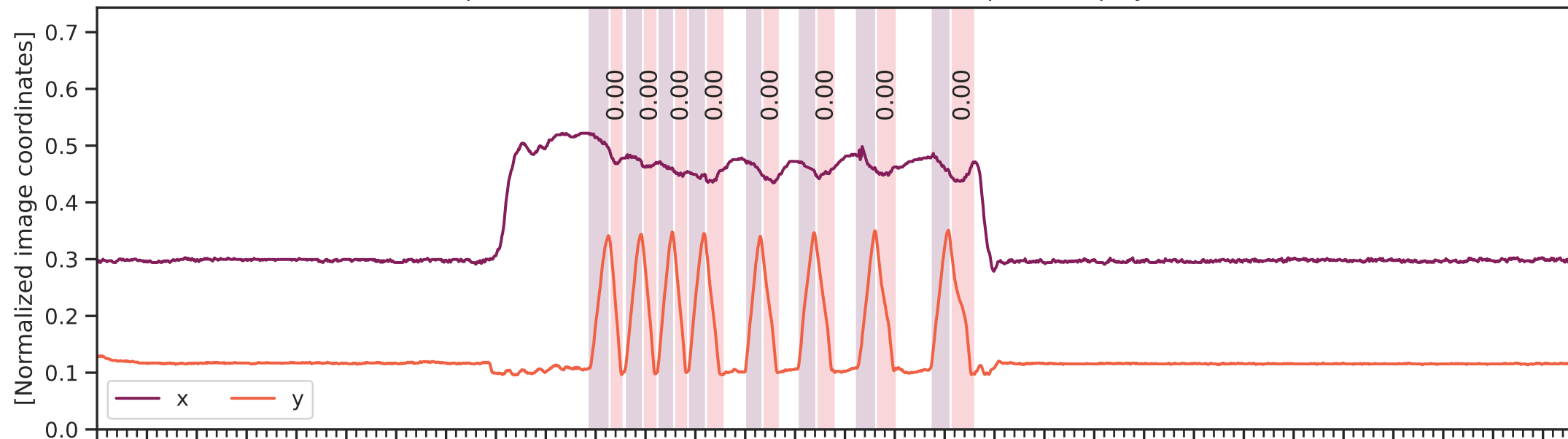009_squat_9reps, id: 30, model: efficientdet_lite0_whole

Bar position over time, ROM for each concentric phase displayed in [m]

Bar speed over time, ACV for each concentric phase displayed in [m/s]