





This is the MOST CRUCIAL step in decolonization.

Led by colonized people, we must begin the process of building the future. Conversations and debate involve the future of the culture, governing procedures, and reestablishment of the culture.

Colonial powers occupy peoples and impose their views on psychology, mental health, & treatment. Mental healthcare has caused horrific pain, and eugenics. Examine collective healing models, and understand generational trauma.

1. Decolonization is used as part of a country's independence process; OR

2. As a social, cultural and psychological process.

Education has been colonized from early childhood through graduate school. Residential schools are proof. We have seen how education has been denied to many people. And most curriculum is Western-centric. Examine power structures, who and what is valued in classrooms, how conflict is addressed, and more.