

# MM-LLMs: Recent Advances in MultiModal Large Language Models

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## Abstract

In the past year, MultiModal Large Language Models (MM-LLMs) have undergone substantial advancements, augmenting off-the-shelf LLMs to support MM inputs or outputs via cost-effective training strategies. The resulting models not only preserve the inherent reasoning and decision-making capabilities of LLMs but also empower a diverse range of MM tasks. In this paper, we provide a comprehensive survey aimed at facilitating further research of MM-LLMs. Initially, we outline general design formulations for model architecture and training pipeline. Subsequently, we introduce a taxonomy encompassing 122 MM-LLMs, each characterized by its specific formulations. Furthermore, we review the performance of selected MM-LLMs on mainstream benchmarks and summarize key training recipes to enhance the potency of MM-LLMs. Finally, we explore promising directions for MM-LLMs while concurrently maintaining a real-time tracking website<sup>1</sup> for the latest developments in the field. We hope that this survey contributes to the ongoing advancement of the MM-LLMs domain.

## 1 Introduction

MultiModal (MM) pre-training research has witnessed significant advancements in recent years, consistently pushing the performance boundaries across a spectrum of downstream tasks (Li et al., 2020; Akbari et al., 2021; Fang et al., 2021; Yan et al., 2021; Li et al., 2021; Radford et al., 2021; Li et al., 2022; Zellers et al., 2022; Zeng et al., 2022b; Yang et al., 2022; Wang et al., 2022a,b). However, as the scale of models and datasets continues to expand, traditional MM models incur substantial computational costs, particularly when trained from scratch. Recognizing that MM research operates at the intersection of various modalities, a

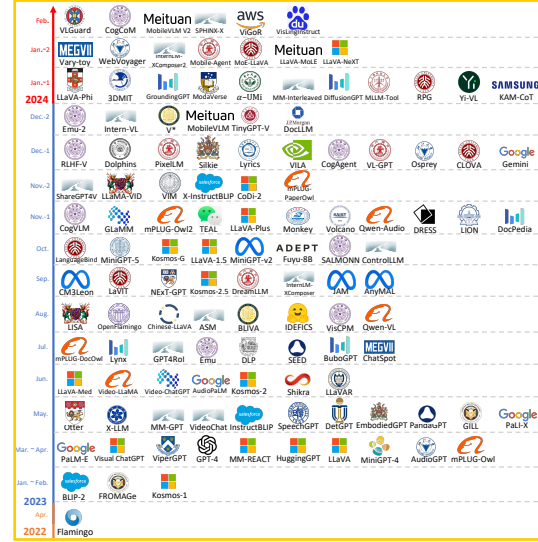


Figure 1: The timeline of MM-LLMs.

logical approach is to capitalize on readily available pre-trained unimodal foundation models, with a special emphasis on powerful Large Language Models (LLMs) (OpenAI, 2022). This strategy aims to mitigate computational expenses and enhance the efficacy of MM pre-training, leading to the emergence of a novel field: MM-LLMs.

MM-LLMs harness LLMs as the cognitive powerhouse to empower various MM tasks. LLMs contribute desirable properties like robust language generation, zero-shot transfer capabilities, and In-Context Learning (ICL). Concurrently, foundation models in other modalities provide high-quality representations. Considering foundation models from different modalities are individually pre-trained, the core challenge facing MM-LLMs is how to effectively connect LLMs with models in other modalities to enable collaborative inference. The predominant focus within this field has been on refining alignment between modalities and aligning with human intent via a MM Pre-Training (PT) + MM Instruction-Tuning (IT) pipeline.

With the debut of GPT-4(Vision) (OpenAI, 2023)

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<sup>1</sup><https://mm-llms.github.io>

and Gemini (Team et al., 2023), showcasing impressive MM understanding and generation capabilities, a research fervor on MM-LLMs has been sparked. Initial research primarily focuses on MM content comprehension and text generation, encompassing tasks such as image-text understanding, exemplified by projects like BLIP-2 (Li et al., 2023e), LLaVA (Liu et al., 2023e), MiniGPT-4 (Zhu et al., 2023a), and OpenFlamingo (Awadalla et al., 2023); video-text understanding, as demonstrated by initiatives such as VideoChat (Li et al., 2023f), Video-ChatGPT (Maaz et al., 2023), and LLaMA-VID (Li et al., 2023j); and audio-text understanding, as seen in projects like Qwen-Audio (Chu et al., 2023b). Later, the capabilities of MM-LLMs have been expanded to support specific modality outputs. This includes tasks with image-text output, such as GILL (Koh et al., 2023a), Kosmos-2 (Peng et al., 2023), Emu (Sun et al., 2024), and MiniGPT-5 (Zheng et al., 2023b); as well as speech/audio-text output, exemplified by projects like SpeechGPT (Zhang et al., 2023a) and AudioPaLM (Rubenstein et al., 2023). Recent research endeavors have focused on mimicking human-like any-to-any modality conversion, shedding light on the path to artificial general intelligence. Some efforts aim to amalgamate LLMs with external tools to reach an approaching any-to-any MM comprehension and generation, such as Visual-ChatGPT (Wu et al., 2023a), HuggingGPT (Shen et al., 2023), and AudioGPT (Huang et al., 2023b). Conversely, to mitigate propagated errors in the cascade system, initiatives like NEX-T-GPT (Wu et al., 2023d), CoDi-2 (Tang et al., 2023c), and ModaVerse (Wang et al., 2024c) have developed end-to-end MM-LLMs of arbitrary modalities. The timeline of MM-LLMs is depicted in Figure 1.

In this paper, we present a comprehensive survey aimed at facilitating further research of MM-LLMs. To provide readers with a holistic understanding of MM-LLMs, we initially delineate general design formulations from model architecture (Section 2) and training pipeline (Section 3). We break down the general model architecture into five components: Modality Encoder (Section 2.1), Input Projector (Section 2.2), LLM Backbone (Section 2.3), Output Projector (Section 2.4), and Modality Generator (Section 2.5). The training pipeline elucidates how to enhance a pre-trained text-only LLM to support MM input or output, primarily consisting of two stages: MM PT (Section 3.1) and MM IT (Section 3.2). In that section, we

also provide a summary of mainstream datasets for MM PT and MM IT. Next, we establish a taxonomy encompassing 122 State-of-the-Art (SOTA) MM-LLMs, each characterized by specific formulations, and summarize their development trends in Section 4. In Section 5, we comprehensively review the performance of major MM-LLMs on mainstream benchmarks and distill key training recipes to enhance the efficacy of MM-LLMs. In Section 6, we offer promising directions for MM-LLMs research. Moreover, we have established a website (<https://mm-llms.github.io>) to track the latest progress of MM-LLMs and facilitate crowdsourcing updates. Finally, we summarize the entire paper in Section 7 and discuss related surveys on MM-LLMs in Appendix A. We aspire for our survey to aid researchers in gaining a deeper understanding of this field and to inspire the design of more effective MM-LLMs.

## 2 Model Architecture

In this section, we provide a detailed overview of the five components comprising the general model architecture, along with the implementation choices for each component, as illustrated in Figure 2. MM-LLMs that emphasize MM understanding only include the first three components. During training, Modality Encoder, LLM Backbone, and Modality Generator are generally maintained in a frozen state. The primary optimization emphasis is on Input and Output Projectors. Given that Projectors are lightweight components, the proportion of trainable parameters in MM-LLMs is notably small compared to the total parameter count (typically around 2%). The overall parameter count is contingent on the scale of the core LLM utilized in the MM-LLMs. As a result, MM-LLMs can be efficiently trained to empower various MM tasks.

### 2.1 Modality Encoder

The Modality Encoder (ME) is tasked with encoding inputs from diverse modalities  $I_X$  to obtain corresponding features  $F_X$ , formulated as follows:

$$F_X = \text{ME}_X(I_X). \quad (1)$$

Various pre-trained encoder options  $\text{ME}_X$  exist for handling different modalities, where  $X$  can be image, video, audio, 3D, etc. Next, we will offer a concise introduction organized by modality.

**Visual Modality** For images, there are various optional encoders: **NFNet-F6** (Brock et al.,

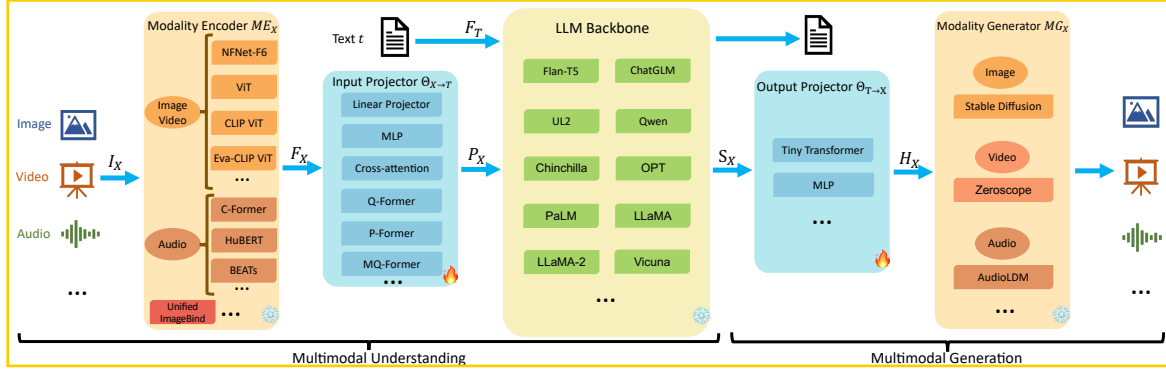


Figure 2: The general model architecture of MM-LLMs and the implementation choices for each component.

