

Project description – Nutrition

Problem

Living on a Low Carb High Fat (LCHF) diet can sometimes be frustrating. You have to know what food contains too many carbohydrates for you to eat to be able to follow this diet. He/she wants a way to look up a certain type of food on the go in his/hers phone.

Proposed solution

Design an app that communicates with the Swedish National Agency database via a third-part API provider. From within the app the user can search for food and see its nutrition values and also mark the food as a favorite. The favorites are then accessible via a favorites list.