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Degree Programme: MSc. Advanced Computing

Project Title: GluCORRECT - Harnessing Artificial Intelligence to scrutinize Hypoglycemia in hospitalised patients with diabetes to classify, anticipate and analyse hypoglycemic episodes [Knowledge Exchange Project with NHS England]

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7CCSMPRJ Individual Project

GluCORRECT - Harnessing Artificial Intelligence to scrutinize Hypoglycemia in hospitalised patients with diabetes to classify, anticipate and analyse hypoglycemic episodes [Knowledge Exchange Project with NHS England]

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This dissertation is submitted for the degree of MSc Advanced Computing.

Acknowledgements

Abstract

Project Variant: Variant 4 - Develop a weighted score and design score to predict risk of a hypoglycaemic episode before it occurs.

Background: It is well known that hypoglycemia as well as hyperglycemia are common adverse events in patients who receive blood sugar control medication, and they are also one of the most frequently cited causes of hospital admissions in people with diabetes. National quality improvement programmes from the Healthcare Quality Improvement Partnership (HQIP) and the study of ambulance call-out data have shown that **lack of awareness** by both affected individuals and their attendants is associated with a dramatically increased rate of complications, amongst other factors. Guy's & St. Thomas' NHS Foundation Trust (hereafter referred to as GSTT) has found, after careful deliberation and departmental review, that hypoglycemic episodes have been occurring with unusual frequency. The Trust now seeks to take measures to resolve such problems with a greater focus on prevention combined with early corrective action. This research project has been undertaken in close collaboration with GSTT, one of the largest NHS trusts in the UK and an indispensable element of London's healthcare system, with almost 24000 staff across 5 major hospitals, handling over 3 million patients a year and generating an annual turnover of over £3 billion.

Methods: I have conducted a retrospective analytical study using inpatient data provisioned by GSTT covering a period of one year, from mid 2024 to mid 2025. Exploratory data analysis was performed to derive insights related to trends in hypoglycaemic events across patient demographics including age and ethnicity, and hospital wards. Subsequently, machine learning and statistical techniques have been applied to find the key "decision points" for predictors to ascertain the conditions when hypoglycaemia risk increases dramatically. Decision Trees, Random Forests and Logistic Regression were the algorithms implemented and comparatively evaluated as part of the modelling process, which was based on preprocessed, unadulterated data to yield results that were meaningful and reflective of real-world conditions. XGBoost served as the main predictive model, and was trained on a conditionally sampled dataset drafted in a such a way so as to mitigate the imbalance between classes.

Key Results: Estimated Glomerular Filtration Rate (eGFR), Glycated Haemoglobin levels (HbA1c) and Age were determined to be the key predictors for hypoglycaemia. HbA1c levels below 34 were found to be the most significant contributing factor towards hypoglycaemic episodes, followed by critically low renal function (eGFR) levels below 25 percent.

Conclusion: This analytical study serves as a foundation and proof-of-concept to aid GSTT in pre-emptively reducing hypoglycemia within hospitalised inpatients, by utilising statistics & machine learning techniques. The study confirms that in the provided patient cohort, patient age, kidney function and past average blood sugar

levels were the most significant factors to influence hypoglycaemia. The findings provide a thorough evidence base for GSTT to perform targeted actions or interventions, such as additional monitoring for elderly wards or enhanced staff training to take anticipatory remediative measures. This research promotes the standardisation of data collection across additional Trusts, while also laying the groundwork for scaling similar initiatives throughout the NHS Trust healthcare system.

Nomenclature

AUROC	Area Under Receiver Operating Characteristic Curve - a measure of model performance
GSTT	Guy's and St Thomas' NHS Foundation Trust
HQIP	Healthcare Quality Improvement Partnership
"Hypo" or "Hypos"	Hypoglycemic episode(s)
"Inpatient"	Referring to the the fact that a patient is required to stay overnight in order to be treated (in case of surgeries or long term observation for example)
NCAPOP	National Clincal Audit & Patient Outcomes Programme
NDA	National Database Audit
NDISA	National Diabetes Inpatient Safety Audit
NHS	The publicly funded healthcare system of the United Kingdom, the National Health Service.

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1 Introduction

1.1 Clinical Overview

Hypoglycaemia (also known as a "hypoglycaemic episode" or a "hypo" for short) is the condition that occurs when the human body's blood glucose (sugar) level drops below the normal healthy range of 4.0 to 6.0 mmol/L. While it can affect anyone, it is most common in diabetic individuals who are prescribed drugs like insulin or metformin to inhibit glucose. Hypoglycaemic events are relatively simple and straightforward to resolve, but they need to be treated immediately to avoid serious damage to the brain and heart as a result of loss of consciousness or arrhythmias. High-sugar consumables are generally effective in correcting mild cases and are commonly recommended for immediate treatment, but severe cases of hypoglycaemia such as when the person is unconscious or having a seizure can only be resolved with an urgent, immediate glucagon injection to prevent them from deteriorating into a coma (or in rare cases, even leading to death).

To underscore how and why this matters, diabetes is one of the most significant and expensive long-term health conditions faced by the NHS, with recent figures from Diabetes UK suggesting that over 5.8 million people in the UK are living with diabetes, regardless of a formal diagnosis. It is estimated to cost the NHS over £10.7 billion a year, approximately 10% of its entire annual budget, which could go up to £18 billion by 2035 [1]. A stark finding is that almost 60% of this cost (around £6.2 billion) is spent on treating the largely preventable complications of diabetes, such as heart attacks, strokes, blindness, and so on, including hypoglycaemia [2]. Hypoglycaemic instances make up a major component of these preventable costs, mainly accounting for the emergency, ambulance, and acute care expenses associated with diabetes. The Local Impact of Hypoglycaemia Tool (LIHT) suggests that hypoglycaemia can cost up to £2,195 per episode, possibly increasing substantially with a longer stay in hospital [3], and it is estimated that there are up to 100,000 ambulance callouts annually according to the Diabetes Research and Wellness Foundation (DRWF) [4]. DRWF's study hinted that 1 in 10 individuals that experience a severe hypo (meaning requiring medical intervention or resuscitation) have considerable chances of another one within a fortnight.

1.2 Background

After introspective analysis supported by information from the National Diabetes Inpatient Safety Audit (NDISA) it has been recognized that severe hypoglycaemia and recurrent severe hypoglycaemia have been occurring relatively frequently across GSTT medical facilities. The NDISA forms part of the National Diabetes Audit (NDA), and it maintains that "The prevalence of diabetes continues to increase. In England

between 2017-18 and 2021-22 prevalence of type 1 diabetes went up from 248,240 to 270,935 and the prevalence of type 2 and other diabetes from 2,952,695 to 3,336,980", as of 2022 [5].

GSTT administers upwards of 500,000 point-of-care glucose tests (POCT) annually, in addition to kidney function and glycated haemoglobin (HbA1c) tests as well. The Trust also possesses blood glucose / ketone data with additional linked data including demographics, dates of admission and discharge, patient as well as family history and current or previous medications. They have two major kinds of patient records, inpatient records for patients that have to stay over the course of one or multiple nights (for example, in case of surgeries or for long term care), and outpatient records where the patient doesn't require overnight stay. The Trust manages all of this data through their electronic health record management system called Epic, and facilitates patient access to their own records through the MyChart web application.

Hypoglycaemia is a frequent complication amongst inpatients having complex health conditions, especially within those in intensive care settings that have been / are critically ill due to advanced diseases or comorbidities, or in patients following major surgical interventions. The Trust is undertaking proactive measures to identify and mitigate the risk of hypoglycaemic episodes at an early stage, to support better planning, reduce healthcare costs, efficiently allocate hospital resources and also schedule operations optimally. The ideal way to assess risk would along the lines of developing tools to predict individualized risk scores for inpatients after considering all relevant factors. However, this presents a herculean task due to the sheer volume and complexity of factors involved, compounded by the challenges of producing reliable results even within small populations — such as those in remote areas — while also adhering to legal and governmental regulations:

1. Weighing up the risk of hypoglycaemia depends upon numerous aspects such as lifestyle, renal function, recent food intake, blood glucose history and current medication to name a few, making this a highly complicated modelling problem. In addition to this, patients differ widely in age, comorbidities, ethnic factors and even insulin sensitivity. This variability makes it a formidable challenge to develop a model that is generalizable, dependable and unbiased.