2021), **ViT** (Dosovitskiy et al., 2020), **CLIP ViT** (Radford et al., 2021), **Eva-CLIP ViT** (Fang et al., 2023), **BEiT-3** (Wang et al., 2023d), **Open-CLIP** (Cherti et al., 2023), **Grounding-DINO-T** (Zhang et al., 2022b) with Swin-T (Liu et al., 2021b) backbone, **DINOv2** (Oquab et al., 2023), **SAM-HQ** (Kirillov et al., 2023) with MAE (He et al., 2022), **RAM++** (Zhang et al., 2023i) with Swin-B backbone, **InternViT** (Chen et al., 2023j), and **VCoder** (Jain et al., 2023). For videos, they can be uniformly sampled to 5 frames, undergoing the same pre-processing as images.

**Audio Modality** is typically encoded by **C-Former** (Chen et al., 2023b), **HuBERT** (Hsu et al., 2021), **BEATs** (Chen et al., 2023g), **Whisper** (Radford et al., 2023), and **CLAP** (Wu et al., 2023e).

**3D Point Cloud Modality** is typically encoded by **ULIP-2** (Salesforce, 2022) with a Point-BERT (Yu et al., 2022) backbone.

Moreover, to handle numerous heterogeneous modal encoders, some MM-LLMs, particularly any-to-any ones, use **ImageBind** (Girdhar et al., 2023), a unified encoder covering six modalities, including image/video, text, audio, heat map, inertial measurement units, and depth. We provide a brief introduction to some mainstream modality encoders in Appendix B.

## 2.2 Input Projector

The Input Projector  $\Theta_{X \rightarrow T}$  is tasked with aligning the encoded features of other modalities  $F_X$  with the text feature space  $T$ . The aligned features as prompts  $P_X$  are then fed into the LLM Backbone alongside the textual features  $F_T$ . Given  $X$ -text dataset  $\{I_X, t\}$ , the goal is to minimize the  $X$ -conditioned text generation loss  $\mathcal{L}_{\text{txt-gen}}$ :

$$\arg \min_{\Theta_{X \rightarrow T}} \mathcal{L}_{\text{txt-gen}}(\text{LLM}(P_X, F_T), t), \quad (2)$$

where  $P_X = \Theta_{X \rightarrow T}(F_X)$ .

The Input Projector can be achieved directly by a **Linear Projector** or Multi-Layer Perceptron (MLP), *i.e.*, several linear projectors interleaved with non-linear activation functions. There are also more complex implementations like **Cross-attention**, **Q-Former** (Li et al., 2023e), **P-Former** (Jian et al., 2023), and **MQ-Former** (Lu et al., 2023a). **Cross-attention** (Perceiver Resampler) (Alayrac et al., 2022) uses a set of trainable vectors as queries and the encoded features  $F_X$  as keys to compress the feature sequence to a fixed length. The compressed representation is then fed directly into the LLM or further used for X-Text cross-attention fusion. **Q-Former** extracts relevant features from  $F_X$  with learnable queries, and the selected features are then used as prompts  $P_X$ . Meanwhile, **P-Former** generates "reference prompts", imposing an alignment constraint on the prompts produced by Q-Former. **MQ-Former** conducts a fine-grained alignment of multi-scale visual and textual signals. However, both Q-, P-, MQ-Former require an **additional PT** process for initialization.

## 2.3 LLM Backbone

Taking LLMs (Zhao et al., 2023c; Naveed et al., 2023; Luo et al., 2023) as the core agents, MM-LLMs can inherit some notable properties like zero-shot generalization, few-shot ICL, Chain-of-Thought (CoT), and instruction following. The LLM Backbone processes representations from various modalities, engaging in semantic understanding, reasoning, and decision-making regarding the inputs. It produces (1) direct textual outputs  $\hat{t}$  and (2) signal tokens  $S_X$  from other modalities (if any). These signal tokens act as instructions to guide the generator on whether to produce MM contents and,

if affirmative, specifying the content to produce:

$$t, S_X = \text{LLM}(P_X, F_T), \quad (3)$$

where the aligned representations of other modalities  $P_X$  can be considered as soft Prompt-tuning for the LLM. Moreover, some works have introduced Parameter-Efficient Fine-Tuning (PEFT) methods, such as Prefix-tuning (Li and Liang, 2021), LoRA (Hu et al., 2021), and LayerNorm tuning (Zhao et al., 2024). In these cases, the number of additional trainable parameters is exceptionally minimal, even less than 0.1% of the total LLM parameter count. We provide an introduction to mainstream PEFT methods in Appendix C.

The commonly used LLMs in MM-LLMs include **Flan-T5** (Chung et al., 2022), **ChatGLM** (Zeng et al., 2022a), **UL2** (Tay et al., 2022), **Persimmon** (Elsen et al., 2023), **Qwen** (Bai et al., 2023a), **Chinchilla** (Hoffmann et al., 2022), **OPT** (Zhang et al., 2022c), **PaLM** (Chowdhery et al., 2023), **LLaMA** (Touvron et al., 2023a), **LLaMA-2** (Touvron et al., 2023b), and **Vicuna** (Chiang et al., 2023). We provide a brief introduction to some representative LLMs in Appendix D.

## 2.4 Output Projector

The Output Projector  $\Theta_{T \rightarrow X}$  maps the signal to token representations  $S_X$  from the LLM Backbone into features  $H_X$  understandable to the following Modality Generator  $\text{MG}_X$ . Given the  $X$ -text dataset  $\{I_X, t\}$ ,  $t$  is first fed into LLM to generate the corresponding  $S_X$ , then mapped into  $H_X$ . To facilitate alignment of the mapped features  $H_X$ , the goal is to minimize the distance between  $H_X$  and the conditional text representations of  $\text{MG}_X$ :

$$\arg \min_{\Theta_{T \rightarrow X}} \mathcal{L}_{\text{mse}}(H_X, \tau_X(t)). \quad (4)$$

The optimization only relies on captioning texts, without utilizing any audio or visual resources  $X$ , where  $H_X = \Theta_{T \rightarrow X}(S_X)$  and  $\tau_X$  is the textual condition encoder in  $\text{MG}_X$ . The Output Projector is implemented by a **Tiny Transformer** with a learnable decoder feature sequence or **MLP**.

## 2.5 Modality Generator

The Modality Generator  $\text{MG}_X$  is tasked with producing outputs in distinct modalities. Commonly, existing works use off-the-shelf Latent Diffusion Models (LDMs) (Song et al., 2021; Bao et al., 2022; Zhao et al., 2022), i.e., **Stable Diffusion** (Rombach

et al., 2022) for image synthesis, **Zeroscope** (Cerspense, 2023) for video synthesis, and **AudioLDM-2** (Liu et al., 2023b,c) for audio synthesis. The features  $H_X$  mapped by the Output Projector serve as conditional inputs in the denoising process to generate MM content. During training, the ground truth content is first transformed into a latent feature  $z_0$  by the pre-trained VAE (Kingma and Welling, 2013). Then, noise  $\epsilon$  is added to  $z_0$  to obtain the noisy latent feature  $z_t$ . A pre-trained Unet (Ronneberger et al., 2015)  $\epsilon_X$  is used to compute the conditional LDM loss  $\mathcal{L}_{X\text{-gen}}$  as follows:

$$\mathcal{L}_{X\text{-gen}} := \mathbb{E}_{\epsilon \sim \mathcal{N}(0,1), t} \|\epsilon - \epsilon_X(z_t, t, H_X)\|_2^2, \quad (5)$$

which optimizes parameters  $\Theta_{X \rightarrow T}$  and  $\Theta_{T \rightarrow X}$  by minimizing  $\mathcal{L}_{X\text{-gen}}$ .

## 3 Training Pipeline

MM-LLMs' training pipeline can be delineated into two principal stages: MM PT and MM IT.

### 3.1 MM PT

During the PT stage, typically leveraging the  $X$ -Text datasets, Input and Output Projectors are trained to achieve alignment among various modalities by optimizing predefined objectives. For MM understanding models, optimization focuses solely on Equation (2), while for MM generation models, optimization involves Equations (2), (4), and (5). In the latter case, Equation (2) also includes the ground-truth signal token sequence.

The  $X$ -Text datasets include Image-Text, Video-Text, and Audio-Text, with Image-Text having two types: Image-Text pairs (e.g., **<img1>** **<txt1>**) and interleaved Image-Text corpus (e.g., **<txt1>** **<img1>** **<txt2>** **<img2>** **<txt3>** **<img2>** **<txt4>**). Details of  $X$ -Text datasets are shown in Table 3 of Appendix G.

