

MindMate.AI - Judge Greeting Intro

Good [morning/afternoon], my name is Siddharth Katiyar, and I'm presenting MindMate.AI, our prototype for Generative AI in Youth Mental Wellness.

Problem: Students often experience stress, anxiety, or loneliness, but stigma and lack of access prevent them from seeking help.

Solution: A privacy-first AI companion that enables students to check in with their feelings, detects mood, provides empathetic replies, suggests coping tips, and visualizes trends.

Safety: Built-in detection for red-flag phrases with hotline guidance.

Prototype Features:

1. Empathetic chat check-ins
2. Sentiment analysis with coping tips
3. Mood dashboard

Roadmap: Transformer models, safe fine-tuned LLMs, multilingual, clinician integration.

Impact: MindMate.AI helps students take the first safe step toward mental wellness - privately, safely, and with empathy.