



Dear IB Cheerleaders and Parents,

Congratulations! As we prepare for our 3rd season, we are anticipating a very exciting and successful year. We are dedicated to giving each cheerleader the ultimate cheerleading experience. From the owners of Infinite Bounds, to our loyal staff, have worked hard to make everyone feel welcome and a part of the Infinite Bounds family! Even though we are a large organization, we get to know each individual, help them set and reach goals, learn the value of commitment and teamwork and ultimately see their dreams become a reality. We have prepared the following information to help each family understand the commitment level that we expect. Please take the time to thoroughly read over the packet in full. We want you to know what you are “signing up for”. Infinite Bounds has the highest expectations for the staff and athletes. We know that our program is not for everyone, please take the time to discuss the following information with your athlete prior to committing, because we are parents ourselves, we know the impact that you have on your athlete. IB believes that it takes a partnership between parents and coaches to keep athletes focused and driven.

Dedication, commitment and hard work are what we are expecting our team members to bring with them to every practice. Each coach is capable of developing a champion out of each and every athlete that aspires to become a champion. The coaching staff’s mission is to offer the best technical training and most innovative choreography possible. Infinite Bounds teaches kids to be exceptional athletes, but most of all, Infinite Bounds teaches kids to be exceptional people. Focusing on teamwork and integrity and structured, safe workouts, Infinite Bounds team members will learn how to encourage one another while building their self-confidence. If you have any questions after you have read this handbook, please email infinitebounds@verizon.net. We hope that you find this packet informative and will answer any questions that you may have concerning our program.

Cheers,

Brian and Shona Simmons
Owners – Infinite Bounds
Cherie Hawk - IB Cheer Head Coach
Cody Crawford – IB Cheer Head Coach
Felicia McKenna – IB Cheer Coach



**Are you willing to put in the extra time it takes
to be a successful member of IB Cheer?**

The Infinite Bounds staff is 100% dedicated to the proper development of your athlete. We are interested in investing more than just one season with each athlete. We will teach them the progressions of skills necessary to continue through each level. Our training style is technical. We want our athletes to be able to execute each skill with correct technique, before moving on to the next skill. Strength and confidence begin to grow with this style of coaching. Our staff is also dedicated to getting the absolute best out of our teams. We will never give up and we will never give in! Our mission is to make kids happy and excited, to make sure that they are learning and improving and to make their dreams come true! Creating winning routines is a process, ever changing and evolving.



**As we enter our 3rd season, we are excited to offer new programs and events
that athletes may have an opportunity to experience as a team member.**

Infinite Bounds Show Case - The entire competitive program puts on a Show for family and friends once per year. It is the perfect time for the teams to have a dress rehearsal before the national competitions begin. Parents, friends, neighbors, teachers are all welcome. This is our in house Pep Rally to get everyone fired up and ready for nationals.

Recognition Rally - After each competition, team members and their parents will meet directly after awards and we will recap on the performance. Coaches will address the team and review the days' performance and outcome.

Awards Banquet - At the end of each season, we will have an awards banquet to recognize EVERYONE! Cheerleaders, coaches, team reps, committees, parents...it takes EVERYONE to have a successful year. This is a celebration of the year's events that includes all team members and their families.

Prepping for College Cheer – We can get you ready for college cheer!

Junior Staff – Infinite Bounds Junior Staff program was developed for athletes that want to help out the coaching staff and learn the ropes of coaching all-star cheer. The athletes must apply and not all athletes are chosen.



Team Placement Evaluation

Team Placement Evaluation - One of the benefits of being a larger gym is we have a place for everyone. After the evaluations, our athletes will be placed on the proper age and division level. We will develop the teams from that point. We do not have scheduled tryouts. We evaluate each cheerleader individually either during practice or at a scheduled time.

Skill Requirements

We are looking for mastered skills in each of these levels. Mastered is not the ability just to throw the skill, it is the ability to perform the skill with good form and with a certain level of perfection.

