

Timer

Quick Reference

- **Determine which timer will protect the heads of younger backstroke swimmers**
 - Keep your hand flat against the wall, contact with the hand counts as a wall touch
- **Ask the swimmer for their name**, do NOT ask if they are the name written on the sheet
- **Always record all times** (even when disqualified)
- **Record full time**, including milliseconds
- Write **NS** for a no-show
- **Compare times** to note unusual discrepancies.
- Remember to **reset after times are recorded!**
- Write down any helpful details for extraordinary events

Contacts

- **Timers** for peer-related questions
- **Judges** for any immediate, time-sensitive questions on a swim
- **Timesheet Runners** for any special notes to convey to data entry
- **Team Managers** for general questions

Thank you, home and visiting team volunteers, for your time and efforts to make our events successful for all of our swimmers! We couldn't do this without you!