



Melbourne ACL Guide 2.0

revati bheemu - Pre-Op

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Passive Knee Extension (Degrees)

23

Passive Knee Flexion (Degrees)

23

Swelling/Effusion

1+

Strength Hamstrings

	Affected Limb	Non-affected Limb
Dynamometer	45	100
Limb Symmetry Index	45	



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Trial 1	Affected Limb	Non-affected Limb
	12	100
Trial 2	Affected Limb	Non-affected Limb
	23	100
Average	Affected Limb	Non-affected Limb
	17.5	100
Limb Symmetry Index	17.5	