



Hot Off The Grill™ BBQ Chicken







Hot Off The Grill™ Grilled Cheese

12.80g

Iron 1.41mg, Calcium 434.72mg

Vitamin A 440.1 IU

6.72g 2.79g

Integrated Food Service Variety Pack

Three-Product Sampler

Hot Off The Grill™ Southwest Veggie

	Quesadilla	Quesadilla	Sandwich
Sample Pack			
Type Serving Size # Of Servings In Sample # Of Servings Per Case Case Weight Frozen or Dry	Lunch 4.41oz. 2 100 27.56# Frozen	Lunch 4.63oz. 2 100 28.93# Frozen	Lunch 4.25oz. 2 72 19.125# Frozen
States or Regions Available	All states excluding ND, NY, SD and WV	All states excluding ND, NY, SD and WV	All states excluding ND, NY, SD and WV
Nutritional Information			
Whole Grains/Servings Calories	1 serving 323.79	1 serving 328.06	1 serving 323.92

12.58g

8.18q

3.80q

Manufacturer & Contact Information

Fat Content

Fiber

Minerals

Vitamins

Saturated Fats

Manufacturer Company Address

Main Telephone #

Integrated Food Service 310 W. Alondra Blvd. Gardena, CA 90248

(310) 523-3664

Iron 1.93mg, Calcium 510.69gm

Vitamin A 689.38 IU, Vitamin C 10.68mg

Website Address www.integratedfoodservice.com

Iron 2.45mg, Calcium 452.07mg

Vitamin A, 253.33 IU, Vitamin C

10.09g

4.71g

3.86q

7.10mg

Sales Contact sales@integratedfoodservice.com
Sample Contact Michelle Reitzin-Bass, (818) 266-1978, michellereitzin@aol.com

Baking Instructions For Samples

Hot Off The Grill™ BBQ Chicken Quesadillas and Hot Off The Grill™ Southwest Veggie Quesadillas

Conventional oven at 325°F for 15-20 minutes if frozen. Convection oven at 300°F for 15-20 minutes if frozen. Conventional oven at 325°F for 15-20 minutes if thawed. Convection oven at 300°F for 15-20 minutes if thawed. Note: For best results refrigerate product overnight or thaw prior to heating. Cook unwrapped product as close to service as possible – ovens may vary, always cook until internal temperature of 160°F is achieved.

Hot Off The Grill™ BBQ Chicken Quesadillas

Conventional oven at 325°F for 18-20 minutes if frozen. Convection oven at 300°F for 18-20 minutes if frozen. Conventional oven at 350°F for 10-12 minutes if thawed. Convection oven at 325°F for 10-12 minutes if thawed. Note: Sandwiches can be heated from a frozen state; however, it is recommended they are heated from a thawed state.

we've reduced the fat, lowered the sodium and kids love them!



Discover our healthy, reduced fat and low-sodium products!

- Twice Grilled Quesadillas: Southwest Veggie and BBQ Chicken
- Reduced Fat, Low Sodium Grilled Cheese Sandwiches

sales@integratedfoodservice.com 800-560-9999 or 310-523-3664 www.integratedfoodservice.com









Brand: Hot Off The Grill Code No: 365000 C36500

Product Name: BBQ Chicken Quesadilla - Individually Wrapped

Contribution to USDA Meal Pattern Requirements: 2.25 Bread, 1 servings of Whole Grain

Credit, 2 Meat/Meat Alternative

Portion Size As Purchased: 4.41oz. Case Count: 100

Cube: 0.88 ** Case dimensions: 18x12x7 ** Pallet configuration: 8x10 ** Case per pallet: 80 **

Type & Raw Weight Meat /Meat Alt. 0.50 oz Diced Chicken Meat, 1.50 oz Mozzarella Cheese

Type & Cooked Weight of Enriched or Whole Grain Product: 2.10 oz Whole Grain Flour Tortilla made with Whole Grain Wheat Flour and Bleached Enriched Flour (Contains minimum of 35.24 grams of flour).