### 3.2 MM IT

MM IT is a method that entails fine-tuning of pre-trained MM-LLMs using instruction-formatted datasets (Wei et al., 2021). Through this process, MM-LLMs can generalize to unseen tasks by adhering to new instructions, thereby enhancing zero-shot performance. This straightforward yet impactful concept has catalyzed subsequent success in the field of NLP, exemplified by works such as InstructGPT (Ouyang et al., 2022), OPT-IML (Iyer et al., 2022), and InstructBLIP (Dai et al., 2023).

MM IT comprises Supervised Fine-Tuning (SFT) and Reinforcement Learning from Human



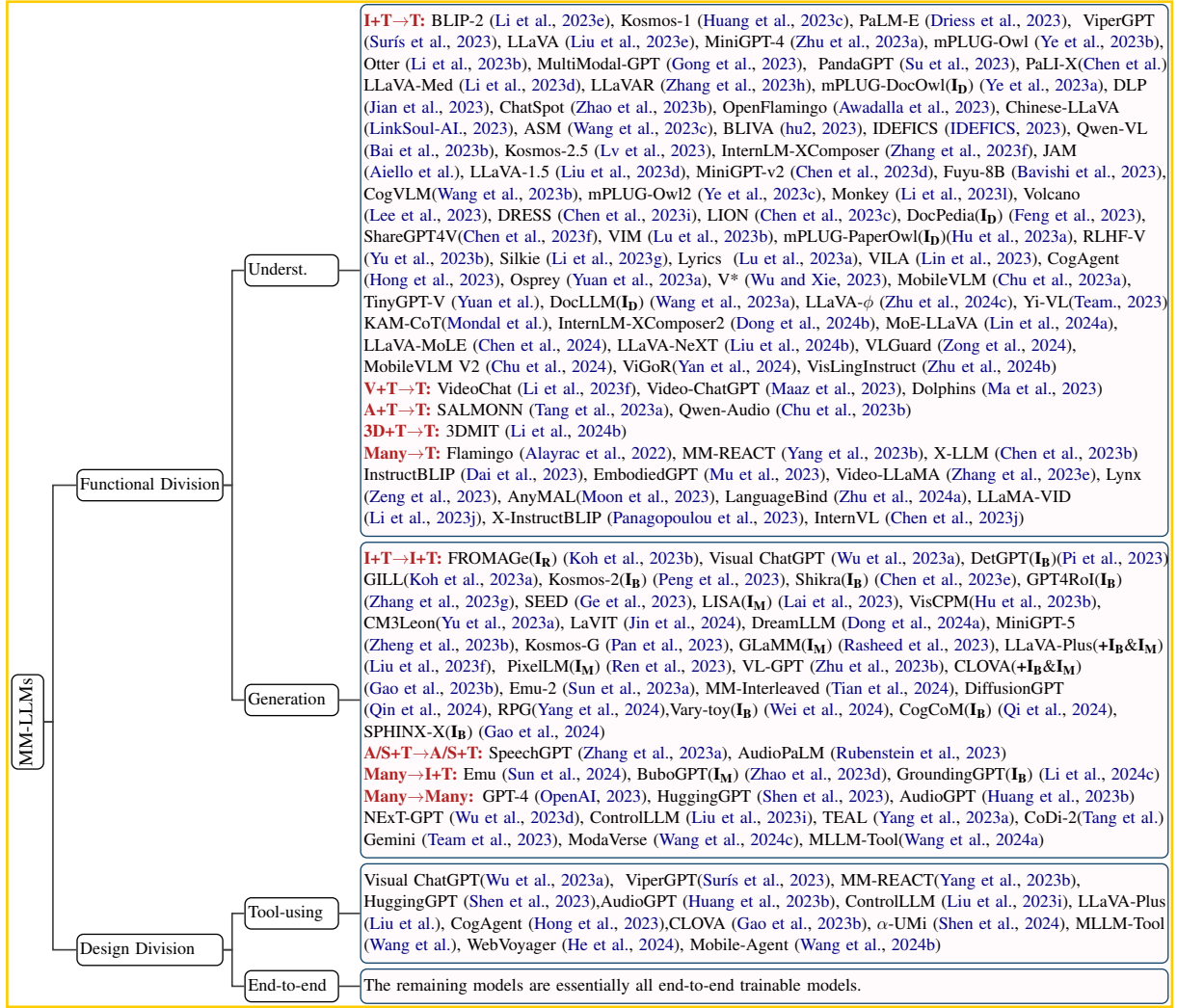


Figure 3: Taxonomy for MM-LLMs. I: Image. V: Video. A/S: Audio/Speech. and T: Text. I<sub>B</sub>: Document understanding, I<sub>B</sub>: Output bounding box, I<sub>M</sub>: Output segmentation mask, and I<sub>R</sub>: Output retrieved images.

Feedback (RLHF), aiming to align with human intents and enhance the interaction capabilities of MM-LLMs. SFT converts part of the PT stage data into an instruction-aware format. Using visual Question-Answer (QA) as an example, various templates may be employed like (1) "<Image>{Question}" A short answer to the question is; (2) "<Image>" Examine the image and respond to the following question with a brief answer: "{Question}. Answer:"; and so on. Next, it fine-tunes pre-trained MM-LLMs using the same optimization objectives. SFT datasets can be structured as either single-turn QA or multi-turn dialogues.

After SFT, RLHF involves further fine-tuning of the model, relying on feedback regarding the MM-LLMs' responses (e.g., Natural Language Feedback (NLF) labeled manually or automatically) (Sun et al., 2023b). This process employs a reinforcement learning algorithm to effectively

integrate the non-differentiable NLF. The model is trained to generate corresponding responses conditioned on the NLF (Chen et al., 2023i; Akyürek et al., 2023). The statistics for SFT and RLHF datasets are presented in Table 4 of Appendix G.

The datasets used by existing MM-LLMs in the MM PT and MM IT stages are diverse, but they are all subsets of the datasets in Tables 3 and 4.

#### 4 SOTA MM-LLMs

As shown in Figure 3, we classify the 122 SOTA MM-LLMs from both functional and design perspectives. In the design division, "Tool-using" denotes treating the LLM as black box and providing access to certain MM expert systems to perform specific MM tasks via reasoning, while "End-to-End" signifies that the entire model is trained jointly in an end-to-end manner. Based on the previously defined design formulations, we also