2. Any such analytical tool in the vicinity of patient healthcare requires medical evaluation and approval, validation trials, governance oversight as well as ethical considerations. Even a good model may fail if it does not fit the clinical workflow. Initial skepticism towards AI, the effort required to train staff, defining clear responsibilities and limits of liability, and rehearsing procedures or plans of action for every possible scenario will all produce appreciable organizational inertia.

Successfully implementing even a small-scale solution, within GSTT to begin with, would be a significant strategic breakthrough that serves as a foundational model which other

NHS trusts or institutions could adapt and build upon. This positions this research initiative which is a Knowledge Exchange Project (KEP) with Guy's & St.Thomas' NHS Foundation Trust, an indispensable constituent of London's healthcare system, as a valuable and worthwhile research endeavour.

1.3 Aims and Objectives

This research project has the following objectives:

- **To extract insights from provided dataset for the given time period and population.** GSTT has expressed a strong interest towards gaining a deeper understanding of their inpatient population. The dataset they have provided includes demographic details, length of hospital stay, and ward information in addition to the main clinically relevant variables such as glycated haemoglobin levels, renal function measurements, patient age and so on. This enables a comprehensive, multifaceted analysis. The knowledge gained from this study, such as identifying which hospital wards have more vulnerable or at-risk patients, will be used to enhance staff training, in turn improving both future admissions routines as well as post-discharge support for patients. Every observation, regardless of scale, holds potential to refine hospital processes and operating procedures.

- **To identify the main influencing / contributing factors for hypoglycaemia and develop a weighted risk score to predict episodes (Variant 4 KEP).** The Trust is establishing and implementing measures to "pre-assess" inpatients to evaluate their risk of a hypoglycaemic episode, which will allow medical professionals to design protocols and policies to prevent episodes from occurring as well as take early remediative action as soon as possible to resolve an episode should it occur. I aim to find data-backed values for the key features responsible for hypoglycaemia, through statistical tests and machine learning algorithms, in order to formulate a risk score. This risk score can then be applied in hospital to determine the best course of early action or precautions to take based on the patient's reason for being admitted.

1.4 Report Structure

Section 2 (Literature Review) contains a comprehensive, detailed review of similar research carried out by other universities, teaching hospitals and medical facilities including references to relevant medical literature. I have compared and contrasted datasets used, approaches taken and results obtained.

Section 3 (Dataset Information delves deeper into the dataset provided by GSTT, elaborating on the raw features provided and those that were derived from them for analysis.

Section 4 (Methodology & Implementation) outlines the statistical and mathematical theory behind the concepts used for analysis, ranging from machine learning algorithms to hypothesis testing methods.

Sections 5 (Main Results) discusses the main research executed within the project and deliberates on the results achieved.

Section 6 (Ethical Professional Legal Social issues) sheds light on the efforts taken to meet various standards regarding the project.

Section 7 (Conclusion and Applicability) summarises the significance of the project, its main findings and the ways the project can be adopted by GSTT.

1.4.1   Dissertation Length

This dissertation comprises a total of wordcount XXXX words excluding references and appendices.

2 Literature Survey & Review

2.1 The Diabetes Management Tightrope

Managing diabetes often draws parallels with walking a metabolic tightrope. On one side lies the danger of hyperglycaemia and its associated *long-term complications* such as diabetic retinopathy(damage to blood vessels in the eye leading to blindness) or renal function impairment (diabetic nephropathy), while on the other lies the *immediate peril of hypoglycaemia*. For the longest time, clinicians have helped patients navigate this delicate balance, by utilising methods or practises that show where they are, but not necessarily where they are going, in terms of blood glucose measurements. Such a reactive approach with little account for anticipative elements has made hypoglycaemic episodes an unavoidable consequence of striving for tight glycaemic control.

This "tightrope" extends beyond just taking efforts to stay safe, requiring diabetics and patients to perform constant risk assessments in everyday life. UK driving law from the DVLA mandates a blood glucose reading of above 5.0mmol/L with a repeat test every two hours for longer journeys in order to be considered safe to drive. Patients are required to carry a "hypo kit" with fast-acting glucose at all times. The worry about having episodes in public and having to rely on the awareness of strangers or being a hindrance to social situations is a constant concern. As discussed here previously this also places notable financial strain on NHS resources through emergency or ambulance costs.

With scientific and technological progress that inevitably comes with time, comes the promise of a potential safety net: the ability to anticipate or foresee signs of an episode before they present. The dangerous tightrope walk can then be transformed into a manageable path, with the help of predictive systems built with advanced sensing technologies and computational power, that can assist patients to take pre-emptive action. This review will chart the progress in this field, understanding the methodologies and ideas that have been applied to forecast hypoglycaemic events, from early tracking methods to highly optimized modern algorithms.

2.2 Methods Of Monitoring Blood Glucose Over Time

The success rate of recognising patterns in blood glucose has been vastly upgraded through the years, spurred by both technological and procedural refinements in the monitoring of blood glucose, but it has been an arduous journey to get here. The earliest methods of testing blood glucose involved urine tests, where chemical reagents like Benedict's solution were used which changed colour in the presence of sugar. Such methods were only qualitative and retroactive - they offered no actionable information as they confirmed that blood glucose had been elevated at the time of the test or in the recent past. The first blood glucose meters did not appear until the 1960s, were large and cumbersome to work with, and were mainly found in clinics. Smaller, portable meters became available around the 1970s - 1980s yet still all such meters had to be used

repetitvely throughout the day, offering only a snapshot of blood glucose level in time without any means of showing a trend, stability or lack thereof.

The introduction of Continuous Glucose Monitoring (CGM) solutions from 2005 onwards completely revolutionized diabetic healthcare, allowing measurements to be taken effortlessly through sensors attached to the body.   Medtronic and Dexcom's devices released after 2015 with highly improved sensor accuracy and user-friendliness even allowed connecting to smartphones and automatic insulin pumps, which could automatically stop insulin delivery if the patient did not respond to an alarm. Today's CGM's are even more cutting-edge, in that they continuously transmit data to a receiver. They are smartphone-app based for ease of use, offering enhanced features to show the trend and speed of glucose changes, alarms and alerts to proactively warn users, as well as sharing data with family members or doctors for remote monitoring and emergency handling [6].

In modern times, there is huge amounts of data available to probe into, but the challenge lies in finding the correct relevant features, at the correct level of granularity as well as the right distribution, as medical data is exceptionally rarely obtained in balanced form. The availability of rich continuous streams of data from CGMs has stimulated additional research dedicated to developing and applying algorithms to both forecast hypoglycaemic events as well as identify outliers or patterns within the data, and I delve into this next.

2.3   Review Of Relevant Literature and Similar Research

A substantial body of literature now exists on the development of models for predicting hypoglycaemia in various settings. In many scenarios, a significant proportion of the research focuses on optimizing predictive accuracy of models. For instance H. Yang et al. in 2022 [7] have used electronic health records(EHR) of patients admitted to West China Hospitals to develop a predictive model based on laboratory derived biomarkers (like lipoproteins, creatinine, globulin etc.). A similar research to this was undertaken by S. Mantena et al. [8] but on the publicly-available eICU Collaborative Research v2.0 database (eICU-CRD) that holds de-identified data for 200,000+ admissions in 553 ICUs across the USA. In reinforcement to this, UK-based studies have also been executed by Y. Ruan et al. [9] on four years worth of EHRs provided by Oxford University Hospitals NHS Foundation Trust in which they compared the performance of eighteen different predictive models based on demographic, laboratory, vital signs and previous medication predictors.

A significant commonality was observed in all the three research works, which I have incorporated into my approach as well - the emergence of XGBoost as the best predictive model with highest Area Under Receiver Operating Characteristic Curve(AUROC). Even though all studies produce excellent results in terms of predictive performance, they are not primarily aimed at finding the critical values or "turning points" of the predictors at which predictions / classifications change, which is my objective for this project that also lines up with GSTT priorities.

It needs to be stressed that achieving high accuracy on a regulated dataset in controlled circumstances is different to creating a mechanism or system that is successful, effective and dependable in a real-world clinical setting. While also comparing the performance of ML models on a new dataset, I am exploring a completely new and unique patient population, which requires a holistic approach towards the data. There is scarce research that scouts the dataset to create insights about patient population, such as the spread or extent of hypoglycaemia across wards, as the major focus is primarily predictive or comparative modelling.

