

BEING IN GOOD VOICE With Flloyd Kennedy



Introduction to Voice Training For speakers and singers.

The Mini Vocal Warmup (MVM™) is a fun, easy program of 5 exercises.

Flloyd describes and demonstrates the exercises. Do them one at a time, or in sequence. Wake up your voice first thing in the morning and warm it down last thing at night.

Based on the Vocal Maintenance Program, the MVM prepares you to grow your voice, extend your range and helps keep your voice healthy for life.

Do the MVM before you give a presentation, make a pitch, begin a class or go into rehearsal. Do it before you embark upon more rigorous voice training.

Enjoy making funny noises, without strain or pain. Enjoy being creative with your voice.

www.being-in-voice.com