

**START**

What do you need to work on today?

Tasks

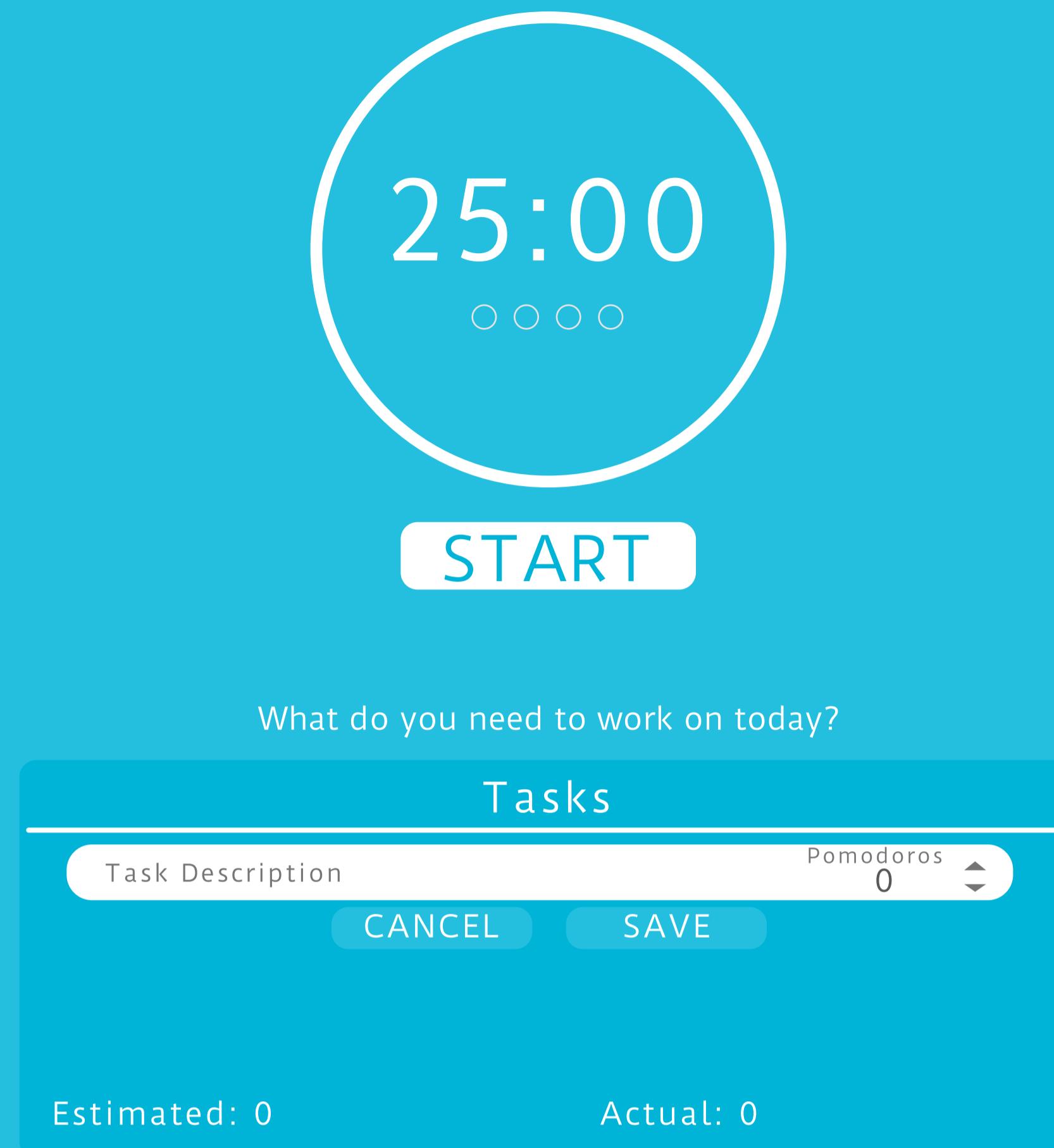
+ ADD TASK

Estimated: 0 Actual: 0

Instructions

1. Make sure to add tasks that you wish to complete today!
2. Click "Start" next to the task you would like to start working on/complete
3. You will work for 25 minute sessions (Pomodoros) with 5 minute break in between.
4. After 4 Pomodoros, you will be rewarded a longer 15-30 minute break
5. During each break, you will be asked if you have completed your task. If so, click "yes" and repeat from Step 2 if necessary

NOTE: Within your 25 minute session, press the "End" button if you get distracted or need to leave. This will reset your Pomodoro count toward your long break reward



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25:00
○ ○ ○ ○

START

Select task then 'Start'!

