Whispers
from the
Brighter World

"Come back on April 30th for my birthday. I will introduce you to my Master."

Babuji

(That was not in my plans, but without hesitation I registered for this seminar).

Sell out your apartments and leave Cannes to go and settle down next to the ashram in Montpellier, we will guide you. You will have a lot to do up there."

The ashram of Montpellier is small, but one day it will have a great influence."

The Medium: "Babuji, I cannot stand suffering any more!"

If you were not suffering, you would do foolish things. You have enough energy since you neglect your abhyas to do things of little importance."

(During Jean-Michel's visit, after a message intended for him, the following message is addressed to me.)

"Don't worry about your body; I am working through it, on your soul. You have to go through this, if you want to be with me one day."

Babuji

The Approach--Being the First Series of Messages Given by Babuji Maharaj to His Scribe.

The Medium: "Babuji, I beg you, at least let me be able to go down to do some shopping in the district."

"Did you ever lack anything? Sturdy souls are moulded in the crucible of suffering."

Babuji

The Approach--Being the First Series of Messages Given by Babuji Maharaj to His Scribe.

(Messages intended for Jean-Michel whose departure to India is disturbed by strikes. Following Jean-Michel's phone call asking whether I had a communication to be conveyed to him, I called Babuji.)

"Don't worry, in spite of these hitches, everything will go off smoothly for him. These are the tribulations of life. This trip will make him stronger, having exorcized his hindering fears as his desire to visit Master is stronger."

Don't worry; he has gone. Don't you rely on me? Did you believe that I would leave him stranded?"

(During Jean-Michel and Claire's visit at the Grande Motte, a convalescent home after a surgery. After a personal message for Jean-Michel, [Babuji expressed] his sadness concerning the poor practice of the 9:00 PM Prayer.)

"This prayer is not known and loved as it should; [yet] it is so important."

Babuji

The Approach--Being the First Series of Messages Given by Babuji Maharaj to His Scribe.

(9:00 p.m. Prayer with Francoise.)

"Thank you for your fidelity. This Prayer is so much neglected. Make it known."

(Beloved Babuji is there - 40 min.)

"Francois has been sanctified through his association with you."

(Blessing for Christine and me.)

"The little [daughter] is advancing; you can be content."

(It is a great day of happiness for us.) (To Chariji.)

"Tell him that I am proud of his success. I am happy, happy, so happy that I would cry like a child."

(With Francoise)

Do not waste time, do your abhyas well.

(Octave's visit, before his arrival at the morning meditation.)

"I will not turn up for Octave, but I will inspire him for you during the sitting. You will be happy."

Babuji

(A decision is made today that I should no longer practice healing.)

Monday, April 19, 1993 Mahasamadhi of Babuji

(Meditation at the ashram at 7:45 p.m. - a true blessing! Francoise read a document about the 9:00 p.m. Prayer)
(Easter Saturday.)

"Smile and be happy."

(9:00 p.m. Prayer with Christine and Françoise. Babuji is benevolent and smiling.)

"Joy is liberating."

(9:00 p.m. Prayer.) (To Francoise.)

"She should not regret anything; she will get equal benefit while remaining here."

(Babuji is very happy about this seminar.)

"Next year it will be more important."

(6:30 p.m. meditation - 40 people. Birthday celebration. Babuji thanks us for our faithful thought, our love.)

(To Jean-Michel.)

"He knows that I am waiting for him. Let him keep confidence and act; he is under our protection."

(Seminar with Master.

Morning at 10:00 a.m. a message from Janaki, Master's mother, for her son.)

"Ever since your birth, you were unique. As a mother, I 'knew' in my heart and you were given special affection. I have always been with you. Did you know it? We love you so much and we support you in the so heavy task you are fulfilling so well. Don't worry; all is well. Legions of angels protect you.

"I love you, my blessed son. I am happy to give you this message; I will come back [to you]."

Janaki

(At 4 p.m. Master visits in my caravan. He offers me a red rose, a beautiful souvenir. [I gave him the] message from Babuji intended for him, and translated by Patrick.)

(So sad as I have been unable to travel and see "My Master" in Augerans. My heart misses him; my soul misses him.)

"The little toe as well as the closest organ to the heart are irrigated, supplied with blood. Distance is no obstacle. Consider yourself as belonging to a whole and receiving exactly what you deserve."

(During the ten hours meditation at the ashram, I had a vision of Babuji in an immense light, as if he himself was casting light to the universe, with the feeling that he rose to another dimension, that he was in the infinite, that he was himself the infinite, that He told me.)

"My son will come to join me here one day and you, you will see this Splendour."

The Medium: "Thank you, Beloved Babuji, for this immense joy you give me by letting me go through this experience."

(9:00 p.m. Prayer. Message for Francoise, who was present.)

Tell her that I am very happy about her; She should continue like that and then the doors to heaven will be open for her. Try to do all the needful to go to Denmark at the end of the year."

(At dinner at Lorrain and Jacqueline's place. Babuji's message given for the two of them, at 9:00 p.m. Prayer.)
(For Lorrain.)

"Thank you for all the work you have achieved and for what you are doing for the Mission. Later, you will be asked to make some sacrifices. Life is not easy for you both."

(For Jacqueline.)

"Don't worry, Sahaj Marg is actually your way."

Babuji

(She expresses doubts about the message. She reports to C.B. about this who tells her: "Don't listen to these pieces of nonsense."

In Denmark, I report the incident to Patrick. He tells me: "Don't worry, I will speak with J.C. and will confirm that you do communicate with Babuji.)

(Query to Babuji concerning the decision Lorrain should take about his house.)

