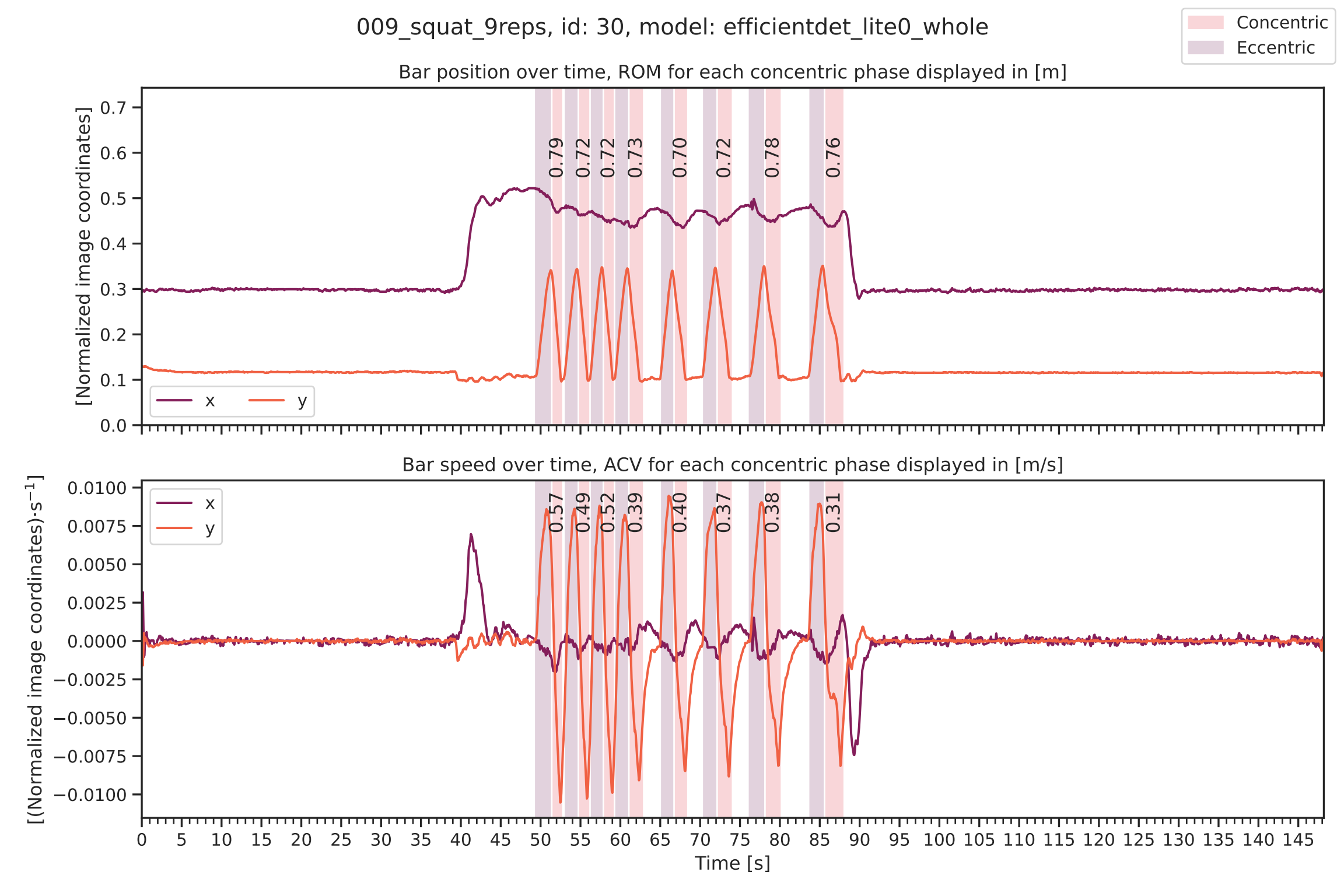
009_squat_9reps, id: 30, model: efficientdet_lite0_whole
Concentric
Eccentric
Bar position over time, ROM for each concentric phase displayed in [m]
[Normalized image coordinates]
0.79
0.72
0.72
0.73
0.70
0.72
0.78
0.76
x
y
Bar speed over time, ACV for each concentric phase displayed in [m/s]
[(Normalized image coordinates)·s⁻¹]
0.57
0.49
0.52
0.39
0.40
0.37
0.38
0.31
Time [s]