



FlipFit Enterprise

JEDI BOOT CAMP 2026 CAPSTONE PROJECT






PRESENTED BY

Team Edith



The Ask – Where We Started

| Understanding the initial problem statement and the core expectations from the system.

-  Design and develop a **backend system** for the FlipFit Enterprise application from scratch.
-  Partner with multiple gyms across **Bangalore** and bring them onto a single unified platform.
-  Support management of **multiple gym centers**, each operating with fixed 1-hour workout slots.
-  Implement core functionality including **user registration, login, and role-based access**.
-  Enable users to **view availability** and **book workout slots** without conflicts or overbooking.

Project Scope & Objectives

The Goal: Transform a manual gym booking process into a **robust, digital enterprise backend**.



Multi-Center Management

Scalable architecture designed to seamlessly handle management and discovery for multiple gym centers across Bangalore.



Slot Logistics

Implementation of rigid 1-hour slots with strict fixed seat capacity enforcement to prevent overbooking scenarios.



Persistence

Full migration from volatile in-memory data structures to a robust, persistent MySQL relational database system.

≡ Execution Timeline

Delivery Roadmap

Phase 1

FOUNDATION PHASE

- ✓ **Requirement Analysis** & Database Design
- ✓ Core Java Implementation
- ✓ SME Consultations & Logic Planning
- ✓ Setting up Development Environment

Phase 2

REFINEMENT PHASE

- ✓ Integration of Backend with **MySQL (JDBC)**
- ✓ Comprehensive Testing & Bug Fixes
- ✓ Code Refactoring & Optimization
- ✓ Final Demo Preparation



The Squad

Project Stakeholders & Engineering Team

Deepanshu Singh (Leader)

Namita Bhatt (SubGroup Leader)

Shivam Singh Parihar

Ritik Kumar Gupta

Shivaramakrishna Karthikeyan

Dhruti Bhadoria

Shounak Kulkarni

Shubham Jha

Sambhav Singla

Parasagoni Vani



Technical Blueprint

Architecture & Development Tools



The Stack

CORE TECHNOLOGIES



Java 17 (JDK)

Core Backend Language



MySQL

Relational Persistence Database



Maven

Dependency & Build Management



MVC + DAO

Architectural Design Pattern



Dev Tools

ENVIRONMENT & QUALITY



IntelliJ / Eclipse / STS

Integrated Development Environment



Git & Github

Version Control & Collaboration



Draw.io

Documentation & Design





Core Functionalities

System Capabilities & Logic



User Ops

CLIENT SIDE

▶ Registration

Secure onboarding with validation

▶ Center Discovery

Browse locations & facilities

▶ Availability Checks

Real-time slot status view



Conflict Resolution

Intelligent logic that automatically detects overlaps. System triggers **auto-cancellation** of existing conflicting slots if a user books a new gym for the same time window.



Capacity Guard

Strict enforcement of seat limits. Atomic checks prevent **overbooking** beyond defined *n* slots per session, ensuring compliance with safety protocols.



Waitlist Algo

BONUS FEATURE

Automated queue management system. When a confirmed booking is cancelled, the algorithm instantaneously **promotes** the next user in the FIFO (First-In-First-Out) queue to a confirmed status and triggers notifications.



Code Quality & Practices

Engineering Standards & Workflow

● FLIPFIT STANDARD



Modularity ARCHITECTURE

Strict separation of concerns ensures maintainable and scalable code.

- ✓ Use of `Interfaces` for abstraction
- ✓ Decoupled implementation logic
- ✓ Component-based design pattern

Version Control WORKFLOW



Structured Git workflow to manage collaboration effectively.

- Feature-branch strategy ✓
- Pull Request (PR) reviews ✓
- Meaningful commit messages ✓



Defensive Coding RELIABILITY

Proactive handling of edge cases and potential system failures.

- ✓ Robust `try-catch` blocks
- ✓ Input validation & sanitization
- ✓ Graceful SQL failure handling

Analysis QUALITY ASSURANCE



Continuous inspection of code quality to detect bugs early.

- Static code analysis ✓
- Automated bug detection ✓



Roadblocks & Resolutions

Technical Hurdles & Engineering Solutions

FLIPFIT ENGINEERING

❗ CHALLENGE 01



Data Volatility

"Moving from In-Memory to Storage"

Initial prototype relied on volatile array lists, risking **critical data loss** during system restarts or crashes.



✅ RESOLUTION



JDBC Persistence

"Robust DAO Pattern Implementation"

Implemented a DAO layer with **JDBC transactions** connecting to MySQL. Ensures ACID properties and permanent storage.

❗ CHALLENGE 02



Race Conditions

"Simultaneous Booking Conflicts"

Concurrent users attempting to book the last slot resulted in **overbooking** and logical state inconsistencies.



✅ RESOLUTION



Atomic Synchronization

"Thread-Safe Booking Logic"

Applied **synchronized methods** and atomic transaction logic to serialize critical write operations and prevent conflicts.



Application Walkthrough

User Journey & Future Scope

LIVE DEMO READY

User Flow



LOGIN



SEARCH



BOOK SLOT



CONFIRM

Next Steps



Frontend Integration

Development of SPA using React/Angular



Payment Gateway

Secure processing for paid subscriptions

THANK YOU

Questions?

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