

# Linear Regression: Resampling

Signal Data Science

In this assignment, we will be covering basic *resampling* methods in order to combat the problem of *overfitting*.

## Overfitting and resampling

*Overfitting* is defined as:

a problem where a functional form or algorithm performs substantially better on the data used to train it than on new data drawn from the same distribution. It occurs when the parameters used to describe the functional form end up fitting the noise or random fluctuations in the training data rather than the attributes that are common between the training data and test data.

To illustrate a straightforward example of overfitting, consider the following problem:

- Given  $n$  data points and a model  $a_0 + a_1x + a_2x^2 + \dots + a_nx^n$  where we fit the coefficients  $a_i$  to the data, how large does  $n$  need to be before we can come up with a model that perfectly goes through every data point? (Think about the linear case, where only  $a_0$  and  $a_1$  are nonzero.)

In general, with an excess of parameters, we run the risk of them being fit to non-generalizable aspects of our data, such as random noise and fluctuations, which may fool us into thinking that our model is better than it really is. However, if we simply train a model on all of our data and evaluate the quality of its fit on the *same* data, we won't be able to detect such problems.

As such, we want to use *resampling* techniques, most of which involve splitting data into *train* and *test* sets. Instead of training the model on the entire dataset, we'll in general train it on a *subset* of the data and estimate the quality of the model against the data which was *not* fed into the model, in order to approximate how well the model would perform on *new* data.

## Speed dating dataset

We'll be exploring several different methods of resampling in this lesson using aggregated data from a famous [speed dating dataset](#). The dataset is described by the authors as such:

*Subjects*—Our subjects were drawn from students in graduate and professional schools at Columbia University. Participants were recruited through a combination of mass e-mail and fliers posted throughout the campus and handed out by research assistants. [...]

*Setting*—The Speed Dating events were conducted in an enclosed room within a popular bar/restaurant near the campus. The table arrangement, lighting, and type and volume of music played were held constant across events. Rows of small square tables were arranged with one chair on either side of each table.

*Procedure*—The events were conducted over weekday evenings during 2002–2004; data from fourteen of these sessions are utilized in this study. In general, two sessions were run in a given evening, with participants randomly distributed between them. Participants were not aware of the number of partners they would be meeting at the Speed Dating event. [...] Upon checking in, each participant was given a clipboard, a pen, and a nametag on which only his or her ID number was written. Each clipboard included a scorecard with a cover over it so that participants' responses would remain confidential. The scorecard was divided into columns in which participants indicated the ID number of each person they met. Participants would then circle "yes" or "no" under the ID number to indicate whether they would like to see the other person again. Beneath the Yes/No decision was a listing of the six attributes on which the participant was to rate his or her partner: Attractive, Sincere; Intelligent; Fun; Ambitious; Shared Interests.

In the `speed-dating-simple` dataset, `speed-dating-simple.csv` has the data and `speed-dating-info.txt` has an explanation of the variables; the data has been aggregated on the level of each person being rated, so each row corresponds to a unique participant in the speed dating event and contains information about (1) the average ratings they received from others on 5 different scales and (2) their own self-ratings of interest in 17 different activities. (Get the data from the Github repository, **not** from an external source.)

## Random number generation in R

In the problems below, we'll be splitting the data into random subsets. This entails using R's `sample()` which uses a R's random number generator. At any given time, R's random number generator has a state. If you want your results to be reproducible, before using a function that depends on random number generation, you can reset the state using `set.seed(n)` (the new state depends on `n`). To see how this works, try using `set.seed()` in conjunction with `runif(5)`.

### A single train/test split

We'll begin by using a *single* train/test split on the data to evaluate the quality of a linear model. It is the simplest method of resampling and consequently the most straightforward one to implement.

- Load the speed dating dataset (using `read.csv()`) and filter the dataset for males only.
- Run a linear regression of attractiveness against the 17 self-ratings of activity participation. Interpret the coefficients.

Next, we will split the task before us into three different functions. As you write each function, test it to ensure that it works correctly.<sup>1</sup>

- Write a function `split_data(df)` that splits the data randomly into a train set and a test set of equal size. (One way to do this is to call `sample()` to shuffle the row indices of the data and then to use the `%` operator, taking the remainder upon division by 2, to assign each row to 0 or 1.) Your function should return a *named list* so that `split_data(df)$train` yields the train set and `split_data(df)$test` yields the test set.
- Write a function `split_predict(train, test)` that trains a linear model on the train set to predict *attractiveness* from the 17 *activities*, and uses `predict(model, data)` to generate predictions for both the train set and the test set. Your function should return a *named list* so that `split_predict(df)$train` yields the predictions on the train set and `split_predict(df)$test` yields the predictions on the test set.
- Write a function `rmse(x, y)` to calculate the *root-mean-square error* between `x` and `y`. We can use the RMSE to evaluate the quality of our predictions on the test set.