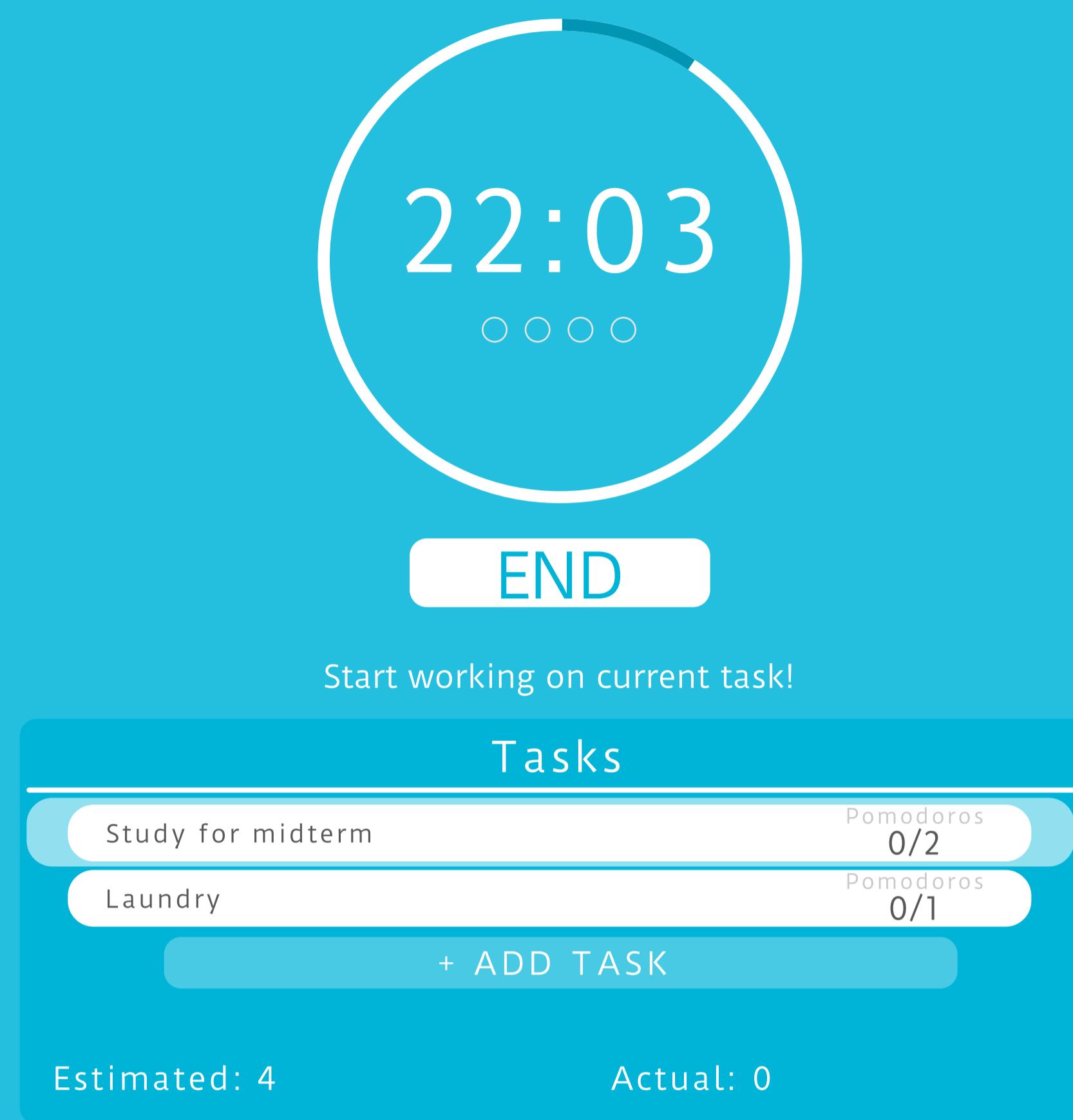
Tasks	
Study for midterm	Pomodoros 0/2
Study for midterm	Pomodoros 0/2
+ ADD TASK	