"Things will happen by themselves in their own time. We keep an eye on him. His family life is not easy, but such is his fate. The future holds better days for him. He is doing his level best; that is very well. His wife is an exquisite being, who will leave her cocoon one day; we will help her in that.

"May he be at peace! Convey all this to him; he will understand."

Babuji

(At 7:00 a.m., end of the cleaning.)
The Medium: "Beloved Babuji, let me rejoin you!"

"Your daughters still need you!"

(At 9 p.m., concerning the message intended for Lorrain.) The Medium: "Babuji! wasn't I mistaken?"

"Of course not, let people do whatever they want, let people talk as they wish, don't worry. You know well that we do communicate. This started long ago and the future holds a lot of surprises for them, and especially for Parthasarathi.

"You, you are sincere and you love me without seeking any favours. Parthasarathi is anxious for his wife, and understandably so."

The Medium: "Babuji, my beloved, is it really you there?"

"You know it well: our two hearts are only as one."

(Message interrupted by a call from Stanislas, who, inter alia, reassured me about the trip to Denmark, telling me not to worry, as all will go well. Babuji, still present, concludes as follows.)

"This call was made on purpose; you can believe him, all will go well."

(Hotel in Silkeborg, during morning meditation.)
The Medium: "Babuji, I will no longer listen to you; such a trip is too hard."

"I worked to exhaustion to reach out to the abhyasis."

The Medium: "Yes, but you, you were accompanied by a strong man, Parthasarathi, whereas Christine is killing herself to carry my luggage."

"But, you should do as I used to, in terms of travelling light!"

Babuji

(He gives a big smile and moves his arms.)

(9:00 p.m. prayer)

The Medium: "Babuji, should I go to see Master?"

"Yes, tomorrow at 4:00 p.m."

(After the morning meditation, Patrick says to me: "Master will expect you at 4:00 p.m." which confirms what Babuji said the day before.

4:00 p.m.: discussion with Master, then he gives me a sitting. He does not understand why my preceptor needs his approval to give me a sitting on a weekly basis.

For the 6:00 p.m. meditation, I decide not to go to the hall, I remain in the dining room and meditate there.)

(5:50 p.m.: Babuji's message for Master.)

"In the near future, you will have to reorganize the Mission. Many things will change in the world, and peoples will confront each other. India will have a role to play in this great upheaval. Spirituality will save humanity.

"Have no fear; the forces of evil will be defeated. Pray for that at the dawn of this New Year. Be blessed, my beloved son."

(At 7:00 p.m., after 6:00 p.m. meditation.)

"All is well, a remarkable work has been achieved; my son has surpassed himself. You may write down the following:

"This seminar will have a great impact, it will not change the course of history but what has been cleaned will help many souls. My child, thank you for your remembrance and your love. You are dear to my heart; one day you will be by my side, and you will do all that your body prevents you from doing here below. Patrick is doing an important work for the Mission; he sometimes loses heart, it is such a burden. You have ties with this boy."

The Medium: "Who Babuji?"

"It is a son, he will need you one day."

The Medium: "Babuji,...need me?"

"Yes, don't be surprised; one often needs someone smaller than oneself."

(Another message for Chariji.)

"My son gives me so much joy. His strength and stamina amaze me sometimes; he is a glutton for work. Tell him how much I am proud of him; he is my joy. This seminar is an exemplary success for the West."

The Medium: "Babuji, should this message be transmitted?"

"Follow your heart."

(Then he went on, saying.)

"I am happy, very happy. I should not be too sentimental, otherwise he would not believe. I am happy for Sulochana; all is well. Bye for now!"

Babuji

The Medium: "Babuji, I have doubts about the message you gave me on April 30th. I am never self-confident..."

Did I ever mislead you? Since Patrick has not called you - as you asked him - for the transmission of this message to him, now that he is back, can't you make the effort to call him for me?

"My son is going through a period of tiredness; this message will do him good."

Babuji

(I asked Patrick - then in Germany with Master - to call me, but he didn't, hence this new intervention of Babuji.)

(After the 6:30 a.m. meditation, Janine L., introduces me to an abhyasi from Paris, Jacqueline C., who according to her, also loves Babuji much and whom she knew well. She is not a medium, but she communicates only with him, she told me. She does not know that such is my case. Around 11 a.m., I arrive in the hall. She is seated before the platform where Master usually sits, right in front of Babuji's portrait. She stands up and comes towards me. She tells me: "I was wondering how I was going to find you to give you his [Babuji's] message I have received for you.")

"Tell her that I will be there until her last day; we met in another life. Lalaji also knows her. I introduced her to him at a birthday celebration (April 1991). Blessings to you both!"

Babuji

(By the grace of Babuji, present, and on his request, we had a very beautiful meditation together. I thus received confirmation from another source of that great introduction to Lalaji, the memory of which was lost.)

(9:00 p.m. Prayer. Alone in the caravan. Overwhelmed by a great sadness: my Master is so close, in the annex building, but I cannot walk towards him. It is a real suffering of heart. Babuji does me the honor to come towards me.)

"Don't be sad; your house is enlarging and getting more beautiful. One day your light will be visible to all those who will actually want to see it."

(10:00 p.m. with Francoise and Christine.)

"I am with you...pray for peace, there is a lot of misery in the world. I don't forget you, but there is so much to do. It is good that you are not indulging in ill-considered feasting and that you remain in the spirit of Sahaj Marg. I bless you, my children. Help us through praying and your purity of heart. Do your practice well; it will be your asset for the great voyage. Don't go to the ashram this evening; rest, you have my blessing. I appreciate your Francois, you were lucky to be with him, he is precious."

