Exercice 1

a) on vent calabler le monent d'vertre par rapport à l'aire Aê,

 $T_{\hat{\epsilon_1}} = \sum_{\alpha} m_{\alpha} (d_{\alpha})^2$ 

 $= mp_{5} + m(-p)_{5} + mp_{5}$ 

 $=2mb^2+mh^2$ 

 $T_{e_2} = mb^2 + m(b^2 + h^2)$ 

 $= 2 \text{ mb}^2 + \text{ mh}^2$ 

Ie3 = mb2 + mb2 + mb2 + mb2

= 4mb<sup>2</sup>

$$\frac{1}{b} = \frac{1}{b^2 + mb^2} + \frac{1}{mh^2}$$

$$= \frac{2}{mb^2} + \frac{1}{mh^2}$$

$$= \frac{2}{b} + \frac{1}{b}$$

$$= \frac{1}{b^2 + m^2}$$

$$= \frac{1}{b^2 + m^2}$$

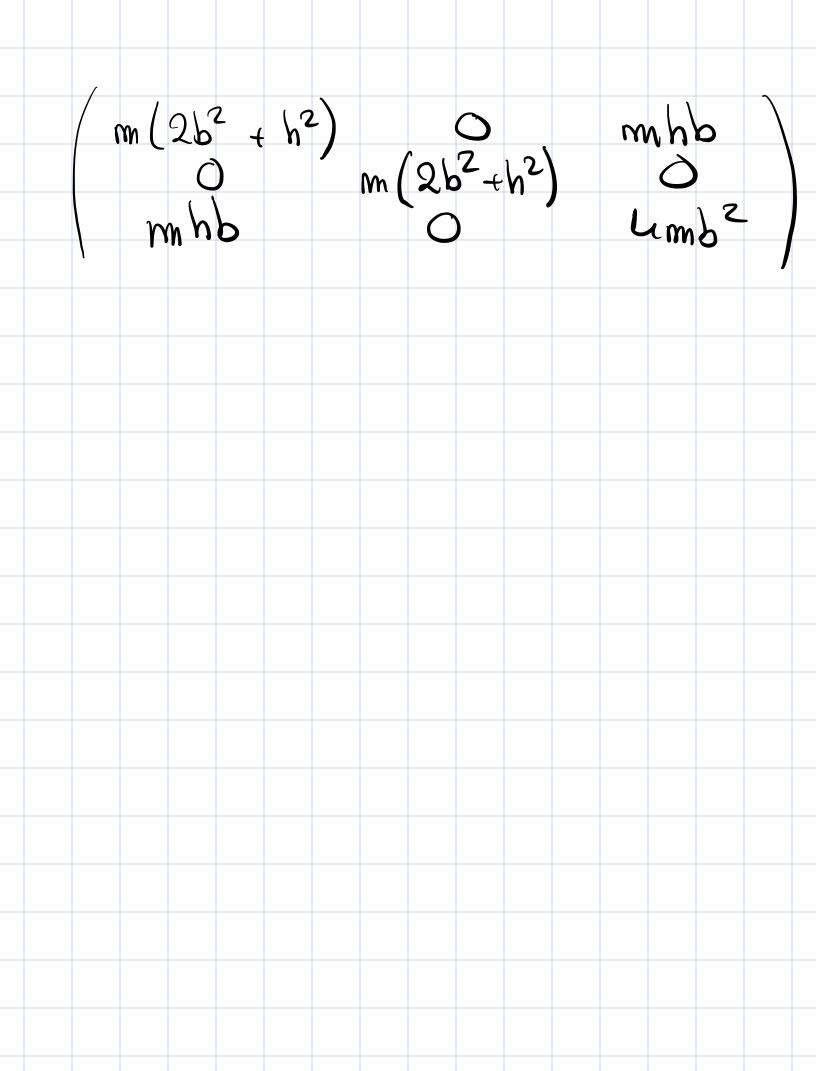
$$\frac{T}{\Delta} = \frac{mb^2 + mb^2 + m \frac{h^2b^2}{b^2 + h^2}}$$

$$= mb^2 \left(2 + \frac{h^2}{b^2 + h^2}\right)$$

$$= \frac{mb^2}{b^2 + h^2} \left( 2(b^2 + h^2) + h^2 \right)$$

$$= \frac{mb^2}{b^2+h^2} \left(2b^2+3h^2\right)$$

$$(\widehat{I}_{A})_{ij} = \sum_{\alpha} m_{\alpha} [(\widehat{AP_{\alpha}})^{2} S_{ij} - (\widehat{AP_{\alpha}})_{i} (\widehat{AP_{\alpha}})_{i}]$$



