.com). Call Customer Service at 1-866-627-7806 (TTY users call 711) for more information on how to do this. Or call Medicare at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don’t enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty (go to Section 1.1).

• **To learn more about Original Medicare and the different types of Medicare plans**, visit Medicare.gov, check the **Medicare & You 2026 handbook**, call your State Health Insurance Assistance Program (go to Section 5), or call 1-800-MEDICARE. As a reminder, UnitedHealthcare Insurance Company or one of its affiliates offers other Medicare health plans AND/OR Medicare drug plans. These other plans can have different coverage, monthly plan premiums, and cost-sharing amounts.

# Section 3.1 Deadlines for Changing Plans

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don’t like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2026.

## Section 3.2 Are there other times of the year to make a change?

In certain situations, people can have other chances to change their coverage during the year. Examples include people who:

• Have Medicaid

• Get Extra Help paying for their drugs

• Have or are leaving employer coverage

• Move out of our plan’s service area

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If you recently moved into or currently live in an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

# Section 4 Get Help Paying for Prescription Drugs

You can qualify for help paying for prescription drugs. Different kinds of help are available:

• **Extra Help from Medicare**. People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won’t have a late enrollment penalty. To see if you qualify, call:

* 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day, 7 days a week;
* Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday - Friday for a representative. Automated messages are available 24 hours a day. TTY users call 1-800-325-0778.
* Your State Medicaid Office.

• **Prescription Cost-sharing Assistance for Persons with HIV/AIDS**. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the ADAP in your state. For information on eligibility criteria, covered drugs, how to enroll in the program, or if you’re currently enrolled, how to continue getting help, call the ADAP in your state. You can find your state’s ADAP contact information in Chapter 2 of the **Evidence of Coverage**. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

• **The Medicare Prescription Payment Plan**. The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January – December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. **This payment option might help you manage your expenses, but it doesn’t save you money or lower your drug costs.**

• Extra Help from Medicare and help from your ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in the Medicare Prescription Payment Plan, regardless of income level. To learn more about this payment option, call us at 1-866-627-7806 (TTY users call 711) or visit Medicare.gov.

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# Section 5 Questions?

## Get Help from AARP® Medicare Advantage from UHC FL-0021 (PPO)

• Call Customer Service at 1-866-627-7806. (TTY users call 711).

We’re available for phone calls 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept. Calls to these numbers are free.

• Read your 2026 Evidence of Coverage

This **Annual Notice of Change** gives you a summary of changes in your benefits and costs for 2026. For details, go to the 2026 **Evidence of Coverage** for AARP® Medicare Advantage from UHC FL-0021 (PPO). The **Evidence of Coverage** is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the **Evidence of Coverage** on our website at **myAARPMedicare.com** or call Customer Service at 1-866-627-7806 (TTY users call 711) to ask us to mail you a copy.

• Visit myAARPMedicare.com

Our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (formulary/drug list). The Provider Directory and Formulary will be available after **October 15, 2025**.

## Get Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Florida, the SHIP is called Florida Serving Health Insurance Needs of Elders (SHINE).

Call Florida Serving Health Insurance Needs of Elders (SHINE) to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call Florida Serving Health Insurance Needs of Elders (SHINE) at 1-800-963-5337.

## Get Help from Medicare

• Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

• Chat live with Medicare.gov

You can chat live at Medicare.gov/talk-to-someone.

• Write to Medicare

You can write to Medicare at PO Box 1270, Lawrence, KS 66044.

• Visit Medicare.gov

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The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

• Read Medicare & You 2026

The Medicare & You 2026 handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at Medicare.gov or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

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All foreign languages on this and the following page have been omitted. Only English and Spanish have been retained.

# Notice of availability of language assistance services and alternate formats

**ATTENTION:** Free language assistance services and free communications in other formats, such as large print, are available to you. Call the toll-free number on your member identification card.

**ATENCIÓN:** Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro.

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## Notice of nondiscrimination

Our Companies comply with applicable civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide free aids and services to help you communicate with us. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

If you need these services, call the toll-free number on your member identification card (TTY 711).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator

UnitedHealthcare Civil Rights Grievance

P.O. Box 30608

Salt Lake City, UT 84130

[UHC\_Civil\_Rights@uhc.com](mailto:UHC_Civil_Rights@uhc.com)

Optum Civil Rights Coordinator

1 Optum Circle

Eden Prairie, MN 55344

[Optum\_Civil\_Rights@Optum.com](mailto:Optum_Civil_Rights@Optum.com)

If you need help filing a complaint, call the toll-free number on your member identification card (TTY 711).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

Online: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Phone: 1-800-368-1019, 800-537-7697 (TDD)

Mail:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

Complaint forms are available at http //www.hhs.gov/ocr/office/file/index html

This notice is available at https://www.uhc.com/nondiscrimination-med https://www.optum.com/en/language-assistance-nondiscrimination.html

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For more information, please call customer service at:

AARP® Medicare Advantage from UHC FL-0021 (PPO) Customer Service :

## Cal**l** 1-866-627-7806

Calls to this number are free. 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept. Customer Service also has free language interpreter services available for non-English speakers.

## TTY 711

Calls to this number are free. 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept .

Write: P.O. Box 30770

Salt Lake City, UT 84130-0770

myAARPMedicare.com

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AARP® Medicare Advantage from UnitedHealthcare®

PO Box 31385

Salt Lake City, UT 84131

## 2026 Annual Notice of Changes enclosed.

Time-sensitive material

Important plan information

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AARP® Medicare Advantage from UnitedHealthcare®

PO Box 31385

Salt Lake City, UT 84131

## 2026 Annual Notice of Changes enclosed.

Time-sensitive material

Important plan information

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