Babuji

(Morning meditation. I beg Babuji several times during this meditation to grant me healing of stomach ailment at least, which would enable me to stroll a little in the district. Answer at the end of the meditation.)

"Can't you endure that for me?"

(For Lorrain)

"Things will take place on their own in their own time. We keep an eye on him; his family life is not easy, but such is his fate. The future holds better days for him. He is doing his level best; that is very well. His wife is a delightful being who will leave her cocoon one day; we will help her in this. May he be at peace. Transmit to him all this; he will understand."

Babuji

(Lumbar ailment, following the Filipino's consultation. Morning meditation.)

The Medium: "Babuji, see to it that during this seminar I should feel better, at least by reducing my suffering to the minimum, please."

"Haven't I always helped you when necessary?"

Babuji

(The same morning meditation.)

The Medium: "Revered, Lalaji, I beg you: help me see to it that I should no longer have to go everywhere for healing and remain there. Let me feel better at least for the Basant celebration, I beg you."

"Anything you can be relieved of will be removed."

Lalaji

(In meditation.

In connection with the trip to Lausanne to consult Doctor Lang, where I was no longer intending to go.)

"Do it for me, if you do not want to do it for yourself. I need you." (Humorously.)

"Is this fine with you?"

You will become a headlight. Didn't you feel that your mission was to attract souls? You know well that light should not remain under the bushel? The time has come, and your mission will start. You will not have unanimous support, but [anyway] who does? Such is the case even for great beings. See my hand in everything. I love you, my child; you should have confidence."

"Call Marie-Christine for a sitting. You should know each other better and help each other. She is a high-quality soul."

The Medium: "Babuji, I would like to sleep on your heart and never wake up again. Please see to it that my heart should be similar to yours..."

"This will be long and difficult."

Babuji

The Medium: "You have not said: 'it is impossible', which makes me have every hope for that. This may take long, but how does this compare with eternity?"

(In meditation.)

My child, your life is going to change; you should be prepared to modify it. You must focus it much more on the spiritual. Do not neglect your abhyas, as you do. How can you expect to progress and serve me on the higher planes? Change your way of life, you should be more in a state of love and I will give you more. Do you really want to serve me? Then love me to the full and be at my and his disposal; he will need that availability. In a few days, I will give you a message for him. Think well of what I told you. Go to the ashram more often; speak on my behalf. Radiate love; it is desperately lacking in this world. I love you my child, and I support you; don't forget it, no matter what happens."

(With Jacqueline C. of Paris)

My daughters, I am here and I bless you. Jacqueline should not forget that 'joy attracts grace'. She should feel more relaxed and receptive. She has still to progress a little for her life to change. You both have a hard way to go; but it will be a successful one. Do your spiritual work well; this is most important. You know that I am with you and so I will always be. Love me enough to not see the ugly sides of life. Love your brothers and sisters for what they are: carriers of the Divine. I love you, my daughters. Be in surrender and peace. Meditate now."

Babuji

(Jacqueline knew Babuji and remained with him in India. She is not a medium, according to herself, but she communicates with him, from where [came] the message which she gave to me in Augerans in August 1994.)

(In meditation with Francoise.

Master is in Nice, meditation at 5:30 p.m.

Vision of the three Masters: Chari between Lalaji and Babuji - they uplift Chariji to their level.)

"You can love him now; he and I are henceforth as one. By seeing me in him, you will see things differently. I am very happy with Francoise; her spiritual behaviour is exemplary. Be blessed, my daughters; I will be among you very soon."

"You are my beloved child. Make as much effort as you can. It is important that you go to Augerans. Make the best arrangements for that. We will help you and facilitate a contact with your Master. He will be well disposed towards you and will show it. I wish you to be in the best of conditions. We will provide you the necessary means in due time. Prepare yourself well for Augerans. Go down to the ashram every day. Do as best as you can. We love you and protect you. Be strong and determined to reach the goal."

The Medium: "Is this really you here, Babuji?"

"You know it well; don't you feel it in your heart?"

The Medium: "Are you happy with me, Babuji?" (He is smiling.)

"Make some efforts, never stop, as long as you can, life is short. Dr.Lang has done a good job. Try to maintain this state, make sure you don't do anything foolish. I bless you, my child."

Babuji

The Medium: "Thank you, Beloved Babuji. You are the salt of my life, you are the joy of it, its strength and beauty. Thank you, from the depths of my soul."

(Seminar: meditation 6:30 p.m. conducted by Patrick.) (For me.)

"Be confident, my child, you are making progress. We watch over you."

(For Patrick.)

"I am very happy with him; he is my beloved child. I moulded his heart since his youth. His life meets all my expectations. Things are not easy for him either. He is doing his level best; he should spare himself. He has all my blessings."

(For me.)

"You did the right thing to stay. I have charged the ashram for the purpose of this seminar."

Babuji

(I have delayed my departure for Cannes for this.)

(Saturday meditation at 6:30 p.m.) (For Patrick.)

"Try nevertheless to give him this message, even if you think he is not interested to have it.

"Some day, he will come towards you, whether he likes it or not. He holds you in esteem, but in a way, he feels uncomfortable with you."

Babuji

You will recover slowly. You need to rest. Don't take things to heart. We watch over you, my child. You have my blessing.

"Extend my thanks to Lorrain; I keep an eye on him. He is making progress; he has done good inner work. His life will change. He will be able to make the most of all its positive elements. Many things will occur in his life; he is adequately equipped to face up to things. He should never forget that his strength is inside him. We will help him in his struggle. He is a faithful servant of the Mission. He has my blessing.

