UNIVERSAL MEDICATION FORM

| Fold this form and keep it in yo | our wallet | Date form s | tarted: | | | |
|----------------------------------|-------------------------|---------------------------------|-----------|--|--|--|
| Name: | | Address: | | | | |
| Phone Number: | | | | | | |
| Birth Date: | | Medical Record #: | | | | |
| Emergency Contact/Phone numbers: | | | | | | |
| IMMUNIZATION RE | CORD (Record the | e date/year of last dose taken, | if known) | | | |
| TETANUS | FLU VACCINE(S) | | | | | |
| PNEUMONIA VACCINE | HEPATITIS VACCINE OTHER | | OTHER | | | |
| Allergic To /Describe Reaction: | | Allergic To /Describe Reaction: | | | | |
| | | | | | | |
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| | | | | | | |
| LIST ALL MEDICINES YOU ARE (| | • | | | | |

LIST ALL MEDICINES YOU ARE CURRENTLY TAKING: Prescription and over-the-counter medications (examples: aspirin, antacids) and herbals (examples: ginseng, gingko). Include medications taken as needed (example: nitroglycerin).

| DATE | NAME OF MEDICATION / DOSE | DIRECTIONS: Use patient friendly directions. (Do not use medical abbreviations.) | DATE STOPPED | Notes: Reason for taking / Doctor Name |
|------|---------------------------|----------------------------------------------------------------------------------|-----------------|-------------------------------------------------|
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Refer to back of form for directions, benefits of using the form, and how to get more copies.

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Patient:

- 1. **ALWAYS KEEP THIS FORM WITH YOU.** You may want to fold it and keep it in your wallet along with your driver's license. Then it will be available in case of an emergency.
- 2. Write down all of the medicines you are taking and list all of your allergies.
- 3. Take this form to ALL doctor visits, when you go for tests and ALL hospital visits.
- 4. WRITE DOWN ALL CHANGES MADE TO YOUR MEDICINES on this form. If you stop taking a certain medicine, draw a line through it and write the date it was stopped. If help is needed, ask your Doctor, Nurse, Pharmacist, or family member to help you to **keep it up-to-date.**
- 5. In the NOTES column, write down the name of the doctor who told you to take the medicine(s). You may also write down why you are taking the medicine (Examples: high blood pressure, high blood sugar, high cholesterol).
- 6. When you are discharged from the hospital, someone will talk with you about **WHICH MEDICINES TO TAKE AND WHICH MEDICINES TO STOP TAKING**. Since many changes are often made after a hospital stay, a new form should be filled out. When you return to your doctor, take your new form with you. This will keep everyone up-to-date on your medicines.

HOW DOES THIS FORM HELP YOU?

- 1. This form helps you and your family members remember all of the medicines you are taking.
- 2. Provides your doctor(s) and others with a **current list of ALL of your medicines**. Doctors need to know the herbals, vitamins, and over-the-counter medicines you take!
- 3. **Helps you**—concerns may be found and prevented by knowing what medicines you are taking.















For copies of the **UNIVERSAL MEDICATION FORM** visit the South Carolina Hospital Association web site at **www.scha.org**.