**AI Mood Tracker**

**Step 1: Setting Up Development variables**

1. Install Node.js (For React Native & Express.js)
   * Node.js allows us to run JavaScript outside a browser. It's required for **React Native (Expo)** and the **Express.js backend**.
2. Install Python (For FastAPI)
   * Python is used for our AI-based features and the FastAPI backend.
3. Install Expo CLI (For React Native Mobile App)
   * Expo makes it easy to build React Native apps.
4. Install Git (For Version Control)
   * Git helps track code changes and collaborate.
5. Install PostgreSQL (For Database)
   * We need PostgreSQL to store mood logs, AI insights, and user data.
6. Install Firebase CLI (For Notifications & Chat)
   * Firebase CLI lets us interact with Firebase services.

**Step 2: Setting Up GitHub & Git for the Project**