"May you benefit from today's love and grace!"

The Medium: "Thank you, Babuji, for this message."

"I trust you did not believe that I was going to forget you..."

Babuji

My child, I am with you and I don't forget you as you tend to believe. You will soon solve this health issue; there is nothing serious. Don't stress yourself too much, meditate, give and love. You are making progress, my child, we are preparing for you the way which will make you forget your miseries. You will see how you will be happy to have lived all that. Your heart will overflow with love and gratitude. We are very close to you. Never forget it. You are courageous, be strong, again and always. We help you and we love you. We cannot do better for you. Open up your heart to love, more and more. Let it emanate from you like a perfume; this characterizes your mission. See you soon; look after yourself and be patient."

(After cleaning.)

Try to come at Christmas. We will make sure that it takes place in good conditions for you. You know this would make me happy. You are courageous, my child. We keep a close eye on all your fights with compassion. We are doing everything possible to help you. Your way is difficult but fruitful. Take advantage of my son's trip. You should make the most of all opportunities. Time is short! Be at peace, my child, do your best. We are with you; you have my blessing."

(For Francoise)

"Her life is richer than she believes."

(I have remained here as I have not been able to go to Augerans as planned.)

How can you believe that you are alone, you who know that one is never alone? You are my beloved child. I will lead you to the destination. You are destined to live in a bright world, far from baseness and ingratitude!"

The Medium: "Forgive me, Babuji, for not being as well as I would like..."

"It is your heart that I see; as for the reminder, you are doing your best and your life is not an easy one. You manage in spite of everything to set an example of courage and faith. Don't worry for Chantal; one day she will acknowledge what you did for her, even if she cannot understand it now. My child, be in joy in your inner light; let it be your universe. The incomprehension of the others towards you does not matter. We know, we love you - isn't this the most important? Humans have blinkers and do not see the true treasures. You hold a privileged place for me; never forget it, be strong and joyful in spite of everything."

The Medium: "Is it really you, Babuji?"

"How can you doubt it again; didn't I give you enough evidence?"

The Medium: "Thank you, Babuji, you are my courage, my light, my life. Thank you for coming, only you can comfort me..."

"My little child, I bless you."

The Medium: "Beloved Babuji, please change my heart!"

The transformation of your heart hinges on your body's transformation. Endure with patience; you are working for your own eternity. I monitor your steps and your progress. I carry you in my heart to alleviate your burden, but I cannot do the work for you. It is your work; it is your 'masterpiece'. I give you the materials and you build on them...

"I am touched by your love which inclines me to every weakness towards you. You are my blessed child, never forget it. I will keep telling you this. Look towards the goal; forget the brambles on which you are walking, look up towards the light. Advance in my love, the goal is not far away; until the end your eyes will have to follow me, I will not take mine off you.

"Be in peace and joy during this birthday, despite everything.

"I do not forget my daughter Francoise. She should not slacken; her progress is important, she has my blessing. You should all be united, slacken neither in action nor in faith. I love you, my children; thank Chantal for her dedication toward you.

"Blessings!"

(For Lorrain.)

Tell him that I am pleased with him; he is making progress. His stay in India has been very beneficial for him.

"This country softens the souls that are ready.

"He will need to return here; his parents will need him. One's parents must be given assistance; it is imperative, even if his plans are thus thwarted.

"He has my blessing."

(Regrets because of what is taking place at the ashram, and more so, because of the things that are not done.)

Be patient, J.C.B will leave."

Babuji

(Dismissal in August 1997, departure from Montpellier in August 1998)

My Child, you know well that I do not forsake you. All your physical and moral sufferings are recorded.

"Go in peace, relax, we watch over you, we love you. Have a good journey, for your appointment with Dr. Lang.

"Blessings."

(Doubts, questioning !!!)

"There you go again! Remember what happened with Jacqueline in Augerans.

"What to do with you?

"Read page 47 of my book."

The Medium: "Which one, Babuji?"

"That which you prefer."

Babuji

(His autobiography, volume two-French edition)

(Difficult meditation, impossible "to plunge".

I stop meditating and pick "my preferred book", Babuji's autobiography. I speak to him.)

The Medium: "You see, I cannot achieve anything today, I do not feel anything. Ah! Whenever grace is absent, practice requires exercising more of one's will power."

(Suddenly, I seem to be feeling his presence.)

The Medium: "Is this you, Babuji?"

Yes. I am here, my child, you are moving forward ...! (A bit mockingly.) The objective is not to feel, but to be."

The Medium: "Yes, but it is difficult to not know really where one stands. I am sometimes in very high spirits, and (more often) in very low spirits."

"There is merit in persevering without knowing."

Babuji

The Medium: "Babuji, forgive me, I was referring to a day devoid of grace, and, once again, you have just put me back on the rails by bestowing your grace on me. Surrender, confidence and love have been always all I needed; knowing does not matter."

Be satisfied with your current progress; let time do its work.

"As for the ashram, you are working behind the scenes; you know it well. We use your mind to speed up things. One day, you will be on the forefront, but some cleaning is required beforehand; [otherwise] you would get too much negativity. In any case, you will be envied.

"We watch over you and we hope that, one day, you will revert a little to more normal conditions of life. Take advantage of what you are experiencing currently to turn more and more towards the main things.

"Why do you need to go towards this woman [a healer]? Aren't our contacts regular enough? Endure with courage, as you always used to do. "We love you; be blessed, my child."

(At the beginning of a meditation.)

My beloved daughter, you are courageous. The examinations are not useless, at least to clarify the situation. We will find a solution; be a little patient.

