Vancomycin versus cefazolin prophylaxis for cardiac surgery in the setting of a high prevalence of methicillinresistant staphylococcal infections

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Objective: This study was undertaken to compare the efficacy of vancomycin prophylaxis with that of cefazolin in preventing surgical site infections in a tertiary medical center with a high prevalence of methicillin-resistant staphylococcal infections.

Methods: All adult patients (≥18 years) scheduled for cardiac surgery requiring sternotomy were randomly assigned to receive vancomycin (1 g every 12 hours) or cefazolin (1 g every 8 hours). Prophylaxis was started during the induction of anesthesia and continued for only 24 hours. Patients were followed up for at least 30 days (1 year for those receiving a cardiac implant). Surgical site infections were stratified according to the National Nosocomial Infections Surveillance System risk index.

Results: Of the 885 patients included in the study, 452 received vancomycin and 433 received cefazolin. The overall surgical site

infection rates were similar in the two groups (43 cases in the vancomycin group, 9.5%, vs 39 cases in the cefazolin group, 9.0%, P = .8). Superficial and deep incisional surgical site infection rates were also similar in the two groups. There was a trend toward more frequent organ-space infections and infections with βlactam-resistant organisms among patients receiving cefazolin, but this trend did not reach statistical significance. In contrast, surgical site infections caused by methicillin-susceptible staphylococci were significantly more common in the vancomycin group (17 cases, 3.7%, vs 6 cases, 1.3%, P = .04). The durations of postoperative hospitalization and the mortalities were similar in the two groups.

Conclusions: This trial suggests that vancomycin and cefazolin have similar efficacy in preventing surgical site infections in cardiac surgery.

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n estimated 468,000 coronary artery bypass grafting (CABG) procedures and more than 60,000 valve implantations are performed annually in the United States. 1,2 Surgical site infections (SSIs), particularly organ-space infections, have serious implications when associated with these operations because of the substantial morbidity, mortality, and expense that they add to the health care system. The benefits of antibiotic prophylaxis in cardiovascular surgery have been clearly demonstrated in several placebo-controlled studies, 3-6 but the choice of the

optimal agent remains controversial. Cephalosporins have been the mainstay of prophylaxis in cardiac surgery because staphylococci are the most common organisms isolated from both vein donor sites and chest wound infections.^{7,8} A recent review, sponsored by the Infectious Diseases Society of America and endorsed by both it and the Surgical Infection Society, recommended, "Vancomycin can be given instead of cefazolin to patients who are allergic to cephalosporins or in settings where infections with methicillin-resistant Staphylococcus aureus (MRSA) are prevalent." At the time this study was started, only one published clinical trial had investigated the efficacy of vancomycin relative to that of cephalosporins in preventing SSIs in cardiovascular surgery. 10 That double-blind control study showed the superiority of vancomycin to cefazolin in preventing thoracic SSIs other than mediastinitis. This trial was undertaken to compare the efficacy of cefazolin and vancomycin in preventing SSIs in cardiovascular surgery at a large university hospital with a high prevalence of MRSA infections.

Methods

Patients

The trial was conducted between January 1997 and December 1999 at Rambam Medical Center, Haifa, Israel, where approximately 400 cardiac operations are performed annually on adult patients. MRSA infections have been highly prevalent in our institution for several years. 11 A recently published consensus panel's definitions for discriminating high rates of MRSA transmission have suggested a threshold of 0.5 new nosocomial cases of MRSA per 100 admissions for hospitals with at least 500 beds. 12 According to our computerized records, in 1995 and 1996 there were 3.0 and 2.6 new cases of MRSA infection or colonization, respectively, per 100 admissions in our cardiac surgery ward, easily meeting the criterion for high transmission of MRSA.

The study was approved by the local ethical review committee. Informed consent was not required because we had been using both drugs for prophylaxis in cardiovascular surgery before the trial. All adult patients (≥18 years) scheduled for cardiac surgery requiring sternotomy were considered eligible for the trial. Exclusion criteria included the presence of active infection, the use of antibiotics within 2 weeks before the operation, and a previous cardiac operation requiring sternotomy within 1 year of enrollment in this trial.

