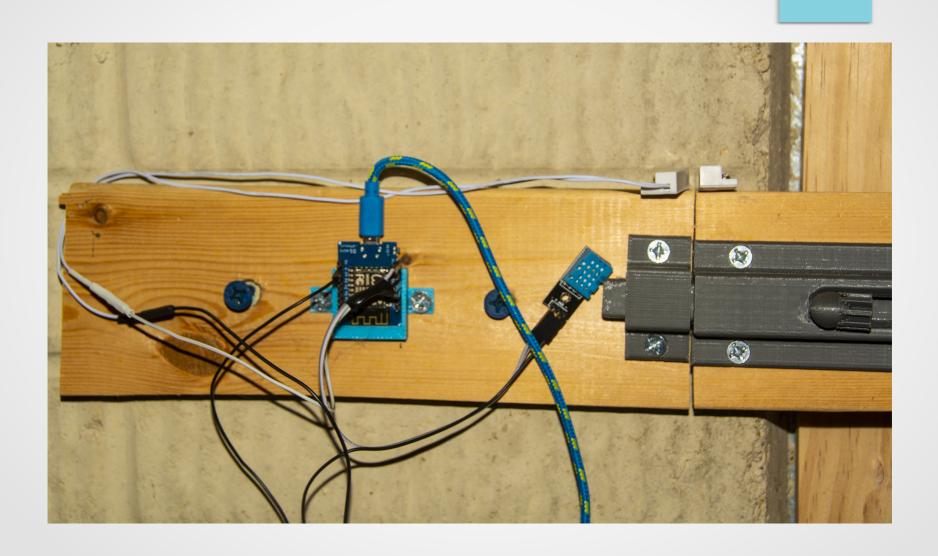
# DIY IoT (Internet of Things)

# Uniforum – May 2018 Connie Sieh & Dave Putz

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Goals of this presentation:

- Give you a good understanding of IoT devices
- Help you on your way to building your own IoT device(s)
- Give you some resources to help you get more info

#### Agenda

- Definition of some terms
- Overview of an IoT system
- Overview of hardware components
- Details on software components
- Security Issues
- Example programming of an IoT device
- Available resources
- Hands on lab

- Definitions
  - IoT (Internet of Things)
    - Physical objects with network connectivity
    - "smart" devices (lights, cars, alarms, etc.)
    - Sensors, actuators
    - Services and servers communicating with devices
    - Estimates of 50 billion devices by 2020

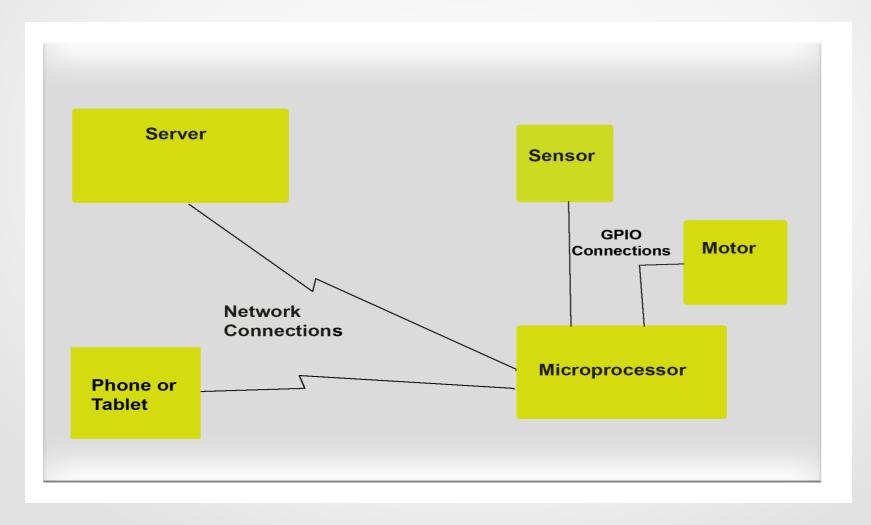
- Definitions
  - MCU
    - Micro controller Unit
    - Small, generally single-purpose chip
    - Most often does not run an Operating System
  - MPU
    - Microprocessor Unit
    - Usually able to multi-process
    - Typically will run an Operating System

#### Why DIY?

- "Smart" lights, switches, thermostats, etc. are all commercially available
- In the future, even more devices will gain network capabilities
- Control
- Security
- "for the fun of it"

- Overview of an IoT System
  - End devices
    - Sensors (temperature, movement, light, switches, etc.)
    - Actuators (motors, relays, LEDs, etc.)
    - Displays (optional)
  - Programmable Microprocessor
    - Able to "talk" to devices
    - Has network connectivity
    - Possibly controlled by phone, tablet, etc.
  - Network and servers
    - Data collection and analysis
    - Handling notifications (messaging, emails, etc.)

