

# Interpersonal Violence: What Can We Do?

**A GORLOKS AWARE  
WORKSHOP FOR  
INTERNATIONAL  
EDUCATION WEEK**



# WHO WE ARE?

Violence prevention campus program funded through a federal grant from the Department of Justice.

Aims to start the conversation around power-based violence through different events, trainings and collective impacts.

Dedicated to make a campus, a culture of support, safety, and shared responsibility



# UNDERSTANDING INTERPERSONAL VIOLENCE

When one person uses power, control, or intimidation to harm another.

Types:

Physical- Hitting, slapping

Sexual- Unwanted touching, harassment

Emotional- Insults, threats

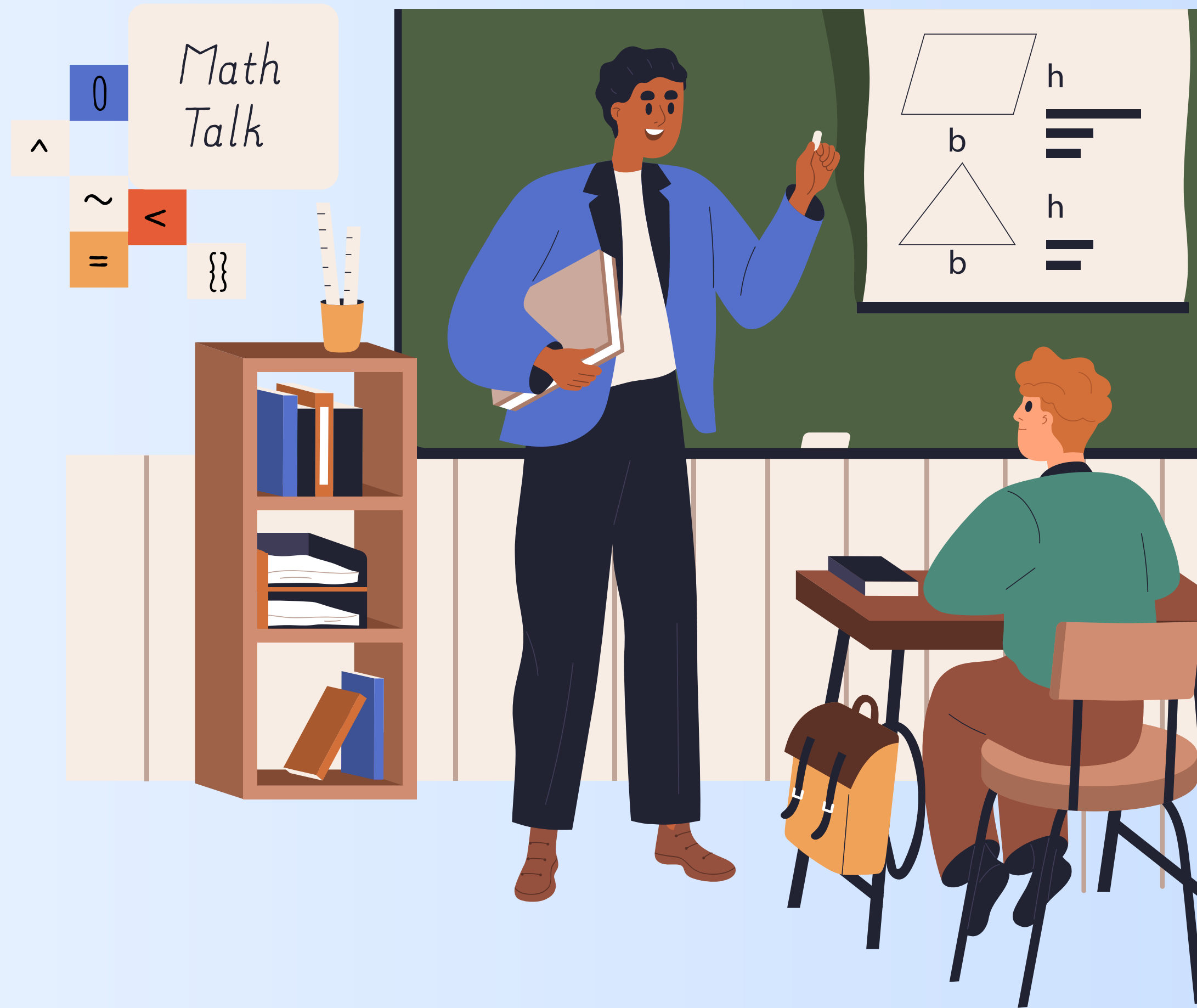
Financial- Money control, withholding

Stalking- Following, monitoring



# WHAT IS CONSENT?

- Freely given- Choice without pressure
- Reversible- Withdraw anytime
- Informed- Fully aware
- Enthusiastic- Genuine “yes” energy
- Specific-Yes for this

