

# MindMate.AI - Impact Infographic

## The Problem

- 1 in 3 students report anxiety or depression symptoms
- Stigma + lack of access prevents early help
- Existing apps: generic, not student-focused

## Our Solution

- Empathetic AI chat check-ins
- Mood detection + dashboard
- Coping tips: breathing, journaling, grounding
- △ Safety layer with hotline alerts
- Privacy-first: data stays local

## Unique Value Proposition

- Privacy-first design
- Safety-first with red-flag detection
- Youth-centered interventions
- Lightweight & low-cost
- Scalable for schools & NGOs

## Roadmap

- Phase 1: Transformer sentiment analysis
- Phase 2: Fine-tuned safe LLM
- Phase 3: Voice + multilingual
- Phase 4: Clinician integration & pilots

## Impact

- Empower 1.5B students worldwide
- Safe, private first step toward wellness
- Early intervention improves academic & social outcomes