## Why is WIsDoM Important?

- Over 1 million women with IBD in North America, most diagnosed during child-bearing years
  - These women deserve evidence-based fertility counseling
- High rates of voluntary childlessness in IBD patients based on unfounded fears- need more data to further reassure these patients
- No national databases on IBD and fertility worldwide to our knowledge
- Prospective data on fertility in IBD patients are needed to:
  - Provide accurate, data-driven assessments of the risk of sub- or infertility, based a patient's complete clinical picture
  - Appropriately counsel pre-operative patients on their risks of reduced fertility following surgery (open or laparoscopic; IPAA or other, including CD surgeries)
  - Create an evidence-based recommendations for timing of referral to ART for IBD patients
  - Create a risk calculator for reduced fertility/infertility based on identified risk factors to guide counseling and recommendations

## What is the WIsDoM Fertility Registry Study?

First **prospective** registry aimed to **define and quantify** the factors affecting fertility in women with IBD who desire pregnancy

# Who is Eligible for the WIsDoM Registry?

Eligible IBD patients: women **18-45 years** of age considering pregnancy in the **next 15 months** 

#### What Questions will WIsDoM Answer?

- Extent to which laparoscopic IPAA affects fertility and ART outcomes
- Which CD surgeries affect fertility
- What clinical and pathological features of CD cause reduced fertility at baseline
- Whether IBD medications affect fertility or ART
- Effect of sexual dysfunction on fertility
- Effect of mental health on fertility
- Effect of race, ethnicity, socioeconomic status, education on fertility
- Differences in time to pregnancy in women with IBD with or without surgery
- Whether there are modifiable risk factors for reduced fertility in IBD patients

#### What are the Aims of WIsDoM?

We seek to identify risk factors for reduced fertility in women with IBD.

- Primary outcome:
  - Impact of any IBD surgery on fertility (ability to conceive with timed, unprotected intercourse) and time to pregnancy
- Secondary outcomes:
  - Impact of laparoscopic vs open IBD surgery on fertility and time to pregnancy
  - Impact of other factors on fertility and time to pregnancy
    - Disease activity, disease subtype and phenotype, medications, sexual dysfunction, social determinants of health
- Will compare outcomes among IBD patients within our cohort, as well as to historical, non-IBD controls

## Who to Contact for Questions?

For collaborators:

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For patients/participants:

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