

Meditation and Dharma Talk with Sunim Yangil

Wednesday, Oct. 2nd 6:00-7:30 pm

The Sanctuary Room, 3rd Flr Old Union

"What is the path?" Zen Master Nan-sen was asked. "Everyday life is the path," he answered.



Sunim Yangil serves as the Zen master of the Dae Kak Sa Temple and the Awakened Meditation Centre in Toronto, Ontario. He teaches mindfulness and the Korean Ganhwa Zen tradition, which utilizes the live word or question (koan) and seeks the unfolding of the mind's innate enlightenment.

The venerable master was ordained as a monk in the celibate Jogye Order, which boasts a rich Zen tradition of conveying the Buddha mind in an unpretentious way. He trained with the late Venerable Kun Wol Ha Sunim, who was the Grand Zen Master of the Tongdo Sa Monastery and from 1994 to 2004 as the Supreme Patriarch of the Jogye Order and lay Buddhists in Korea.

In 1986, Yangil Sunim settled in Canada at the request of his master to spread the seeds of Dharma in the West. He has taught Zen meditation to students in Canada and America as well as in England, China, India, Sri Lanka, Philippines, and his home country.

The Chinese sangha honoured the venerable master with the distinguished title of Tripitaka Master and the Sri Lankan sangha gave him the title of Honorary Supreme Patriarch. He serves concurrently as the president of the Sangha Council of Ontario Buddhist Ministry, the Buddhist Council of North America and the Maha Prajna Compassionate Society International.

This talk is sponsored by the Stanford Zen Society. Please join us for weekly meditation Weds. 5:15-6:15 pm in the Sanctuary room, 3rd floor of Old Union. Beginners welcome.