



# Make <sup>at</sup> (least!) half your grains **whole**

Here are just a few of the many ways schools can take advantage of the Whole Grains Council. And, because we're an educational non-profit, all our services for schools are FREE!

- ☒ Enter the Whole Grains Challenge, an annual foodservice contest for schools.
- ☒ Download our collection of kid-tested whole grain recipes for schools.
- ☒ Find whole grain products, with our extensive lists of almost 6,000 products now using the Whole Grain Stamp.
- ☒ Download handouts and lesson plans for schools (including some in Spanish).
- ☒ Discover how you can use the Whole Grain Menu Symbol in your school.
- ☒ Access links for proposed new federal school rules, the Healthier US School Challenge, and more – all in one place!
- ☒ Find useful information on whole grains that you're welcome to "borrow" for parent newsletters and menus.
- ☒ Visit [WholeGrainsCouncil.org](http://WholeGrainsCouncil.org) today!



## The Whole Grains Council

Your one-stop resource for bringing more whole grains to your school