Model	I→O	Modality Encoder	Input Projector	LLM Backbone	Output Projector	Modality Generator	#PT	#IT
Flamingo	I+V→T	I/V: NFNet-F6	Cross-attention	Chinchilla-1.4B/7B/70B	—	—	—	—
BLIP-2	I+T→T	I: CLIP/Eva-CLIP ViT@224	Q-Former w/ Linear Projector	Flan-T5OPT	—	—	129M	—
LLaVA	I+T→T	I: CLIP ViT-L/14	Linear Projector	Vicuna-7B/13B	—	—	—	—
MiniGPT-4	I+T→T	I: Eva-CLIP ViT-G/14	Q-Former w/ Linear Projector	Vicuna-13B	—	—	—	—
mPLUG-Owl	I+T→T	I: CLIP ViT-L/14	Cross-attention	LLaMA-7B	—	—	—	—
Otter	I+T→T	I: CLIP ViT-L/14	Cross-attention	LLaMA-7B	—	—	—	—
XLLM	I+V+A+T→T	I/V: ViT-G; A: C-Former	Q-Former w/ Linear Projector	ChatGLM-6B	—	—	—	—
VideoChat	V→T	I: ViT-G	Q-Former w/ Linear Projector	Vicuna	—	—	—	—
InstructBLIP	I+V+T→T	I/V: ViT-G/14@224	Q-Former w/ Linear Projector	Flan-T5/Vicuna	—	—	129M	1.2M
PandaGPT	I+T→T	I: ImageBind	Linear Projector	Vicuna-13B	—	—	—	—
GILL	I+T→T	I: CLIP ViT-L	Linear Projector	OPT-6.7B	Tiny Transformer	I: Stable Diffusion-1.5	—	—
Pal-LX	I+T→T	I: ViT	Linear Projector	UI2-32B	—	—	—	—
Video-LLaMA	I+V+A+T→T	I/V: Eva-CLIP ViT-G/14; A: ImageBind	Q-Former w/ Linear Projector	Vicuna/LLaMA	—	—	—	—
Video-ChatGPT	V→T	I: CLIP ViT-L/14	Linear Projector	Vicuna-v1.1	—	—	—	—
Shikra	I+T→T+I <sub>0</sub>	I: CLIP ViT-L/14@224	Linear Projector	Vicuna-7B/13B	—	—	600K	5.5M
LLaVAR	I+T→T	I: CLIP ViT-L/14@224 & CLIP ViT-L/14@336	Linear Projector	Vicuna-13B	—	—	—	—
mPLUG-DocOwl	I+T→T	I: CLIP ViT-L/14	Cross-attention	LLaMA-7B	—	—	—	—
Lynx	I+V+T→T	I/V: Eva-CLIP ViT-IB	Cross-attention	Vicuna	—	—	—	—
Emu	I+V+T→I+T	I/V: Eva-CLIP-IB	Cross-attention	LLaMA-13B	MLP	I: Stable Diffusion-1.5	—	—
DLP	I+T→T	I: CLIP/Eva-CLIP ViT	Q-Former+P-Former w/ Linear Projector	OPT/Flan-T5	—	—	—	—
BubbGPT	I+A+T→T+I <sub>0</sub>	I: CLIP/Eva-CLIP ViT; A: ImageBind	Q-Former w/ Linear Projector	Vicuna	—	—	—	—
ChatSpot	I+T→T	I: CLIP ViT-L/14	Linear Projector	Vicuna-7B/LLaMA	—	—	—	—
IDEFICS	I+T→T	I: OpenCLIP	Cross-attention	LLaMA	—	—	—	—
Qwen-VL (Chat)	I+T→T	I: ViT@448 initialized from OpenCLIP's ViT-bigG	Cross-attention	Qwen-7B	—	—	1.4B <sup>†</sup>	50M <sup>†</sup>
LaViT	I+T→I+T	I: ViT	Cross-attention	LLaMA-7B	—	I: Stable Diffusion	—	—
NExT-GPT	I+V+A+T→I+V+A+T	I/V/A: ImageBind	Cross-attention	Vicuna-7B	Tiny Transformer	I: Stable Diffusion; V: Zeroscope; A: AudioLDM	—	—
DreamLLM	I+T→I+T	I: CLIP ViT-L	Linear Projector	Vicuna	MLP	I: Stable Diffusion	—	—
AnyMAL	I+V+A+T→T	I: CLIP ViT/L & ViT-G & DinoV2; V: VideoVox; A: CLAP	I/V: Cross-attention; A: Linear Projector	LLaMA-2	—	—	—	—
MiniGPT-5	I+T→I+T	I: Eva-CLIP ViT-G/14	Q-Former w/ Linear Projector	Vicuna-7B	Tiny Transformer w/ MLP	I: StableDiffusion-2	—	—
LLaVA-1.5	I+T→T	I: CLIP ViT-L@336	MLP	Vicuna-v1.5-7B/13B	—	—	0.6M	0.7M
MiniGPT-v2	I+T→T	I: Eva-CLIP ViT@448	Linear Projector	LLaMA-2-Chat-7B	—	—	—	—
CogVLM	I+T→T	I: Eva-2-CLIP ViT	MLP	Vicuna-v1.5-7B	—	—	—	—
Qwen-Audio	A→T	A: Whisper-L-v2	Linear Projector	Qwen-7B	—	—	—	—
DRESS	I+T→T	I: Eva-CLIP ViT-G/14	Linear Projector	Vicuna-v1.5-13B	—	—	—	—
X-InstructBLIP	I+V+A+3D+T→T	I/V: Eva-CLIP ViT-G/14; A: BEiT3; 3D: ULIP-2	Q-Former w/ Linear Projector	Vicuna-v1.7-7B/13B	—	—	—	—
CoDi-2	I+V+A+T→I+V+A+T	I/V/A: ImageBind	MLP	LLaMA-2-Chat-7B	MLP	I: Stable Diffusion-2.1; V: Zeroscope-v2; A: AudioLDM-2	—	—
RLHF-V	I+T→T	I: BEiT-3	Linear Projector	Vicuna-v1-13B	—	—	—	—
Silkie	I+T→T	I: ViT initialized from OpenCLIP's ViT-bigG	Cross-attention	Qwen-7B	—	—	—	—
Lyrics	I+T→T	I: CLIP ViT-L/14 & Grounding-DINO-T w/ Swin-T & SAM-HQ w/ MAE & ViT-F & RAM++ w/ Swin-B	MQ-Former w/ Linear Projection	Vicuna-13B	—	—	—	—
VILA	I+T→T	I: ViT@336	Linear Projector	LLaMA-2-7B/13B	—	—	50M	1M
IntenVL	I+V+T→T	I/V: InternViT-6B; T: LLaMA-7B	Cross-attention w/ MLP	QLLaMA-8B & Vicuna-13B	—	—	—	—
ModaVerse	I+V+A+T→I+V+A+T	ImageBind	Linear Projector	LLaMA-2	MLP	I: Stable Diffusion; V: VideoFusion; A: AudioLDM	—	—
MM-Interleave	I+T→I+T	I: CLIP ViT-L/14	Cross-attention	Vicuna-13B	Tiny Transformer	I: Stable Diffusion-2.1	—	—

Table 1: The summary of 43 mainstream MM-LLMs. I→O: Input to Output Modalities, I: Image, V: Video, A: Audio, 3D: Point Cloud, and T: Text. In Modality Encoder, “-L” represents Large, “-G” represents Giant, “/14” indicates a patch size of 14, and “@224” signifies an image resolution of  $224 \times 224$ . #PT and #IT represent the scale of dataset during MM PT and MM IT, respectively. <sup>†</sup> includes in-house data that is not publicly accessible.

conduct a comprehensive comparison of the architectures and training dataset scales for 43 of these SOTA MM-LLMs, as illustrated in Table 1. Next, we will summarize their developmental trends and briefly introduce the core contributions of some representative models in Appendix E.

**Trends in Existing MM-LLMs:** (1) Progressing from a dedicated emphasis on MM understanding to the generation of specific modalities and further evolving into any-to-any modality conversion (e.g., MiniGPT-4 → MiniGPT-5 → NExT-GPT); (2) Advancing from MM PT to SFT and then to RLHF, the training pipeline undergoes continuous refinement, striving to better align with human intent and enhance the model’s conversational interaction capabilities (e.g., BLIP-2 → InstructBLIP → DRESS); (3) Embracing Diversified Modal Extensions (e.g., BLIP-2 → X-LLM and InstructBLIP → X-InstructBLIP); (4) Incorporating a Higher-Quality Training Dataset (e.g., LLaVA → LLaVA-1.5); (5) Adopting a More Efficient Model Architecture, transitioning from complex Q- and P-Former input projector modules in BLIP-2 and DLP to a simpler yet effective linear projector in VILA.

## 5 Benchmarks and Performance

To offer a comprehensive performance comparison, we have compiled a table featuring major MM-LLMs across 18 Vision-Language (VL) bench-

marks gathered from various papers (Li et al., 2023e; Chen et al., 2023d,f; Lin et al., 2023), shown in Table 2. The information of these benchmarks can be found in Appendix F. Next, we will extract training recipes that boost the effectiveness of MM-LLMs, drawing insights from SOTA models.

**Training Recipes** Firstly, higher image resolution can incorporate more visual details for the model, benefiting tasks that require fine-grained details. For example, LLaVA-1.5 and VILA employ a resolution of  $336 \times 336$ , while Qwen-VL and MiniGPT-v2 utilize  $448 \times 448$ . However, higher resolutions lead to longer token sequences, incurring additional training and inference costs. MiniGPT-v2 addresses this by concatenating 4 adjacent visual tokens in the embedding space to reduce length. Recently, Monkey (Li et al., 2023l) proposed a solution to enhance the resolution of input images without retraining a high-resolution visual encoder, utilizing only a low-resolution visual encoder, supporting resolutions up to  $1300 \times 800$ . To enhance the understanding of rich-text images, tables, and document content, DocPedia (Feng et al., 2023) introduced a method to increase the visual encoder resolution to  $2560 \times 2560$ , overcoming the limitations of poorly performing low resolutions in open-sourced ViT. Secondly, the incorporation of high-quality SFT data can significantly improve performance in specific tasks, as evidenced

