Worksheet: Observation Sheet

Name task/event/session observed:
Who was present – why?
How was consent obtained?
List the clients' occupational issues:
List the client goals of the task/event observed:
List the precautions used/considered:
List the activities/tasks completed during this session:
List any equipment used (define pros and cons of the equipment as well as any measurements, adaptations, maintenance issues, risk, advice to client, or issues re supply of the equipment):
What skills and techniques were used to engage with the client?
What is the frame of reference used?
How were the goals of the session evaluated?
Reflect on what went well or not well and discuss how this will impact on the next session/treatment (e.g. length of session, appropriateness of goals/approaches etc)
Review the therapists' documentation of the session/event and comment on the content