Reading report -----when enough is enough

Ⅰ.Background

Everyone has to make a lot of decisions every day. As a college student，we are always faced with the dilemma of making right choices. Everyone hope to make the rightest choice, and they don’t miss any opportunity placed in front of them. It's hard to bear seeing opportunities slip away. This can also be illustrated by our modern life which brings an abundance of options to choose from. Faced the opportunity, many people have a thought that this choice is good, but wait, and his next choice might be even better. However, when there are too many choices in life, people usually feel less happy and more depressed. This kind of situation is not uncommon and can be noticed everywhere, and in the end nothing seems "good enough

Ⅱ.body

The article is divided into four parts.

**The first part is the first paragraph to fourth paragraph. The first part state an example that the author go to the store to** buy a pair of jeans. It wasn't a big decision, little depended on author’s choice, but the author pick up for a long time.

**The second part is the fifth paragraph to ninth paragraph. The author finds the problem from the event buying** jeans that choices in modern life have increased tremendously. It's true that enforced restrictions with very limited or no choices make life unbearable, and having options does increase our sense of liberation and control.

**The third part is the tenth paragraph to fifteenth paragraph. The author analyses the reasons for this situation that we don’t know we should make** choices.

**The final part is the sixteenth paragraph to seventeenth paragraph. The author appeal to** let's pause and angle a bright light from the past into our modern times. Use your college years to stir your heart and renew your life. Withstand the pressure of too many choices to acquire more than you need. Specify what truly matters to you and what does not. Learn when enough is enough, and you will trace a path of contentment throughout your life.

Ⅲ.My point

As a college student，we should set up the right values, the outlook on life, the world outlook. We have a lot of opportunities which we need to choose in College. When we don’t know how to choose, we should remember “He who knows that enough is enough will always have enough.” whatever you make a decision ,you should remember that though what you choose may not be the best, but it is what you love.