Random Assignment and Antibiotic Regimens

Random assignment was performed according to the last digit of the patient's national identification number (similar to US social security number). Patients whose identification number ended in an even digit were scheduled to receive 1.0 g vancomycin intravenously at the induction of the anesthesia over a period of 60 minutes and a similar dose 12 hours later. Patients whose identification number ended in an odd digit were scheduled to receive 1 g cefazolin intravenously over a period of 20 to 30 minutes at the induction of the anesthesia and two additional similar doses at 8-hour intervals. Because the timing of administration of prophy-

laxis is of great importance in preventing SSIs,¹³ we defined the antibiotic regimen as "preoperative prophylaxis" if the antibiotic drug was administered in an optimal period of 2 hours or less before the first surgical incision.

Surgical Preparation and Technical Details

The patients showered with a 7.5% povidone-iodine scrub (Polydine Cleanser; Fisher Pharmaceutical Laboratories, Tel Aviv, Israel) the night before the scheduled operation and again on the morning of the operation. The sites of operation were depilated on the morning of the operation with a hair-removing cream (Vito; Heibel Co, Hadera, Israel). In the operating room all operative sites were scrubbed with the povidone-iodine soap solution and then painted with a 10% povidone-iodine-ethanol tincture (Polydine Tincture; Fisher Pharmaceutical Laboratories). The area of sternotomy was covered with an iodine membrane (Loban; 3M Health Care, St Paul, Minn). All operations were done under conventional cardiopulmonary bypass and moderate hypothermia (rectal temperature 28°C-30°C) with a membrane oxygenator (SpiralGold; Baxter Healthcare Corporation CardioVascular Group, Irvine, Calif). Myocardial protection was achieved with short antegrade and continuous retrograde undiluted blood cardioplegia. The internal thoracic arteries were used in 96% of the patients undergoing CABG operations and were harvested either pedicled or skeletonized according to the surgeon's preference with low-grade diathermy. The greater saphenous vein was harvested through a single skin incision by means of standard surgical procedures. All subcutaneous tissues were approximated with continuous absorbable multifilament sutures (Coated Vicryl; Ethicon, Inc, Somerville, NJ), and skin wounds were closed with stainless steel clips (Weck Closure Systems, Research Triangle Park, NC). All operations were performed by the same team headed by four experienced cardiac surgeons (Y.B., Z.A., V.K., S.M.).

Patient Evaluation

During hospitalization, patients were evaluated daily by cardiac surgeons and three times a week by an infection control nurse. At the discretion of the attending physician, an infectious diseases specialist was also involved in the evaluation and treatment of patients. Cultures were obtained as clinically indicated and processed in the hospital's microbiology laboratory according to standard procedures. All patients were followed up for the appearance of postdischarge SSI with at least two visits, the first 1 week after discharge and the second 3 weeks later. Follow-up was done in the hospital's cardiac surgery outpatient clinics with the presence of an infection control nurse or infectious diseases physician. Patients receiving a cardiac implant were followed up for at least 1 year. Six patients who did not return to the outpatient clinic were contacted by telephone by the infection control nurse.

Definitions

Nosocomial SSIs were defined according to the Centers for Disease Control and Prevention definitions.¹⁴ The criteria are described here.

Superficial SSI. This was an infection involving only skin and subcutaneous tissue with at least one of the following: purulent drainage from the incision, positive results of incisional culture,

TABLE 1. Characteristics of 885 patients receiving cefazolin or vancomycin for prophylaxis in cardiovascular surgery