Finally, we're ready to see how a linear model performs on the train set versus the test set.

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<sup>1</sup>In general, splitting up large tasks into multiple different functions and testing each function individually before combining all of them together is a good strategy for easily catching bugs in your code.

- Run `split_data()` and `split_predict()` 100 times to generate predictions for 100 different train/test splits. For each prediction, calculate the associated RMSE against the true values. Plot the distribution of RMSEs for both the train set and the test set. Calculate their mean and [standard error](#) (the standard deviation divided by  $\sqrt{n}$  for  $n$  samples). How does the performance on the train set compare to the performance on the test set?

## **$n$ -fold cross validation**

Although a single train/test split is *one* way of estimating how well our model would perform on new data, it is not the only or the best way. Indeed,  $n$ -fold cross validation has two advantages over making a single train/test split:

1. In  $n$ -fold cross validation, we fit multiple models to multiple train/test splits and then aggregate the results. Between all of these different models, each observation in the dataset ends up in a training set at least once.
2. With a single train/test split, the outcome can depend too much on our choice of RNG seed, which determines whether a particular observation ends up in the train set or the test set. With  $n$ -fold cross validation, this problem is somewhat reduced – the outcome is more consistent and stable.

The process is as follows:

1. We randomly split the data into  $n$  different, equally-sized subsets.
2. For each of the  $n$  subsets, we train the model against *all the other subsets* and use that model to make predictions on our held-out subset.
3. We combine all of the predictions and calculate a measure of model quality such as the RMSE.

You'll be implementing the above process in the following problems and comparing the results of  $n$ -fold cross validation (for various values of  $n$ ) with the results of a single train/test split.

- Write a function `nfold_cv(df, n_folds)` that splits `df` into `n_folds` folds, generates predictions in the fashion described above, and calculates the RMSE on the whole dataset with those predictions. It should return the RMSE at the end.
- Run `nfold_cv()` 100 times for both 2-fold and 10-fold cross-validation. Plot the distribution of the associated RMSEs. Also, calculate their means and standard errors.
- Compare the results of a single train/test split, 2-fold cross validation, and 10-fold cross validation with regard to getting an accurate measure of model quality.

## Stepwise linear regression

Now that we have a way to evaluate model quality – with the cross-validated RMSE – we can use this metric of model quality to choose between *different models*. After all, we need not include *every* available variable into our linear model; well-chosen omissions can substantially improve model performance on a test set. Stepwise regression is one of many ways to choose which variables to include (a task called [feature selection](#)).

In [backward stepwise regression](#) (one type of normal stepwise regression), we do the following:

1. We start with every predictor variable added to the model.
2. Then, we iterate, at each step removing the variable which adds the least to the model.
3. We eventually reach a stopping point based on some statistical criteria.

## Implementing backward stepwise regression

Let's find out how much we can improve on a linear regression which includes every variable by using backward stepwise regression.

- Write your own implementation of backward stepwise regression as a function `backward_step(df)` which follows these criteria:
  - It begins with the full dataset – the attractiveness ratings, which we're trying to predict, as well as the 17 activity scores.
  - The function should repeatedly iterate. On each iteration, it should:
    - \* Use *10-fold cross validation* via `nfold_cv()` to calculate a cross-validated RMSE for the current model, measuring the quality of how well the currently selected variables can predict attractiveness.
    - \* Fit a linear model for attractiveness with the entire dataset (minus any variables which have previously been removed).
    - \* Remove the variable associated with the coefficient which has the *highest* *p*-value. (If a linear model is stored in `fit`, you can access data about the coefficients by looking at `summary(fit)$coefficients`.)
  - The function should store the cross-validated estimates of RMSE in association with the number of features moved at each step. At the end, it should return both.
- Run `backward_step()` and plot the number of variables removed against the cross-validated RMSE. Interpret the results.

## Using R's `step()`

We'll finish off by using R's built-in stepwise regression function, `step()`, to run backward stepwise regression on all five average ratings. Instead of using a cross-validated RMSE as a metric of model quality, it uses the [Akaike information criterion](#) (AIC). You can treat the AIC as a black box – just know that a lower AIC indicates a better model.

- Spend a minute or two skimming [the official documentation for `step\(\)`](#), especially the *Details* section.

Here's an example of how to use backward stepwise regression with `step()`:

```
model_init = lm(col ~ ., df)
model = formula(lm(col ~ ., df))
step_reg = step(model_init, model, direction="backward")
```

Now, your turn:

- For *each of the five rating variables* (attractiveness, sincerity, intelligence, fun, ambition), use `step()` to run backward stepwise regression (with the `direction="backward"` parameter).
- Store the coefficients of the final linear model into a data frame. Interpret the results.