2.4   A Novel Contribution to ML-based Glycaemia management in the NHS

To my knowledge, the majority of published studies or models are developed using well maintained and curated datasets. Additionally, most analyses seen prior are based on a relatively homogeneous patient population, from a major location in countries like USA or China. These may not be generalisable across different geographies or demographics. This project uses an ethnically and socioeconomically diverse patient cohort from a leading NHS Trust in London, which has produced an analysis that is robust across various age and demographic groups. It also demonstrates that disparate data streams from different verticals of the NHS Epic EHR system can be integrated and harmonised to produce real world benefits after research, to create a working model specific to the NHS that other Trusts can follow. It emphasises on the "human insights" aspect of analysis more by having greater attention to patient features as opposed to laboratory measurements and biomarkers. Most other research has a strictly methodical and statistical approach with little insights being generated around the actual groups of patients within the data i.e. the explorative aspect.

3 Dataset

3.1 Raw Data

Our industry advisor from GSTT has graciously provided a year's worth of data in multiple .xlsx files, which have been combined into one for the purposes of analysis and research for this project. The **raw fields provided** within the data were:

- **UniqueID:** Unique identifier for the patient and test, which is just a number. Meant to identify same patients (not personally) when considered together with Order Time, Order Date and Age, as same patients can have multiple blood glucose tests during their stay.

- **Order Date:** The date when the glucose measurement was ordered or taken.

- **Order Time:** The timestamp at which the glucose measurement was ordered or taken.

- **Inpatient Admission Date:** The date at which the patient was admitted into the medical facility.

- **Discharge Date:** The date the patient was discharged from the medical facility.

- **Length of Stay:** The amount of time the patient has spent in the medical facility in days and hours (for eg. "5d 6h").

- **Ward:** The ward that the glucose measurement was taken in, usually matches the ward that the patient was admitted to.

- **Last Lab Test Results:** The result of the glucose measurement in mmol/L. Most values in this column are of the format "Manual blood glucose: 8.70 mmol/L" or "POCT Glucose Blood Manually: 2.7 mmol/L".

- **Age:** Age of the patient at the time of measuring blood glucose in years.

- **Ethnicity:** Specific ethnicity of the patient, values ranging from "South American - Columbian" to "Black or Black British - Nigerian" to "Other" or even missing.

- **Gender Identity:** Gender of the patient.

- **HbA1c:** Numerical value of HbA1c in mmol/mol, which is a measure of the average blood glucose over the past 2-3 months. Glucose in the body sticks to red blood cells to be transported around, and gets consumed to generate energy. If the body cannot use up sugar properly then more of it sticks to blood cells and builds up. Red blood cells are active for around 2-3 months, so the reading is generally taken quarterly, and is an indicator for blood sugar problems. [10].

- **HbA1c Date:** Date the HbA1c test was done for that patient.

- **eGFR:** Estimated Glomerular Filtration rate, which is a measurement of how well the kidneys are functioning. This is a percentage from 0 to 90, with anything 91 and over displayed by the NHS electronic health record system (Epic) as "\>91" because an eGFR of 91 percent and above indicates healthy renal function.

- **eGFR Date:** The date the eGFR test was conducted.

3.2   Cleaned and Engineered Dataset

The following variables were **derived from the raw features** and used for analysis:

- **Age_Range:** Categorical variable to store the age category of the patient based on their age to aid in visualisation. Possible values for this column are: "Young (1 to 25)", "Adult / Middle Aged (26-50)", "Older Adult / Old (51-75)" and "Elderly (76-100)".

- **Has_Hypoglycemia:** Binary variable to store whether the patient has hypoglycemia. A glucose measurement of 4mmol/L and below means the patient is hypoglycemic and has 1 in this column, 0 otherwise.

- **Glycemia_Type:** Categorical variable to store the type of glycemia based on the patient's glucose measurement. **For the purposes of this project, the classes we have been instructed to use are (all units in mmol/L):**
  1. "Severe Hypoglycemia" - for blood glucose values 2.2 and below
  2. "Hypoglycemia"- for blood glucose values from 2.3 to 4 both inclusive
  3. "Target Range"- for blood glucose values from 4.1 to 11 both inclusive
  4. "Hyperglycemia"- for blood glucose values above 11.

- **eGFR_Category:** Categorical variable that shows how serious the loss of kidney function is, based on the eGFR percentage. The possible values for this column are:
  1. "eGFR less than 20 - Kidney Failure" - for eGFR less than or equal to 20%
  2. "eGFR between 20 & 40 - Critical Loss of Kidney Function"- for eGFR above 20% but less than or equal to 40%
  3. "eGFR between 40 & 60 - Significant Loss of Kidney Function"- for eGFR above 40% but less than or equal to 60%
  4. "eGFR between 60 & 80 - Moderate Loss of Kidney Function"- for eGFR above 60% but less than or equal to 80%
  5. "eGFR between 80 & 90 - Minor Loss of Kidney Function"- for eGFR above 80% but less than or equal to 90%
  6. "eGFR above 90 - Normal kidney function"- for eGFR above 90% (data has been processed to only include "91" for this class as healthy eGFR is 91% and above).

- **Wider_Ethnic_Group:** Categorical variable to store the overarching ethnic group based on the one specified in the ethnicity column, as that had a total of 57 unique values. Possible values are: "Unknown or Not Stated", "White", "Mixed", "Asian or Asian British", "Black or Black British" and "Other Ethnic Groups".

Note that columns obtained after cleaning the original data to extract a numerical value (such as blood glucose) **have been omitted for brevity.**

Please see Appendix A subsection A.1 for screenshots of the dataset(s).

4 Methodology and Implementation

4.1 Research Strategy and Approach

Before receiving the dataset, I have conducted an exhaustive investigation of the clinical landscape surrounding hypoglycaemia as a health condition, including studying the situations in which it commonly occurs, both in hospital settings as well as in public or everyday life. I have scrutinized a plethora of factors contributing to hypoglycaemia, including associated medicines (even conflicting medications), at-risk patient profiles, habits and lifestyles, dosing errors (both excessive as well as insufficient (*insulin*)), missed meals and even alcohol consumption. This has allowed me to better assess the quality of the incoming dataset and the relevance of its features. Upon requesting additional information regarding current patient medication and alcohol intake as it was not provided originally, GSTT advised that this data is unavailable because of its inconsistent self-reported nature and due to restrictions under their information governance policy that permits access to only the data deemed necessary for the project's scope.

After receiving the data, I have thoroughly **preprocessed** it to ensure it was suitable for meaningful analysis. This included addressing data type mismatches, deriving variables to aid in visualisation and understanding, and performing necessary imputations using appropriate methods. Duplicate and missing records were handled, categorical variables were encoded to make them compatible for predictive modelling, data validity and consistency checks were enacted to confirm that values were in expected ranges (for e.g. the glucose value field), normalization was carried out where necessary. These steps were necessary to lay a strong foundation for the subsequent application of statistical tests and machine learning models. The full preprocessing workflow is depicted in Figure 1 below.