	Study group		
	Vancomycin	Cefazolin	
Subjects (No.)	452	433	
Male/female ratio	325:127	311:122	
Age (y)			
Mean ± SD	60.9 ± 12.2	61.2 ± 12.8	
Range	18-85	18-85	
60-69 (No.)	347 (76.8%)	323 (75.1%)	
>70 (No.)	105 (23.2%)	108 (24.9%)	
Type of operation (No.)			
CABG (chest and leg)	329 (72.7%)	314 (72.5%)	
CABG (chest only)	10 (2.2%)	12 (2.7%)	
Cardiac operation other than CABG	81(17.9%)	81 (18.7%)	
CABG and other cardiac operation	32 (7%)	26 (6%)	
Cardiac implant	90 (19.9%)	70 (16.1%)	
American Society of Anesthesiology	413 (91.3%)	390 (90%)	
score ≥3 (No.)			
Duration of operation (min)			
Mean ± SD*	284.8 ± 74	273.7 ± 70.9	
Range	110-620	60-780	
>5 h (No.)	134 (29.6%)	187 (27%)	
Risk index (No.)			
Category 0	33 (7.3%)	35 (8.1%)	
Category 1	291 (64.3%)	289 (66.7%)	
Category 2	128 (28.3%)	109 (25.2%)	
Emergency operation (No.)	47 (10.4%)	44 (10.2%)	
Stay before operation (d, mean \pm SD)	3.8 ± 5.3	4.1 ± 5.1	
Preoperative prophylaxis† (No.)	366 (92.4)	369 (94.5)	

^{*}P = .02. No other differences were statistically significant at $P \le .05$. †Definition given in text.

and classic inflammatory signs that led to the incision being deliberately reopened by the surgeon unless results of an incisional culture were negative.

Deep incisional SSI. This was an infection involving deep soft tissues of the incision with at least one of the following: purulent drainage from the deep incision, a deep incision that spontaneously dehisced or was deliberately opened by the surgeon in the presence of fever (temperature ≥38°C) or localized pain or tenderness unless results of an incisional culture were negative, and evidence of infection involving the deep incision found in direct examination or reoperation.

Mediastinitis. Mediastinitis was reported as a specific organspace SSI and was an infection characterized by one of the following: positive results of a culture obtained from mediastinal tissue or fluid during a surgical operation, a patient fever (temperature ≥38°C), chest pain or sternal instability, mediastinal involvement suggested by a computed tomographic scan, and organisms cultured from the mediastinal area.

Sternal osteomyelitis. Sternal osteomyelitis was reported as a specific organ-space SSI and was indicated by a persistent puru-

TABLE 2. Outcomes of 885 patients receiving vancomycin or cefazolin prophylaxis for cardiovascular operations

	-	
	Vancomycin (n = 452)	Cefazolin (n = 433)
Superficial incisional SSI (No.)		
All	25 (5.5%)	20 (4.6%)
Donor site	7 (1.5%)	10 (2.3%)
Chest	18 (4%)	10 (2.3%)
Deep incisional SSI (No.)		
All	12 (2.6%)	7 (1.6%)
Donor site	2 (0.4%)	2 (0.4%)
Chest	10 (2.2%)	5 (1.2%)
Organ-space SSI (No.)		
All	6 (1.3%)	12 (2.7%)
Mediastinitis	5 (1.1%)	7 (1.6%)
Osteomyelitis	0	3 (0.7%)
Endocarditis	1 (0.2%)	2 (0.4%)
Pericarditis	0	0
Any SSI (No.)	43 (9.5%)	39 (9.0%)
Duration of postoperative	8.7 ± 8	9.3 ± 11
hospitalization (d, mean ± SD)		
Deaths (No.)	13 (2.9%)	14 (3.2%)

No differences were significant at $P \le .05$.

lent drainage from the sternotomy confirmed by microbiologic and histopathologic findings.

Pericarditis. Pericarditis was reported as a specific organ-space SSI and was indicated by organisms cultured from pericardial tissue or fluid obtained by needle aspiration or during surgical operation.

Endocarditis. Endocarditis was reported as a specific organspace SSI and was defined according to the Duke criteria.¹⁵

SSI Risk Stratification

SSIs were stratified according to the National Nosocomial Infections Surveillance System risk index. 16 Because all surgical wounds included in our study were classified as clean, the index values ranged from 0 to a maximum of 2.

