Here's why cats hate belly rubs so much

Notes & Cues: Article: WHY DOES MY CAT DRINK FROM THE FAUCET? Some cats find running water interesting, and prefer its taste to still water, according to Debra Zoran, an internal medicine specialist. It may also be that elevated areas, such as the kitchen sink, "make them feel safe, "Lena Provoost, an animal behaviorist, says by email. WHY DO SOME CATS DISLIKE BELLY RUBS? Hair follicles on the belly and tail area are hypersensitive to touch, so petting there can be overstimulating, Provoost says. "Cats prefer to be pet and scratched on the head, specifically under their chin and cheeks, "where they have scent glands, Provoost says. Rubbing their faces on fellow felines "allows them to mix their scent together, ultimately culminating in a 'colony scent' in order for them to recognize who belongs in their group." They greet us in the same way. Overall, "the best advice is to read your cats' body language," Provoost says. Zoran agrees, adding each cat is an individual with their own likes and dislikes, and they are "not afraid to tell us what they prefer." **Summary:**