Following this, my focus was on **exploratory data analysis** to spot any anomalies or patterns near the surface. After devising research questions around the dataset, I have generated a collection of plots through Python's widely used seaborn library that I describe in detail in the main results section, which shed light on the prevalence of hypoglycaemia across various different scenarios. Special attention was paid to drawing comparisons between hypoglycaemic and non hypoglycaemic patients, in alignment with GSTT's interests that they had clarified in the project's early stages.
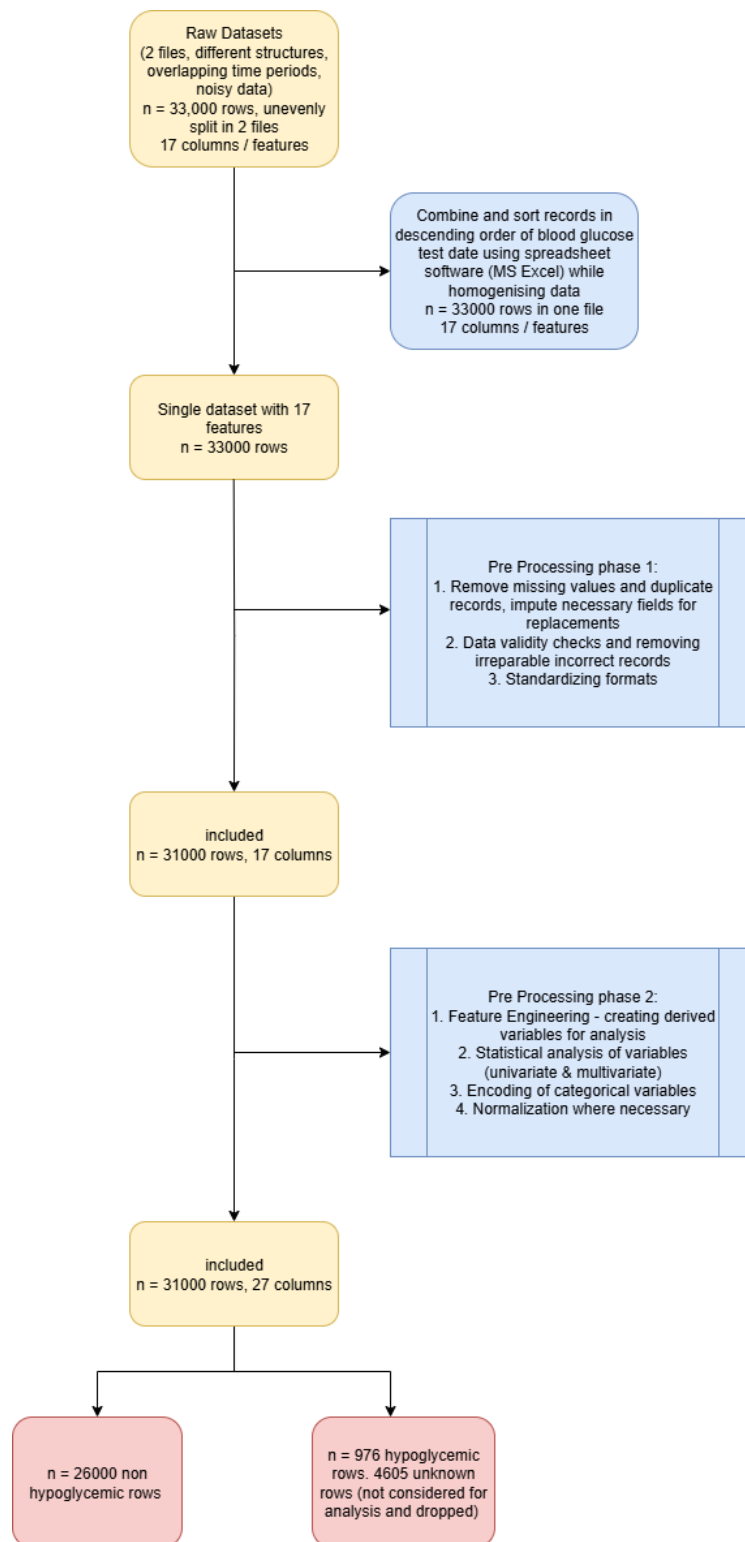
Figure 1: Data preprocessing workflow

4.2   Dealing With Imbalanced Data

It was found that there is a considerable imbalance between the number of hypoglycaemic patients (976) vs the non-hypoglycaemic patients(26022) through preprocessing. Considering this imbalance, no augmentation or sampling techniques have been carried out in the initial stages of this project to preserve the integrity and objectivity of the exploratory data analysis (EDA) phase. The rationale behind this decision was to ensure that any findings discovered from this effort remained reflective of the raw data as originally provided. Introducing synthetic data points at this stage would have led to skewed or misleading statistical and visual conclusions, especially when it comes to comparative sub-group analysis. Exploratory data analysis on a pure unadulterated dataset enabled me to locate and assess disparities between hypoglycaemic and non-hypoglycaemic patients with full clarity free from any distortion. I have visualised and documented these in the form of answers to research questions. This enabled me to meet the first objective of the project of generating benefical, usable insights from the data without any ambiguity as to how they had been obtained.

In the predictive modelling stage of the project, some conditional sampling has been selectively employed, so as to maximise model performance. The rationale behind this was to ensure that the training process remained robust and was not biased towards the majority class. **Conditional Sampling** is a data manipulation technique where data points are drawn from a subset of a larger dataset that has been filtered on the basis of certain conditions to yield those data points that match a certain range or pattern. This yields better quality rows as compared to random sampling, and the exemplars so picked from conditional sampling were varied to not be identical to other ones. Care was taken in doing so to apply these techniques, so as to only produce sensible and valid values, in a manner so as to not undermine earlier findings. **A dual phased approach such as this one provided a healthy balance between data integrity in the early exploratory stages as well as enhanced performance in the later predictive modelling stages.**

4.3   Machine Learning Theories

With findings and observations from the exploratory data analysis process now established, I directed attention to the second major project objective. To devise a risk score for hypoglycaemia, I would first need to identify the principal components from the dataset, that is to say the features that most influence hypoglycaemia or contribute to its presence. Following this, I would need to find the values of those features which are "turning points" or at which a decision is made (for example, the "turning point" for the "age" feature would be in the higher range as old age invites complications, so this could be something from 70-90 years). This has been completed through both the EDA phase as well as some statistical and machine learning techniques that I have detailed further.

4.3.1   Decision Trees

The rationale behind using Decision Trees was that it is the most suitable algorithm to find the thresholds of the key predictors of hypoglycaemia(like HbA1c). A Decision Tree is a supervised learning algorithm that can be used for both classification and regression, matching our objective of predicting hypoglycaemia through a risk score. Its structure is hierarchical resembling a flowchart where each internal node represents a test on a feature, every branch represents the outcome of that test, and each leaf node represents the final decision or the class label. It functions by learning a set of interpretable rules from the dataset features.

The algorithm works by a process called recursive partitioning. The process begins at the root node, which contains the entire patient dataset in our case (both hypoglycaemic and non-hypoglycaemic patients). The algorithm then looks at each input feature one by one (HbA1c, eGFR etc.) and systematically test every possible value of that input feature for being a potential split point. It determines the best "split" by a metric known as **Gini's Impurity Index** which measures the probability of incorrectly classifying a randomly chosen patient from one of the 2 hypoglycaemic groups. The algorithm strives to minimise this value (A score of 0 is ideal meaning perfect purity), meaning that the resulting child nodes from the split are "pure" and contain no misclassified samples. Considering a dataset D with samples from k classes, Gini Impurity is calculated as follows:

$$Gini(D) = 1 - \sum_{i=1}^{k} p_i^2$$

Where:

- D is the dataset containing samples from k classes

- p_i is the probability of samples belonging to class i at a given node

The algorithm then compares purity scores from all the potential splits across all the features. It will select the single feature and the specific value of that feature that results in the most purity (and therefore creates the best possible split).

Applying this to our own dataset, to determine the decision point for a feature like HbA1c for example, the algorithm would work like so:

- Let's assume the observed values range from 40 to 100. The algorithm will test splits like $HbA1c > 40$, $HbA1c > 41$ and so on

- For each of these potential splits it calculates the impurity of the resulting 2 subsets of patients *i.e.* those above that current HbA1c threshold and those below it

- The specific HbA1c value that yields the lowest Gini Impurity value is then selected as the optimal decision rule for that node. We can then assert that HbA1c becomes

most discriminative (most influential) for predicting hypoglycaemia risk at this empirically derived value, and this is how we arrive at the most discriminative values for the main predictors of hypoglycaemia.

The feature and threshold selected at the root node split is considered to be the most powerful predictor in the dataset. However, with Decision Trees, it is vital to **avoid overfitting** which is where the tree ends up capturing or considering noise instead of the true behaviour / nature of the data. This can be managed by pruning (cutting short) the tree, or setting hyperparameters like max_depth, but as a step up I have employed Random Forest algorithm which works by aggregating multiple Decision Trees to get the best result.

4.3.2   Random Forest

Random Forest is an ensemble learning algorithm that works by building a large number of individual decision trees and then combining their outputs to make a final prediction. It is advantageous over regular decision trees as it is resistant to overfitting and as errors or biases in the model average out, it tends to produce a more stable collective result. Furthemore, by measuring how much a feature like HbA1c contributes to reducing impurity across all the trees that the model creates, the model can produce a feature importance score enabling us to rank the predictors in the dataset based on their significance or value.