Estimated: 0 Actual: 0

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Settings

Short Break: 5   3-5 minutes

Long Break: 30   15-30 minutes

SAVE

Tasks

+ ADD TASK

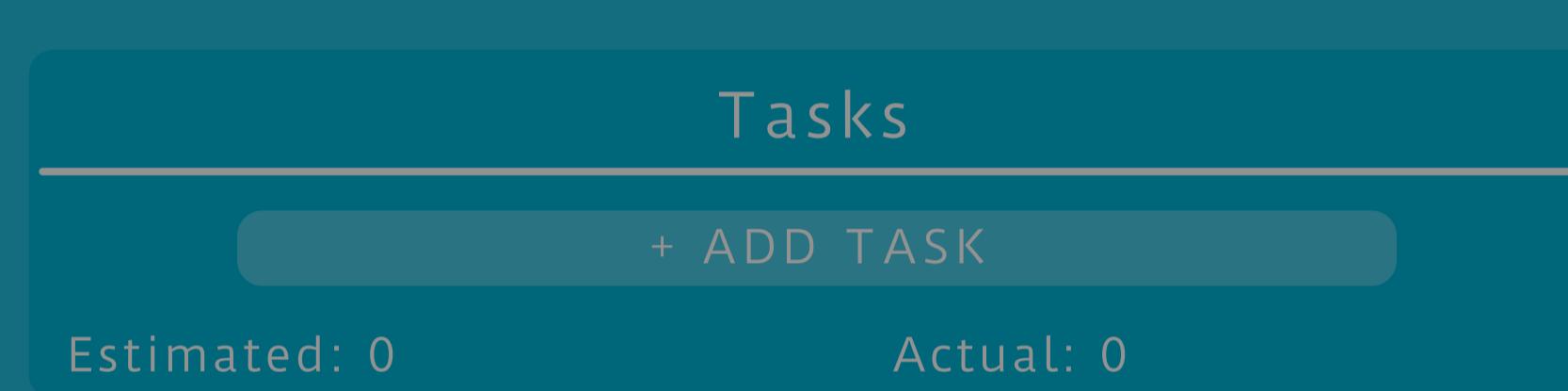
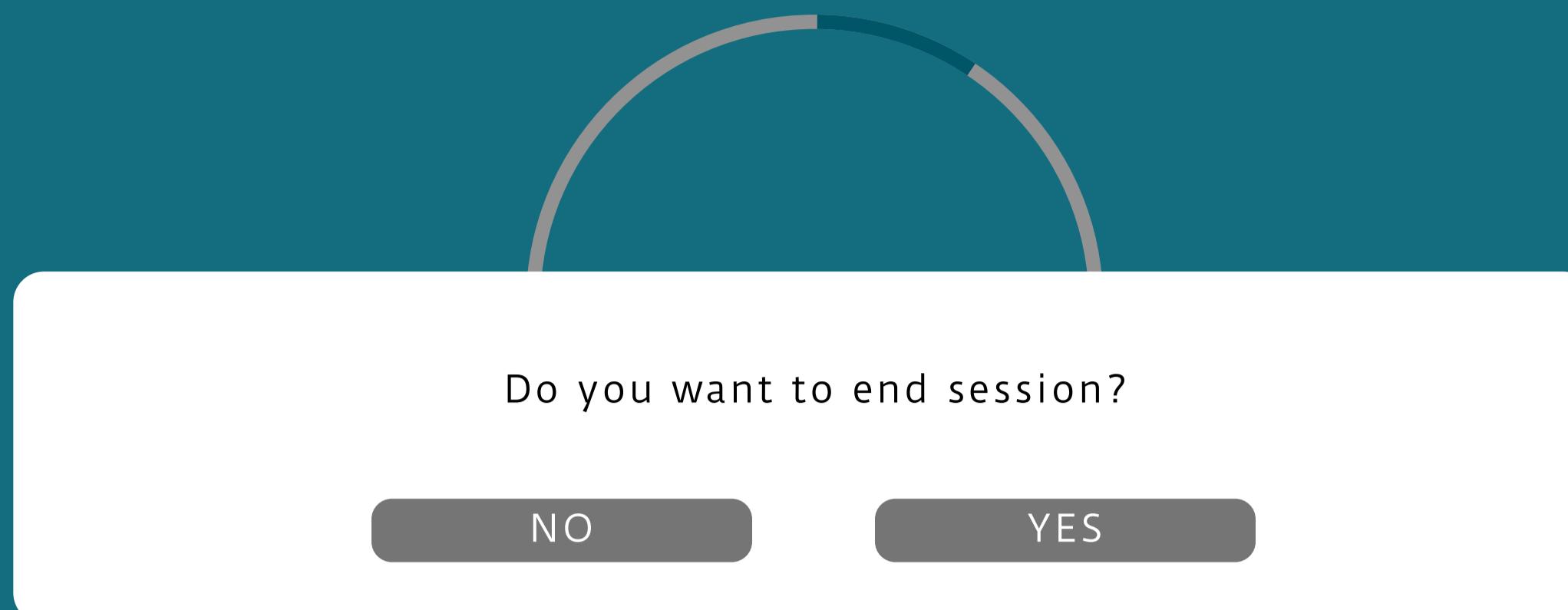
Estimated: 0

