

FAX TRANSMISSION
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DESERT VALLEY SLEEP CENTER
Comprehensive Sleep Medicine | Scottsdale, AZ

PATIENT: Garcia, Maria E. *Female*
DOB: 09/03/1961 (Age: 63)
MRN: DV-772841
INSURANCE: Medicare Part B
MEMBER ID: 9H4-22-772841

AUTHORIZATION REQUEST - HNS

CPT: 64568 | ICD-10: G47.33
Requesting Provider: Dr. Alan Park (NPI: 9876543210)

CLINICAL HISTORY

63 yo female with 8-year history severe OSA. Multiple failed CPAP trials documented. Patient reports falling asleep at work *3x past month!* Spouse reports loud snoring, gasping, choking sounds nightly. Morning headaches daily. Epworth Sleepiness Scale: 18/24 (severe range) Previous MVA in 2022 attributed to drowsy driving. Patient very motivated for treatment.

POLYSOMNOGRAPHY (11/12/2024)

Parameter	Result
AHI	45.8/hr
RDI	52.3/hr
Lowest O2	76%
Time <90% O2	12.4%
Central/Mixed	4.1/hr (8.9%)
Non-supine AHI	31.2/hr

CPAP TRIALS - DOCUMENTED FAILURES

#1: Jan 2017-Dec 2018 (24 mo) - intolerance, avg <1hr/night
#2: Mar 2020-Aug 2021 (18 mo) - mask issues, severe anxiety
#3: Jun 2023-Apr 2024 (11 mo) - persistent failure despite multiple interventions
Total: 53 months attempted!

All mask types tried: nasal, full face, nasal pillows, hybrid
Desensitization therapy attempted - unsuccessful

DISE FINDINGS (11/19/2024)

Performed by: Dr. Karen White, ENT

Velum: Moderate collapse

Lateral walls: Mild-moderate
Tongue: Moderate
Retropalatal: PATENT - no complete collapse
Tonsils: Grade 1
Epiglottis: No obstruction
→ *Good HNS candidate*

PHYSICAL EXAMINATION

BMI: 28.4 kg/m² (Height: 5'5", Weight: 172 lbs)
Neck: 15.5 inches
BP: 136/84 (on meds)
Mallampati: Class III
Thyromental distance: 6 cm

MEDICAL HISTORY

- HTN (controlled)
- Type 2 DM (A1C 7.1%)
- Hyperlipidemia
- GERD
- No prior airway surgery
- No neuromuscular disease

CURRENT MEDICATIONS

Medication	Dose
Amlodipine	10 mg daily
Metformin	1000 mg BID
Atorvastatin	40 mg daily
Omeprazole	20 mg daily

PHYSICIAN ASSESSMENT AND PLAN

Patient with severe OSA and documented CPAP intolerance over 53 months. DISE shows favorable anatomy for HNS. High risk for cardiovascular complications if untreated.

Plan: - Recommend for HNS implantation - Refer to Dr. Stevens for surgical consultation - Continue current medical management - Post-op PSG in 6 months

Alan Park, MD | 11/24/2024