- To start with, the algorithm conjures up many different training sets by repeatedly drawing random samples from the original dataset with replacement, meaning that some data points may be selected more than once and some may not be selected at all. Each individual decision tree is then trained on one of these unique randomly built datasets, hence the name "Random" for random sampling and "Forest" meaning multiple Decision Trees. This process is also called Bagging or Bootstrap Aggregation.

- As each tree is being built, it is not allowed to use all the available information to make its decisions. The tree is only given a random subset of the total features (e.g., only 3 out of 10 patient attributes) to choose from at every split point. This forces the forest to learn from a wider variety of predictors in addition to preventing any single strong feature from dominating all the trees.

- Once all the trees in the forest have been built, every tree in the forest makes a prediction when a new unseen data point comes along. The final prediction outcome from the Random Forest model is simply the one that received the most votes from all the trees, and this collective majority voting makes the final result more accurate as well as less error-prone.

Despite being more powerful than a single Decision Tree, it is still a formidable challenge to choose the optimal number and values of hyperparameters for a Random Forest, such

as the number of trees to build or the max depth of each tree. To tackle this problem we harness the power of GridSearchCV to find the best hyperparameters to build a Random Forest.

4.3.3   GridSearchCV

GridSearchCV stands for Grid Search Cross Validation. GridSearchCV is valuable and advantageous because it takes a methodical and exhaustive approach ("try everything out and find the best") to ascertain the optimal values of hyperparameters. Choosing the right values of hyperparameters to train a Random Forest is crucial because it can lead to a model that is either too simple and underfits or too complex and overfits, GridSearchCV enables us to address this issue. Its name breaks down its process:

- **Grid:** We define a "grid" of hyperparameters and their values to try. For example a grid could have max_depth values of [3,5,7] and $n\_estimators$ (number of trees to build) of [50,100,125] in the grid.

- **Cross Validation:** GridSearchCV splits the training data into "folds" and for each hyperparameter combination, it trains the model on some folds and tests it on the remaining folds, while continuously rotating around which fold is used for testing with every iteration. Finally it averages the performance scores from all the folds.

GridSearchCV is highly beneficial in that it automates what would have been a very tedious manual task while also producing the best possible reliable results and reducing the risk of overfitting. Although it does return the best possible hyperparameter values to train the model, there is a risk of making the "grid" too large, which could potentially lead to GridSearchCV running for ages, sometimes even days or weeks, so it is imperative to choose an accurately sized grid based on the data and objective at hand.

4.3.4   Logistic Regression

Logistic Regression is a statistical algorithm that is used to carry out binary classification meaning that it predicts one of two possible outcomes, 0 or 1. It is used to model the probability of an event occurring based on one or more predictor variables. Just like linear regression, it also calculates a weighted sum of its input features, but it then passes this result through the sigmoid function, that returns a number between 0 and 1 which can be directly interpreted as the probability of the positive class / positive event occurring.

Logistic Regression is significant and powerful because of its ability to explain relationships through **Odds Ratios.** The model provides a coefficient β for each predictor variable after it is trained, which are on a log-odds scale, and we calculate the odds ratios by taking the exponent of that coefficient e^{β}. The Odds Ratio is interesting because it describes how a one unit change in the predictor variable affects the odds of the outcome occurring. To relate this to my project, suppose a Logistic

Regression model yields a coefficient of -0.15 for a continuous HbA1c variable. This produces an odds ratio of 0.86 by taking the exponent of -0.15. This means, that for every 1mmol/mol increase in HbA1c, the odds of a patient experiencing hypoglycaemia are multiplied by 0.86 which is a **14%** decrease in chances of an episode, but conversely, for every drop in HbA1c of the same value, the odds of experiencing hypoglycaemia increase by $\frac{1}{0.86}$ which is a **16%** increase in chances of hypoglycaemia!

4.3.5   XGBoost

XGBoost stands for eXtreme Gradient Boosting, and it is an ensemble learning algorithm that builds a predictive model as an additive combination of decision trees. The trees are constructed in sequence and each new tree is designed to correct the prediction errors made by all the previous trees combined. Primarily an XGBoost model aims to minimise a loss function, that is a mathematical formula that evaluates the difference between the actual or true values and the values predicted by the model.

The algorithm calculates the **gradient** of the loss function after each stage of training. The gradient is essentially a vector that describes how mistaken the current prediction is, and in which direction the error is the steepest, that is to say it is **the direction and magnitude** of the **error** for each of the model's predictions. It always points in the direction of the **steepest increase** in the error. XGBoost then trains a new decision tree to predict the negative gradient. By including the predictions of the new tree in the overall model, XGBoost makes gradual adjustments to (or effectively "nudges") the final prediction in the direction that most rapidly reduces the total error (opposite to the error gradient vector). This methodical step by step optimization that is guided by the gradient allows the model to incrementally improve its accuracy, and hence the "Gradient" in the name.
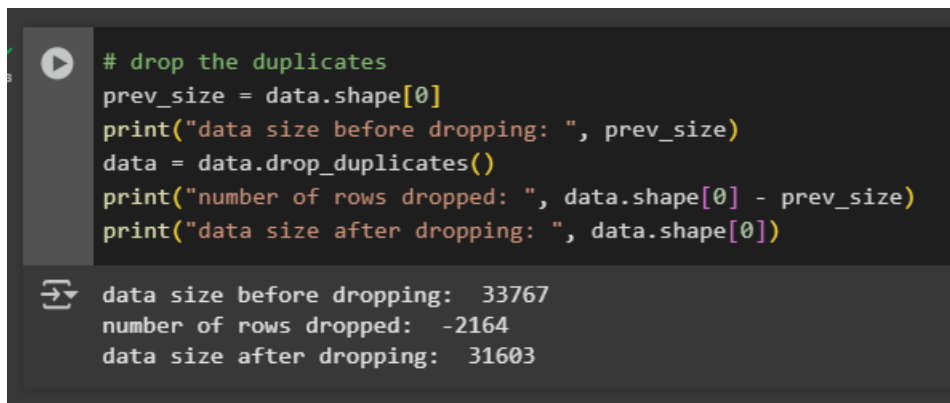
Regularization is a key built-in feature of XGBoost, which adds a penalty to the model's objective function based on the complexity of the trees. This is a crucial technique in preventing overfitting as it penalizes creating overly complex models, and ensures that the model performs well on unseen data. In addition to this, XGBoost is designed for parallel processing and highly optimized for speed and efficiency, employing clever algorithms beneath the hood to build trees much faster than traditional boosting methods. This makes it highly effective on large datasets, giving it the "extreme" in its name.

5   Main Results and Findings

Note: Primarily due to the nature of exploratory data analysis and because of the quantity of research questions stated by GSTT, it was not possible to fit all the exploratory and modelling research done into the report because it would have certainly exceeded the word limit of 15000 words, while preventing me from explaining every salient point in the visualisations. Additionally even if made to fit within the word limit, it would have caused the report to explode in the number of pages making it difficult to maintain the reader's understanding.   My code submission which is a python notebook (.ipynb file) is meant for exhibiting findings along with their supporting material, and I have documented many notes explaining the rationale behind every decision and the interpretation of every model. Please have a look through the python notebook to see the whole set of findings, the video demonstration will prove this.