Level 1	Level 2	Level 3	Level 4	Level 5
<ul style="list-style-type: none">☐ Forward Roll☐ Handstand☐ Cartwheel☐ Round off☐ Back walk over☐ Front Walk over	<ul style="list-style-type: none">☐ Flip Flop☐ RO BHS☐ Front Walk over☐ BHS Series☐ Back walkover, BHS connected	<ul style="list-style-type: none">☐ Toe Touch BHS☐ RO back tuck☐ RO flip flop back☐ Standing BHS series	<ul style="list-style-type: none">☐ Standing back☐ Standing BHS back☐ TT, BHS, back tuck☐ RO flip flop layouts☐ Standing 2-layout☐ Standing alternate	<ul style="list-style-type: none">☐ RO BHS Full twist☐ Toe Touch Back☐ Punch Front☐ Triple toe back☐ Pike Jump Front☐ Twisting passes☐ Standing twisting skills

You will be notified on Team placement on April 28th.



Team Development

The staff spends many hours, weeks, months working towards building the strongest teams possible. We want each team member to be an important contributor to their team. Self worth, accountability and confidence begin to surface when team members know that they are an important piece of the puzzle.

Phase I - Level Placement

Infinite Bounds Team members will be notified on Level and Team placement on April 28th. Athletes will work out with their LEVEL in May. This will give athletes and opportunity to fine tune their individual skills, work on new skills or try to master skills that they are very close to. This also gives our coaches an opportunity to put the best mix of athletes together to maximize each team. It will give us time to make the absolute best placement for everyone.

Phase II - Preliminary Team Placement

The next when creating solid, competitive teams is a "PRELIMINARY TEAM" placement. We have to start working on team skills such as stunts, baskets and pyramids. We need to try certain combinations of athletes together to create the best TEAM. The staff at Infinite Bounds is dedicated to individual improvement and team success. The preliminary team placement gives the athletes and coaches a chance to test individuals as a whole and it gives the athletes an opportunity to prove that they can meet the expectations of their team. The preliminary teams are a starting point, and there could be movement. We need each athlete/parent to trust us and let us work through this preliminary phase. Changes to team placement will typically occur before we begin choreography and before we begin pre-season competition. Infinite Bounds teams are continuously evolving, because we encourage self-improvement. Our goals are the same as yours; strong, competitive teams and continuous individual improvement.

Phase III - Actual TEAM placement

Will be determined before team choreography begins. We want to choreograph routines with team members that can offer the skills for their particular level.

At the top of the "level" – Infinite Bounds goal is to "max out" the score sheet. Athletes must have competition ready skills before moving to the next level. Athletes may be working on new skills, but we will not place an athlete on a team that does not have the skill mastered.

Phase IV – Revisions

Revisions to team placement after pre-season are usually minimal and athletes are informed individually if movement deems necessary.



Attendance Policy

Infinite Bounds has a **MANDATORY** attendance policy for 2013-2014:

1. All practice sessions are mandatory.
2. Members must be on time to practice. Continual tardiness will be grounds for disciplinary action or dismissal.
3. If an absence must occur, an absence request must be emailed to the coaches at least one week in advance. If an emergency arises and cannot give adequate time to let the coaches know of the absence, an email, text or phone call will be required before the practice begins.
4. Two unexcused absences will warrant disciplinary action, a third will be grounds for placement review.
5. Continuous failure to be productive at practice is grounds for disciplinary action or dismissal.
6. If you are injured, you must still attend practice. You will not be required to participate in full practice but a planned workout will be assigned. If you are sick and not able to attend practice, a doctor's note will be required. All level 3 and higher will be required to makeup the time missed from any practice.
7. All competitions are mandatory.

Excused absences include: illness with fever, vomiting and school event that earns a grade, extenuating family circumstances and school cheerleading.

Unexcused absences include, but are not limited to; absence without 7 days notice, work, home work, birthday parties, vacations during the school year, school or recreational sports.

Absolutely NO absences two weeks prior to a scheduled competition weekend.

Summer Attendance - Summer attendance is VERY important to the development of the team. The rule is; if you are in town, you are at practice. If you are out of town, have a great time. Summer vacation forms must be submitted to your head coach by June 1st. Practices are still a high priority during the summer, low attendance will effect team placement.

