

# June to July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	2 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Dried Potato Rice	3 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	4 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	5 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	6 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	7 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice
8 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	9 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	10 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Congee <b>Dinner</b> - Chicken Potato Rice	11 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Noodle <b>Dinner</b> - Chicken Potato Rice	12 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Noodle <b>Dinner</b> - Chicken Potato Rice	13 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Noodle <b>Dinner</b> - Dried Meat Potato Rice	14 <b>Morning</b> - Egg Sandwich <b>Afternoon</b> - Noodle <b>Dinner</b> - Dried Meat Potato Rice
15 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Dried Meat Potato Rice	16 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Dried Meat Potato Rice	17 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Dried Meat Potato Rice	18 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Dried Meat Potato Rice	19 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Dried Meat Potato Rice	20 <b>Morning</b> - Congee Meal <b>Afternoon</b> -Egg Noodle <b>Dinner</b> - Chicken Potato Rice	21 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice
22 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice	23 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice	24 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> Chicken Potato Rice	25 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice	26 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice	27 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice	28 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice
29 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice	30 <b>Morning</b> - Congee Meal <b>Afternoon</b> - Egg Noodle <b>Dinner</b> - Chicken Potato Rice					