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Pomodoro Timer

Summary

Study for midterm	1/2
Laundry	3/3
Dishes	1/1

Actual: 5 Estimated: 6

CLOSE

Tasks

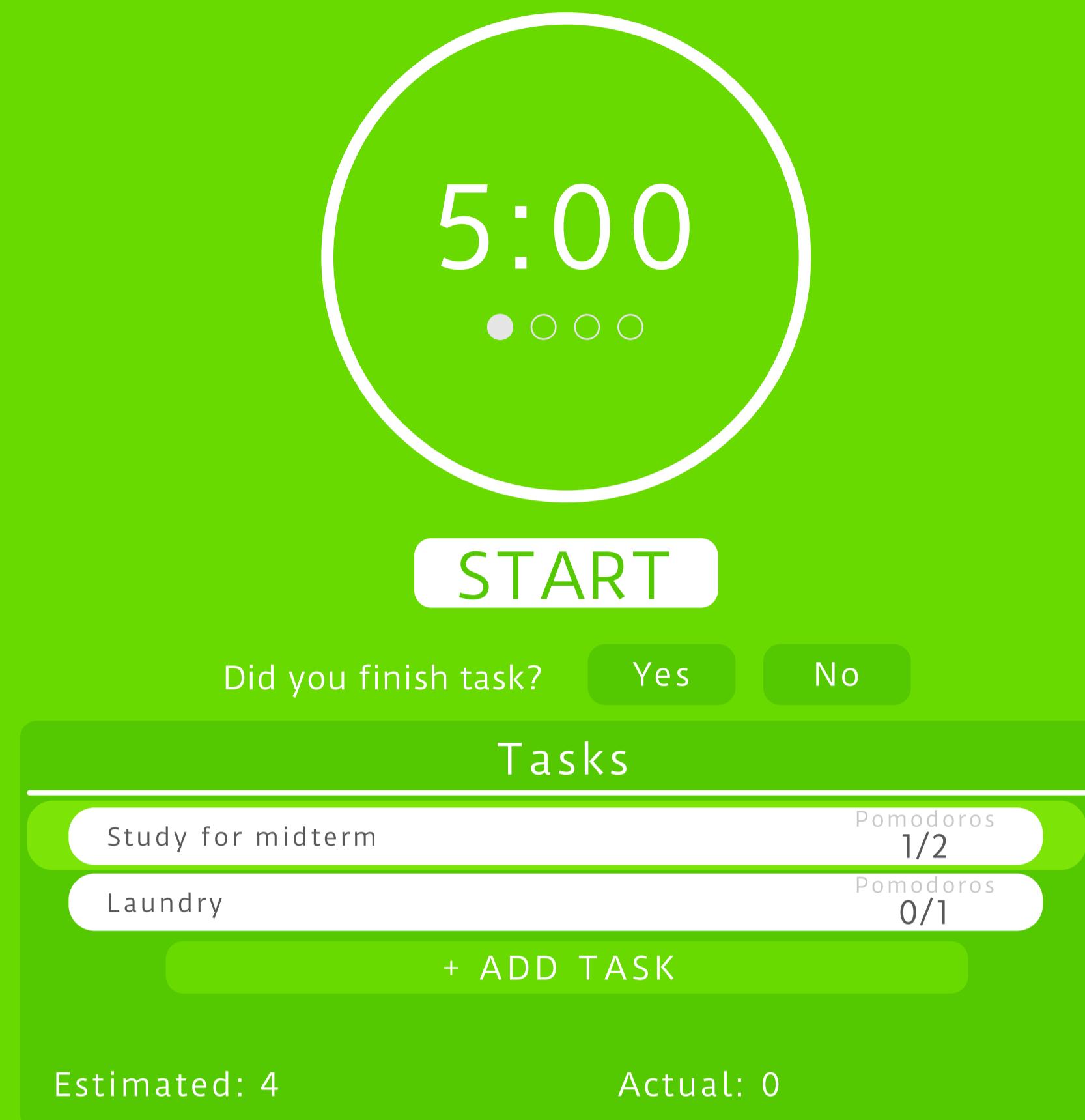
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Estimated: 0 Actual: 0