## COEFF DIAGONAUX

$$(I_A)_{m} = \sum_{\alpha} m_{\alpha} ((AP_{\alpha})^2 - (AP_{\alpha})_{\alpha})^2$$

$$= m(b^2 - b^2)$$

$$+ m((-b)^2 - 0^2)$$

$$=I_{A,1}$$

$$= m(b^2 - 0^2) + m(h^2 + b^2 - 0^2)$$
  
 $+ m(b^2 - b^2) + m(h^2 + b^2 - 0^2)$ 

$$= mb^2 + m(h^2 + b^2) = 2mb^2 + mh^2$$

$$= m(b^2-0^2) + m(b^2-0^2)$$

$$+ m((-b)^2 - 0^2) + m(h^2 + b^2 - h^2)$$

## COEFF NON DIAGONAUX

$$\left(\overline{L}_{A}\right)_{A/2} = \sum_{\alpha} m_{\alpha} \left(-\left(AP_{\alpha}\right)_{1} \left(AP_{\alpha}\right)_{2}\right)$$

$$-m(-b.0) + m(-b.b)$$

$$+ m(-p\cdot(-p) + m(-p\cdot0)$$

$$(I_{A})_{1/3}$$
=  $m(-b.0) + m(-b.0)$ 
+  $m(b-b)$ 
=  $mbh$ 

$$(I_{A})_{2/1}$$
=  $m(0.b)$ 
+  $m(b-0)$ 
+  $m(b-0)$ 

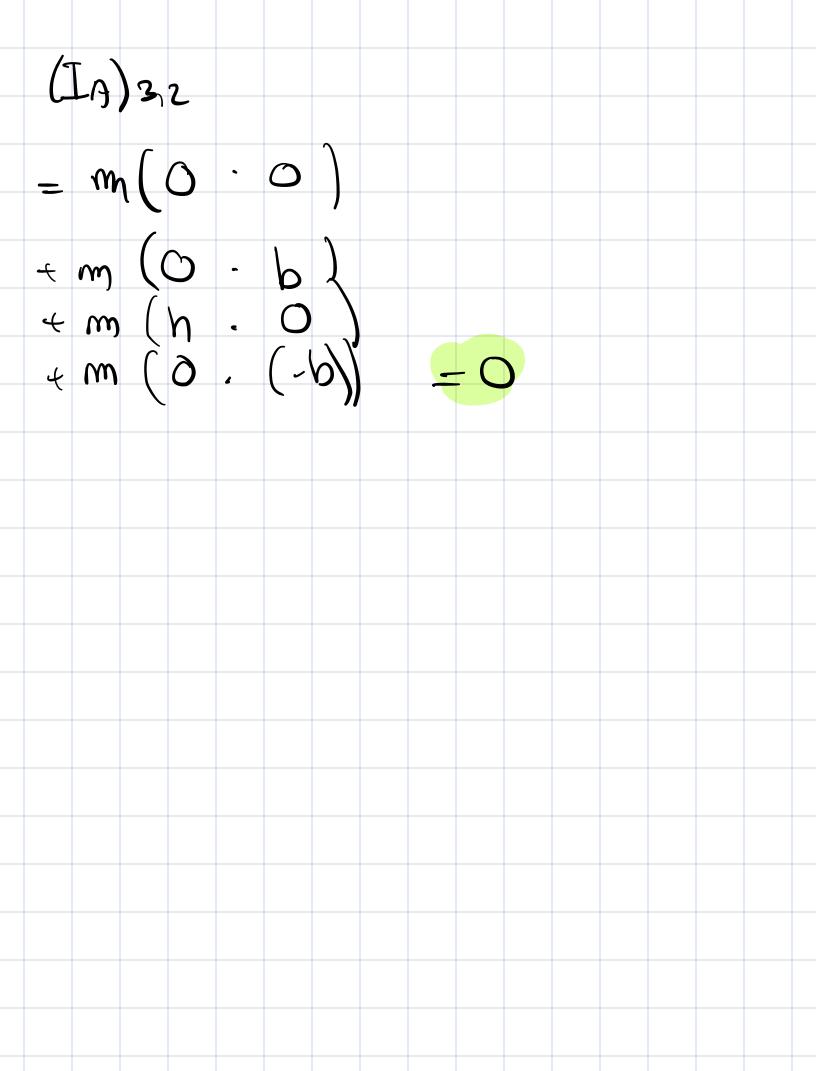
$$(IA)_{2,3}$$

$$= m(O \cdot O)$$

$$= m(O \cdot D)$$

$$= m(O \cdot O)$$

$$= mhb$$



Ecin = 
$$\frac{1}{2}$$
 MVA  
+  $\frac{1}{2}$   $\frac{1}{3}$   $\frac$ 

$$E_{cm} = \frac{1}{2} \text{MV}_{A} + \frac{1}{2} \vec{\omega} \cdot (\vec{\Sigma}_{A} \cdot \vec{\omega})$$

$$= \frac{1}{2} \text{MV}_A + \frac{1}{2} \text{I}_{\Delta} \omega^2$$

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