Nutrition Information:

Weight	125.02 g	Dietary Fiber	3.30 g	Sugar	3.52 g
Calories	310.69	Fat (total)	11.95 g	Calcium	443.95 mg
% Calories Fat	34.49 %	Fat (saturated)	6.30 g	Iron	2.02 mg
% Calories Sat Fat	18.25 %	Trans Fat	0.00 g	Vitamin C	6.48 mg
Protein	18.13 g	Cholesterol	39.87 mg	Vitamin A	254.08 IU
Carbohydrate	33.00 g	Sodium	516.96 mg		

Ingredients: Whole Grain Flour Tortilla: Whole Grain Wheat Flour, Bleached Enriched Flour, (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains less than 2% of the Following: Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate), Salt, Sugar, Calcium Propionate (Preservative), Potassium Sorbate (Preservative), Mono-Diglycerides, Fumaric Acid, Yeast, Enzyme, L-Cysteine (Dough Conditioner). Mozzarella Cheese: Pasteurized Milk, Cultures, Salt and Enzymes. Grilled Diced Chicken Breast: Chicken Breast, Modified Food Starch, Isolated Soy Protein, Carrageenan. BBQ Sauce: Tomato Puree (Water, Tomato Paste), Sugar, Vinegar, Molasses, Salt, Modified Food Starch, Apple Cider Vinegar. Contains Less Than 2% of Honey, Natural Smoke Flavor, Mustard Flour, Spice, Dried Onions, Dried Garlic. Cilantro. Soybean Oil. Allergen: Wheat, Milk, Soy

Shelf Life: Frozen – 12 months, once thawed – 3 days (refrigerated).

Heating / Handling Instructions:

For best results refrigerate product overnight or thaw prior to heating. Cook wrapped product as close to service as possible – ovens may vary, always cook until internal temperature of 160°F is achieved.

Conventional Oven: 325° F Convection Oven: 300° F Frozen: 15 - 20 min. 15 - 20 min.

Conventional Oven: 325° F Convection Oven: 300° F Thawed: 15 - 20 min. 15 - 20 min.

I certify the above is true.

*Signature of Company Representative: _____ David J. Watzke ____ * Date: __7/25/2011





Brand: Hot Off The Grill Code No: 365100 UPC: 007219391 3651 5

C36510

Product Name: **BBQ Chicken Quesadilla**

Contribution to USDA Meal Pattern Requirements: 2.25 Bread, 1 servings of Whole Grain

Credit, 2 Meat/Meat Alternative

Portion Size As Purchased: 4.41oz. Case Count: 100

Cube: 0.88 ** Case dimensions: 18x12x7 ** Pallet configuration: 8x10 ** Case per pallet: 80 **

Type & Raw Weight Meat /Meat Alt. 0.50 oz Diced Chicken Meat, 1.50 oz Mozzarella Cheese

Type & Cooked Weight of Enriched or Whole Grain Product: <u>2.10 oz Whole Grain Flour Tortilla</u> made with Whole Grain Wheat Flour and Bleached Enriched Flour (Contains minimum of 35.24 grams of flour).

Nutrition Information:

Weight	124.53 g	Dietary Fiber	3.86 g	Sugar	3.36 g
Calories	323.79	Fat (total)	10.09 g	Calcium	452.07 mg
% Calories Fat	30.30 %	Fat (saturated)	4.71 g	Iron	2.45 mg
% Calories Sat Fat	13.09 %	Trans Fat	0.00 g	Vitamin C	7.10 mg
Protein	18.08 g	Cholesterol	39.87 mg	Vitamin A	253.33 IU
Carbohydrate	32.88 g	Sodium	528.89 mg		

Ingredients:

Whole Grain Flour Tortilla: Whole Grain Wheat Flour, Bleached Enriched Flour, (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains less than 2% of the Following: Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate), Salt, Sugar, Calcium Propionate (Preservative), Potassium Sorbate (Preservative), Mono-Diglycerides, Fumaric Acid, Yeast, Enzyme, L-Cysteine (Dough Conditioner). Mozzarella Cheese: Pasteurized Milk, Cultures, Salt and Enzymes. Grilled Diced Chicken Breast: Chicken Breast, Modified Food Starch, Isolated Soy Protein, Carrageenan. BBQ Sauce: Tomato Puree (Water, Tomato Paste), Sugar, Vinegar, Molasses, Salt, Modified Food Starch, Apple Cider Vinegar. Contains Less Than 2% of Honey, Natural Smoke Flavor, Mustard Flour, Spice, Dried Onions, Dried Garlic. Cilantro. Soybean Oil. Allergen: Wheat, Milk and Soy

Shelf Life: Frozen – 12 months, once thawed – 3 days (refrigerated)

Heating / Handling Instructions:

For best results refrigerate product overnight or thaw prior to heating. Cook unwrapped product as close to service as possible – ovens may vary, always cook until internal temperature of 160° F is achieved.

Conventional Oven: 325° F Convection Oven: 300° F Frozen: 15 - 20 min. 15 - 20 min. Conventional Oven: 325° F Convection Oven: 300° F Thawed: 15 - 20 min. 15 - 20 min.

I certify the above is true.

