The estimation procedure is as follows. Here $\|v\| = \max_{i} |v_i|$ Generate K random unit vectors $e_0^{(1)},...,e_0^{(K)}$ For j from 1 to N

Generate K random matrices $A_i^{(1)},...,A_i^{(K)}$ For k from 1 to K

Define $\alpha_{i}^{(k)} = \|A_{i}^{(k)} e_{i-1}^{(k)}\|^{\theta}$

End for

Define $\beta_j = \sum_{k=1}^K \alpha_j^{(k)}$

For k from 1 to K

Return $\frac{1}{N} \sum_{i=1}^{N} \ln \left(\frac{1}{K} \beta_{j} \right)$ as the estimate of $\frac{1}{N} \ln \left(E \left(\left\| \prod_{i=1}^{N} A_{j} e_{0} \right\|^{6} \right) \right)$

Define $e_{j}^{(k)} = \frac{A_{j}^{(k)} e_{j-1}^{(k)}}{\|A_{i}^{(k)} e_{i-1}^{(k^*)}\|}$ End for End for

Draw a random variable k^* from $\{1,...,K\}$ with probability $P(k^*=l)=\frac{\alpha_j^{(l)}}{\beta_i}$