Model	LLM Backbone	OKVQA	IconVQA	VQA <sup>v2</sup>	GQA	VizWiz	SQA <sup>1</sup>	VQA <sup>†</sup>	POPE	MME <sup>P</sup>	MME <sup>C</sup>	MMB	MMB <sup>CN</sup>	SEED <sup>1</sup>	LLaVA <sup>W</sup>	MM-Vet	QBench	HM	VSR
Flamingo	Chinchilla-7B	44.7	—	—	—	28.8	—	—	—	—	—	—	—	—	—	—	—	57.0	31.8
BLIP-2	Flan-T5 <sub>XXL</sub> (13B)	45.9	40.6	65.0	44.7	19.6	61.0	42.5	85.3	1293.8	290.0	—	—	46.4	38.1	22.4	—	53.7	50.9
LLaVA	Vicuna-13B	54.4	43.0	—	41.3	—	—	38.9	—	—	—	—	—	—	—	—	—	—	51.2
MiniGPT-4	Vicuna-13B	37.5	37.6	—	30.8	—	—	19.4	—	—	—	—	—	—	—	—	—	—	41.6
InstructBLIP	Vicuna-7B	—	—	—	49.2	34.5	60.5	50.1	—	—	—	36.0	23.7	53.4	60.9	26.2	56.7	—	—
InstructBLIP	Vicuna-13B	—	44.8	—	49.5	33.4	63.1	50.7	78.9	1212.8	291.8	—	—	—	58.2	25.6	—	57.5	52.1
Shikra	Vicuna-13B	47.2	—	77.4 <sup>*</sup>	—	—	—	—	—	—	—	58.8	—	—	—	—	54.7	—	—
IDEFICS-9B	LLaMA-7B	—	—	50.9	38.4	35.5	—	25.9	—	—	—	48.2	25.2	—	—	—	—	—	—
IDEFICS-80B	LLaMA-65B	—	—	60.0	45.2	36.0	—	30.9	—	—	—	54.5	38.1	—	—	—	—	—	—
Qwen-VL	Qwen-7B	—	—	78.8 <sup>*</sup>	59.3 <sup>*</sup>	35.2	67.1	63.8	—	—	—	38.2	7.4	56.3	—	—	59.4	—	—
Qwen-VL-Chat	Qwen-7B	—	—	78.2 <sup>*</sup>	57.5 <sup>*</sup>	38.9	68.2	61.5	—	1487.5	360.7	60.6	56.7	58.2	—	—	—	—	—
LLaVA-1.5	Vicuna-1.5-7B	—	—	78.5 <sup>*</sup>	62.0 <sup>*</sup>	50.0	66.8	58.2	85.9	1510.7	316.1 <sup>†</sup>	64.3	58.3	58.6	63.4	30.5	58.7	—	—
+ShareGPT4V	Vicuna-1.5-7B	—	—	80.6 <sup>*</sup>	—	57.2	68.4	—	—	1567.4	376.4	68.8	62.2	69.7	72.6	37.6	63.4	—	—
LLaVA-1.5	Vicuna-1.5-13B	—	—	80.0 <sup>*</sup>	63.3 <sup>*</sup>	53.6	71.6	61.3	85.9	1531.3	295.4 <sup>†</sup>	67.7	63.6	61.6	70.7	35.4	62.1	—	—
MiniGPT-v2	LLaMA-2-Chat-7B	56.9	47.7	—	60.3	30.3	—	51.9	—	—	—	—	—	—	—	—	—	58.2	60.6
MiniGPT-v2-Chat	LLaMA-2-Chat-7B	55.9	49.4	—	58.8	42.4	—	52.3	—	—	—	—	—	—	—	—	—	59.5	63.3
VILA-7B	LLaMA-2-Chat-7B	—	—	79.9 <sup>*</sup>	62.3 <sup>*</sup>	57.8	68.2	64.4	85.5	1533.0	—	68.9	61.7	61.1	69.7	34.9	—	—	—
VILA-13B	LLaMA-2-13B	—	—	80.8 <sup>*</sup>	63.3 <sup>*</sup>	60.6	73.7	66.6	84.2	1570.1	—	70.3	64.3	62.8	73.0	38.8	—	—	—
+ShareGPT4V	LLaMA-2-13B	—	—	80.6 <sup>*</sup>	63.2 <sup>*</sup>	62.4	73.1	65.3	84.8	1556.5	—	70.8	65.4	61.4	78.4	45.7	—	—	—

Table 2: Comparison of mainstream MM-LLMs on 18 VL benchmarks. The red denotes the highest result, and the blue denotes the second highest result. <sup>†</sup> indicates ShareGPT4V’s (Chen et al., 2023f) re-implemented test results, which are missed in benchmarks or origin papers. \* indicates that training images are observed during training.

by the addition of ShareGPT4V data to LLaVA-1.5 and VILA-13B, as shown in Table 2. Moreover, VILA reveals several key findings: (1) Performing PEFT on the LLM Backbone promotes deep embedding alignment, crucial for ICL; (2) Interleaved Image-Text data proves beneficial, whereas Image-Text pairs alone are sub-optimal; (3) Re-blending text-only instruction data (e.g., unnatural instruction (Honovich et al., 2022)) with image-text data during SFT not only addresses the degradation of text-only tasks but also enhances VL task accuracy.

## 6 Future Directions

In this section, we explore promising future directions for MM-LLMs across the following aspects:

**More Powerful Models** We can enhance the MM-LLMs’ strength from the following four key avenues: (1) **Expanding Modalities**: Current MM-LLMs mainly support the following modalities: image, video, audio, 3D, and text. However, the real world involves a broader range of modalities. Extending MM-LLMs to accommodate additional modalities (e.g., web pages, heat maps, and figures&tables) will increase the model’s versatility, making it more universally applicable; (2) **Diversifying LLMs**: Incorporating various types and sizes of LLMs provides practitioners with the flexibility to select the most appropriate one based on their specific requirements; (3) **Improving MM IT Dataset Quality**: Current MM IT datasets have ample room for improvement and expansion. Diversifying the range of instructions can enhance the effectiveness of MM-LLMs in understanding and executing user commands; (4) **Strengthening MM Generation Capabilities**: Most current MM-LLMs are predominantly oriented towards MM understanding. Although some models have incor-

porated MM generation capabilities, the quality of generated responses may be constrained by the capacities of the LDMs. Exploring the integration of retrieval-based approaches (Asai et al., 2023; Gao et al., 2023a) holds significant promise in complementing the generative process, potentially enhancing the overall performance of the model.

**More Challenging Benchmarks** Existing benchmarks might not adequately challenge the capabilities of MM-LLMs, given that many datasets have previously appeared to varying degrees in the PT or IT sets. This implies that the models may have learned these tasks during training. Moreover, current benchmarks predominantly concentrate on the VL sub-field. Thus, it is crucial for the development of MM-LLMs to construct a more challenging, larger-scale benchmark that includes more modalities and uses a unified evaluation standard. For instance, GOAT-Bench (Lin et al., 2024b) is introduced to assess the capability of various MM-LLMs in discerning and responding to nuanced aspects of social abuse depicted in memes. MathVista (Lu et al., 2024) evaluates the math reasoning ability of MM-LLMs within visual contexts. Moreover, MMMU (Yue et al., 2023) and CMMMU (Zhang et al., 2024) have respectively introduced English and Chinese versions of the massive multi-discipline MM understanding and reasoning benchmark for expert artificial general intelligence. Fan et al. have also challenged MM-LLMs with multipanel VQA. BenchLMM (Cai et al., 2023) benchmarks the cross-style visual capability of MM-LLMs. Additionally, Liu et al. have conducted an in-depth study on the optical character recognition capabilities of MM-LLMs.

**Mobile/Lightweight Deployment** To deploy MM-LLMs on resource-constrained platforms and

achieve optimal performance meanwhile, such as low-power mobile and IoT devices, lightweight implementations are of paramount importance. A notable advancement in this realm is MobileVLM (Chu et al., 2023a). This approach strategically downscales LLaMA, allowing for seamless off-the-shelf deployment. MobileVLM further introduces a lightweight downsample projector, consisting of fewer than 20 million parameters, contributing to improved computational speed. Recently, there have been many similar studies on lightweighting MM-LLMs, achieving efficient computation and inference with comparable performance or minimal loss, including TinyGPT-V (Yuan et al., 2023b), Vary-toy (Wei et al., 2024), Mobile-Agent (Wang et al., 2024b), MoE-LLaVA (Lin et al., 2024a), and MobileVLM V2 (Chu et al., 2024). Nevertheless, this avenue necessitates additional exploration for further advancements in development.

**Embodied Intelligence** The embodied intelligence aims to replicate human-like perception and interaction with the surroundings by effectively understanding the environment, recognizing pertinent objects, assessing their spatial relationships, and devising a comprehensive task plan (Firoozi et al., 2023). Embodied AI tasks, such as embodied planning, embodied visual question answering, and embodied control, equip robots to autonomously implement extended plans by leveraging real-time observations. Some typical works in this area are PaLM-E (Driess et al., 2023) and EmbodiedGPT (Mu et al., 2023). PaLM-E introduces a multi-embodiment agent through the training of a MM-LLM. Beyond functioning solely as an embodied decision maker, PaLM-E also demonstrates proficiency in handling general VL tasks. EmbodiedGPT introduces an economically efficient method characterized by a CoT approach, enhancing the capability of embodied agents to engage with the real world and establishing a closed loop that connects high-level planning with low-level control. While MM-LLM-based Embodied Intelligence has made advancements in integrating with robots, further exploration is needed to enhance the autonomy of robots.

**Continual Learning** Due to the large training costs associated with their massive scale, MM-LLMs are not amenable to frequent re-training. However, updates are necessary to endow MM-LLMs with new skills and keep them up-to-date

with rapidly evolving human knowledge (Wu et al., 2024). Thus, Continual Learning (CL) is needed to make the model flexible enough to efficiently and continually leverage emerging data while avoiding the substantial cost of retraining MM-LLMs. CL for MM-LLMs can be classified into two stages: continual PT and continual IT. Recently, a continual MM IT benchmark has been proposed to continuously fine-tune MM-LLMs for new MM tasks while maintaining superior performance on tasks learned during the original MM IT stage (He et al., 2023). It introduces two primary challenges: (1) catastrophic forgetting, where models forget previous knowledge when learning new tasks (Robins, 1995; McCloskey and Cohen, 1989; Goodfellow et al., 2013; Zhang et al., 2023d,c,b; Zheng et al., 2023a), and (2) negative forward transfer, indicating that the performance of unseen tasks declines when learning new ones (Zheng et al., 2024).

**Mitigating Hallucination** Hallucinations entail generating textual descriptions of nonexistent objects without visual cues, which manifest in diverse categories (Liu et al., 2024a) such as misjudgments and inaccuracies in descriptions. The origins of these hallucinations are multifaceted (Liu et al., 2024a), including biases and annotation errors in training data. Additionally, Skip[ $n$ ] (Han et al., 2024) highlights semantic drift biases associated with paragraph separators, which can induce hallucinations when deliberately inserted. Current methods to mitigate these hallucinations involve leveraging self-feedback as visual cues (Lee et al., 2023). However, challenges persist, necessitating nuanced discernment between accurate and hallucinatory outputs, as well as advancements in training methodologies to enhance output reliability.

