

FAX COVER - URGENT MEDICAL DOCUMENT
DATE: 11/25/2024 09:42:18 | FROM: TUCSON SLEEP (520) 555-8234 | TO: AUTH DEPT (602) 555-1000

TUCSON REGIONAL SLEEP INSTITUTE

RECEIVED
NOV 25 2024

RE: Anderson, Patricia L. (Female)
DOB: 11/07/1959 (65 years)
MRN: TR-449281
MEDICARE: 2ZH-59-449281

HNS PRE-AUTHORIZATION

CPT: 64568 | ICD-10: G47.33
Provider: Sanjay Patel, MD

CLINICAL SUMMARY

65-year-old female with severe OSA x 9 years. Failed CPAP multiple times.
Husband very concerned - "stops breathing const antly"

Falls asleep during daily activities. Two car accidents in past 3 years attributed to drowsiness.
ESS: 19/24 (severe)

SLEEP STUDY 11/05/2024

AHI: 41.2 events/hr	RDI: 47.8 events/hr
Lowest O2: 79%	Time <90%: 15.2%
ODI: 37.8	Central: 2.4 (5.8%)
Non-supine AHI: 26.7	REM AHI: 58.3

CPAP DOCUMENTATION

Attempt #1: 2016-2018 (22 months)
- Multiple masks tried
- Avg use: <1 hr/night
- Severe claustrophobia

Attempt #2: 2019-2021 (20 months)
- BiPAP trial
- Persistent intolerance
- Anxiety attacks

Attempt #3: 2023-2024 (12 months)
- Nasal pillows + heated humidity
- Still couldn't tolerate!
- Compliance: <30 min/night

TOTAL: 54 months attempted

DISE 11/22/2024

Dr. Lisa Chen, ENT performed

NO complete retropalatal collapse
Velum: Moderate AP collapse
Lateral walls: Mild
Tongue base: Moderate
Tonsils: Grade 1
perfect anatomy for HNS!

PHYSICAL EXAM

BMI: 30.8 kg/m² (Ht: 5'5", Wt: 185 lbs)
Neck: 15 inches
Mallampati: IIII

10/10/25, 4:20 PM

Fax Medical Record

BP: 142/88 (on meds)
No neuromuscular disease

COMORBIDITIES

- HTN (on amlodipine)
- Hyperlipidemia (on statin)
- Pre-diabetes (diet controlled)
- No prior airway surgery

ASSESSMENT & PLAN

Excellent HNS candidate with severe OSA and well-documented CPAP failure over 54 months. Anatomy favorable on DISE. High risk if untreated given MVA history.

Plan:

- . Schedule with Dr. Chen (ENT) for surgery
- . Continue medical management
- . Device activation 1 month post-op
- . Titration PSG at 3 months

S. Patel MD

Sanjay Patel, MD
Board Certified Sleep Medicine
11/25/2024

