## MindMate.AI - Elevator Pitch

Students often feel anxious, stressed, or isolated, but stigma and lack of access stop them from seeking help.

MindMate.AI is our Generative AI-powered wellness companion that provides empathetic conversations, detects mood, suggests short coping strategies, and visualizes emotional trends in a private dashboard.

It's lightweight, runs locally without logins, and includes a safety layer that escalates red-flag phrases to crisis hotlines.

Our hackathon prototype already demonstrates 3 working features, and our roadmap includes transformer-based sentiment models, fine-tuned safe LLMs, and multilingual support.

MindMate.Al empowers youth to take the first safe step toward mental wellness.