## 7 Conclusion

In this paper, we have presented a comprehensive survey of MM-LLMs with a focus on recent advancements. Initially, we categorize the model architecture into five components, providing a detailed overview of general design formulations and training pipelines. Subsequently, we introduce various SOTA MM-LLMs, each distinguished by its specific formulations. Our survey also sheds light on their capabilities across diverse MM benchmarks and envisions future developments in this rapidly evolving field. We hope this survey can provide insights for researchers, contributing to the ongoing advancements in the MM-LLMs domain.



## Limitations

In this paper, we embark on a comprehensive exploration of the current MM-LLMs landscape, presenting a synthesis from diverse perspectives enriched by our insights. Acknowledging the dynamic nature of this field, it is plausible that certain aspects may have eluded our scrutiny, and recent advances might not be entirely encapsulated. To tackle this inherent challenge, we've established a dedicated website for real-time tracking, using crowdsourcing to capture the latest advancements. Our goal is for this platform to evolve into a continuous source of contributions propelling ongoing development in the field. Given the constraints of page limits, we are unable to delve into all technical details and have provided concise overviews of the core contributions of mainstream MM-LLMs. Looking ahead, we commit to vigilant monitoring and continual enhancement of relevant details on our website, incorporating fresh insights as they emerge.

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## A Related Surveys

Prior to the emergence of LLMs, several surveys on traditional MM PT have been conducted (Ruan and Jin, 2022; Du et al., 2022a; Long et al., 2022; Chen et al., 2023a). Most of these models entail a substantial computational cost during the PT phase, attributable to end-to-end training using large-scale models and datasets. As a consequence of not incorporating LLMs, these models suffer from deficiencies in instruction following, ICL, CoT, and interactive capabilities. Moreover, the training pipeline solely encompasses the PT phase without the inclusion of an IT stage.

In recent times, several surveys have emerged on MM-LLMs. Yin et al. and Wu et al. exclusively delve into early VL understanding models. Huang et al. place a primary emphasis on visual IT, while Song et al. focus on modal alignment methods. Lastly, Cui et al. provide a comprehensive review of the applications of MM-LLMs within the realm of autonomous driving.

Compared with their works, the main distinctions are outlined as follows:

- We have comprehensively covered nearly all MM-LLMs over the past year, totaling around 120 or more, including not only understanding models but also generative models. Our coverage extends beyond VL modalities to encompass various modes such as audio and 3D point cloud;
- To offer readers a comprehensive understanding of MM-LLMs, we have introduced a general model architecture that incorporates any-to-any modality transformations, offering a detailed overview of the functional roles and implementation choices for each component;
- We have summarized the developmental trends of existing MM-LLMs and provided some training recipes that can enhance effectiveness;
- We have established an open-source website for MM-LLMs researchers, supporting crowd-sourced updates and aiming to facilitate collaboration in the MM-LLMs field. We anticipate that this survey will illuminate future research in the MM-LLMs domain.

## B Modality Encoder

In the following, we provide a brief introduction to some mainstream modality encoders.

### B.1 Visual Modality

**NFNet-F6** (Brock et al., 2021) is a normalizer-free ResNet (He et al., 2016), showcasing an adaptive gradient clipping that allows training on extensively augmented datasets while achieving SOTA levels of image recognition.

**ViT** (Dosovitskiy et al., 2020) applies the Transformer (Vaswani et al., 2017) to images by first dividing the image into patches. It then undergoes linear projection to flatten the patches, followed by encoding via Transformer blocks.

**CLIP ViT** (Radford et al., 2021) builds connections between text and images, comprising a ViT and a text encoder. With a vast amount of text-image pairs, it optimizes ViT by contrastive learning, treating paired text and images as positive samples and others as negative ones.

**Eva-CLIP ViT** (Fang et al., 2023) stabilizes the training and optimization process of the massive CLIP, offering new directions in expanding and accelerating the expensive training of MM base models.

### B.2 Audio Modality

**C-Former** (Chen et al., 2023b) employs the CIF (Dong and Xu, 2020; Zhang et al., 2022a; Han et al., 2022, 2023) for sequence transduction and a Transformer to extract audio features.

**HuBERT** (Hsu et al., 2021) is a self-supervised speech representation learning framework based on BERT (Kenton and Toutanova, 2019), achieved by the masked prediction of discrete hidden units. It has the capability to convert continuous speech signals into a sequence of discrete units.

**BEATs** (Chen et al., 2023g) is an iterative audio pre-training framework designed to learn Bidirectional Encoder representations from Audio Transformers.

## C Mainstream PEFT Methods

PEFT entails maintaining the pre-trained LLM in a frozen state while adjusting a small number of additional trainable parameters. In the following section, we revisit several representative PEFT methods, where  $x$  and  $h$  represent the input and output

of the original module, and  $h'$  signifies the output of this module when attached with PEFT.

**Prefix-tuning** (Li and Liang, 2021; Lester et al., 2021) involves the addition of learnable tokens to the keys and values of the attention module. This process is formulated as follows:

$$h' = \text{Attn}(\mathbf{x}\mathbf{W}_q, [\mathbf{P}_k, \mathbf{x}\mathbf{W}_k], [\mathbf{P}_v, \mathbf{x}\mathbf{W}_v]), \quad (6)$$

with  $\mathbf{P}_k, \mathbf{P}_v \in \mathbb{R}^{l \times d}$  representing two sets of prefix tokens.  $[\cdot, \cdot]$  denotes concatenation, and  $\text{Attn}$  is defined as:

$$\text{Attn}(\mathbf{Q}, \mathbf{K}, \mathbf{V}) := \text{softmax}\left(\frac{\mathbf{Q}\mathbf{K}^T}{\sqrt{d}}\right) \mathbf{V}.$$

**Adapter** (Houlsby et al., 2019; He et al., 2021; Rebuffi et al., 2017; Zhang et al., 2020) is typically a residual block consisting of a down-projection matrix  $\mathbf{A}$ , a nonlinear activation function  $\sigma(\cdot)$ , and an up-projection matrix  $\mathbf{B}$ . It can be inserted into any layer of the pre-trained LLM, formulated as follows:

$$h' = h + \sigma(\mathbf{x}\mathbf{A})\mathbf{B}. \quad (7)$$

**LoRA** (Hu et al., 2021) is the most commonly used PEFT method. It assumes that the change in parameters occurs within a low-rank space. Given a pre-trained matrix  $\mathbf{W} \in \mathbb{R}^{c \times d}$ , LoRA learns an incremental update  $\Delta\mathbf{W}$  and decomposes  $\Delta\mathbf{W}$  into a matrix multiplication between two low-rank matrices  $\mathbf{A} \in \mathbb{R}^{c \times r}$  and  $\mathbf{B} \in \mathbb{R}^{r \times d}$ , where  $r \ll \min(c, d)$ . LoRA follows the forward process as outlined below:

$$h = \mathbf{W}\mathbf{x} + \Delta\mathbf{W}\mathbf{x} = \mathbf{W}\mathbf{x} + \mathbf{A}\mathbf{B}\mathbf{x}. \quad (8)$$

**QLoRA** (Dettmers et al., 2023) is a quantized LoRA. The underlying principle of QLoRA includes the quantization of pre-trained weights to 4 bits, followed by the execution of PEFT using LoRA.

**LayerNorm tuning** (Zhao et al., 2024) presents an efficient strategy to transform LLMs into MM-LLMs, which tunes LayerNorm in attention block yielding strong MM performance compared with full parameter finetuning or LoRA.

In addition to the aforementioned PEFT methods, there are several others, including P-tuning (Liu et al., 2022), P-tuning v2 (Liu et al., 2021a), Adapt-Bias (Fu et al., 2022), Compacter (Karimi Mahabadi et al., 2021), AdapterFormer (Chen et al., 2022a), XTuner (Contributors, 2023), P-LoRA (Dong et al., 2024b), MoLE (Chen et al., 2024), and Delta-LoRA (Zi et al., 2023).

## D Representative LLMs

The representative LLM Backbones in existing MM-LLMs research are as follows:

**Flan-T5** (Chung et al., 2022) investigates IT for T5 (Raffel et al., 2020), an encoder-decoder architecture using unified text-to-text training for all natural language processing issues, exhibiting robust zero-shot and CoT capabilities.

**ChatGLM** is a Chinese-English bilingual dialogue model,<sup>2</sup> optimized by an auto-regressive mask infilling objective. It is based on the GLM (Du et al., 2022b; Zeng et al., 2022a) architecture, optimized for Chinese question answering and dialogues.

**InternLM** (Team, 2023) is a multilingual trillion-parameter foundation model trained on over a trillion tokens of data. Based on this foundation, the model utilizes high-quality human-annotated dialogue data combined with RLHF to respond to complex instructions during human interactions, exhibiting responses that align with human ethics and values.

**UL2** (Tay et al., 2022) is an encoder-decoder model trained utilizing a mixture of denoisers objectives, surpassing T5 on numerous benchmarks.