Statistical Analysis

Before the start of this trial, cefazolin had been used for many years as the routine prophylactic regimen for cardiovascular surgery in our institution. We estimated the number of patients that would be required for an adequate examination of the hypothesis that prophylaxis with vancomycin may result in a significant reduction in the overall rate of SSIs as follows. Because our rate of SSIs with cefazolin was not precisely known, we established this baseline rate by calculating SSI rates occurring during the first 12 months of the study. The overall SSI rate observed among 136 patients receiving cefazolin prophylaxis and included in the study during this period was 10.5%. A total of 405 operations were required in each group for the study to have the ability to show a significant reduction of the SSI rate to 5% with an α level of .20 $\,$ and β error of .05. The reduction to 5% was chosen as a maximal figure approximating the median of SSI rate reported by the

TABLE 3. Microorganisms isolated according to surgical site infections and antibiotic prophylaxis*†

		Vancomycin			Cefazolin			
Pathogens	Leg (n = 9) Chest		t (n = 34)		Leg (n = 12)	Chest (n = 27)		
	Superficial and deep incisional (n = 9)	Superficial and deep incisional (n = 28)	Organ-space (n = 6)	Total (n = 43)	Superficial and deep incisional (n = 12)	Superficial and deep incisional (n = 15)	Organ-space (n = 12)	Total (n = 39)
Coagulase-negative staphylo	cocci							
All	3 (6.9%)	9 (20.9%)	1 (2.3%)	13 (30.2%)	1 (2.5%)	4 (10.2%)	4 (10.2%)	9 (23%)
Methicillin-resistant	1 (2.3%)	5 (11.6%)		6 (14%)		4 (10.2%)	4 (10.2%)	8 (20.5%)
Methicillin-susceptible	2 (4.6%)	4 (9.3%)	1 (2.3%)	7 (16.2%)	1 (2.5%)			1 (2.5%)
S aureus								
All	3 (6.9%)	4 (9.3%)	5 (11.6%)	12 (27.9%)	4 (10.2%)	4 (10.2%)	4 (10.2%)	12 (30.7%)
Methicillin-resistant			2 (4.6%)	2 (4.6%)	1 (2.5%)	2 (5.1%)	4 (10.2%)	7 (17.9%)
Methicillin-susceptible	3 (6.9%)	4 (9.3%)	3 (6.9%)	10 (23.2%)	3 (7.6%)	2 (5.1%)		5 (12.8%)
Enterococci		1 (2.3%)		1 (2.3%)	1 (2.5%)	3 (7.6%)	1 (2.5%)	5 (12.8%)
Gram-negative bacilli	3 (6.9%)	18 (41.8%)		21 (48.8%)	6 (15.3%)	8 (20.4%)	6 (15.3%)	20 (51.2%)
Nocardia			1 (2.3%)	1 (2.3%)				
Culture negative	2 (4.6%)	1 (2.3%)		3 (6.9%)	3 (7.6%)	1 (2.5%)		4 (10.2%)

^{*}None of these differences is significant at P < .05.

National Nosocomial Infections Surveillance System for CABG operations (chest and leg) among patients in risk category $2.^{17}$ The significance of the differences between the two groups was determined by the Student t test or Wilcoxon rank-sum test for continuous variables and by the Fisher exact test or χ^2 test for categoric variables. Calculation was performed with the SPSS statistical program version 9 (SPSS Inc, Chicago, Ill).

Results

Characteristics of Patients

Between January 1997 and December 1999 a total of 1032 patients were considered eligible and enrolled in the trial. Of these 144 were excluded, 123 because of deviations from the antibiotic regimens (110 received both drugs included in the trial and 13 did not receive the drug indicated by the random assignment) and 21 because of incomplete follow-up. Eventually 885 patients completed the trial; 452 received vancomycin and 433 received cefazolin. The two groups were similar with respect to patient characteristics, type of surgery, duration of operation, risk index categories, duration of preoperative hospitalization, and timing of prophylaxis administration (Table 1).

Outcomes

The outcomes of patients in both groups, including SSIs, are shown in Table 2. There were 43 SSIs in the vancomycin group and 39 SSIs in the cefazolin group (overall SSI rates of 9.5% and 9.0%, respectively, P=.8). The observed superficial and deep incisional SSI rates in the

vancomycin group were 5.5% and 2.6%, respectively, as compared with rates of 4.6% and 1.6%, respectively, in the cefazolin group (P = .6 and P = .4, respectively). Most organ-space infections in both groups were mediastinitis. Although organ-space infections were twice as frequent in the cefazolin group as in the vancomycin group (12 cases, 2.7%, vs. 6 cases, 1.3%), this difference did not reach statistical significance (P = .1).

