## OCCUPATIONAL THERAPY INDICATORS FOR REFERRAL

**Availability:** Mon to Fri, 0730 -1600 **Extension:** Relevant number xxx

Pager: Number (Medical ward, ED, ICU) Number (Surgical Ward and Paediatrics)

## OCCUPATIONAL THERAPY PROVIDES THE FOLLOWING SERVICES:

 Assessment of Activities of Daily Living (ADL)

- Cognitive and perceptual screening including referral post onset of delirium
- Pressure care seating and education

- Home set up review
- Assistive equipment prescription
- Falls prevention education
- Energy conservation education
- Hand therapy including splinting

## **REFERRAL INDICATORS:**

- Any condition impacting ADL function
- Sudden or marked decline in ability to perform ADL
- Patient who lives alone and is not managing on the ward with ADL
- Acute neurological event, e.g.
   Stroke, TIA, Multiple Sclerosis,
   and Parkinson's disease
- PTA testing post head injury
- Recent changes in cognitive
   state, e.g. difficultly with short
   term memory, orientation, insight

- Falls / near falls in the home or hospital
- Hand injury/surgery
- Upper limb condition / injury / surgery leading to impairment to performing ADL
- Pressure care Score of 10 or more on Waterlow Scale
- Patient requiring equipment for discharge (not walking aids)
- Change of mobility aid impacting on patient's ability to safely manage in their home environment

## **HOW TO REFER:**

- Contact Occupational Therapy department by:
  - Speaking to us on the ward
  - Paging the ward pager as listed above
  - Phoning extension xxx with referral details

Reference: AWH Occupational Therapy Department