**Qwen** (Bai et al., 2023a) is trained on large-scale and diverse datasets, with a primary focus on Chinese and English. It employs SFT and RLHF techniques for alignment, resulting in dialogue models like Qwen-Chat.

**Chinchilla** (Hoffmann et al., 2022) is a causal decoder, trained on extensive text data. It posits that model size should double for every doubling of training tokens.

**OPT** (Zhang et al., 2022c) is a GPT-3 (Brown et al., 2020) clone, striving to release an open-source model that replicates the performance of GPT-3.

**PaLM** (Chowdhery et al., 2023) is a causal decoder structure with parallel attention and feed-forward layers, enabling training speeds up to 15 times faster. Notable changes contain RoPE embeddings, SwiGLU activation, multi-query attention, and etc.

<sup>2</sup><https://github.com/THUDM/ChatGLM-6B>



**LLaMA** (Touvron et al., 2023a) comprises decoder-only models with efficient causal attention.

**LLaMA-2** (Touvron et al., 2023b) focuses on fine-tuning a superior and safer LLaMA-2-Chat model for conversation generation, incorporating 40% more training data with grouped-query attention and a larger context length.

**Vicuna** (Chiang et al., 2023) is a model built on top of LLaMA, utilizing user dialogue data obtained from ShareGPT.com and trained by SFT.

## E SOTA MM-LLMs

In the following, we will provide a brief introduction to the core contributions of some representative MM-LLMs.

**Flamingo** (Alayrac et al., 2022) represents a series of Visual Language (VL) Models designed for processing interleaved visual data and text, generating free-form text as the output.

**BLIP-2** (Li et al., 2023e) introduces a more resource-efficient framework, comprising the lightweight Q-Former to bridge modality gaps and the utilization of frozen LLMs. Leveraging LLMs, BLIP-2 can be guided for zero-shot image-to-text generation using natural language prompts.

**LLaVA** (Liu et al., 2023e) pioneers the transfer of IT techniques to the MM domain. Addressing data scarcity, LLaVA introduces a novel open-source MM instruction-following dataset created using ChatGPT/GPT-4, alongside the MM instruction-following benchmark, LLaVA-Bench.

**MiniGPT-4** (Zhu et al., 2023a) proposes a streamlined approach where training only one linear layer aligns the pre-trained vision encoder with the LLM. This efficient method enables the replication of the exhibited capabilities of GPT-4.

**mPLUG-Owl** (Ye et al., 2023b) presents a novel modularized training framework for MM-LLMs, incorporating the visual context. To assess different models' performance in MM tasks, the framework includes an instructional evaluation dataset called OwlEval.

**X-LLM** (Chen et al., 2023b) is expanded to various modalities, including audio, and demonstrates strong scalability. Leveraging the language transferability of the Q-Former, X-LLM is successfully applied in the context of Sino-Tibetan Chinese.

**VideoChat** (Li et al., 2023f) pioneers an efficient chat-centric MM-LLM for video understanding dialogue, setting standards for future research in this domain and offering protocols for both academia and industry.

**InstructBLIP** (Dai et al., 2023) is trained based on the pre-trained BLIP-2 model, updating only the Q-Former during MM IT. By introducing instruction-aware visual feature extraction and corresponding instructions, the model enables the extraction of flexible and diverse features.

**PandaGPT** (Su et al., 2023) is a pioneering general-purpose model with the capability to comprehend and act upon instructions across 6 different modalities: text, image/video, audio, thermal, depth, and inertial measurement units.

**(PaLI-X** (Chen et al., 2023h) is trained using mixed VL objectives and unimodal objectives, including prefix completion and masked-token completion. This approach proves effective for both downstream task results and achieving the Pareto frontier in the fine-tuning setting.

**Video-LLaMA** (Zhang et al., 2023e) introduces a multi-branch cross-modal PT framework, enabling LLMs to simultaneously process the vision and audio content of a given video while engaging in conversations with humans. This framework aligns vision with language as well as audio with language.

**Video-ChatGPT** (Maaz et al., 2023) is a model specifically designed for video conversations, capable of generating discussions about videos by integrating spatiotemporal vision representations.

**Shikra** (Chen et al., 2023e) introduces a simple and unified pre-trained MM-LLM tailored for Referential Dialogue, a task involving discussions about regions and objects in images. This model demonstrates commendable generalization ability, effectively handling unseen settings.

**DLP** (Jian et al., 2023) proposes the P-Former to predict the ideal prompt, trained on a dataset of single-modal sentences. This showcases the feasibility of single-modal training to enhance MM learning.

**BuboGPT** (Zhao et al., 2023d) is a model constructed by learning a shared semantic space for a comprehensive understanding of MM content. It

explores fine-grained relationships among different modalities such as image, text, and audio.

**ChatSpot** (Zhao et al., 2023b) introduces a simple yet potent method for finely adjusting precise referring instructions for MM-LLM, facilitating fine-grained interactions. The incorporation of precise referring instructions, consisting of image- and region-level instructions, enhances the integration of multi-grained VL task descriptions.

**Qwen-VL** (Bai et al., 2023b) is a multi-lingual MM-LLM that supports both English and Chinese. Qwen-VL also allows the input of multiple images during the training phase, improving its ability to understand the vision context.

**NExT-GPT** (Wu et al., 2023d) is an end-to-end, general-purpose any-to-any MM-LLM that supports the free input and output of image, video, audio, and text. It employs a lightweight alignment strategy, utilizing LLM-centric alignment in the encoding phase and instruction-following alignment in the decoding phase.

**MiniGPT-5** (Zheng et al., 2023b) is an MM-LLM integrated with inversion to generative tokens and integration with Stable Diffusion. It excels in performing interleaved VL outputs for MM generation. The inclusion of classifier-free guidance during the training phase enhances the quality of generation.

**LLaVA-1.5** (Liu et al., 2023d) reports simple modifications to the LLaVA framework, including applying an MLP projection and introducing VQA data tailored for academic tasks, along with simple response formatting prompts. These adjustments result in enhanced capabilities for MM understanding.

**MiniGPT-v2** (Chen et al., 2023d) is an MM-LLM designed as a unified interface for diverse VL multi-task learning. To create a single model proficient in handling multiple VL tasks, identifiers are incorporated for each task during both training and inference. This facilitates clear task distinction, ultimately enhancing learning efficiency.

**CogVLM** (Wang et al., 2023b) is an open-source MM-LLM that bridges the gap between modalities via a trainable visual expert module within the attention and feedforward layers. This allows for a deep fusion of MM features without compromising performance on NLP downstream tasks.

**DRESS** (Chen et al., 2023i) introduces a method using natural language feedback to enhance alignment with human preferences. DRESS extends the conditional reinforcement learning algorithm to integrate non-differentiable natural language feedback, training the model to generate appropriate responses based on feedback.

**X-InstructBLIP** (Panagopoulou et al., 2023) introduces a cross-modal framework with instruction-aware representations, scalable enough to empower LLMs to handle diverse tasks across multiple modalities, including image/video, audio, and 3D. Notably, it achieves this without the need for modality-specific PT.

**CoDi-2** (Tang et al., 2023b) is a MM generation model excelling in modality-interleaved instruction following, in-context generation, and user-model interaction by multi-turn conversations. It enhances CoDi (Tang et al., 2023c) to process intricate modality-interleaved inputs and instructions, generating latent features autoregressively.

**VILA** (Lin et al., 2023) outperforms in vision tasks and shows remarkable reasoning ability while maintaining text-only capabilities. It achieves this by harnessing the full capabilities of LLM learning, using the interleaved attributes of image-text pairs, and implementing meticulous text data re-blending.

## F VL Benchmarks

The 18 VL benchmarks presented in Table 2 include **OKVQA** (Schwenk et al., 2022), **IconVQA** (Lu et al., 2021), **VQA<sup>v2</sup>** (Goyal et al., 2017), **GQA** (Hudson and Manning, 2019), **VizWiz** (Gurari et al., 2018), **SQA<sup>I</sup>**: ScienceQA-IMG (Lu et al., 2022), **VQA<sup>T</sup>**: TextVQA (Singh et al., 2019), **POPE** (Li et al., 2023k), **MME<sup>P</sup>**: MME Perception (Fu et al., 2023), **MME<sup>C</sup>**: MME Cognition (Fu et al., 2023), **MMB**: MMBenchmark (Liu et al., 2023g), **MMB<sup>CN</sup>**: MMBench-Chinese (Liu et al., 2023g), **SEED<sup>I</sup>**: SEED-Bench (Image) (Li et al., 2023c), **LLaVA<sup>W</sup>**: LLaVA-Bench (In-the-Wild) (Liu et al., 2023a), **MM-Vet** (Yu et al., 2023c), **QBench** (Wu et al., 2023b), **HM**: HatefulMemes (Kiela et al., 2020), and **VSR** (Liu et al., 2023a).

## G Training Dataset

The statistics for MM PT and MM IT dataset are presented in Table 3 and Table 4, respectively.