5.1   Initial Data Pre-processing

Raw data provided was first combined into a single file and then read into a Pandas dataframe. As part of initial cleanup, 2164 duplicate rows in the dataset were identified and dropped, as shown in Figure 2.

```python
# drop the duplicates
prev_size = data.shape[0]
print("data size before dropping: ", prev_size)
data = data.drop_duplicates()
print("number of rows dropped: ", data.shape[0] - prev_size)
print("data size after dropping: ", data.shape[0])

data size before dropping:  33767
number of rows dropped:  -2164
data size after dropping:  31603
```

Figure 2: Dropping duplicate rows

Following this, the percentage of missing values was evaluated prior to carrying out feature engineering.   Figure 3 displays the percentage of missing data across all raw columns:
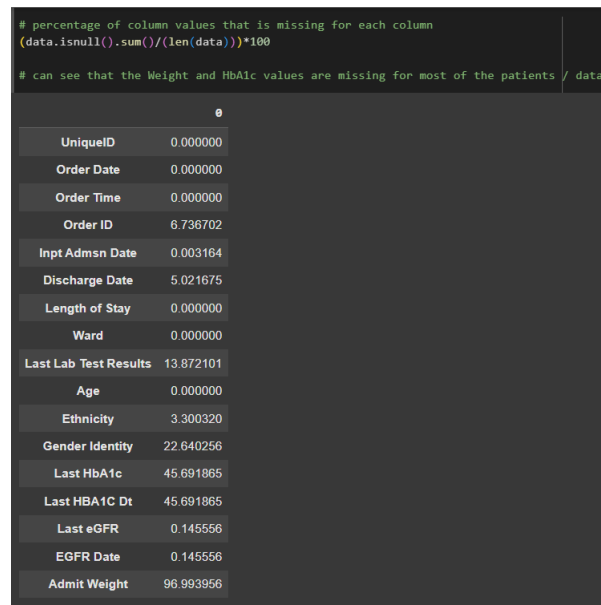
Figure 3: Percentage of missing values in each column

The column Admit Weight was rendered unusable here, because it was missing 97% of its content. Weight values cannot be calculated or imputed accurately based on the only available related features that were Age and Ethnicity, as Weight is a unique characteristic value of a patient just like Height and BMI, and to use class-based (ethnicity and age based) averages would **mislead the analysis** and produce unreliable results, so Weight is not considered in any further study hereonwards.

5.1.1   Feature Extraction

Next, all the columns were thoroughly examined for the exact relevant numerical values (for instance, age was given as "57kg" in the raw data as depicted in Figure 4.) and new columns were created to store only the extracted numerical values for analysis. After this point, the usable data resembled the structure of the cleaned data as shown in Figure 5.

5.1.2   Feature Engineering

After having acquired clear numerical values from the raw data through the newly extracted features, additional derived features were formulated based on these values. The resulting features are listed in subsection 3.2 along with the criteria and logic used in their construction.

5.2   Exploratory Data Analysis and Interpreting Model Results

Note: Primarily due to the nature of exploratory data analysis and because of the quantity of research questions stated by GSTT, it was not possible to

fit all the exploratory and modelling research done into the report because it would have certainly exceeded the word limit of 15000 words, while preventing me from explaining every salient point in the visualisations. Additionally even if made to fit within the word limit, it would have caused the report to explode in the number of pages making it difficult to maintain the reader's understanding. My code submission which is a python notebook (.ipynb file) is meant for exhibiting findings along with their supporting material, and I have documented many notes explaining the rationale behind every decision and the interpretation of every model. Please have a look through the python notebook to see the whole set of findings, the video demonstration will prove this.

6 Legal, Social, Ethical and Professional Issues

6.1 Ethical and Professional Issues

Research and projects within the medical domain are always inherently sensitive regardless of the kind of data involved or the presence of human participants. This sensitivity is amplified when a highly prominent industry stakeholder such as the NHS is interested, in view of the fact that it oversees public health across all of the UK. Right from the start, I have prioritized regular and transparent communication with our industry advisor through recurring meetings, while upholding implicit confidentiality agreements regarding the nature of the data and the project's specific objectives. All analysis was conducted within the agreed-upon scope. All deliverables were presented in a coherent and actionable format, thereby reflecting my commitment to their distinct requirements and towards fostering a trustworthy working relationship.

Being cognizant of my social and ethical responsibility in this undertaking to advance public welfare, I have submitted an application in KCL's Research Ethics Management Application System (REMAS) which should supplement the agreements and principles established at the time of inception of the project, considering that the project is a KEP with industry (NHS England). According to KCL and REMAS guidelines, this project is classed as "Minimal Risk", in that it involves the study of pre-existing data that is not available to the general public, but is fully anonymous at the point which I as a researcher gain access to it. The industry advisor has kindly provided us the necessary data after complete anonymization, which removes any risk of personal identification. Still, I have opted to submit a comprehensive Full Application Form rather than a Minimal Risk Application to avoid any ambiguity in ethical review.

To further support this and in line with the guidelines listed in the General Data Protection Regulation (GDPR) as well as the Data Protection Act (DPA) 2018, the data was both shared with me and only accessed through secure organization / university credentials, meaning that it did not need to be fetched at all through any resource or API calls, eliminating the risk of interception. It was stored locally for on-machine data analysis and modelling through frequently used, open-source Python libraries, without the involvement of any online tools where the data has to be uploaded for research.

Efforts have been taken to determine whether the project requires approval from any external entities, such as the Health Research Authority[11]. This was found to be not necessary. No recruitment of human participants was in the picture. Every care was taken to prevent any conflicts of interest from occurring, whether around other similar research, intellectual property, project objectives or any other sectors. I have also considered reliability measures to minimize the possibility of any kind of "reverse engineering" that may be carried out on my work.

6.1.1 Legal and Social Issues

This project was conducted in strict adherence to the British Computer Society (BCS) Code of Conduct [12]. The specific principle of "Public Interest" has been addressed by designing and developing a system to improve public health and patient safety. That of "Professional Competence and Integrity" has been demonstrated rigorous data handling protocols and a transparent approach and working practises. Socially, I strived to proactively mitigate any potential adverse effects by investigating any risk of algorithmic bias, to ensure a sensible outcome across all patient groups or demographics.

I highlight and emphasize now that the research project is designed and intended as a **method of decision assistance, and not a decision making method.** The final accountability and responsibility remains with the concerned medical professional utilizing it. The study serves only to speed-up, scale-up, augment and refine clinical judgement, not to replace it. The research and model outputs are to be considered as one piece of evidence among many and should never be regarded as the deciding factor whatsoever in any situation or circumstance.

7 Conclusion and Future Directions

This research project has successfully achieved all of its fundamental objectives, which were thoughtfully devised and aligned with Guy's & St. Thomas' NHS Foundation Trust's operational interests and priorities at the time of project inception. The work provides GSTT with immediate tangible value and practical, actionable findings that are based on a very recent (i.e. derived from data ranging from 2024 to 2025) medically diverse patient population.

Within the given patient cohort and features in the provided dataset, the analysis identified that Patient Age, Average Glycated Haemoglobin levels (HbA1c) and Estimated Glomerular Filtration Rate (eGFR) as the key factors contributing towards hypoglycaemia. It found that the key "decision points" where hypoglycaemia risk grew dramatically were at critically impaired renal function values (eGFR $<= 25\%$) which is medically classed as "Kidney Failure", and at HbA1c levels below 34mmol/mol.

The project serves as a foundation and proof-of-concept study for pre-emptive glycaemia management within the NHS. Its novelty stems from the analysis of a distinct, up-to-date dataset of diabetic patients admitted to London NHS wards. A key achievement of the project was the successful integration of disparate data streams from the GSTT's electronic patient health record system, Epic, that merged different aspects of patient data into a single cohesive dataset. This analysis acts as a blueprint that showcases how different Trusts can harness their own unique patient data to generate their own set of clinical actionable intelligence, and that the end-to-end approach I have used - from data exploration to model development to risk score creation - can either be customised by each Trust to accomplish their own goals or modified into a more general strategy to be adopted by various other Trusts across the NHS.

7.1 Applicability within GSTT

In fulfilling all its goals, this project has confirmed the viability of applying machine learning to both resolve community healthcare issues in the NHS as well as extract new insights about patient and public health trends in the process. There are many ways GSTT or other Trusts within the NHS could apply the findings from this research into their healthcare workflows:

- **Integration into electronic health records systems like Epic:** The decision points found or even the risk score itself can be integrated directly into the Epic system. Upon admission of a new patient, the system can automatically decide the risk of hypoglycaemia based on these key factors and take necessary action (such as flagging the patient to be at greater risk of hypoglycaemia), whether that be assigning special rules to the patient such as a dedicated hypoglycaemia ward to be admitted in, or a review of current patient medication.

- **Personalised patient education and enhanced post-discharge support:** For instance, elderly high-risk patients can receive personalised instructions or

increased follow-ups which can be decided by the risk score.

- **Benchmarking dashboard:** GSTT can leverage the key factors and risk score to create a monitoring and benchmarking dashboard to oversee patient numbers and track resources being expended, seasonal or yearly trends and so on.

- **Universal record structures :** Since data had to be aggregated from different sources in order to be analysed, GSTT could devise a single universal way of storing records that would make it much easier to analyse, spurring further research.

