



Flowers Bakeries
FOODSERVICE



Mountain Farm™ 24 oz. White Pullman made with Whole Grains

Samples

Type	Breakfast, Lunch
Serving Size	1 slice (28 g/1.0 oz)
# Of Servings In Sample	24 (1 loaf)
# Of Servings Per Case	220 usable slices
Case Weight	15 lbs. (net)/17.10 (gross)
Frozen or Dry	Frozen

States or Regions Available Nationally

Nutritional Information

Whole Grains/Servings	8g per serving
Calories	80
Fat Content	1g
Saturated Fats	0g
Fiber	1g
Minerals	Iron 6%
Vitamins	Vitamin A 0%, Vitamin C 0%

Manufacturer & Contact Information

Manufacturer Company Address

Flowers Bakeries Foodservice
5087 South Royal Atlanta Drive
Tucker, GA 30078

Main Telephone #

(866) 357-6225

Website Address

www.europeanbakers.com

Sales & Sample Contact

Mike Fromme, VP Foodservice Sales, (866) 357-6225, Mike.Fromme@flocorp.com

Baking Instructions For Samples

Thaw overnight at ambient temperature and serve.



FlowersBakeries
FOODSERVICE

Bakery Products for Schools



Made with Whole Grains Hamburger Buns

Made with Whole Grains Hot Dog Buns

Made with Whole Grain Pullman Bread

Available through your
local Foodservice Distributor.

Flowers Bakeries Foodservice • 5087 South Royal Atlanta Drive • Tucker, GA 30084
866-357-6225 • Fax: 800-639-2671 • www.europeanbakers.com



Material Description: Mountain Farm 24 oz. Pullman made with Whole Grains
Material Number: 27035670
Pack: 10/1 pk
Gross Weight: 17.10 lbs.
Net Weight: 15.00 lbs.
Cube: 1.84
Case Dimensions: 21.375 x 14.5 x 10.25
Cases per layer: TI 5
Layers per Pallet: HI 7
Cases per Pallet: 35
Shelf Life: 270 days frozen/7 days after thaw
UPC #: 0-00-72250-00971-3

Nutrition Facts

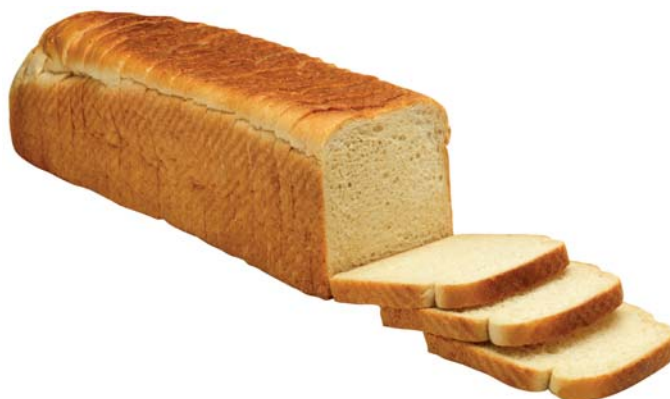
Serving Size 1 Slice (28 g/ 1.0 oz)
Servings Per Container 24

Amount Per Serving

Calories	80	Calories from Fat	10
% DAILY VALUE *			
Total Fat	1 g		1 %
Saturated Fat	0 g		0 %
Trans Fat	0 g		
Polyunsaturated Fat	0.5 g		
Monounsaturated Fat	0 g		
Cholesterol	0 mg		0 %
Sodium	160 mg		7 %
Total Carbohydrate	15 g		5 %
Dietary Fiber	1 g		5 %
Sugars	2 g		
Protein	3 g		
Vitamin A	0 %	Vitamin C	0 %
Calcium	0 %	Iron	6 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



INGREDIENT LABELING INFORMATION

WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) SUGAR, WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, MONOGLYCERIDES AND/OR DIGLYCERIDES, CALCIUM PEROXIDE, CALCIUM IODATE, DATEM, ETHOXYLATED MONO- AND DIGLYCERIDES, AZODICARBONAMIDE), CALCIUM SULFATE, SOY LECITHIN, PRESERVED WITH CALCIUM PROPIONATE (TO RETARD SPOILAGE)

CLAIMS:

8g of Whole Grains per serving
1 bread servings per slice

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