

FOOD IDEA

NEW LUNCHBOX IDEAS

DELICIOUS AND NUTRITIOUS
LUNCH BOX AND SNACKS
BOX FOR KIDS.

Quick WEEKNIGHT DINNERS

SWEET AND
DELICIOUS

HALLOWEEN KID'S PARTY

PLANNING A SAFE AND SPOOKY HALLOWEEN
PARTY FOR THE KIDS!

200

UNIQUE NEW
RECIPES



SIMRAN GUPTA
EDITOR-IN-CHIEF
OF FOOD MAGAZINE