- **Root cause analysis and simulation;** With the key factors now identified, these can be applied to past data to pull together the most likely causes for episodes in the past. They can also be used to simulate how or on what basis episodes could occur in other patient cohorts with their own distinct properties.

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A Appendix

A.1 Dataset

UniqueID	Order Date	Order Time	Order ID	Inpt Admsn Date	Discharge Date	Length of Stay	Ward	Last Lab Test Results	Age	Ethnicity	Gender Identity	Last HbA1c	Last HBA1C Dt	Last eGFR	EGFR Date	Admit Weight
265	05,06,2025	10:58:03	248956356	05,06,2025	06,06,2025	1d 9h	GH RICHARD BRIGHT WARD	Manual blood glucose: 6.20 mmol/L	64	Not stated/Undefined	Male	82	19,12,2024	23	27,06,2025	
262	05,06,2025	11:02:08	248958252	05,06,2025	06,06,2025	1d 9h	STH GYNAECOLOGY WARD	Manual blood glucose: 10.80 mmol/L	52	Black or Black British - Unspecified	Female			77	06,06,2025	
267	05,06,2025	11:02:22	248958363	05,06,2025	06,06,2025	1d 9h	STH GYNAECOLOGY WARD	Manual blood glucose: 12.00 mmol/L	52	Black or Black British - Unspecified	Female			77	06,06,2025	
267	05,06,2025	11:21:12	248968251	05,06,2025	05,06,2025	3h	STH ADMISSIONS WARD	Manual blood glucose: 10.10 mmol/L	56					78	05,06,2025	
269	05,06,2025	11:58:35	248986846	24,01,2025		157d 18h	STH WILLIAM GULL WARD	Manual blood glucose: 5.20 mmol/L	59	Black or Black British - African	Female	43	20,01,2024	58	01,07,2025	121 kg
3	05,06,2025	11:59:38	248987330	25,05,2025	18,06,2025	24d 2h	STH WILLIAM GULL WARD	Manual blood glucose: 10.40 mmol/L	88	White - Any other White background	Choose not to disclose	53	30,04,2024	59	18,06,2025	
4	05,06,2025	12:06:47	248990954	05,06,2025	06,06,2025	1d 9h	GH RICHARD BRIGHT WARD	Manual blood glucose: 5.70 mmol/L	64	Not stated/Undefined	Male	82	19,12,2024	23	27,06,2025	
262	05,06,2025	12:21:30	248998333	16,05,2025	27,06,2025	42d 1h	STH SARAH SWIFT WARD	Manual blood glucose: 11.90 mmol/L	76	White - British				61	27,06,2025	
273	05,06,2025	12:54:34	249011417	17,05,2025		45d 9h	STH HILLYERS WARD	Manual blood glucose: 7.40 mmol/L	74	Black or Black British - Caribbean		54	22,04,2024	50	30,06,2025	95 kg
11	05,06,2025	13:43:17	249031415	31,05,2025		30d 18h	STH WILLIAM GULL WARD	POCT Glucose Blood Manually En...: 7.	52	White - English				>90	27,06,2025	55 kg
275	05,06,2025	14:16:46	249045211	04,06,2025	07,06,2025	3d 3h	GH FLORENCE WARD	Manual blood glucose: 4.80 mmol/L	74	White - English	Male			32	24,06,2025	
276	05,06,2025	15:07:28	249067395	04,06,2025	20,06,2025	16d	STH GI PAGE WARD	Manual blood glucose: 7.20 mmol/L	81	Not stated/Undefined		61	13,11,2023	82	20,06,2025	
277	05,06,2025	15:07:40	249067474	01,06,2025	06,06,2025	5d 16h	STH ALEXANDRA WARD	Manual blood glucose: 6.50 mmol/L	78	Black or Black British - Caribbean	Female	39	24,04,2025	5	17,06,2025	
278	05,06,2025	15:42:24	249082295	06,06,2025	06,06,2025	16h	STH ADMISSIONS WARD	Manual blood glucose: 9.60 mmol/L	68	Black or Black British - African	Male	47	03,05,2024	58	06,06,2025	
279	05,06,2025	15:56:30	249087656	01,06,2025	09,06,2025	8d 17h	STH ALBERT WARD	Manual blood glucose: 5.70 mmol/L	34	Black or Black British - African	Male			>90	25,06,2025	
280	05,06,2025	16:07:02	249091566	05,06,2025	06,06,2025	1d 10h	GH ASTON KEY WARD	Manual blood glucose: 6.10 mmol/L	72	Black or Black British - Caribbean	Male	43	17,04,2024	60	06,06,2025	
281	05,06,2025	16:59:47	249109429	05,06,2025	06,06,2025	1d 9h	STH GYNAECOLOGY WARD	Manual blood glucose: 7.50 mmol/L	52	Black or Black British - Unspecified	Female			77	06,06,2025	
267	05,06,2025	17:36:36	249118534	05,06,2025	06,06,2025	1d 10h	GH ASTON KEY WARD	Manual blood glucose: 6.30 mmol/L	72	Black or Black British - Caribbean	Male	43	17,04,2024	60	06,06,2025	
281	05,06,2025	17:55:00	249122117	05,06,2025	06,06,2025	1d 1h	GH SARAH WARD	Manual blood glucose: 6.50 mmol/L	69	White - English				>90	05,06,2025	
284	05,06,2025	18:03:54	249123786	22,04,2025		70d 9h	STH MARK WARD	Manual blood glucose: 5.10 mmol/L	68	White - British		47	12,04,2024	>90	30,06,2025	75 kg
285	05,06,2025	19:02:34	249132405	03,06,2025	07,06,2025	4d 13h	GH ASTON KEY WARD	Manual blood glucose: 10.80 mmol/L	50	Black or Black British - Any other Black	Female	109	10,06,2025	>90	10,06,2025	
118	05,06,2025	19:25:07	249134589	17,05,2025		45d 9h	STH HILLYERS WARD	Manual blood glucose: 6.00 mmol/L	74	Black or Black British - Caribbean		54	22,04,2024	50	30,06,2025	95 kg
11	05,06,2025	19:26:43	249134739	05,06,2025	12,06,2025	6d 21h	STH WILLIAM GULL WARD	Manual blood glucose: 11.10 mmol/L	65	White - English	Male			70	30,06,2025	
288	05,06,2025	19:27:27	249134791	30,04,2025		61d 17h	STH WILLIAM GULL WARD	Manual blood glucose: 13.00 mmol/L	59	White - Any other White background	Male			72	26,06,2025	62.3 kg
12	05,06,2025	19:56:11	75513886	05,06,2025	06,06,2025	14h	STH ADMISSIONS WARD	Manual blood glucose: 9.20 mmol/L	41	Black or Black British - Caribbean	Male			63	06,06,2025	
290	05,06,2025	20:42:10	249140609	14,04,2025		77d 17h	STH SOMERSET WARD	Manual blood glucose: 3.40 mmol/L	35	Any Other Ethnic Group	Male			81	29,06,2025	77 kg
148	05,06,2025	20:42:48	249140642	14,04,2025		77d 17h	STH SOMERSET WARD	Manual blood glucose: 4.30 mmol/L	35	Any Other Ethnic Group	Male			81	29,06,2025	77 kg
148	05,06,2025	20:44:12	249140769	06,06,2025	07,06,2025	1d 13h	STH SOMERSET WARD	Manual blood glucose: 6.60 mmol/L	53	Black or Black British - Caribbean	Female	40	08,12,2023	>90	05,06,2025	
253	05,06,2025	21:07:42	249142353	06,06,2025	06,06,2025	16h	STH ADMISSIONS WARD		68	Black or Black British - African	Male	47	03,05,2024	58	06,06,2025	
279	05,06,2025	21:07:45	249142357	06,06,2025	06,06,2025	16h	STH ADMISSIONS WARD	POCT Glucose Blood Manually E...: 11.	68	Black or Black British - African	Male	47	03,05,2024	58	06,06,2025	
279	05,06,2025	21:16:33	249143099	05,06,2025	06,06,2025	1d 1h	GH SARAH WARD	Manual blood glucose: 12.40 mmol/L	69	White - English				>90	05,06,2025	
284	05,06,2025	21:43:01	249144918	21,05,2025		40d 19h	STH ALEXANDRA WARD	Manual blood glucose: 6.20 mmol/L	82	Not stated/Undefined				53	01,07,2025	67.2 kg
297	05,06,2025	22:01:57	249146383	25,05,2025	18,06,2025	24d 2h	STH WILLIAM GULL WARD	Manual blood glucose: 11.00 mmol/L	88	White - Any other White background	Choose not to disclose	53	30,04,2024	59	18,06,2025	
4	05,06,2025	22:13:12	249147160	24,01,2025		157d 18h	STH WILLIAM GULL WARD	Manual blood glucose: 6.10 mmol/L	59	Black or Black British - African	Female	43	20,01,2024	58	01,07,2025	121 kg
3	05,06,2025	22:46:05	249149081	06,06,2025	10,06,2025	4d 9h	STH MARK WARD	Manual blood glucose: 9.20 mmol/L	72	Asian or Asian British - Arab	Male	64	13,05,2024	59	26,06,2025	
300	05,06,2025	23:44:45	249152341	14,04,2025		77d 17h	STH SOMERSET WARD	Manual blood glucose: 5.80 mmol/L	35	Any Other Ethnic Group	Male			81	29,06,2025	77 kg
148	06,06,2025	16:48:01	249383961	07,06,2025	14,06,2025	7d 18h	STH ALEXANDRA WARD	Manual blood glucose: 6.80 mmol/L	99	Black or Black British - Caribbean	Female			26	16,06,2025	

