Rivers and lakes are as old as the civilization itself. Cars, machines, railways and electronics have come much later. Even in prehistoric days rivers and takes formed the prime routes. They are always interesting and commercially important to the people who live near them, the people use it for their advantages commercially and also for their relaxation and amusement all through the year.

There are commercially advantageous and important. People nearby use it for tourism and they can take the profession of a tourist guide. They can give immense information about the rivers and lake to the tourists. Also the people nearby can team up and bring sustainable tourism. They can build small cottages where they live i.e. near these rivers and lakes. The tourists can live there and enjoy the beautiful view.

They can also be used your economic purpose. The cargo boats in the Ganges ply trade materials like the bamboos and logs of woods. In Myanmar and Yangon the timber trade is a regular feature of the commercial use of the rivers. When road traffic gluts in big cities, the authorities take recourse to the rivers. In Kolkata the Ganges now lends large scale relief to the town administrators, and boat ferries had made the movements of commuters and others much easier as well as healthier. Again the rivers provide and have provided a never- ending source of enjoyment, fun and games. The Dhakuria Lake, Kolkata becomes seasonally a site of delectable rowing by the members of Kolkata Rowing Club. The river Thames that skirts many towns and cities in England become alive often with rowing boats. This is needless to mention that this event is centuries old in England.

These days there are also adventurous feats for ambitious youths in which the river plays a significant role. Rafting is one of them which makes people feel awesome when they are in the river. Many young boys and girls jump into the fray regardless of the hazards of the game. It involves a pluck and courage to dare the turbulent current of the river. It usually takes place in the upper reaches of the Ganges. But the joy is in the adventure itself, a fit experience for the youth.

Thus, the rivers are the natural outlets of the stored energy of young men. These amusements and exercises are avowedly healthy ones and the phenomenon is steadily gaining ground. They are not only commercially and economically beneficial but also for the relaxation and amusement of people all through the year