$$\int u(x-\frac{1}{4})u(t-x-\frac{1}{4})dx \qquad \int dx = t+1$$

$$t-\frac{1}{4} \geq x \geq \frac{1}{4}$$

$$\frac{t}{n^2t^2} = \frac{1}{2n^2} \left(\frac{1}{t} + \frac{\omega s z t}{t} \right)$$