The durations of the postoperative hospitalization and mortalities were similar in the two groups. The overall infection rates were also similar according to the length of stay in the hospital before surgery. In the vancomycin group there were 35 SSIs among 385 patients hospitalized for 6 days or less before the operation and 8 SSIs among 67 patients with preoperative stays of 7 days or longer (9% vs 11.9%, P = .6). In comparison, in the cefazolin group there were 30 SSIs among 357 patients with stays of 6 days or less before the operation and 9 SSIs among 76 patients with preoperative stays of 7 days or longer (8.4% vs 11.8%, P = .4).

Table 3 summarizes the distribution of pathogens isolated in both groups of patients according to the different types and sites of SSI. Pathogens isolated from SSIs were similarly distributed in both groups, although some differences were found that did not reach statistical significance. More than 60% of SSIs were due to gram-positive cocci. *S aureus* was the leading pathogen, closely followed by coagulase-negative staphylococci. Gram-negative bacilli caused approximately 50% of SSIs. Nevertheless, there was a trend toward more common infections with β-lactam–resistant

[†]Some infections were polymicrobial.

TABLE 4. Pathogens isolated from BSIs among 38 patients receiving vancomycin or cefazolin prophylaxis in cardiovascular surgery

	Vancomycin (n = 20)		Cefazolin (n = 18)	
	No.	%	No.	%
Gram-positive cocci				
All	12	60	10	55.5
Methicillin-susceptible S aureus	6	30	2	11.1
Methicillin-resistant S aureus	2	10	4	22.2
Methicillin-susceptible coagulase- negative staphylococci	1	5	0	0
Methicillin-resistant coagulase- negative staphylococci	2	10	2	11.1
Enterococci	1	5	2	11.1
Gram-negative bacilli				
All	11	55	7	38.8
Klebsiella species	6	30	3	16.6
Enterobacter species	2	10	0	0
Serratia species	2	10	1	5.5
Others	1	5	3	16.6
Fungi				
C albicans	0		2	11.1

No differences were significant at P < .05. Some infections were polymicrobial.

gram-positive cocci (eg, MRSA and methicillin-resistant enterococci) in the cefazolin group (18 of 433 patients, 4.2%, vs 9 of 452 patients, 2%, P = .09). In contrast, SSIs due to methicillin-susceptible S aureus and coagulase-negative staphylococci were significantly more frequent among patients who received vancomycin prophylaxis (17 of 452 patients, 3.7%, vs 6 of 433 patients, 1.3%, P = .04). The mean preoperative stays among patients with SSIs caused by methicillin-susceptible staphylococci and by MRSA were similar $(4.65 \pm 5.0 \text{ days vs } 5.7 \pm 10.5 \text{ days}, P = .7)$. Polymicrobial infection rates were also similar in the two groups; 8 of 43 infections (18.6%) in the vancomycin group were polymicrobial, as compared with 11 of 39 infections (28.2%) in the cefazolin group (P = .4).

Of the 38 cases of bloodstream infection (BSI) that occurred during the study, 20 (4.4%) were observed in the vancomycin group and 18 (4.1%) were seen in the cefazolin group (P = .9). In both groups BSIs were significantly more common among patients with SSIs than among those without SSIs. In the vancomycin group 9 BSIs occurred among 43 patients with SSIs (20.9%), as compared with 11 BSIs observed in 409 patients (2.6%) without SSIs (P < .001). In the cefazolin group there were 9 BSIs among 39 patients with SSIs (23%), as compared with 9 BSIs among 394 patients (2.2%) without SSIs (P < .001). BSIs occurred only

among patients with chest infections. Pathogens isolated in cases of BSI are shown in Table 4.