The staff has family and outside lives also. If extra practices are scheduled, they are for the benefit of the team and a coach deems it necessary for that team's confidence level and success. The Infinite Bounds staff is committed to your athletes! They are willing to go the extra mile for them. 100% attendance at extra practices is a must. Please do not waste your coach's/teammate's time by not attending extra practices.

8. Due to the plan in place for IB Cheerleaders in regards to tumbling progressions, all individual privates that are not scheduled with a current IB Cheer coach or any outside tumbling classes must be approved prior to the class or private. Failure to do so will be grounds for disciplinary action or dismissal.



Financial Information

Tuition and Competition Fees: We know that competitive cheerleading is expensive! We are constantly working towards an affordable, more efficient payment system to help our customers balance out the cost of this awesome sport. We are committed to offering the most affordable, yet highest quality program possible.

Tuition: Will be drafted three business days prior to the first of every month. A 30-day notice must give upon stopping payment.

Competition Fees: We do not have the exact competition registration fees for each event at this time. Last year team members paid approximately \$330-\$650 in competition fees. Infinite Bounds will be drafting monthly payments towards competition fees on the 15th of each month beginning June 15. Drafts will be adjusted to the appropriate competition fee totals for each team as soon as possible. Any fund raising money will be applied towards the end of the payment schedule. Any balance due, will be collected in February.

Fundraisers: We will organize 2-3 fund raising opportunities to help out. Fundraising is optional, but it is highly suggested. This is the best way to reduce your costs.

Spirit Items: A spirit committee member will be chosen for each squad to make sure the girls receive a small goodie before each competition and will also be in charge of helping to create a spirit shirt for their squad. They will decide if they want to pay a lump sum at the beginning of the season per cheerleader for spirit items, shirts, goodies throughout the season for the cheerleaders or if you want to "pay as you go".

Competition Uniform: The competition uniform was approximately \$200 for the 2012/2013-competition season, that is skirt and top only. It may vary from that depending on the cost from the uniform company. We will inform you ASAP at the cost. Uniforms are not included in your monthly electronic draft. Uniforms are ordered from a company that is independent from IB. Uniforms must be paid in full at the time of the order. Other expenses are make-up, shoes, and bow. We do have a resale program that we will utilize as much as possible to keep costs down.

Required Practice wear: The amount will depend upon the squad your child participates on. The athletes are required to wear the practice wear. Optional practice wear items will be available for those athletes that wish to have more than one set of practice wear or other optional items.

Choreography, camp and custom music fee: \$100 -Each team will have a choreography camp with Team coaches and/or guest choreographer/instructor to learn their routine. ALL TEAM MEMBERS are required to pay the choreography fee, whether you attend the camp or not, are added to the team later in the season, etc.

USASF Membership - \$25.00. The USASF is the governing body over All-star cheerleading. They have mandated that all athletes must be members of the USASF to compete at any USASF event. In Aug, you will need to set up an account. We suggest you acquaint yourself with the USASF at www.USASF.net.

Joining a team at Infinite Bounds is a yearlong commitment from the beginning of April to the end of March. Tuition covers practices only. If a team member leaves for any reason, you forfeit all tuition fees and competition fees. Any uniform or uncollected items will also be forfeited. Delinquent Accounts - These fees MUST be paid for your athlete to participate. Accounts that are behind 1 month will be given a friendly reminder to catch up. Athletes that have accounts that become 2 months past due will no longer be able to participate.



Forms of Payment

All tuition and competition fee payments will be electronically processed. Tuition will be drafted three business days prior to the first of every month. Please fill out the electronic payment form and turn in with your paperwork.

Merchandise, uniforms, extra classes, clinics, etc... can be paid for electronically or with credit card, check or cash.

All changes to your auto-debit account including amounts, adds, drops, account numbers, etc must be submitted in writing with the front office. Changes to can take up to 30 days.

Payment Schedule

Tuition will change for the upcoming year. Monthly cheer tuition now includes 1-full hour of tumbling during each practice by qualified instructors and extended practice hours for All-Star squads. The schedule below is accurate if you start in May and compete throughout the complete year. If coming in after May, the payment schedule will be accelerated. Tuition is due on the 1st of each month.

