

At 103, she just ran the 100-meter dash. It’s only the ’icing on the cake’ of her life.

<p>Notes & Cues:</p>	<p>Article:</p> <p>Two years ago, at the age of 101, Julia Hawkins set a record. A running record.</p> <p>She ran the 100-meter dash, finishing with a time of 39.62 seconds. They called her the "Hurricane."</p> <p>This week, at the age of 103, Hawkins returned to the track to run the 50- and 100-meter races in the National Senior Games in Albuquerque, New Mexico. She is believed to be the oldest woman to formally compete on an American track, according to the organization, which hosts the Olympic-style event for athletes 50 and older.</p> <p>There is admittedly little competition in the centenarian age group, and Hawkins was largely competing against herself. She finished the 100-meter dash about 6 seconds slower than her record time, but she was still pleased with the result. "I'm two years older, remember?"</p> <p>Hawkins got into running late in life, and it has become one of her many passions. "I went to running at 100. The first time I went to look at it and try, it was the 50-yard dash. It was fun and I fell in love with running.</p> <p>"I run on the street by my house, occasionally, not often. As I get older, I feel like I only have so many 100-yard dashes left, and I don't want to waste them in practice. Can you imagine that?"</p>
<p>Summary:</p>	