data extraction query based on cohort definition

```sql
SELECT
    s.*,
    u.birthdate,
    u.gender,
    u.married,
    u.has_children,
    u.home_country,
    u.home_city,
    u.home_airport,
    u.home_airport_lat,
    u.home_airport_lon,
    u.sign_up_date,
    f.origin_airport AS flight_origin_airport,
    f.destination AS flight_destination,
    f.destination_airport AS flight_destination_airport,
    f.seats AS flight_seats,
    f.return_flight_booked AS flight_return_flight_booked,
    f.departure_time AS flight_departure_time,
    f.return_time AS flight_return_time,
    f.checked_bags AS flight_checked_bags,
    f.trip_airline AS flight_trip_airline,
    f.destination_airport_lat AS flight_destination_airport_lat,
    f.destination_airport_lon AS flight_destination_airport_lon,
    f.base_fare_usd AS flight_base_fare_usd,
    h.hotel_name AS hotel_name,
    h.rooms AS hotel_rooms,
    h.check_in_time AS hotel_check_in_time,
    h.check_out_time AS hotel_check_out_time,
    h.hotel_per_room_usd AS hotel_per_room_usd
FROM
    sessions AS s
JOIN
    users AS u ON s.user_id = u.user_id
LEFT JOIN
    flights AS f ON s.trip_id = f.trip_id
LEFT JOIN
    hotels AS h ON s.trip_id = h.trip_id
WHERE s.user_id IN ( SELECT user_id
                     FROM sessions
                     WHERE session_start >= '2023-01-04'
                     GROUP BY user_id
                     HAVING COUNT(session_id) > 7 );
```