Discussion

Worldwide the cephalosporin antibiotics, in particular the first- and second-generation agents, are the most widely used drugs in surgical practice, including in cardiac surgery. 18,19 Despite a relatively large number of studies, no cephalosporin drug has emerged as clearly superior to the others in reducing SSI rates. A meta-analysis of antibiotic prophylaxis that included six studies of cefazolin versus cefamandole or cefuroxime²⁰ concluded that the secondgeneration cephalosporins were associated with lower prevalence of wound infection than seen with cefazolin. However, subsequent randomized double-blind trials failed to show the superiority of cefamandole or cefuroxime over first-generation cephalosporins in cardiac surgery. 10,21 The use of vancomycin for prophylaxis in cardiac surgery, although much more controversial, might be justified in the light of many observations. First, organ-space infections, although infrequent, have devastating consequences. Second, coagulase-negative staphylococci and S aureus, the most important pathogens responsible for SSIs in cardiac surgery, are frequently resistant to β-lactam antibiotics. Third, some studies have shown that more than 80% of surgical patients who receive a first-generation cephalosporin for prophylaxis become colonized with methicillin-resistant coagulase-negative staphylococci by the seventh postoperative day.^{22,23} Finally, the superiority of vancomycin over cephalosporins in cardiac surgery has been suggested in two previous studies. Maki and colleagues¹⁰ showed in a prospective, double-blind trial that vancomycin, relative to cefazolin and cefuroxime, was associated with a statistically significant reduction in the rate of thoracic surgical SSIs other than mediastinitis. In addition, the mean duration of postoperative hospitalization in the vancomycin group was significantly reduced relative to that observed in the cefazolin group. In a preliminary report, Nafziger and colleagues²⁴ showed that prophylaxis with a first-generation cephalosporin instead of vancomycin appeared to be a risk factor for mediastinitis.

On the other hand, two major problems with the prophylactic use of vancomycin in surgery should be seriously considered. First, several studies have concluded that the use of vancomycin prophylaxis in cardiac and noncardiac surgery may result in serious untoward effects, particularly hypotension. 25,26 Second, and more important, are the alarming problems of vancomycin-resistant enterococci²⁷ and more recently glycopeptide-intermediate-resistant S aureus. 28 Reports of these emerging resistances have significantly altered attitudes toward the use of vancomycin prophylaxis in surgery. As a consequence, recent guidelines for prevention of SSIs strongly recommend avoiding the routine use of vancomycin

for antimicrobial prophylaxis in surgery.²⁹ These recommendations may be strengthened by a recently published trial³⁰ that showed similar results when vancomycin and cefuroxime were used for antimicrobial prophylaxis in CABG.

The major objective of our trial was to investigate whether SSI rates associated with cardiac surgery could be reduced by the use of vancomycin prophylaxis in an institution with a high prevalence of MRSA infections. Although we observed a trend toward more serious infections occurring among patients who received cefazolin prophylaxis, this trend did not reach statistical significance. As could be expected, SSIs caused by methicillin-resistant gram-positive cocci were more common among patients who received cefazolin prophylaxis. However, the overall results were counterbalanced by the fact that infections with methicillin-susceptible staphylococci were significantly more frequent in the vancomycin group. Paradoxically, infections with gram-negative bacilli were equally common in the two groups.

Although a prolonged preoperative stay is a likely surrogate for severity of illness, it is frequently suggested as a patient characteristic associated with increased SSI risk.²⁹ Moreover, infections with resistant organisms, including MRSA, are typically hospital acquired. Therefore one could make a point in favor of the use of vancomycin as surgical prophylaxis for patients with a prolonged preoperative stay. In this study, however, SSI rates and infections with MRSA were not affected by a more prolonged preoperative stay. Thus our results do not support the use of vancomycin prophylaxis in this setting.

It appears that the random assignment achieved a good balance among the various covariates of the two groups (Table 1). Nevertheless, the fact that the trial could not be performed in a double-blinded fashion represents an important limitation of this study. Taking this limitation in consideration, we conclude that this study could not show any clear advantage of vancomycin over cefazolin in reducing SSI rates in cardiac surgery at our institution, where the prevalence of MRSA infections is high. Possible explanations may include the superiority of cefazolin over vancomycin in preventing infections with β -lactam–susceptible organisms or the possibility that some serious infections complicating cardiac operations are initiated after the operation in a critical care setting, rather than being acquired during operation.^{31,32} Our data appear to support the continuing efforts to restrict the prophylactic use of vancomycin in surgical practice.

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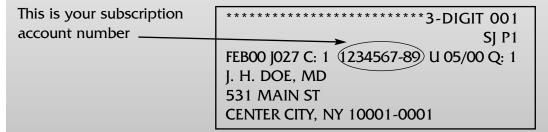
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