Fees include music, choreography & competition fees. Your last month will be a balance if needed, which will usually be less than your regular monthly payment. Fees are due on the 15th of each month.

	All Star Prep Tuition	All Star Prep Fees	Level 1 Tuition	Level 1 Fees	Level 2 Tuition	Level 2 Fees	Level 3/4 Tuition	Level 3/4 Fees
May	\$100.00	\$100.00	\$150.00	\$100.00	\$260.00	\$100.00	\$275.00	\$100.00
June	\$100.00	\$30.00	\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
July	\$100.00	\$30.00	\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
August	\$100.00	\$30.00	\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
September	\$100.00	\$30.00	\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
October	\$100.00		\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
November	\$100.00		\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
December	\$100.00		\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
January	\$100.00		\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
February	\$100.00		\$150.00	\$40.00	\$260.00	\$50.00	\$275.00	\$85.00
March	\$100.00		\$150.00	Balance	\$260.00	Balance	\$275.00	Balance
April	\$100.00		\$150.00		\$260.00		\$275.00	



Competitions and Travel

The competition schedule will be released ASAP once the competition companies have solidified their schedule. All competitions are local and will travel as far as Ft. Worth. The Level 3's will travel to San Antonio.

Number of Competitions for 2012-2013:

All-Star Prep	2	
Level 1	5	
Level 2	6	
Level 3/4	9	(1 out of town)

Practices

In an effort to give you a close idea as to when practices will be held, we have created a block schedule. This schedule is tentative, because we do not know what teams, levels, divisions we will have until after tryouts. These schedules are designed to give you an idea of what the schedule could be like for May, summer and fall training.

The All Star Prep Program may take an optional tumbling class for \$30 per month in addition to your monthly tuition.

The Level 1's can choose a tumbling class that will fit their schedule. This class will be included in your monthly cheer tuition.

Practice Schedule (Tentative)

Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Star Prep Sparrows				4:30-6:30		
All Star Prep Robins				4:30-6:30		
Level 1 Cardinals + Tumbling	4:00-5:30		4:00-5:30			
Level 2 Falcons		5:30-7:30		5:30-7:30		8:30-11:00
Level 3/4 Eagles	5:30-8:30		5:30-8:30			10:30-1:30

Summer Dates

New Schedule begins April 29th

Team Choreography Week- TBA

All summer camps, specialty clinics and fun events -TBA



We hold our staff, athletes and parents to a higher standard. Because we are the higher standard!
We do care about what your athletes are doing in and outside the gym.

Dismissal; Grounds for Dismissal from Infinite Bounds include, but are not limited to:

- Smoking, drinking of alcoholic beverages or use of drugs. This will warrant immediate dismissal from the squad.
- Challenging the authority of the coach or person in charge, by competitor or parent, will be automatic dismissal from the team.
- Abusive behavior, lying, stealing or any other negative form of behavior is grounds for dismissal.
- Each member will follow all additional rules and guidelines given by the coach or person in charge.
- Any negative behavior towards an Infinite Bounds member or to another gym, via any medium (i.e. internet, My Space, Facebook, cell phone); will result in dismissal from team.
- No inappropriate pictures or language to be used on any medium (i.e. internet, My Space, Facebook, cell phone).
- Any unsportsman like behavior, via any medium, will result in dismissal of from team.
- Athletes are to never approach an official or judge of a competition to voice a negative opinion. Doing so will result in dismissal your competitor from team. Compliments are accepted.
- Any athlete that chooses to be in a reality show, etc, that may portray a negative image on Infinite Bounds, or the sport of all-star cheer will be removed from the program.

Leadership – Any infraction may result in dismissal from team.

- Each member must be aware that no person has a right to be on Infinite Bounds. It is a privilege.
- Each member and parent must be aware of the responsibilities required and the commitment he or she is making to the team.
- Each member must be willing to cooperate with and be helpful to the coach or any person in charge.
- Each member must realize the manner in which they conduct themselves while representing Infinite Bounds or not, directly reflects on the entire squad and coach.
- Each member will be willing to work hard, take directions and strive for excellence.