"Your spiritual life is enlightening, that's the main thing. Your heart is full of love; express it even more. Your road is long and hard, but is is gratifying. You are resisting valiantly like a good soldier.

"See you soon. I can hear your prayers and I wish you to have some rest.

"Remain in my love and my blessing. You will be happy."

Take advantage of this period to meditate more. You neglect your practice too much, we understand why, but make some efforts.

"Don't be incredulous; it is me giving you this message.

"Did you think that I was going to forget you in this end of the year?

"Pray for all the misery of the world. You are right to think of those who are suffering in these festive times when so many human beings are struck by misfortune. It's the best thing you can do. Indifference towards the miseries of others is a serious failure.

"We are close to you, I bless you my child."

The Medium: "Is this really you, Babuji? As you know, I have no self-trust."

"You should at least trust in me. You never call me in vain."

Babuji

(During the 10:00 a.m. meditation. It is a regional seminar at the ashram. I am sad to be at home, I call Babuji several times.)

The Medium: "Why, why should I always be suffering?"

You know it, and your love is all the more praiseworthy. Do your practice well."

(In meditation.)

You should not lose heart like that. Have you lost faith, faith in us, in our love, in your glorious future? All is not finished. We already told you that a solution would be found to relieve your pain. It takes time and patience. You have always demonstrated it for thirty years, except for your inevitable periods of discouragement. Didn't we help you? Be strong and confident. You know well there are no miracle solutions to your problems. They are not new, but we have always kept you at a bearable threshold. Our love is also manifested through beings who come towards you to help you. Be confident, see you soon."

The Medium: "Is this really you here, Babuji?"

"Yes, in all his splendour."

Babuji

(A mischievous laugh provoked by eternal questioning after a contact with him.)

(During meditation, I express all my love to Babuji, in a picturesque way. He comes and tells me:)

I heard you, my daughter, you will always manage to touch me. Write! Yes, I am here, my child, your nice declarations touch me. I believe I already told you all about your health problems. Remain confident and surrendered. Your heart is in a state of serenity and beautiful light, which is not the case for many beings that are physically very fit. You are well placed to know that patience is a great power. Human judgements about you and their incomprehension of your difficulties don't matter. We know this is what matters. I will come back for my birthday. You will both receive my attention and my blessings. Meditate more and better."

(4:00 p.m., during the videocassette screening of "Love Him who Loves All". Anne-Marie is present.)

This world is mere illusion; don't become attached to the form, only the spirit matters."

(This is an answer to some thought at the beginning of the videocassette screening.

At the end of the showing, the message continues like this:)

"You both have my blessings. Continue in the purity of the heart and according to what you consider right. My eyes follow you; be in a state of love. Truth is one and multiple; don't dwell on human behaviours. Master knows what he is doing. Wait for clarity, in a state of serenity and confidence.

"Blessings."

(After a time of silence.)

"Whatever the present, it does not matter; rejoice, great things are in the offing for the future. Be confident."

(In meditation. Ascension day - Message from Janaki, Master's mother)

My son, you have not put a foot wrong, you give all your best. We are happy with your success. I have been long waiting for a favourable moment to come back. I am often close to you. We are sometimes saddened by your discouragement, but the work accomplished is immense and you are managing as best you can. We support you in your undertakings. We love you and bless you all. One day, we will be reunited and we will taste humanly indescribable joys. You are never alone, and you should know it. I am proud of you, my son."

(Thereafter, I ask the following question.) The Medium: "Is this really you, Janaki?"

"Yes, my little daughter, we are sad to see you suffering, but such is your path. Thanks for having had the idea of re-transmitting my first message to him; I am happy, through you, to deliver this second one. We inspired you for that."

Janaki

(In meditation.)

My daughter, you have understood the true meaning of devotion, tolerance, in every respect; it is the only way of advancing truly. One who never makes mistakes, who always understands that which is to be understood - the human being, by nature, is limited in this aspect. His open-mindedness goes hand in hand with his progress. Try to remain understanding, and in this state of mind. Any judgement is a brake on your evolution. You know that we want the best for you. You are and you must, more and more, become a headlight. A headlight should not make mistakes; when some trust is placed in them, they should not be mistaken any more. Remain sparing of words, and calm. We know that your sufferings affect your nervous state. We carry you, in a certain manner. Should we tell you again that we love you and that we follow the least of your steps? Be strong and happy, you know well that 'joy attracts grace'. Then, remain calm and smiling for the love of me."

The Medium: "Babuji?" (He laughs loudly.)

"Share this with your good friends."

(In sitting with Odyl.)

Forget your body, at least during the sitting. You know well that it is the instrument we are using to prepare for you a glorious future."

(For Odyl.)

"Tell her that she is appreciated and loved in the higher place. One should not be afraid of saying the truth. One should do what they deem right."

(For the ashram.)

"Things are moving forward; be patient. J.C.B., an elite soul walking in clogs."

Babuji Maharaj

The Medium: "Babuji, please, give me a message."

Later; Meditate."

Babuji

(At the end of the meditation, I call Lalaji and Babuji.) The Medium: "Please, let me leave this cage!"

"Blessed is this cage where you are preparing your heaven; see it like that. We consider it regrettable that your health does not allow you to do what we had hoped for the ashram, but 'you are doing [something]', as we have told you enough. Be strong, accept your destiny; each one has one's own destiny. It is divine gift that ought to be appreciated. One should always be thankful, you know, for what they have, and you, on this aspect, you have no reason to complain. You have a high love rating; you are under 'our protection'. Continue to try to meditate more; it is your weak point. "Blessings from your beloved and myself."

Lalaji

The Medium: "Babuji?"

