

NASHVILLE UROLOGY GROUP

2100 Church Street, Suite 400 | Nashville, TN 37203
Telephone: (615) 555-4200 | Facsimile: (615) 555-4201

PATIENT DEMOGRAPHICS

Patient Name: Johnson, Robert Lee
Date of Birth: April 7, 1956 (Age: 69 years)
Medical Record #: NUG-389642
Insurance: Medicare Traditional | Beneficiary ID: 8QW2VN4MS67
Date of Service: October 7, 2025
Attending Physician: Dr. James Patterson, MD

CHIEF COMPLAINT

Severe urge urinary incontinence refractory to multiple treatments

HISTORY OF PRESENT ILLNESS

Mr. Johnson is a 69-year-old gentleman who presents with a 4-year history of progressive urge urinary incontinence. He reports 8-10 incontinence episodes daily, requiring frequent pad changes. This significantly impacts his quality of life and limits his ability to engage in social and recreational activities. He denies stress incontinence symptoms, hematuria, or recurrent urinary tract infections.

Conservative Treatment History:

Behavioral Therapies (2022-2023):

- Bladder retraining program - 6 months duration
- Timed voiding schedule
- Pelvic floor exercises with physical therapy - 4 months
- Fluid and dietary modifications
- Minimal sustained benefit noted

Pharmacologic Trials:

- **Oxybutynin IR 5mg three times daily** - 4 months (2023) - discontinued due to dry mouth and cognitive effects
- **Tolterodine ER 4mg daily** - 5 months (2023-2024) - inadequate response, approximately 20% improvement only
- **Solifenacin 10mg daily** - 6 months (2024) - partial benefit but symptoms remain bothersome, currently ongoing

PAST MEDICAL HISTORY

- Hypertension - well controlled
- Hyperlipidemia
- Benign prostatic hyperplasia
- Gastroesophageal reflux disease
- No diabetes mellitus
- No neurologic conditions

SURGICAL HISTORY

- Transurethral resection of prostate (TURP) - 2019
- Inguinal hernia repair - 2015

CURRENT MEDICATIONS

- Lisinopril 20mg once daily
- Atorvastatin 40mg at bedtime
- Solifenacin 10mg once daily
- Omeprazole 20mg once daily
- Aspirin 81mg once daily

ALLERGIES

No known drug allergies (NKDA)

PHYSICAL EXAMINATION

Vital Signs: BP 128/78 mmHg, HR 72 bpm, Temp 98.6°F, Weight 178 lbs

General: Well-appearing male in no acute distress

Abdomen: Soft, non-distended, non-tender, no palpable masses

Genitourinary: Normal external genitalia, prostate non-enlarged on DRE (post-TURP), no nodules

Neurologic: Alert and oriented x 3, normal gait, grossly intact sensation and strength

DIAGNOSTIC STUDIES

Baseline 3-Day Voiding Diary (09/25-09/27/2025):

Parameter	Day 1	Day 2	Day 3	Mean
Urge incontinence episodes	9	10	8	9.0
Total voids	17	18	16	17.0
Nocturia	4	3	4	3.7
Pads used	6	7	5	6.0

Urinalysis (09/25/2025): Normal, negative for infection, no blood

Post-Void Residual Volume (09/25/2025): 32 mL (normal)

Urodynamic Study (09/29/2025):

- First sensation at 125 mL
- Strong desire to void at 240 mL
- Maximum cystometric capacity: 340 mL
- Detrusor overactivity demonstrated with involuntary contractions during filling phase

- No evidence of bladder outlet obstruction
- Normal bladder compliance
- No stress incontinence observed

SACRAL NERVE TEST STIMULATION

Procedure Date: October 2, 2025

Procedure: Percutaneous nerve evaluation (PNE) with S3 lead placement performed under fluoroscopic guidance. Lead placement confirmed bilaterally at S3 foramina. Good intraoperative motor and sensory responses obtained.

Trial Period: 14 days (October 2, 2025 - October 16, 2025)

Status: Patient currently in trial period. Will complete 14-day trial and return for evaluation on October 16, 2025 with completed voiding diary.

Note: Trial period voiding diary results to be obtained at follow-up visit.

ASSESSMENT

Diagnosis:

- Urge urinary incontinence (ICD-10: N39.41)
- Overactive bladder syndrome (ICD-10: N32.81)

PLAN

- Patient to complete 14-day test stimulation trial
 - Maintain detailed voiding diary during trial period
 - Return visit scheduled for October 16, 2025 for evaluation of trial results
 - If $\geq 50\%$ improvement demonstrated, will proceed with permanent device implantation
 - Continue current medications during trial
 - Authorization request submitted pending trial outcome
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James Patterson, MD
Board Certified, Urology
Date: October 7, 2025
NPI: 1952837461