Graphical Overview of a Typical IoT System



- Hardware Components
  - Processor
    - More of an SoC "System on a Chip" than just a CPU
    - Programmable
    - Quite a few choices available (more on this later)
  - Sensors and Actuators
    - Sensors report back information about the physical environment
    - Actuators (motors, switches, etc.) do something in the physical environment

- Hardware Components
  - Network
    - Can be wireless or wired
    - Differentiates IoT from previous sensors/actuators
    - Various sorts of wireless available
      - Internet lists 31 possible IoT networks
      - Wifi
      - Others requiring a gateway to get to the internet
        - Bluetooth/BLE
        - LoRa Radio
        - ZigBee

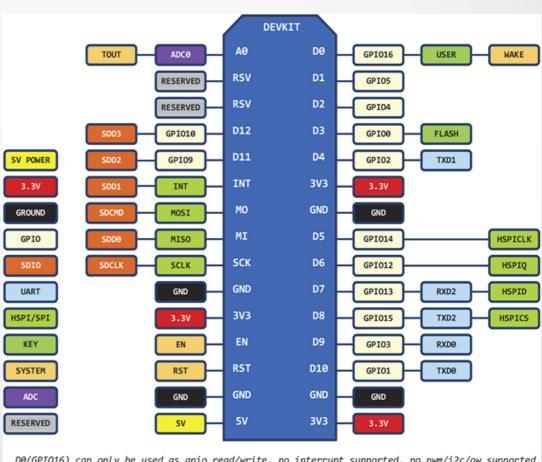
- Processor Types (MCU and MPU)
  - Many different vendors and varieties available
    - Wikipedia lists 32 MCU and 65 MPU makers
    - Many vendors offer more than one model
  - Often the biggest single decision when designing an IoT system

- Some Common MCU Types
  - Arduino
  - ESP8266 (Many form factors including NodeMCU)
  - ESP32
  - ST Microelectronics
- Common characteristics
  - Cheap
  - GPIO pins
  - Fairly slow CPU speed
  - Will have limited memory for program (sketch)

- Some Common MPU types
  - Raspberry Pi
  - Beagleboard
  - Pine A64
  - Asus Tinkerboard
- Common characteristics
  - On-board compilers
  - Can run more than one program at the same time
  - Online community support
  - Limited numbers of GPIO and other pins
  - Likely more expensive than an MCU

- Sensors and Actuators
  - Use GPIO (General Purpose Input Output) pins from the CPU
  - Various protocols may be supported
    - I2C Can handle multiple devices on one set of 2pins
    - UART Universal Asynch Receive/Transmit
      - Serial port, needs two pins (one XMIT, one RCV)
      - Not all GPIO pins will support this
    - SPI Serial Peripheral Interface
      - Needs 4 pins, likely defined by hardware
    - PWM Pulse Width Modulation
      - Needs an analog pin
    - Custom Protocols (such as DHT11)

- GPIO Ports matter
  - You will need to check the specs for your exact chip
  - NodeMCU diagram



DO(GPIO16) can only be used as gpio read/write, no interrupt supported, no pwm/i2c/ow supported.

- Issues when selecting external devices
  - Power requirements
    - May be 3.3 or 5 volts, may not match your CPU
    - May require more current than your board can provide (i.e. could need an external power supply)
  - Connectivity
    - May require special cables
    - May need more GPIO pins than you have available
  - Openness
    - May have proprietary issues, making it hard to modify to do what you want

- Software Components
  - Several languages available
    - Arduino IDE uses C/C++
    - Micro Python available on more capable processors
    - Lua script for ESP boards
    - Arduino has some visual block editors available (ArduBlock, Snap4Adruino)
    - Processors running their own OS have an even wider choice, both scripting and compiled languages.

