

# OCCUPATIONAL THERAPY INITIAL ASSESSMENT

UR No: .....  
Name: .....  
DOB: .....

*Affix Patient Identification Label here.*

Admission Date: ..... / ..... / ..... Contact Date: ..... / ..... / ..... Therapist: .....

| DIAGNOSIS: | MEDICAL HISTORY: |
|------------|------------------|
|            |                  |
|            |                  |
|            |                  |
|            |                  |

**SOCIAL SITUATION:** .....  
.....  
.....

## OCCUPATIONAL PERFORMANCE AREAS:

**Key: I = independent    A = Assistance required    D = Dependent**

|                           | Previous Status |  | Current Status |  |
|---------------------------|-----------------|--|----------------|--|
| <b>Mobility</b>           |                 |  |                |  |
| Bed Mobility              |                 |  |                |  |
| Transfers                 |                 |  |                |  |
| Mobility / Balance        |                 |  |                |  |
| <b>Personal care ADL</b>  |                 |  |                |  |
| Eating                    |                 |  |                |  |
| Grooming                  |                 |  |                |  |
| Dressing                  |                 |  |                |  |
| Bathing                   |                 |  |                |  |
| Toileting                 |                 |  |                |  |
| Self Medication           |                 |  |                |  |
| <b>Domestic ADL</b>       |                 |  |                |  |
| Meal Preparation          |                 |  |                |  |
| Housework                 |                 |  |                |  |
| Laundry                   |                 |  |                |  |
| Garden / Home Maintenance |                 |  |                |  |
| <b>Community ADL</b>      |                 |  |                |  |
| Driving / Transport       |                 |  |                |  |
| Financial Management      |                 |  |                |  |
| Shopping                  |                 |  |                |  |
| Writing / Telephone       |                 |  |                |  |

**Work:** .....

**Leisure:** .....

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| PERFORMANCE COMPONENTS  |   |
|---|---|
| <b>BIOMECHANICAL:</b>   |   |
| <b>SENSORY MOTOR:</b>   |   |
| <b>COGNITION / BEHAVIOUR:</b>   |   |
| <b>VISION / PERCEPTION:</b>   |   |
| <b>PSYCHOSOCIAL:</b>  |   |
| ENVIRONMENT: HOME SETUP   |   |
| <b>Type:</b>  | <input type="checkbox"/> House <input type="checkbox"/> Unit <input type="checkbox"/> Hostel <input type="checkbox"/> Nursing Home <input type="checkbox"/> Other:.....   |
| <b>Ownership:</b>   | <input type="checkbox"/> Owned <input type="checkbox"/> Rented <input type="checkbox"/> Government <input type="checkbox"/> Boarding <input type="checkbox"/> Other:..... |
| <b>Personal Alarm:</b>  | <input type="checkbox"/> Yes <input type="checkbox"/> No    Company:.....   |
| Front Access:   |   |
| Back Access:  |   |
| Internal:   |   |
| Bathroom:   |   |
| Toilet:   |   |
| Bedroom:  |   |
| Seating:  |   |
| Other:  |   |
| ISSUES IDENTIFIED   | GOALS / PLAN  |
|   |   |
|   |   |
|   |   |
|   |   |
|   |   |
| <b>Therapist</b><br><b>Name:</b> ..... <b>Therapist Signature:</b> ..... <b>Date:</b> ..... / ..... / ..... |   |