Expectations – Any infraction may result in dismissal from team.

- Members will set and maintain the highest examples of behavior.
- Members will maintain the proper appearance with no extremes in apparel, hair, make-up, piercing or tattoos. Coach's decision is final.
- MEMBERS WILL BE ON TIME TO ALL ACTIVITIES!
- Members will do everything in their power to achieve personal and squad goals.
- Each member is responsible for finding out any missed information.
- Team members must attend all practices and must participate.
- Members will not post routine videos or music to the internet without permission from the staff.

Competitions – Any infraction may result in dismissal from team.

- Members are required to attend all competitions. This means through the awards ceremony. If parents are unable to stay for the whole competition, other arrangements must be made so that the member can stay.
- The highest standard of sportsmanship is expected from athletes and parents.
- Athletes must be prepared for competition. Uniform clean, including shoes and appearance All American

Safety – Any infraction may result in dismissal from team.

- Jeopardizing the safety of oneself or any other member is grounds for disciplinary action or dismissal.
- There is absolutely no gum, candy or jewelry, food or drinks (exception of water, of any type in the gym.
- All cell phones must be turned off or simply not brought into the gym.



Infinite Bounds Parental Obligations Rules and Regulations

Any infraction may result in dismissal from team

Any negative behavior towards a Infinite Bounds member, Infinite Bounds gym, Infinite Bounds staff or to another gym, via any medium, will result in dismissal your competitor from team.

- To make sure your son or daughter is on time and attends all practices and events.
- Parents are to inform the coach if the competitor is to be late or absent form practice.
- Parents are to fulfill any financial obligations on time.
- Parents are to encourage and support Infinite Bounds to be the best they can be.
- If parents are unable to stay for the whole competition, other arrangements must be made so that the member can stay for the whole competition.
- Whoever signs the release form is financially responsible.
- Do not question the coach's decision about the routine or practices
- Parents need to maintain manners and civility at all functions.
- Any negative behavior towards a Infinite Bounds member or to another gym, via any medium (i.e. internet, My Space, Facebook, Instagram, cell phone, etc.); will result in dismissal from team.
- No inappropriate pictures or language to be used on any medium. (i.e. internet, My Space, Facebook, Instagram, cell phone, etc.);
- Any unsportsman like behavior, via any medium, will result in dismissal of from team.
- Athletes or parents are to never approach an official or judge of a competition to voice a negative opinion. Doing so will result in dismissal your competitor from team. Compliments are accepted.
- Parents will not post routine videos or music to the internet without permission from the staff.
- Any parent that chooses to be in a reality show, etc, that may portray a negative image on Infinite Bounds, or the sport of all-star cheer will be removed from the program.
- Parents are not to use the Infinite Bounds contact list, parent emails or phone list for anything negative. There will be no tolerance on this issue.



**Infinite Bounds All-star Team Program
Registration/Agreement Form**

Please return the registration form by April 30th along with a check for \$75.00.

Print this form and staple your check to the form.

Athletes Name: _____

Age Now: _____ Birth Date: _____

Athletes E-mail: _____

Athletes Cell: _____

Age on August 31, 2013: _____

Mom Name: _____ Dad Name: _____

Mom Cell: _____ Dad Cell: _____

Address: _____

City: _____, TX Zip: _____

Primary Email Address: _____

Additional Email: _____

Parent or Guardian must read and initial each the following important policies.

____ I have read the packet in its entirety.

____ I have read and agree with the financial plan for the 2013-2014.

____ I have read and agree with the attendance expectations and policy.

____ I have read and will abide by the rules and regulations set forth by Infinite Bounds.

____ I understand that the competition fees are non refundable.

____ I understand that I may communicate with coaches by email or by calling the gym.

____ I understand that I am not to use the Infinite Bounds Logo or other related art, slogans or team names.

I have read the entire packet in full and understand and will follow all standards and rules set by Infinite Bounds.