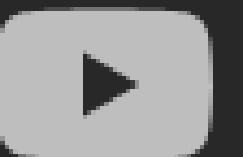




## Watch video on YouTube

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# HOW CULTURE SHAPES CONSENT & BOUNDARIES

In some cultures:

- Saying “no” is considered rude.
- Eye contact with elders are limited as a sign of respect.
- Family expectations shape decision-making.
- Personal or mental health topics are often kept private.





# WHAT WOULD YOU DO?

- Your roommate keeps using your things without permission.
- A classmate hugs you without asking.
- A partner insists you share your phone password.
- Someone at a party keeps refilling your drink.



# GREEN DOT : A BYSTANDER INTERVENTION TRAINING

A research supported that teaches students how to recognize and reduce power-based violence

The 3Ds:

1. Direct-Addressing the situation safely.
2. Distract-Interrupting to defuse the situation.
3. Delegate-Getting help from authority.





# TRAUMA INFORMED SUPPORT

- Believe them – Start with trust.
- Avoid blame – No “why” questions.
- Let them choose – Respect their decisions.
- Offer gentle resources – Give options, not pressure.
- Check in later – Show continued care.



# YOU ARE NOT ALONE

## On Campus

- Counseling & Life Development: 314-968-7030
- Public Safety: 314-968-7430
- Civil Rights (Title IX): 314-968-6980

## Off Campus

- Safe Connections: 314-531-7500
- ALIVE: 314-993-2777
- SAWERAA: 314-565-6225
- DeafLEAD: 573-445-5005

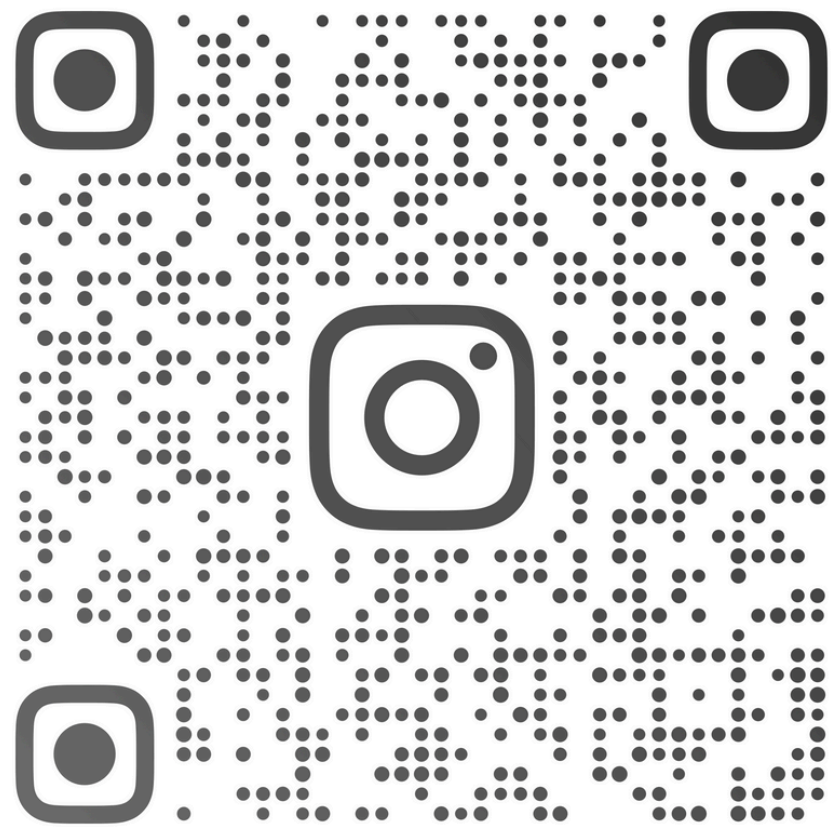


A stylized graphic of the Earth's surface, showing green landmasses and blue oceans, located in the bottom left corner of the slide.

# IMPORTANT NOTE

Your immigration status does  
not affect your right to support

# THANK YOU



GORLOKSAWARE

“No has to do everything,  
Everyone has to do something.”