"Ah no, don't start again. You are a real pain with your doubts.

Anyway, we even prefer this to overconfidence. Are you satisfied with our answer to your query? [Concerning the cage.] Your doubts make Parthasarathi also laugh; he follows you more than you think. As he has told you, you both have a rather strong bond of soul. It is enough for today."

My child, meditate, meditate, for there lies your salvation. How should this be said to you? We know that this immobility is painful for you, but make some efforts."

The Medium: "Yes, Babuji, I do not meditate enough. It is my weak point."

"Let your weak point become your strong point. The spiritual conquest consists of constantly renewed efforts; success hinges on that. A long process is necessary to reach the centre. The course is sometimes long and painful; only the strong ones succeed. It is easier to enjoy the pleasures of life, without worrying about the true way - but you, you know. Never look backward, but right ahead, towards light, bliss; this is the goal to reach."

The Medium: "O Babuji, it's wonderful to plunge like this inside oneself!"

"How can you neglect what few human beings know? I bless you, my daughter. Absorb this message well."

The Medium: "O beloved Babuji, ... thank you ..."

"Never doubt the messages you receive, you are a privileged person."

(End of meditation.)

We will use you more and more to give messages meant to help your brothers in their daily life and its trail of joys, but also sorrows and difficulties of all sorts. You live in a world of hardness sorely devoid of love. It is every man for himself, acting like this is joyless. Selfishness hardens one's heart and generates all sorts of faults. Make some efforts to open up to your fellow creatures and be attentive to their problems; thus, no time is wasted. Understanding is an act of love. It requires no great promises; it is enough to surrender to God's will and to be willing to serve as a conduit. On Earth, time is short, much longer is the time for explaining oneself. Therefore, you should engage on this luminous road; it requires some efforts, but it is worth it. You, who are blessed with an effective spiritual method, don't neglect this aspect of sadhana. I strongly urge you to do so, with all my blessings."

Tell your friend that we will help her. Difficult days are in the offing; humanity will go through a great mutation in the next decade. One should better know how to pray to God, and to do it on a regular basis. A new era is in the making. It's high time for men to turn to wisdom. Continue, my child, to go to the main thing. Free yourself of useless things."

(After meditation.)

We are doing an important work on you. We are preparing you for great things. Be confident; be united more and more with the inner Master. You are moving towards unity. We bless you both. Jacqueline should not be worried about future times; 'sufficient unto the day is the evil thereof'. God is great; He helps pure hearts. Let her be surrendered to the Divine. Remain imbued with all this."

(In meditation.)

The Medium: "Babuji, I try to do as well as possible to satisfy you ..."

You are making efforts, it is well. Go further ahead. As I already told you, perseverance is required to go towards the higher levels. There is threshold where this becomes increasingly difficult. One must really remain focused on the goal to reach and go further into one's depths to be united with the Divine. Prayers as well as the impulses of the heart are not enough to go through the golden door - that which leads to the achievement of any true quest.

"Sahaj Marg is a simple spiritual way without any ritual addition, nor invocation of any sort. Its simplicity is effective when it is utilized as advised. We help our aspirants insofar as they work with ardour. We know that modern life, in the heart of the cities, is not conducive to contemplation; there is no need spending hours therein. One should only do what we recommend, with one's heart and also with love, which can only spread with time. With perseverance, all this will yield the best results. Blessings."

Your troubles will soon be over; your fate will improve. You should use your time advisedly, and not waste it on things of little importance.

"We watch over you and we have placed our confidence in you. Be completely surrendered. Your wish to serve is fulfilled, as you have known for a long time.

"Your love touches us infinitely; it compensates for your lack of steadfastness in sadhana. Do not take advantage of it and use it as an excuse. One day you will be with us, my child, and you will be able to show your worth."

The Medium: "Could I serve you at a higher level?"

"There is no level of action; there is service quite simply. Each action has its own importance, its effectiveness. This is true even for the smallest process. You should be aware of your luck. It is true that many say they communicate with us, but that isn't true; these are wild imaginings of their mind.

"Purify yourself through practice. The channel must enlarge more and more for our connection to be optimal. Blessings for this day of grace; remain in union with us."

The Medium: "Should I say something to Francoise?"

"One never goes overboard in doing the right things. She should speak at the ashram; we guide her. You should both meditate."

Do you believe that I did not have 'to endure' with my family? My sons made me suffer a lot. From life to life, we have to settle accounts with one another, without really knowing why. All these frictions are useful to our development. They encourage us more and more to go inside ourselves and find therein the strength to put up with sometimes difficult contacts with others; they can also, afterwards, give rise to beneficial reactions for us. One should take advantage of all experiences, good or bad. Therefore, whether you still consider her as your daughter or not, you have a karmic bond which cannot be untied by a statement. Nobody is perfect; biological daughters would have perhaps created other problems for you. You suffered enough from this in previous lives.

"Believe me, you are privileged. But, remember that it is not enough to repudiate someone for the situation to improve. Carry on your way; leave these minor incidents behind you. Take refuge in the sadhana; you have not understood this truly. The main thing lies elsewhere, far from all these daily life annoyances. They are meant only to let us better taste the joy of uniting with the Divine. Think well on this."

The Medium: "Babuji, I am not well." (Usual ill being.)

"This is nothing, meditate. You will feel better afterwards."

Babuji

(I actually felt better afterwards.)

(In meditation.

Vision of St. Therese of the Child Jesus, very beautiful, very present. She said to me.)

I have been sent by your beloved."

St. Therese of the Child Jesus

(It seems to me that she did something above my head, without any further information.)

