# Regularized Linear Regression

- simulate regularization for case of single predictor variable
- read some exposition in assignment about how glmnet works (calculating for multiple lambdas simultaneously)
- directly use stepwise, L1, L2 regularization on entire dataset and note RMSE (with cv.glmnet())
- calculate cross-validated RMSE for all three
  - make sure to discuss using attributes for scale()
- look at L1/L2 coefficients; interpret
- read about elastic net regression and use caret package to do grid search
  - in later assignment, can implement grid/random search & do fancier stuff for, say, boosting

### A note on glmnet

Here, I'll cover two important points about the behavior of the glmnet package.

### Passing in data

For lm(), you passed in the entire data frame, including both target variable and predictors. glmnet(features, target, ...) and cv.glmnet(features, target, ...) expect a \*scaled matrix of predictors\* for features and a numeric vector for target. The scale() function returns a matrix, so you can just call scale() on a data frame of predictors and pass that in as features.

#### Picking values of $\lambda$

"Ordinarily", one might expect that, for every different value of  $\lambda$  we want to try using with regularized linear regression, we would have to recompute the entire model from scratch. However, the glmnet package, through which we'll be using regularized linear regression, will automatically compute the regression coefficients for \*a wide range of  $\lambda$  values\$ simultaneously:

The glmnet algorithms use cyclical coordinate descent, which successively optimizes the objective function over each parameter with others fixed, and cycles repeatedly until convergence. The package also makes use of the strong rules for efficient restriction of the active set. Due to highly efficient updates and techniques such as warm starts and active-set convergence, our algorithms can compute the solution path very fast.

When you call glmnet() – or, later, cv.glmnet() – you'll get out an object, fit. (You should generally not be specifying which  $\lambda$  values the algorithm should use at this point – it'll try to determine that on its own.) By printing out fit in the console, you can see which values of  $\lambda$  were used by glmnet.

When you want to make predictions with this fit object, you'll have to specify which value of  $\lambda$  to use – instead of calling predict(fit, new\_data), you'll want to call predict(fit, new\_data, s=lambda) for some particular  $\lambda$  = lambda. Similarly, when extracting coefficients, you'll want to call coef(fit, s=lambda).

Finally, cv.glmnet() will use cross-validation to determine fit\$lambda.min and fit\$lambda.1se. The former is the value of  $\lambda$  (out of all those the algorithm evaluated) which minimizes the cross-validated mean squared error (MSE), and the latter is the greatest value of  $\lambda$  (again, of those evaluated by glmnet) such that the MSE corresponding to fit\$lambda.1se is within 1 standard error of the MSE corresponding to fit\$lambda.min.

If it turns out that the optimal value of  $\lambda$  lies at either end of the range of  $\lambda$  values used by glmnet, then you'll want to modify the range of  $\lambda$ . However, never pass in just a single value for the lambda parameter of glmnet() and cv.glmnet(), instead modifying nlambda and lambda.min.ratio:

Typical usage is to have the program compute its own lambda sequence based on nlambda and lambda.min.ratio. Supplying a value of lambda overrides this. WARNING: use with care. Do not supply a single value for lambda (for predictions after CV use predict() instead). Supply instead a decreasing sequence of lambda values. glmnet relies on its warms starts for speed, and it's often faster to fit a whole path than compute a single fit.

## Comparing regularization and stepwise regression

We'll continue using the simplified speed dating dataset from yesterday. You can restrict to a particular gender or use the whole dataset as you prefer.

### Using the entire dataset

The glmnet() and cv.glmnet() functions can perform both  $L^1$  and  $L^2$  regularized linear regression as well as a mix of the two (which we'll be exploring later). This behavior can be tuned via the alpha parameter; read the official documentation to figure out it works.

