# MindMate.AI - Grand Finale Rehearsal Script

### 0:00 - 0:20 | Greeting & Intro

Good [morning/afternoon] judges, my name is Siddharth Katiyar, and I'm proud to present MindMate.AI, our Generative AI prototype for Youth Mental Wellness.

#### 0:20 - 0:50 | The Problem

1 in 3 students today report anxiety or depression symptoms.

Yet stigma, cost, and lack of access prevent many from seeking help early.

Existing wellness apps are generic, impersonal, and fail to build trust.

The need is clear: a solution that is safe, empathetic, and private.

### 0:50 - 1:20 | The Solution

Our solution is MindMate.Al, a privacy-first Al companion.

It allows students to check in with how they feel, receive empathetic responses, get tailored coping tips, and track mood trends in a personal dashboard.

Most importantly, we've built a safety layer - if red-flag phrases are detected, the app immediately provides crisis hotline details. Safety first, always.

## 1:20 - 2:00 | Demo Walkthrough

Here's how it works:

- A student types, 'I'm stressed about my exams.'
- The AI detects negative mood, responds with empathy, and suggests coping tips like breathing exercises.
- The dashboard then shows mood trends across days, helping students self-reflect.
- And if severe distress phrases appear, the app triggers a red alert with hotline guidance.

This is simple, practical, and already working in our prototype.

## 2:00 - 2:30 | Unique Value Proposition

What makes MindMate.Al unique?

- Privacy-first: no logins, no cloud storage
- Safety-first: red-flag detection
- Student-centered: short, actionable micro-interventions

- Lightweight & scalable: laptop or cloud-ready

### 2:30 - 3:00 | Market & Impact

There are over 1.5 billion students worldwide.

By helping students reflect early and cope safely, we improve both academic outcomes and long-term wellbeing.

We can partner with schools, universities, NGOs, and ed-tech companies to scale globally.

### 3:00 - 3:30 | Tech & Roadmap

Our MVP is built on Python, Streamlit, and NLP sentiment analysis.

#### Roadmap:

- Phase 1: Transformer-based sentiment analysis
- Phase 2: Fine-tuned safe LLM dialogue
- Phase 3: Multilingual + voice support
- Phase 4: Clinician integration and pilots

### 3:30 - 3:45 | Closing & Ask

To scale, we're seeking mentorship, hosting credits, and pilot partnerships with schools and universities.

Our vision: MindMate.Al empowers youth to take the first safe step toward mental wellness - privately, safely, and with empathy.

Thank you.