

FACSIMILE TRANSMISSION
DATE/TIME: 12/01/2024 11:23:47
FROM: YUMA REGIONAL SLEEP | TO: MEDICARE PRE-AUTH
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YUMA REGIONAL SLEEP DISORDERS UNIT

PATIENT: Davis, Helen Marie (71 yo F)
DOB: 05/09/1953
MRN: YUM-337821
MEDICARE: 4GH-53-337821
VISIT DATE: 12/01/2024

PRE-AUTHORIZATION: HNS

CPT Code: 64568
ICD-10: G47.33
Provider: Juan Martinez, MD (NPI: 6273849102)

CLINICAL PRESENTATION

71-year-old woman with *borderline* OSA severity. Significant symptoms despite lower AHI. Snoring severely impacts marriage - separate bedrooms x 3 years. Witnessed apneas. Daytime fatigue affecting activities. ESS: 14/24 (moderate-severe).

Patient very symptomatic despite borderline AHI. Quality of life severely impacted.

POLYSOMNOGRAPHY (11/21/2024)

Parameter	Value	Notes
AHI	16.8/hr	Low for HNS?
RDI	22.4/hr	Moderate
Lowest O2	86%	Mild desaturation
ODI 4%	14.2/hr	-
Central Index	0.8/hr (4.8%)	Minimal
Non-supine AHI	11.2/hr	Meets criteria

NOTE: AHI of 16.8 is at lower threshold of accepted range (15-65). However, patient has significant symptoms and RDI >20 suggests sleep fragmentation.

CPAP INTOLERANCE

- #1: 2018-2020 (28 months) - Failed all mask types
- #2: 2021-2022 (14 months) - Severe dry mouth, nosebleeds
- #3: 2023-2024 (9 months) - Panic attacks, <1hr/night

Total: 51 months documented attempts
Desensitization therapy attempted - unsuccessful

DISE (11/28/2024)

Performed by: Dr. Robert Chen, ENT

Findings:

10/10/25, 4:31 PM

Medical Record - Sleep Consultation

- No complete retropalatal collapse ✓
- Moderate velum/tongue base collapse
- Lateral walls: Mild
- Tonsils: Grade 1 ✓
- **Anatomy favorable**

PHYSICAL EXAMINATION

Height: 5'4" (163 cm)
Weight: 140 lbs (63.5 kg)
BMI: 24.0 kg/m² (normal)
Neck: 13.5 inches
Mallampati: Class II
BP: 128/74

MEDICAL HISTORY

- Osteoporosis
- Hypothyroidism (controlled)
- No cardiac disease
- No neuromuscular disease
- Otherwise healthy 71-year-old

