June to July 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|--|---|---|
| Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 2 Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 4 Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 5 Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 6 Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 7 Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice |
| Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 9 Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | Morning - Egg Sandwitch Afternoon - Congee Dinner - Chicken Dried Meat Tomato Rice | 11 Morning - Egg Sandwitch Afternoon - Noodle Dinner - Chicken Dried Meat Tomato Rice | 12 Morning - Egg Sandwitch Afternoon - Noodle Dinner - Chicken Dried Meat Tomato Rice | 13 Morning - Egg Sandwitch Afternoon - Noodle Dinner - Chicken Dried Meat Tomato Rice | 14 Morning - Egg Sandwitch Afternoon - Noodle Dinner - Chicken Dried Meat Tomato Rice |
| Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Tomato Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Tomato Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Potato Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Potato Rice | 19 Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Potato Rice | Morning - Oat Meal Afternoon -Egg Noodle Dinner - Chicken Dried Meat Potato Rice | 21 Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Potato Rice |
| Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Potato Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Dried Meat Potato Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner Chicken Potato Dried Meat Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Potato Dried Meat Rice | 26 Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Potato Dried Meat Rice | 27 Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Potato Dried Meat Rice | 28 Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Potato Dried Meat Rice |
| Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Potato Dried Meat Rice | Morning - Oat Meal Afternoon - Egg Noodle Dinner - Chicken Potato Dried Meat Rice | Morning - Oat Meal Afternoon - Congee Dinner - Chicken Dried Meat Potato Rice | | | | |