- Software Components
  - Software is usually needed external to your IoT device
    - Somewhere to send monitor readings
      - MQTT broker
      - IFTTT (if this then that)
      - Flow controller (such as Node-Red)
      - Browser client
    - Someone to send info that triggers an action to take
      - MQTT broker
      - Flow controller
      - Browser

- Definitions
  - Message Broker (MQTT)
    - Program that handles the queuing up of input messages (publishing) and sending out to interested clients (subscribing)
    - Messages are organized by topics, with formats like directory paths (i.e. /myhouse/basement/window/1)
    - Several are available, we will be using an Open Source one named mosquitto
    - Fairly low overhead, can be run on small systems (such as a Raspberry Pi)

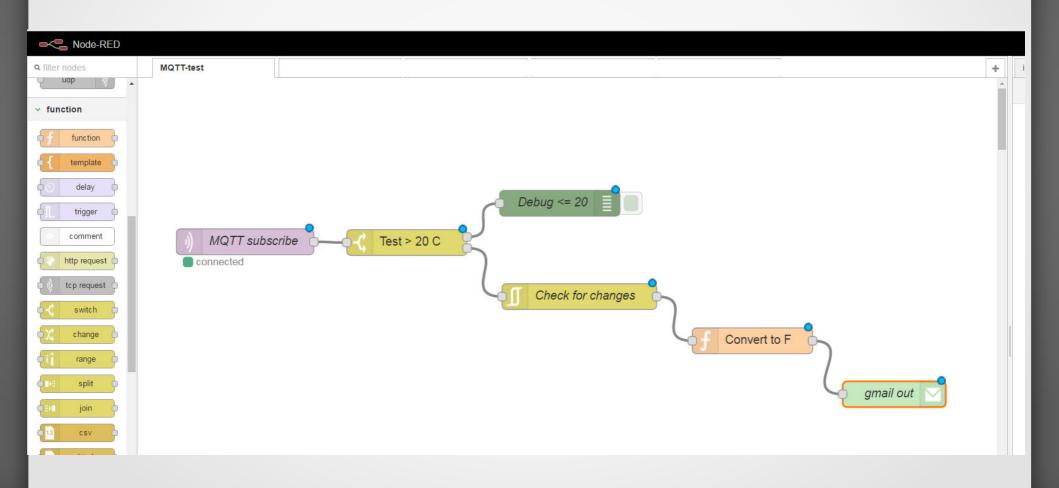
- Software Components
  - Protocols
    - TCP/IP underlies almost everything you will do
      - Have to create or obtain an IP address
      - TCP/IP routing matters
    - Extensible Messaging and Presence Protocol (XMPP)
    - Message Queuing Telemetry Transport (MQTT)
    - HTTP
    - Advanced Message Queuing Protocol (AMQP)
    - Constrained Application Protocol (CoAP)

- Software Components
  - Programming IDE (Integrated Development Environment)
    - Most common is the Arduino IDE even for other MCUs
  - Frameworks
    - May help you get running without doing much (or any) coding
    - Several available
      - ESPEasy https://github.com/letscontrolit/ESPEasy
      - ESPurna https://bitbucket.org/xoseperez/espurna
      - Espidf http://docs.platformio.org/en/latest/frameworks/espidf.html
      - Tasmota https://github.com/arendst/Sonoff-Tasmota

- Software Components
  - Some Additional Elements
    - NodeRED
      - drag and drop visual flow control, runs on a server (Linux, Windows, Mac)
    - IFTTT (If this then that) https://ifttt.com/
      - Create applets to tie services together
    - MQTT Brokers
      - Mosquitto easy to set up, runs on a server (Linux, Windows, Mac)
      - io.adafruit.com run by Adafruit, provides a dashboard

- Software Components
  - Some Additional Elements
    - Cloud Provider many available
      - Amazon AWS
      - Microsoft Azure
      - IBM Watson
      - Adafruit IO

Example of a Node-RED flow



- Security Issues
  - Unencrypted wireless network traffic can be seen by anyone close by
    - Do you really want a stranger to be able to open your garage door?
  - Default router passwords are known to all the 'bad guys'
  - Vendors of commercial IoT devices have been known to be lax when it comes to security
    - Google for "IoT light bulb security" scary
  - Bottom line don't trust anyone else to make your devices secure

- Security Issues
  - OTA (Over the air updates)
  - Using a DIY IoT system for home security
    - Need to consider the monitoring issue
      - Commercial vendors are 24x7; you will need to sleep
    - You control who sees what
    - Several good open source packages available
      - ZoneMinder https://zoneminder.com/
      - openhab https://www.openhab.org/
      - Home Assistant https://home-assistant.io/

