

We recognize that people have different abilities, skills, and needs.



WE the problem, being .. It is a o bypass the our neighbor nown as it's all about other, without er than ns dictate support.

HELP GOES BOTH WAYS



**TYPES OF MUTUAL AID**

**LABOR RESOURCES**

- \* Child care Collectives
- \* Support with appointments
- \* Ride Shares
- \* Community Kitchens
- \* Shopping and deliveries
- \* Repairs

**COMMUNITY ACTIONS**

- \* Rapid response networks
- \* Disaster relief
- \* Bail funds
- \* Legal resources

**PHYSICAL RESOURCES**

- \* Food banks
- \* Tool shares
- \* Seed shares
- \* Community gardens

**SAFETY**

- \* Temporary housing
- \* Health care funds
- \* Information gathering and distribution

The list is truly infinite!

WHEN WE PRACTICE  
MUTUAL AID, WE SEE  
EACH OTHER AS EQUALS.  
AND WE BRING OUR  
COMMUNITY TOGETHER.

Connect with your community to find:

- People who are already doing this work.
- People who could use your help.
- People who could help you.
- Involve friends, neighbors, family, and even new connections!



ARE YOU OVERWHELMED?  
IRATE SCARED?

GO FROM PASSIVE OBSERVER TO A BUILDER OF

IF YOU ENJOYED THIS ZINE, FIND MORE FROM THE ARTIST AT DORKYDINO.COM OR FOLLOW @DORKYDINO ON YOUR FAVORITE SOCIAL MEDIA.

Check out the free library: [covenprint.com](http://covenprint.com)





We show up  
for each other  
in the times  
and by the means  
that we can.

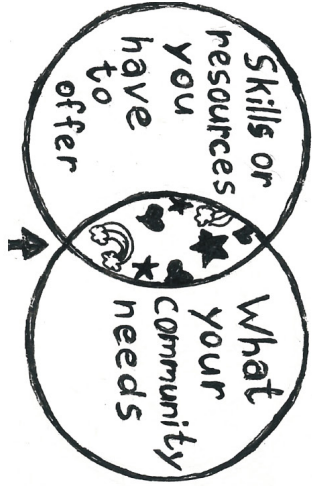


Illustrated & Curated by  
Brandi Miller donrydino.com



- ## RESOURCES
- [mutualaidhub.org](http://mutualaidhub.org)
  - Map to find networks near you
  - [foodnotbombs.net](http://foodnotbombs.net)
  - Free vegan meals
  - [littlefreepantry.org](http://littlefreepantry.org)
  - Free food and necessities
  - [littlefreelibrary.org](http://littlefreelibrary.org)
  - Free books
  - [bigdoorbrigade.com](http://bigdoorbrigade.com)
  - Mutual Aid Toolbox
  - Further Reading
  - "Mutual Aid: Building Solidarity During This Crisis" by Dean Spade
  - "Mutual Aid: A Factor of Evolution" by Peter Kropotkin

## HOW DO YOU GET INVOLVED



Find the overlap and that's your actionable mutual aid.



## PRINCIPLES OF MUTUAL AID



Everyone deserves love, care, and access to life's necessities.

## YOU ARE NOT ALONE

The system is not the people but targeted by it radical act to system to help directly. This is k mutual aid and supporting one another conditions, rather letting institutions who deserves.