

To reduce travel stress, plan less

<p>Notes & Cues:</p>	<p>Article:</p> <p>You're on a beach. White sand surrounds you. A cool breeze gently passes over from the turquoise waters just beyond your feet. You sip your piña colada, moving aside the tiny umbrella.</p> <p>Or, you're on a beach. Every square inch is covered with people. Beyond the beach is a rock-laden sea with currents so strong it's impossible to safely swim.</p> <p>I'm sure you can imagine the disappointment, after planning a trip for months with the expectation of the first beach, you get the second. There is another way: Book only the first few days.</p> <p>Surprisingly, this method rarely leads to issues, though it does occasionally require flexibility. Perhaps the hostel is booked, the best flight is too expensive or there isn't space on the ferry. But if you don't have your heart set on a specific hotel or an exact flight, you'll be able to find options that are pretty close to your initial choices.</p> <p>On a two-week trip, book your first few days, and perhaps your last night. After those first days you'll have a much better idea of your location, what you want out of that location and maybe even find a better area or place to stay. For example, after four days at a horrifying resort, you may find the beach you really want is on the other side of the island.</p> <p>Relaxation and piña coladas await.</p>
<p>Summary:</p>	