This model of F/P-cP is essential in the OT Practice Process

Family/Person-centred Goals & Practice

Positive Outcomes
Positive Emotions from feelings of control
Effective Listening

Therapeutic Relationships

COLLABORATION: agent of change
EMPOWERING: to overcome barriers
RAPPORT: connection

Mutual Understanding

TRUST: predictable & reliable
EMPATHY: skill, time, commitment
RESPECT: acceptance & value