Parent Signature: _____ Date: _____

Competitor Signature _____ Date: _____



Infinite Bounds Authorization Agreement for Automatic Payments

I/We do hereby authorize Infinite Bounds herein, to initiate recurring payments to my account as indicated and named below. I/We acknowledge that the origination of transactions to my/our account must comply Infinite Bounds, to collect such debits by electronic payment.

You can choose to have your monthly tuition and your misc. fees debited by checking the box(es) below.

Monthly Credit Card Debit Information:

Account # _____

Name on Card _____ Expiration Date _____

☐ **Tuition** (Will be drafted 3 days prior to the 1st of every month May 1, 2013 through April 1, 2014)

If you choose to not be on auto-debit, for your monthly tuition, you will need to attach 1 check to this form in the amount of your monthly tuition as a deposit.

If tuition is not paid by the 10th of each month, a \$25 late fee will be added to your account. If tuition is outstanding after the 10th, your athlete will be unable to train until your balance is paid in full.

☐ **Additional Fees** (choreography, music, & competition fees, will be drafted in the 15th)

If you choose not to participate in the auto-debit program for additional fees, you will need to attach a post-dated check for each month your fees are due. Everyone will receive a statement at the end of March of any credits or balances due on their account. This is non-negotiable.

This authorization is to remain in full force and effect until Infinite Bounds has received written notification from signer of its termination in such time and in such manner as to afford Infinite Bounds and Financial Institution a minimum of 30 days to act on it.

Card Holder (Print) _____

Card Holder Signature _____

Athlete Name(s) _____



Permission for Medical Treatment

I, _____ (print)
authorize the necessary steps regarding medical attention (i.e. First aid, calling ambulance service,
transportation to the hospital and to be admitted to the hospital)) and will allow authorized hospital
faculty and staff to treat my child for any illness or injury he or she has.

Athletes Name: _____

Parents Name (print): _____

Parents Signature: _____ Date ____ / ____ / ____

Doctor's Name: _____ Phone: _____

Insurance Company: _____ Policy Number: _____

Hospital Preference: _____

Physical/Mental Conditions we should be aware: _____



Participation Release

I hereby represent that I am the parent or legal guardian of _____
_____ (the "Athlete").

I hereby acknowledge that (I) I am familiar with the physical and otherwise athletic nature of cheerleading and all activities related thereto, including without limitation; jumping tumbling, building of partner stunts and pyramids, dancing and other activities related thereto (collectively, "Cheerleading Activities"), and (ii) in connection with the athlete's acceptance as a athlete or member of INFINITE BOUNDS, the Athlete will be participating in Cheerleading Activities during classes, practices, performances and competitions, in a variety of locations, settings and venues.

In consideration of the acceptance of the Athlete as a athlete or member of INFINITE BOUNDS in my capacity as the parent or legal guardian of the Athlete, I on behalf of myself and the Athlete, hereby consent to the Athlete's participation in the Cheerleading Activities and hereby release and hold harmless INFINITE BOUNDS its principles, partners, members, managers, employees, officers, contractors, consultants, advisors, volunteers and agents from any and all actions, causes of action, damages, liabilities and claims, relating to or in connection with the Athlete's participation in Cheerleading Activities, including without limitation, actions, causes of action, damages, liabilities and claims relating to bodily injury.

I hereby authorize INFINITE BOUNDS personnel to render judgment concerning first aid or other medical assistance with respect to the Athlete in the event the Athlete's injury or illness, during my absence. I hereby authorize the INFINITE BOUNDS personnel to perform simple first aid on the Athlete if deemed necessary or advisable in the discretion of the INFINITE BOUNDS personnel, during my absence.

I hereby represent that the Athlete is in good health and physically able to participate in Cheerleading Activities and that the Athlete is and will continue to be covered by sufficient insurance to cover costs and expenses of injuries the occurrence of which are reasonably foreseeable from the Athlete's participation in Cheerleading Activities.

Executed this _____ day of _____, 20_____

By: _____
(Signature of Parent or Legal Guardian)

Individuals to contact in case of emergency:

Primary Contact: _____ Secondary Contact: _____

Phone: _____ Phone: _____