It is not your sense of rigour that makes you move forward, it is love. It is your strength, your great strength. Never change. You know what I said about love. [My Master, page 80]. It is the world's driving force. When love prevails really on the Earth, it will pursue its planetary evolution. It settles, also, a kind of karma. The universal laws apply to all things."

The Medium: "Babuji, did I transcribe your message well?"

"Yes, you have done well; commune with yourself as much as possible today. You are my beloved daughter."

My Master, Chapter Love Page 80 in French Edition

I once asked Master to reveal to me the secret of quick progress in spirituality. Master said, "Create love in yourself, and then see the progress. Really speaking, love can conquer all, and love alone can do this. Everything else, every other force or power, creates a reaction which is not favourable. If you are annoyed you transmit anger, and the other person becomes angry in turn. If you use physical force, that too creates resistance followed by a reaction on its own plane. It is the same with everything else. But if you create love in your heart, then the reaction is also of love and love alone - and see, your job is done! So create love. It is with love that our ancient rishis were able to live in jungles with wild animals all around them. Love conquers even the wild animals. I am telling you one thing. If there is love in your heart for the Master, then the Master begins to love you. If you can bring this about then your work is almost done. The important thing is to knock on the door of his heart so vigorously that he is compelled to open it to you. Then what to say of progress, everything is there for you. What is the abhyasi's real duty? In my opinion he must do everything to make the Master turn towards him and once that is done the abhyasi can sit back and let the Master work for him. Who can resist love? As the abhyasi's love grows, so also the Master's love grows. And the Master now begins to think what he can do for the abhyasi. It is no longer necessary for the abhyasi to ask. What is there to ask for when the giver himself is thinking about what to give and when? Really speaking, a true Master is nothing but a mirror. What the abhyasi places before it is reflected by it. You understand this? In the Master himself there is nothing. You only take from what you yourself put

into him. Now, I am telling you something. There are people who accuse the guru of being partial to one or another of the abhyasis. Do you see how wrong this idea is? And it is also dangerous, for the idea of distrust and hatred may grow, and these also will be reflected. So we must create love and then see its working. I say it is the most potent power of Divinity."

The Medium: "Babuji, I beg you, I would like so much be able to return to the ashram. Only you can help me."

Are you ready to go there and receive blows?"

The Medium: "Let it be as you like, in any case, receiving blows here or over there, for as long as it's to serve, so... It's all related to my health problems. Babuji, you who have resuscitated a dead person, could you not put an end to [the pain caused by] some vertebrae which make my life a misery?"

"You know well that this suffering characterizes your life's path."

Babuji

Many things must change in the ashram. It should be restructured and confidence must be restored. The way human groups operate is not easy. This ashram has a special vocation. It should be a place to go on a regular basis and commune with oneself. It's somewhat as if a flame were to be maintained in there on a regular basis - a place of devotion in the heart of the city, a sort of sanctuary, and a place different from Augerans whose vocation is to organize big seminars. Are abhyasis able to understand that, and to overcome all their small personal, egotistic and egoistic reactions? Nobody is perfect; you should all be linked to each other by 'love'. When will you regard yourselves as a big family, respecting the characteristics of each person and seeing only the good aspect in your brother, the perfectible one? Instead of your dwelling always on the failings of others, actively fight against your own, and the situation will improve.

"Do you really want that, want to see this ashram growing and shining forth in Master's love? Our blessings are on you all, particularly on those who are actually willing to make this imposing effort for the development of the Mission.

"Think well of this proposal."

At the ashram, things must happen on their own, simply with faith and love. It only takes some people of goodwill; there are so many of them. Many of you have made good progress. Why waste all that in groundless conflicts? You should focus on your personal work. Be understanding; who is not mistaken?

"Let grow in you this flame that will raise you towards the Absolute, the Divine.

"It is simpler than you think. You make life complicated for yourself by falling into the trap of a material existence, difficult in many respects. Times will come when you will have to stick together, when you will regret these blessed years in which you did not really manage to take advantage of all that was offered to you. Make more efforts than ever to rise. This inner strength, which will develop in you, will help you to face up to future difficulties. Love one another. You can read this in scriptures of all times. Consider this truth as essential.

"Blessings to all."

My message will be short today.

"Love, tolerance and perseverance in the practice; you should get down to this program seriously. Do not waste time allowed to you. Make efforts to progress. Life is short, every if you think the opposite. Your assessments are not really accurate. As for the ashram, you know what I expect of you. Use the tools given to you. It is very simple; don't complicate things. Let yourself be carried by faith and devotion. Minimize the disadvantages of the material life. Render thanks for having such a spiritual means of advancing. So, take heart, get down to work.

"Blessings."

The Medium: "Is it really all you wanted to say, Babuji?"

"Yes, you are my beloved daughter; I carry you on my heart as per your wish."

(In sitting with Marie-Christine; end of a message given by Babuji.)

Each soul has a body and life necessary for its evolution."

Jacqueline should not worry for her future; we watch over her. Do not lose heart, my child. We understand your fears about future times. We are doing our best to make your life easier, but it will remain mainly what it is. You must continue to set an example and to comfort your fellow creature. Blessed are those who understand you and help you. Your path is not easy, but it is luminous. When you return to your fatherland, we will be here, present, and you will be happy. Remain surrendered, my child, we love you so much, you are not alone. A solution will be found to make your life easier. It is the most important part of your life; try to manage it as well as possible. Keep smiling; we bless you, as well as your friend. Don't worry for Nicole; we will see to it that she does not do silly things."

