

Get comfy! How curling up on the sofa became the height of fashion

Notes & Cues:	Article: <p>The onset of winter is enough to make even the most sociable of us want nothing more after work than a simple formula: sofa, sweatpants, and a series on the laptop. Guess what? That is not a cop-out this year. Sofa dressing is the off-duty look for 2018.</p> <p>The fashion site Man Repeller calls it “sleepleisure” and is in favour of it. So is the retailer Farfetch. “It’s a reflection of a big shift towards comfort,” says Celenie Seidel, Farfetch’s market editor. You could also credit Kendall Jenner and Rihanna, with their XXXXL hoodies, and Hailey Baldwin in a tracksuit at the airport.</p> <p>The move to reclaim comfort clothes for outside the home has been underway for ages. But now it is the clothes you reserve for a night in front of the box that are in the frame. You know the kind – the big T-shirt you have had for ages, teamed with leggings. The grey trackies and matching hoodie. The comfy nightdress you change into way before bedtime.</p> <p>This trend presents as the opposite of the perfectly tasteful, definitely-very-expensive loungewear of your best life as presented on Instagram. There is no need for perfectly groomed hair and makeup here. Instead, this is a situation for a topknot, no makeup, and a jade roller to hand.</p> <p>Right now, considering what you wear around only your inner circle feels more modern than dressing to impress strangers in a bar – and, let’s be honest, Instagram sneaks in here. Thanks to the bathroom selfie and #iwokeuplikethis humblebrags, nowhere is off-limits from the feed. As Man Repeller puts it: “Innerwear is outerwear because what we do inside is no longer private.”</p>
Summary:	