*Signature of Company Representative: <u>David J. Watzke</u> * Date: <u>7/5/2011</u>





Brand: Hot Off The Grill Code No: 363000 C36300

Product Name: Southwest Veggie Quesadilla - Individually Wrapped

Contribution to USDA Meal Pattern Requirements: 2.25 Bread, 1 servings of Whole Grain

Credit, 2 Meat/Meat Alternative

Portion Size As Purchased: 4.63oz. Case Count: 100

Cube: 0.88 ** Case dimensions: 18x12x7 ** Pallet configuration: 8x10 ** Case per pallet: 80 **

Type & Raw Weight Meat /Meat Alt. <u>0.50 oz. Reduced Fat Cheddar Cheese</u>, <u>1.50 oz. Lite</u> Mozzarella Cheese

Type & Cooked Weight of Enriched or Whole Grain Product: 2.10 oz Whole Grain Flour Tortilla made with Whole Grain Wheat Flour and Bleached Enriched Flour (Contains minimum of 35.24 grams of flour).

Nutrition Information:

Weight	130.91 g	Dietary Fiber	3.80 g	Sugar	0.80 g
Calories	328.06	Fat (total)	12.58 g	Calcium	510.69 mg
% Calories Fat	34.45 %	Fat (saturated)	8.18 g	Iron	1.93 mg
% Calories Sat Fat	22.98 %	Trans Fat	0.00 g	Vitamin C	10.68 mg
Protein	21.21 g	Cholesterol	30.19 mg	Vitamin A	689.38 IU
Carbohydrate	33.13 g	Sodium	581.32 mg		

Ingredients: Whole Grain Flour Tortilla: Whole Grain Wheat Flour, Bleached Enriched Flour, (Wheat Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains less than 2% of the Following: Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate), Salt, Sugar, Calcium Propionate (Preservative), Potassium Sorbate (Preservative), Mono-Diglycerides, Fumaric Acid, Yeast, Enzyme, L-Cysteine (Dough Conditioner). Cheese Blend: Lite Mozzarella Cheese: Lite Mozzarella Cheese (Pasteurized Skim Milk, Cheese Culture, Salt and Enzymes), Sodium Propionate.Reduced Fat Cheddar Cheese: Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto-Color (If Colored). Powdered Cellulose (Anti-Caking Agent). Roasted Vegetable Blend: Corn, Black Beans (Water, Black Beans, Salt), Poblano Chiles, Red Bell Peppers. Contains 2% or less of Extra Virgin Olive Oil. Soybean Oil. Allergen: Wheat, Milk, Soy

Shelf Life: Frozen – 12 months, once thawed – 3 days (refrigerated)

Heating / Handling Instructions:

For best results refrigerate product overnight or thaw prior to heating. Cook wrapped product as close to service as possible – ovens may vary, always cook until internal temperature of 160°F is achieved.

Conventional Oven: 325° F
Frozen: 15 - 20 min. 15 - 20 min.

Conventional Oven: 325° F
Convection Oven: 300° F
Convection Oven: 300° F
Thawed: 15 - 20 min. 15 - 20 min.

I certify the above is true.

*Signature of Company Representative: _____ David J. Watzke ____ * Date: __7/21/2011





Brand: Hot Off The Grill Code No: 363100 UPC: 007219391 3631 7

C36310

Product Name: Southwest Veggie Quesadilla

Contribution to USDA Meal Pattern Requirements: 2.25 Bread, 1 servings of Whole Grain

Credit, 2 Meat/Meat Alternative

Portion Size As Purchased: 4.63oz. Case Count: 100

Cube: 0.88 ** Case dimensions: 18x12x7 ** Pallet configuration: 8x10 ** Case per pallet: 80 **

Type & Raw Weight Meat /Meat Alt. <u>0.50 oz. Reduced Fat Cheddar Cheese</u>, <u>1.50 oz. Lite</u> Mozzarella Cheese

Type & Cooked Weight of Enriched or Whole Grain Product: <u>2.10 oz Whole Grain Flour Tortilla</u> made with Whole Grain Wheat Flour and Bleached Enriched Flour (Contains minimum of 35.24 grams of flour).

