

Andreea Serafim – Pilates Mat Class Acknowledgment Form

Welcome to your Pilates Mat Class. This acknowledgment form applies only to classes organised and delivered independently by Andreea Serafim.

By signing below, I confirm that:

- I have previously read and signed the Pilates Mat Class Terms & Conditions and Liability Waiver.
- The agreement remains in full effect for all sessions I attend.
- My health status has not changed since signing the original waiver.
- I understand that participation remains at my own risk.

Participant Name (Printed in Capital Letters):

Signature:

Date:

Class Attendance Record

Class 1 – Date: _____ Signature: _____

Class 2 – Date: _____ Signature: _____

Class 3 – Date: _____ Signature: _____

Class 4 – Date: _____ Signature: _____