A new spirit seems to emerge among the abhyasis. The visit and the speeches of my son have made things move. One should never stop one's soul-searching. That is necessary for each one's evolution. A spiritual path requires constantly renewed efforts. The will is the driving force for moving forward. Faith and love are the torches illuminating the way, but it's hard and even testing to walk if one really wants to forge ahead. Each one has one's free will; we cannot force anybody. The system is at your disposal and we help those who are sincere in their process. Your fate lies in your hands. Whatever the means, your chosen pace, we bless you in your undertaking. The pure hearts will see the light; it's up to you to choose your way. Be in peace and in harmony with your brothers; thus will be laid the stones of a solid way, which you will be able to walk upon. My daughter, keep heart; do not sink into despair. I bless you. Enlightened souls will see one day who you are, and they will do their best to help you. We are doing everything possible to this effect. We love you."

Doors are opening for you, my child. It remains for you to do what is appropriate. You know what you should know. We are with you. Your life will change; it will take on its true meaning. You are entrusted with a mission, even if is not necessarily visible. We, we know. Do your level best. Your heart is touched by God's grace. It becomes the playing field of the Divine. We all rejoice for you. Be happy."

(For Jean-Michel and Claire.)

Claire's father is departing softly. He is not suffering much; this is important.

"The transition will be easy. We will await him. His stay on Earth was extended for his evolution; all is well. If you need to, break off, my son, until things are sorted out; but do not stop, will you? The Mission needs you. You have taken a great stride; it would be a pity to stop. Attend to your matters as well as possible and do the needful for your health. You will then make a fresh start. We will guide you. Don't lose heart, you are not forgotten; only that your views are not yours. Keep heart, as regards this mutation, which, in the final analysis, will benefit you. We bless you in your undertakings. You have done the right thing and you will do it in the future. Remain on this path, which is beneficial to your evolution.

"My daughter, forward all this to him, and tell him that we love him. He has done a lot for the Mission and he still has work ahead. We are with them. Blessings to the three of you."

All your being is under transformation. Your subtle bodies are restructuring. This should positively reflect on your physical body. Be careful and patient. Do not make any abrupt gestures. Keep a watch on yourself. Your condition is good. Try to maintain it. Do not worry like that for the future. Be more surrendered. Didn't we always help you? Keep joy in the heart, you are a privileged person. Rejoice for having such a path. The vicissitudes of life are momentary; you will laugh at them one day. We love you and we are indulgent with you. We find your boy-scout attitude amusing."

The Medium: "Will I be able to serve you in a more active way?"

"Wait a little until your health is restored. Do you realize the number of people you are helping, even unconsciously, you know. Don't be demoralized by some momentary disappointments. You heart is bathing in light. Show it. Neither does my son forget you, which you know also. Be blessed, my child."

The Medium: "Beloved Babuji, I would love to be close to you, always."

[&]quot;One day, you will.

[&]quot;Your Francois is very busy, but he cares for you."

Your problem is not easy to solve. We are trying to find a solution to help you. Do not lose heart. Meditate."

The Medium: "So, when one is liberated, they continue to suffer so much?"

"Liberation is not the end of the road."

The Medium: "O Babuji, I cannot stand it any more!"

"I thought you wanted to go as further ahead as possible in this life. We provide solace to your heart, my child, to help you to endure."

The Medium: "I would like so much to be able to go out again..."

"When you have taken stock of your confinement, you will see how much it is positive. Remember what I told J.-Michel. Our views are not yours. Humans are like ants moving blindly, though their path is all set and if they deviate from it, they all are disorientated. Take advantage of this period of your life. Thank God for all that you receive and for having been chosen to serve Him. Realize your luck; your live could have been dull and devoid of interest and yet you are our 'girl guide'. (Laughter) Look at your heart only; you will see only the beautiful inside, since God resides in it."

The Medium: "I will not be able to read this message to the others!"

"Let at least Francoise peruse it. Blessings to you both!"

Yes, I am here, my child, relax, and remain surrendered. Your path is thorny, but luminous. Life on Earth is a short stay, as I already told you.

"Make the most of your remaining time to reach higher planes; we will help you in that. We bestow our attention and love on you. Remain in the peace of heart and in harmony with your circle. Pure hearts will see who you are. You have yet to give a lot, to illuminate the souls which move around you. You are helping [people], even without your knowledge. There are mysteries not really perceptible by humans. What matter is to accomplish your life's path, you came for that; do your best. We try to find a way whereby you will be helped without it being too burdensome. Don't lose heart, be strong, my dear daughter!

"I bless you."

(With Arlette, Françoise, Anne-Marie. While we were meditating Babuji came and said to me.)

I will take your energy. Come close to me, I will show you how I work."

Babuji

(I saw each of them surrounded by a luminous spiral; in the end, they were like cocoons hanging in the air.)

(Meditation given by Patrick in the ashram.)

Your withdrawal from the ashram is desired. You are like a sponge; you absorb too much of what is not intended for you. We make sure that you manage to control this by transforming a mass of samskaras into positive energy. But, for the moment, your own evolution is more important. Let yourself be guided; you are not wasting time, believe me. Meditate well with Patrick, my child, you will be in communion with one another. Be in a state of grace and divine beauty.

"Until tomorrow."

Babuji

(Visit of Patrick at 6 p.m.)

Don't dwell on what the others think of our contacts. Our relationship is unique and can only give rise to incomprehension and envy in some people. That is not the targeted objective. These messages, shared with selected people in a limited way, do help ... such is the objective for the time being. Don't bother about human reactions. You know only too well how much they are disappointing. I suffered myself from it. The main thing is that we have this relationship. Indeed, who can really understand it? Didn't I often tell you that you were privileged? Carry on your path of love; You know that it opens many doors."