Dataset Name	X Modality	#.X	#.T	#.X-T
ALIGN (Jia et al., 2021)	Image	1.8B	1.8B	1.8B
LTIP (Alayrac et al., 2022)	Image	312M	312M	312M
MS-COCO (Lin et al., 2014)	Image	124K	620K	620K
Visual Genome (Krishna et al., 2017)	Image	108K	4.5M	4.5M
CC3M (Sharma et al., 2018)	Image	3.3M	3.3M	3.3M
CC12M (Changpinyo et al., 2021)	Image	12.4M	12.4M	12.4M
SBU (Ordonez et al., 2011)	Image	1M	1M	1M
LAION-5B (Schuhmann et al., 2022)	Image	5.9B	5.9B	5.9B
LAION-400M (Schuhmann et al., 2021)	Image	400M	400M	400M
LAION-en (Schuhmann et al., 2022)	Image	2.3B	2.3B	2.3B
LAION-zh (Schuhmann et al., 2022)	Image	142M	142M	142M
LAION-COCO (Schuhmann et al., 2022b)	Image	600M	600M	600M
Flickr30k (Young et al., 2014)	Image	31K	158K	158K
AI Challenger Captions (Wu et al., 2017)	Image	300K	1.5M	1.5M
COYO (Byeon et al., 2022)	Image	747M	747M	747M
Wukong (Gu et al., 2022)	Image	101M	101M	101M
COCO Caption (Chen et al., 2015)	Image	164K	1M	1M
WebLI (Chen et al., 2022b)	Image	10B	12B	12B
Episodic WebLI (Chen et al., 2023h)	Image	400M	400M	400M
CC595k (Liu et al., 2023e)	Image	595K	595K	595K
RefCOCO (Kazemzadeh et al., 2014)	Image	20K	142K	142K
RefCOCO+ (Yu et al., 2016)	Image	20K	142K	142K
Visual-7W (Zhu et al., 2016)	Image	47.3K	328K	328K
OCR-VQA (Mishra et al., 2019)	Image	207K	1M	1M
ST-VQA (Biten et al., 2022)	Image	23K	32K	32K
DocVQA (Mathew et al., 2021)	Image	12K	50K	50K
TextVQA (Singh et al., 2019)	Image	28.4K	45.3K	45.3K
DataComp (Gadre et al., 2023)	Image	1.4B	1.4B	1.4B
GQA (Hudson and Manning, 2019)	Image	113K	22M	22M
VGQA (Krishna et al., 2017)	Image	108K	1.7M	1.7M
VQA <sup>v2</sup> (Goyal et al., 2017)	Image	265K	1.4M	1.4M
DVQA (Kafle et al., 2018)	Image	300K	3.5M	3.5M
OK-VQA (Schwenk et al., 2022)	Image	14K	14K	14K
A-OKVQA (Schwenk et al., 2022)	Image	23.7K	24.9K	24.9K
Text Captions (Sidorov et al., 2020)	Image	28K	145K	145K
M3W (Interleaved) (Alayrac et al., 2022)	Image	185M	182GB	43.3M (Instances)
MMC4 (Interleaved) (Zhu et al., 2023c)	Image	571M	43B	101.2M (Instances)
Obelics (Interleaved) (Laurençon et al., 2023)	Image	353M	115M	141M (Instances)
MSRVT (Xu et al., 2016)	Video	10K	200K	200K
WebVid (Bain et al., 2021)	Video	10M	10M	10M
VTP (Alayrac et al., 2022)	Video	27M	27M	27M
AISHELL-1 (Chen et al., 2023b)	Audio	–	–	128K
AISHELL-2 (Chen et al., 2023b)	Audio	–	–	1M
WaveCaps (Mei et al., 2023)	Audio	403K	403K	403K
VSDial-CN (Ni et al., 2024)	Image, Audio	120K (Image), 1.2M(Audio)	120K	1.2M

Table 3: The statistics for MM PT datasets. **#.X** represents the quantity of X, **#.T** represents the quantity of Text, and **#.X-T** represents the quantity of X-Text pairs, where X can be Image, Video, or Audio.



Dataset Name	Type	I→O	Source	Method	Multi-Turn	#I/V/A	#Dialog Turn	#Instance
MiniGPT-4's IT (Zhu et al., 2023a)	SFT	I→T	CC3M, CC12M	Auto.	✗	134M/-/-	1	5K
StableLLaVA (Li et al., 2023i)	SFT	I→T	SD (Rombach et al., 2022)	Auto.+Manu.	✗	126K/-/-	1	126K
LLaVA's IT (Zhang et al., 2023h)	SFT	I→T	MS-COCO	Auto.	✓	81K/-/-	2.29	150K
SVIT (Zhao et al., 2023a)	SFT	I→T	MS-COCO, Visual Genome	Auto.	✓	108K/-/-	5	3.2M
LLaVAR's IT (Zhang et al., 2023h)	SFT	I→T	MS-COCO, CC3M, LAION	LLaVA+Auto.	✓	20K/-/-	2.27	174K
ShareGPT4V's IT (Chen et al., 2023f)	SFT	I→T	LCS, COCO, SAM, TextCaps, WikiArt	Auto.+Manu.	✓	100K/-/-	-	-
DRESS's IT (Chen et al., 2023i)	SFT	I→T	LLaVA's IT, VLSafe	Auto.+Manu.	✓	193K/-/-	~4	-
VideoChat's IT (Li et al., 2023f)	SFT	V→T	WebVid	Auto.	✓	~8K/-	1.82	11K
Video-ChatGPT's IT (Maaz et al., 2023)	SFT	V→T	ActivityNet (Caba Heilbron et al., 2015)	Inherit	✓	~100K/-	1	100K
Video-LLaMA's IT (Zhang et al., 2023e)	SFT	I/V→T	MiniGPT-4, LLaVA, and VideoChat's IT	Auto.	✓	81K/8K/-	2.22	171K
InstructBLIP's IT (Dai et al., 2023)	SFT	I/V→T	Multiple (InstructBLIP's Figure 2)	Auto.	✗	-	-	~1.6M
X-InstructBLIP's IT (Panagopoulou et al., 2023)	SFT	I/V/A/3D+T→T	Multiple (X-InstructBLIP's Figure 4)	Auto.	✗	-	-	~1.8M
MIMIC-IT (Li et al., 2023a)	SFT	I/V→T	Multiple	Auto.	✗	8.1M/502K/-	1	2.8M
PandaGPT's IT (Su et al., 2023)	SFT	I→T	MiniGPT-4 and LLaVA's IT	Inherit	✓	81K/-/-	2.29	160K
MGVLID (Zhao et al., 2023b)	SFT	I+B→T	Multiple	Auto.+Manu.	✗	108K/-/-	-	108K
M <sup>3</sup> IT (Li et al., 2023h)	SFT	I/V/B+T→T	Multiple	Auto.+Manu.	✗	-/-/-	1	2.4M
LAMM (Yin et al., 2023b)	SFT	I+3D+T→T	Multiple	Auto.+Manu.	✓	91K/-/-	3.27	196K
BuboGPT's IT (Zhao et al., 2023d)	SFT	(I+A)/A+T→T	Clotho, VGGSS	Auto.	✗	5K/-/9K	-	9K
mPLUG-DocOwl's IT (Ye et al., 2023b)	SFT	I/Tab/Web+T→T	Multiple	Inherit	✗	-	-	-
T2M (Wu et al., 2023d)	SFT	T→I/V/A+T	WebVid, CC3M, AudioCap	Auto.	✗	4.9K/4.9K/4.9K	1	14.7K
MosIT (Wu et al., 2023d)	SFT	I+V+A+T→I+V+A+T	Youtube, Google, Flickr30k, Midjourney, etc.	Auto.+Manu.	✓	4K/4K/4K	4.8	5K
Osprey's IT (Yuan et al., 2023a)	SFT	I→T	MS-COCO, RefCOCO, RefCOCO+, LLaVA's IT etc. (fine-grained region-text dataset)	Auto.+Manu.	✓	-/-/-	~4	724K
LLaVA-RLHF (Sun et al., 2023b)	RLHF	I→T	Collected human preference	Manu.	✗	-/-/-	-	10K
DRESS's IT (Chen et al., 2023i)	RLHF	I→T	LLaVA's IT, VLSafe	Auto.+Manu.	✓	33K/-/-	~4	-
RLHF-V's IT (Yu et al., 2023b)	RLHF	I→T	Collected human preference	Manu.	✗	-/-/-	-	1.4K
VLFeedback (Li et al., 2023g)	RLHF	I→T	Responses generated by 12 MM-LLMs	Auto.	✗	-/-/-	-	80K
RTVLM (Li et al., 2024a)	RLHF	I→T	New question-image pairs based on publicly available images or originally diffusion-generated images (Gallegos et al., 2023)	Auto.+Manu.	✗	-/-/-	-	5K
VLGuard's IT (Zong et al., 2024)	RLHF	I→T	Source image data from various datasets	Auto.	✗	3K/-/-	-	3K
MMViG (Yan et al., 2024)	RLHF	I→T	MS-COCO	Manu.	✗	16K/-/-	-	16K

Table 4: The statistics for MM IT datasets. **I→O**: Input to Output Modalities, T: Text, I: Image, V: Video, A: Audio, B: Bounding box, 3D: Point Cloud, Tab: Table, and Web: Web page.