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**END**

Select new task!

Tasks

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

Estimated: 3

Actual: 1

Instructions

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Continue working on current task.

Tasks

Task	Pomodoros
Study for midterm	1/2
Laundry	0/1

+ ADD TASK

Estimated: 4 Actual: 0

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Settings

Short Break: 5   3-5 minutes

Long Break: 30   15-30 minutes

SAVE

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

Estimated: 4

Actual: 0

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Do you want to end session?

NO

YES

END

Continue working on current task or select new task.

Tasks

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

Estimated: 4

Actual: 0

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Long Break

**START**

Did you finish task?

Yes

No

Tasks

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

Estimated: 4

Actual: 0

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Long Break

16:45

••••

END

Select new task!

Tasks

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

Estimated: 3

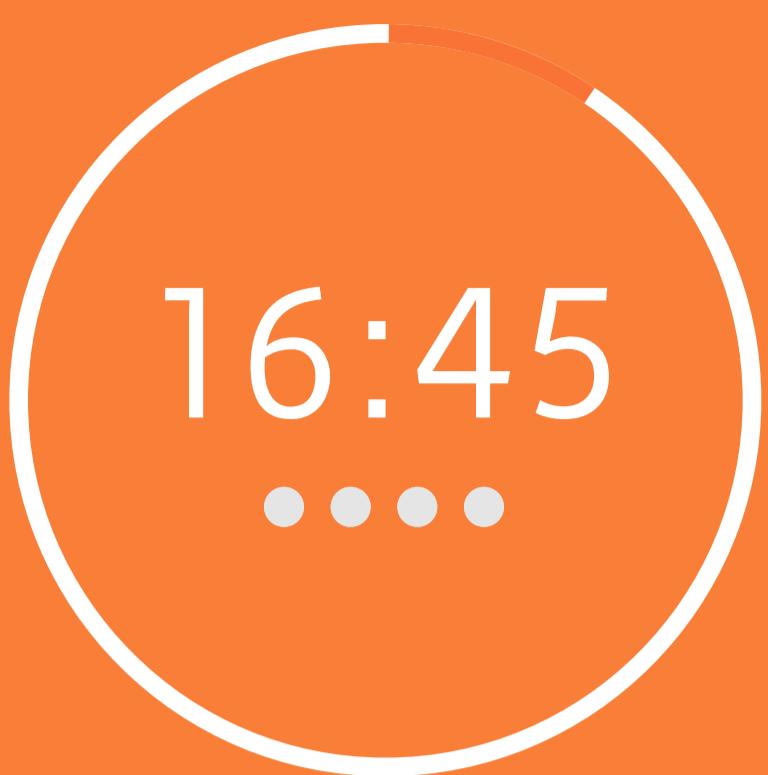
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Long Break



END

Continue working on current task.

Tasks

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

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Estimated: 4

Actual: 0

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Long Break

Settings

Short Break: 5  3-5 minutes

Long Break: 30  15-30 minutes

SAVE

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

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Long Break

16:45

Do you want to end session?

NO

YES

END

Continue working on current task or select new task.

Tasks

Study for midterm

Pomodoros
1/2

Laundry

Pomodoros
0/1

+ ADD TASK

Estimated: 4

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