Figure 4: Raw dataset

Row	Age	Ethnicity	Gender Identity	Last HbA1c	Last HBA1C Dt	Last eGFR	eGFR Date	Admit Weight	Glucose Value	Length of Stay (Time)	Age_Range	Has_Hypo	Glycemia_Type	eGFR_Category	Wider_Ethnic_Group
269	56					78	05,06,2025		10.1	0 days 03:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	Unknown or Not Stated
270	59	Black or Black British - African	Female	43	20,01,2024	58	01,07,2025	121 kg	5.2	157 days 18:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
271	88	White - Any other White background	Choose not to disclose	53	30,04,2024	59	18,06,2025		10.4	24 days 02:00:00	Elderly (76-100)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	White
272	64	Not stated/Undefined	Male	82	19,12,2024	23	27,06,2025		5.7	1 days 09:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 20 & 40 - Critical Loss of Kidney Fun	Unknown or Not Stated
273	76	White - British				61	27,06,2025		11.9	42 days 01:00:00	Elderly (76-100)	0	Hyperglycemia	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	White
274	74	Black or Black British - Caribbean		54	22,04,2024	50	30,06,2025	95 kg	7.4	45 days 09:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
275	52	White - English				>90	27,06,2025	55 kg	7.5	30 days 18:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR above 90 - Normal kidney function	White
276	74	White - English	Male			32	24,06,2025		4.8	3 days 03:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 20 & 40 - Critical Loss of Kidney Fun	White
277	81	Not stated/Undefined		61	13,11,2023	82	20,06,2025		7.2	16 days 00:00:00	Elderly (76-100)	0	Target Range	eGFR between 80 & 90 - Minor Loss of Kidney Func	Unknown or Not Stated
278	78	Black or Black British - Caribbean	Female	39	24,04,2025	5	17,06,2025		6.5	5 days 16:00:00	Elderly (76-100)	0	Target Range	eGFR less than 20 - Kidney Failure	Black or Black British
279	68	Black or Black British - African	Male	47	03,05,2024	58	06,06,2025		9.6	0 days 16:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
280	34	Black or Black British - African	Male			>90	25,06,2025		5.7	8 days 17:00:00	Adult / Middle Aged (26-50)	0	Target Range	eGFR above 90 - Normal kidney function	Black or Black British
281	72	Black or Black British - Caribbean	Male	43	17,04,2024	60	06,06,2025		6.1	1 days 10:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
282	52	Black or Black British - Unspecified	Female			77	06,06,2025		7.5	1 days 09:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	Black or Black British
283	72	Black or Black British - Caribbean	Male	43	17,04,2024	60	06,06,2025		6.3	1 days 10:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
284	69	White - English				>90	05,06,2025		6.5	1 days 01:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR above 90 - Normal kidney function	White
285	68	White - British		47	12,04,2024	>90	30,06,2025	75 kg	5.1	70 days 09:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR above 90 - Normal kidney function	White
286	50	Black or Black British - Any other Black	Female	109	10,06,2025	>90	10,06,2025		10.8	4 days 13:00:00	Adult / Middle Aged (26-50)	0	Target Range	eGFR above 90 - Normal kidney function	Black or Black British
287	74	Black or Black British - Caribbean	Male	54	22,04,2024	50	30,06,2025	95 kg	6	45 days 09:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
288	65	White - English	Male			70	30,06,2025		11.1	6 days 21:00:00	Older Adult / Old (51-75)	0	Hyperglycemia	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	White
289	59	White - Any other White background	Male			72	26,06,2025	62.3 kg	13	61 days 17:00:00	Older Adult / Old (51-75)	0	Hyperglycemia	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	White
290	41	Black or Black British - Caribbean				63	06,06,2025		9.2	0 days 14:00:00	Adult / Middle Aged (26-50)	0	Target Range	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	Black or Black British
291	35	Any Other Ethnic Group	Male			81	29,06,2025	77 kg	3.4	77 days 17:00:00	Adult / Middle Aged (26-50)	1	Hypoglycemia	eGFR between 80 & 90 - Minor Loss of Kidney Func	Other Ethnic Groups
292	35	Any Other Ethnic Group	Male			81	29,06,2025	77 kg	4.3	77 days 17:00:00	Adult / Middle Aged (26-50)	0	Target Range	eGFR between 80 & 90 - Minor Loss of Kidney Func	Other Ethnic Groups
293	53	Black or Black British - Caribbean	Female	40	08,12,2023	>90	05,06,2025		6.6	1 days 13:00:00	Older Adult / Old (51-75)		Target Range	eGFR above 90 - Normal kidney function	Black or Black British
294	68	Black or Black British - African	Male	47	03,05,2024	58	06,06,2025			0 days 16:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
295	68	Black or Black British - African	Male	47	03,05,2024	58	06,06,2025		11.4	0 days 16:00:00	Older Adult / Old (51-75)	0	Hyperglycemia	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
296	69	White - English				>90	05,06,2025		12.1	1 days 01:00:00	Older Adult / Old (51-75)	0	Hyperglycemia	eGFR above 90 - Normal kidney function	White
297	82	Not stated/Undefined				53	01,07,2025	67.2 kg	6.2	40 days 19:00:00	Elderly (76-100)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Unknown or Not Stated
298	88	White - Any other White background	Choose not to disclose	53	30,04,2024	59	18,06,2025		11	24 days 02:00:00	Elderly (76-100)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	White
299	59	Black or Black British - African	Female	43	20,01,2024	58	01,07,2025	121 kg	6.1	157 days 18:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Black or Black British
300	72	Asian or Asian British - Arab	Male	64	13,05,2024	59	26,06,2025		9.2	4 days 09:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	Asian or Asian British
301	35	Any Other Ethnic Group	Male			81	29,06,2025	77 kg	5.8	77 days 17:00:00	Adult / Middle Aged (26-50)	0	Target Range	eGFR between 80 & 90 - Minor Loss of Kidney Func	Other Ethnic Groups
302	99	Black or Black British - Caribbean	Female			26	16,06,2025		6.7	8 days 18:00:00	Elderly (76-100)	0	Target Range	eGFR between 20 & 40 - Critical Loss of Kidney Fun	Black or Black British
303	76	White - British				61	27,06,2025		7.3	42 days 01:00:00	Elderly (76-100)	0	Target Range	eGFR between 60 & 80 - Moderate Loss of Kidney Fun	White
304	88	White - British	Female	61	22,01,2024	49	10,06,2025		4.8	6 days 21:00:00	Elderly (76-100)	0	Target Range	eGFR between 40 & 60 - Significant Loss of Kidney	White
305	71	White - British				>90	07,06,2025		6.2	3 days 08:00:00	Older Adult / Old (51-75)	0	Target Range	eGFR above 90 - Normal kidney function	White

Figure 5: Dataset with cleaned features (this is in addition to the fields of the raw dataset)