Nutrition Information:

Weight	130.91 g	Dietary Fiber	3.80 g	Sugar	0.80 g
Calories	328.06	Fat (total)	12.58 g	Calcium	510.69 mg
% Calories Fat	34.45 %	Fat (saturated)	8.18 g	Iron	1.93 mg
% Calories Sat Fat	22.98 %	Trans Fat	0.00 g	Vitamin C	10.68 mg
Protein	21.21 g	Cholesterol	30.19 mg	Vitamin A	689.38 IU
Carbohydrate	33.13 g	Sodium	581.32 mg		

Ingredients:

Whole Grain Flour Tortilla: Whole Grain Wheat Flour, Bleached Enriched Flour, (Wheat Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains less than 2% of the Following: Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate), Salt, Sugar, Calcium Propionate (Preservative), Potassium Sorbate (Preservative), Mono-Diglycerides, Fumaric Acid, Yeast, Enzyme, L-Cysteine (Dough Conditioner). Cheese Blend: Lite Mozzarella Cheese: Lite Mozzarella Cheese (Pasteurized Skim Milk, Cheese Culture, Salt and Enzymes), Sodium Propionate. Reduced Fat Cheddar Cheese: Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto-Color (If Colored). Powdered Cellulose (Anti-Caking Agent). Roasted Vegetable Blend: Corn, Black Beans (Water, Black Beans, Salt), Poblano Chiles, Red Bell Peppers. Contains 2% or less of Extra Virgin Olive Oil. Soybean Oil. Allergen: Wheat, Milk, Soy

Shelf Life: Frozen – 12 months, once thawed – 3 days (refrigerated)

Heating / Handling Instructions:

For best results refrigerate product overnight or thaw prior to heating. Cook unwrapped product as close to service as possible – ovens may vary, always cook until internal temperature of 160° F is achieved.

Conventional Oven: 325° F Convection Oven: 300° F Frozen: 15 - 20 min. 15 - 20 min. Conventional Oven: 325° F Convection Oven: 300° F Thawed: 15 - 20 min. 15 - 20 min.

I certify the above is true.

*Signature of Company Representative: _____ David J. Watzke ____ * Date: __7/21/2011







Brand: Hot Off The Grill Code No: 134000 UPC: 007219391 3400 9

C13400

Product Name: <u>Grilled Cheese on Whole Grain, Reduced Sodium</u> CN Label: <u>078327</u>

Contribution to USDA Meal Pattern Requirements: 2.25 Bread, 1 servings of Whole Grain

Credit, 2 Meat/Meat Alternative

Portion Size As Purchased: 4.25oz. Case Count: 72

Cube: 0.93 ** Case dimensions: 19.5x 9.19 x 9.13 ** Pallet configuration: 10 x 8 ** Case per pallet: 80 **

Type & Raw Weight Meat /Meat Alt. <u>1.5 oz. Reduced Fat American Cheese</u>, <u>0.5 oz Mozzarella</u> Cheese

Type & Cooked Weight of Enriched or Whole Grain Product: <u>2.24 oz. Whole Grain Bread made</u> with Whole Wheat Flour and Enriched Bread Flour (Contains minimum of 33.18 grams of flour)

Nutrition Information:

Weight	122.2 g	Dietary Fiber	2.79 g	Sugar	6.34 g
Calories	323.92	Fat (total)	12.80 g	Calcium	434.72 mg
% Calories Fat	35.29 %	Fat (saturated)	6.72 g	Iron	1.41 mg
% Calories Sat Fat	18.67 %	Trans Fat	0.00 g	Vitamin C	0.00 mg
Protein	19.21 g	Cholesterol	33.33 mg	Vitamin A	440.1 IU
Carbohydrate	35.02 g	Sodium	812.93 mg		

Ingredients: Whole Grain Bread: Water, Whole Wheat Flour, Enriched Bread Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Bread Base (Sugar, Soy Oil, Dextrose, Salt, Wheat Flour, Mono & Diglycerides, Calcium Stearoyl Lactylate, Wheat Gluten, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono & Diglycerides, Ammonium Sulfate, Ethoxylated Mono & Diglycerides, Guar Gum, , Ascorbic Acid, Monocalcium Phosphate, Potassium Iodite, Enzyme, Calcium Peroxide), Sugar, Yeast, Wheat Gluten, Calcium Propionate (Preservative). Processed American Cheese: Reduced Fat American Cheese (Milk, Salt, Cheese Cultures, Enzymes), Water, Nonfat Dry Milk, Whey, Cream, Sodium Citrate, Salt, Sorbic Acid (Added as a preservative), Soy Lecithin (Non sticking agent), APO Carotenal (if colored). Mozzarella Cheese: Pasteurized Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose to prevent caking. Soybean Oil. Allergen: Wheat, Soy, Milk

Shelf Life: Frozen 12 months, once thawed 5 days (refrigerated)

Heating / Handling Instructions:

Sandwiches can be heated from a frozen state; however, it is recommended they are heated from a thawed state.

Conventional Oven: 325° F Convection Oven: 300° F Frozen: 18 - 20 min. 18 - 20 min.

Conventional Oven: 350° F Convection Oven: 325° F Thawed: 10 - 12 min. 10 - 12 min.

I certify the above is true.

*Signature of Company Representative: Sharon C. Nienberg * Date: 10/4/2010