- Example Programming
  - Simple ESP8266 program

```
/*
ESP8266 Blink by Simon Peter
*/
void setup() {
 pinMode(LED BUILTIN, OUTPUT); // Initialize the LED BUILTIN pin as an output
// the loop function runs over and over again forever
void loop() {
 digitalWrite(LED BUILTIN, LOW); // Turn the LED on by making the voltage LOW
 delay(1000);
                          // Wait for a second
 digitalWrite(LED BUILTIN, HIGH); // Turn the LED off by making the voltage HIGH
 delay(2000);
                          // Wait for two seconds (to demonstrate the active low LED)
```

- Example Programming
  - Simple ESP8266 program with networking

```
#include <ESP8266WiFi.h>
#include <WiFiClient.h>
#include <ESP8266WebServer.h>

const char* ssid = ".....";
const char* password = ".....";

ESP8266WebServer server(80);
const int led = 13;
```

- Example Programming
  - Simple ESP8266 program with networking

```
void handleRoot() {
  digitalWrite(led, 1);
  server.send(200, "text/plain", "hello from esp8266!");
  digitalWrite(led, 0);
}
```

- Example Programming
  - Simple ESP8266 program with networking

```
void handleNotFound(){
digitalWrite(led, 1);
String message = "File Not Found\n\n";
message += "URI: ";
message += server.uri();
message += "\n";
for (uint8_t i=0; i<server.args(); i++){
   message += " " + server.argName(i) + ": " + server.arg(i) + "\n";
}
server.send(404, "text/plain", message);
digitalWrite(led, 0);</pre>
```

- Example Programming
  - Simple ESP8266 program with networking

```
void setup(void){
  pinMode(led, OUTPUT);
  digitalWrite(led, 0);
  Serial.begin(115200);
  WiFi.begin(ssid, password);

// Wait for connection
  while (WiFi.status() != WL_CONNECTED) {
    delay(500);
    Serial.print(".");
}
```

- Example Programming
  - Simple ESP8266 program with networking

```
Serial.print("Connected to ");
 Serial.println(ssid);
 Serial.print("IP address: ");
 Serial.println(WiFi.localIP());
 server.on("/", handleRoot);
 server.on("/inline", [](){
  server.send(200, "text/plain", "this works as well");
});
 server.onNotFound(handleNotFound);
 server.begin();
 Serial.println("HTTP server started");
```

- Example Programming
  - Simple ESP8266 program with networking

```
void loop(void){
  server.handleClient();
}
```

- Other Resources
  - Arduino IDE https://www.arduino.cc/en/main/software
  - ESP8266 Arduino reference docs
    - https://github.com/esp8266/Arduino/tree/master/doc
  - Mosquitto MQTT broker https://mosquitto.org/download/
  - Node-RED flow manager https://nodered.org
  - General Esp8266 tutorials https://hackster.io
  - Google AIY Kit http://www.microcenter.com/product/483414/AIY\_Voice\_Kit

- Other Resources
  - YouTube videos
  - Node-Red MQTT on Raspberry Pi https://youtu.be/WxUTYzxIDns
  - Installing mosquitto https://youtu.be/Y-H6grpWdec
  - Videos showing combined data flows:
    - https://www.youtube.com/watch?v=QU24kMqpFdY
    - https://www.youtube.com/watch?v=YahFRqf-rFAO

- Other Resources
  - Some of the books available
    - ESP8266: Programming NodeMCU Using Arduino IDE Get Started With ESP8266 by UpSkill Learning
    - Building an IoT Node for less than 15 \$: NodeMCU & ESP8266 by Claus Kühnel
    - Learning ESP8266 Build the Internet of Things with the Arduino IDE and Raspberry Pi
      - Not yet released
    - Neil Kolban ebook
      - http://neilkolban.com/tech/esp8266/

- Summary
  - The price of MCU hardware with WIFI / Bluetooth makes this cost effective now
    - Esp8266
    - Esp32
  - The price of MPU (SBC) hardware makes it possible to keep your data contained with only going outside with specific data
    - Raspberry Pi
    - Beaglebone
  - Advances in software frameworks allows for limited programming experience needed
    - ESPeasy
    - Node-Red

- Summary
  - Advances in Home Automation Open Source Frameworks allow for complete home automation systems
    - Home Assistant
    - OpenHAB
  - Existing protocols are leveraged for their simplicity
    - MQTT
    - HTTP
- Our contact info
  - siehputz@gmail.com
  - https://github.com/siehputz/penguicon2018

