Problem 1.

Proof. Without loss of genearlity, we may assume that $||A|| \neq 0$. First, we note that both AA^* and A^*A are bounded self-adjoint operators,

$$||A^*A|| = \sup_{\|x\|=1} |\langle x, A^*Ax \rangle| = \sup_{\|x\|=1} |\langle Ax, Ax \rangle| = \sup_{\|x\|=1} ||Ax||^2 = \left(\sup_{\|x\|=1} ||Ax||\right)^2 = ||A||^2.$$

Switch A^* with A, we have

$$||AA^*|| = ||A^*||^2.$$

By Theorem 5.37,

$$\begin{cases} ||A^*||^2 = ||AA^*|| \leqslant ||A|| ||A^*|| \\ ||A||^2 = ||A^*A|| \leqslant ||A^*|| ||A|| \end{cases} \Longrightarrow \begin{cases} ||A^*|| \leqslant ||A|| \\ ||A|| \leqslant ||A^*|| \end{cases}$$

which yields that $||A|| = ||A^*||$. As a result,

$$||AA^*|| = ||A^*A|| = ||A||^2 = ||A^*||^2.$$

Problem 2.

Proof. Note that $\phi_y(x) = \langle y, x \rangle$. Let's first prove $\langle \phi_x, \phi_y \rangle_{\mathcal{H}^*} := \langle y, x \rangle_{\mathcal{H}}$ is indeed an inner product. Let ϕ_x, ϕ_y, ϕ_z be continuous linear functional on \mathcal{H} and $\lambda, \mu \in \mathbb{C}$.

(a) Note that for any $a \in \mathcal{H}$, we have

$$\phi_x(a) + \phi_y(a) = \langle x, a \rangle + \langle y, a \rangle = \langle x + y, a \rangle = \phi_{x+y}(a);$$

$$\phi_{\lambda x}(a) = \langle \lambda x, a \rangle = \bar{\lambda} \langle a, x \rangle = \bar{\lambda} \phi_x(a).$$

Thus,

$$\langle \phi_x, \lambda \phi_y + \mu \phi_z \rangle = \langle \phi_x, \phi_{\bar{\lambda}y + \bar{\mu}z} \rangle = \langle \bar{\lambda}y + \bar{\mu}z, x \rangle = \lambda \langle y, x \rangle + \mu \langle z, x \rangle = \lambda \langle \phi_x, \phi_y \rangle + \mu \langle \phi_x, \phi_z \rangle.$$

(b)
$$\langle \phi_u, \phi_x \rangle = \langle x, y \rangle = \overline{\langle y, x \rangle} = \overline{\phi_x, \phi_u}.$$

(c)
$$\langle \phi_x, \phi_x \rangle = \langle x, x \rangle \geqslant 0,$$

where equal sign is achieved only when ϕ_x is zero operator.

Then we prove the space H^* is complete. Note that

$$\|\phi_x\|^2 = \langle \phi_x, \phi_x \rangle = \langle x, x \rangle = \|x\|^2$$

then the completeness of H^* follows from Riesz representation theorem.

Problem 3.

Proof. This directly follows from Riesz representation theorem that $T: \mathcal{H} \mapsto \mathcal{H}^*$ with $T(x) = \phi_x$ is an isometry.

Problem 4.

Proof. By Proposition 5.30, we know ran(A) is closed and ker(A) = 0. We guarantee the uniqueness of solution.

Furthermore, by Theorem 8.17 and Theorem 8.18, since $A = A^*$, the equation Ax = y has a solution if y is orthogonal to $\ker(A)$, which is true since $\langle 0, y \rangle = 0$ for every $y \in \mathcal{H}$.

Problem 5.

Proof. a Since for all $x, y \in \mathcal{H}$, we have

$$\langle x, By \rangle = \langle x, Ay \rangle = \langle A^*x, y \rangle.$$

Then by definition and the uniqueness of the adjoint of bounded operator, $B^* = A^*$ which implies that B = A.

b For any $x, y \in H$, we have

$$0 = \langle x + y, (A - B)(x + y) \rangle$$

$$= \langle x, (A - B)x \rangle + \langle y, (A - B)y \rangle + \langle x, (A - B)y \rangle + \langle y, (A - B)x \rangle$$

$$= \langle x, (A - B)y \rangle + \langle y, (A - B)x \rangle.$$

$$0 = \langle x + iy, (A - B)(x + iy) \rangle$$

$$= \langle x, (A - B)x \rangle + \langle iy, (A - B)iy \rangle + \langle x, (A - B)iy \rangle + \langle iy, (A - B)x \rangle$$

$$= i (\langle x, (A - B)y \rangle - \langle y, (A - B)x \rangle.)$$

As a result, $\langle x, (A-B)y \rangle = 0$ for any x, y. Thus by part a, we get A = B.

A real Hilbert space, as shown in the above, it won't has such a property due to lack of cancellation. for example we take $L^2:[0,1]\mapsto\mathbb{C}$ with inner product:

$$\langle f, g \rangle = \operatorname{Re} \left(\int_0^1 \overline{f(x)} g(x) dx \right)$$

Take A = 1 and B = i, then both

$$\langle f, Af \rangle = \operatorname{Re} \left(\int_0^1 |f(x)|^2 dx \right) = \langle f, Bf \rangle.$$