- Pick one of the five rating variables and use backward stepwise regression to generate predictions for the whole dataset. (Don't use cross-validation at this point.)
- Use glmnet() to generate similar predictions with both  $L^1$  and  $L^2$  regularized linear regression.
  - Look at which values of  $\lambda$  were used by glmnet().
  - Write a function that (1) takes the model object generated by a call to glmnet() and the true values for the target variable, (2) uses predict() to generate predictions for every value of  $\lambda$  which glmnet() tried, and (3) returns the  $\lambda$  corresponding to the lowest RMSE and the RMSE itself.
- Compare the minimum RMSE for both regularized fits with the RMSE for backward stepwise regression.
- Compare and interpret the coefficients for  $L^1$  and  $L^2$  regularized linear regression using the optimal values of  $\lambda$  determined earlier.

#### Making cross-validated RMSE predictions

As you saw in the assignment on resampling, we want to use *cross-validation* to get more accurate estimates of model quality. In particular, stepwise regression tends to *overfit*, because of problems with multiple hypothesis testing, so noncross-validated estimates of a stepwise regression model's quality are often overly optimistic. (However, it's easy to understand and, pedagogically, a good stepping stone to regularization, which is why we include it in our curriculum.)

• Briefly skim Stopping stepwise: Why stepwise and similar selection methods are bad ... for an introduction to some of the problems with stepwise linear regression.

Write a function following these specifications:

- Take as input one of the five ratings ("attr\_o", "intel\_o",...), for which you will generate predictions. Also, take as input a gender parameter and filter the data for the selected gender.
- Use 10-fold cross validation to generate predictions for the selected rating with stepwise regression,  $L^1$  regularized linear regression, and  $L^2$

regularized linear regression.

- For regularized linear regression, use cv.glmnet() to get cross-validated estimates of the optimal value of  $\lambda$ . As such, when generating predictions for an regularized linear model fit, use the value of  $\lambda$  stored in fit\$lambda.min.
- Return the RMSE associated with each of the three sets of predictions.

Here are some points to keep in mind:

- Within each cross-validation fold, you'll want to scale() the features which you pass into cv.glmnet(). When generating predictions on the held-out data, you want to scale the features in the same way (i.e., by applying the same linear transformation). The output of scale() will contain attributes which can be accessed and passed into successive calls of scale() to perform the same transformation.
- If you have a string, say, "attr\_o", and you want to pass that into lm() as part of the regression formula, you can paste together the formula's components (e.g., paste("attr\_o", "~.")), call formula() on the string to turn it into a formula, and then passing the formula into lm().

Use your function to explore the difference in model quality between backward stepwise regression,  $L^1$  regularized regression, and  $L^2$  regularized regression when predicting each of the five different ratings.

## Elastic net regression

Instead of penalizing the sum of squared residuals by the  $L^1$  or  $L^2$  norm of the regression coefficients, we can penalize with a combination of the two, corresponding to setting the alpha parameter in glmnet() to a value between 0 and 1. We can use cross-validation to find the optimal *pair* of *hyperparameters*  $(\alpha, \lambda)$ .

Thankfully, we won't have to implement that ourselves (for now)! Instead, we can use the caret package to get a cross-validated estimate of the optimal  $(\alpha, \lambda)$ .

Here's an example of how to use the caret package's train() function:

```
param_grid = expand.grid(.alpha = 1:10 * 0.1, .lambda = 10^seq(-3, 0, length.out=10))
control = trainControl(method="repeatedcv", number=10, repeats=3, verboseIter=TRUE)
caret_fit = train(x=features, y=target, method="glmnet", tuneGrid=param_grid, trControl=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control=control
```

In the above example, we perform 10-fold cross-validation repeated 3 times.

Whereas cv.glmnet() picks an appropriate sequence of  $\lambda$  values, the caret package does not.

• Run cv.glmnet() on the data for any rating to get a rough sense for what the range of  $\lambda$  should be, and then use that when doing grid search with caret.

Write a function according to the following specifications:

- Take as input one of the five rating variables to make predictions for. Also, take as input a gender parameter to filter by.
- Use the caret package, following the above example, to find the optimal values for  $(\alpha, \lambda)$ .
- Calculate the corresponding RMSE and compare the different RMSEs for all combinations of (gender, rating).