# Stefano Baraldo, MD

Stefano Baraldo Paraboli Silva
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I am a graduated general surgeon with a passion for GI endoscopy. My professional profile is oriented toward advanced endoscopy and oncology. I have received international training in both France and South Korea, and I am currently enrolled in the WEO's Emerging Stars program while studying for my master's degree. I have also successfully passed the USMLE Step 1 and am now preparing for Step 2.

#### Work experience

AUG 2025 - TODAY

GI Endoscopist | Moriah Hospital, Sao Paulo - Brazil

Endoscopist practicing general and advanced endoscopy.

Diagnostic and therapeutic EUS, ERCP.

AUG 2017 - NOV 2024

GI Endoscopist | Barretos Cancer Hospital, Barretos - Brazil

Endoscopist practicing advanced endoscopy.

- Diagnostic and therapeutic EUS, ERCP, GI tract stenting, mediastinal EUS, and EBUS.
- Polypectomies and EMRs are routinely conducted as part of one of the largest public colorectal cancer surveillance programs in Brazil.

AUG 2017 - FEB 2018

GI Endoscopist | São Luiz - Rede D'Or, Sao Paulo - Brazil

Responsible for routine diagnostic endoscopic ultrasound.

Practicing endoscopic ultrasound in a private setting with a high volume of EUS-FNA cases.

APR 2017 - FEB 2018

GI Endoscopist | Prevent Senior Luiz - Rede D'Or, Sao Paulo - Brazil

Worked in the colonoscopy department at one of Brazil's largest health insurance hospitals, specifically with Prevent Senior insurance, which focuses on the healthcare needs of elderly patients.

Gained experience with lengthy and challenging colonoscopies

MAR 2016 - MAR 2018

Gl Endoscopist | Dr. Moysés Deutsch Municipal Hospital, Sao Paulo - Brazil

Endoscopist responsible for endoscopic urgencies

Hospital reference for urgent cases, such as bleeding and foreign bodies.

#### **Volunteer Positions**

JUL 2025 - PRESENT

**WEO Alumni Committee** | WEO – World Endoscopy Organization, *Munich - Germany* Member of the WEO Alumni Committee.

MAR 2022 - NOV 2024

**GI Endoscopy Residency Program Director** | Barretos Cancer Hospital, *Barretos - Brazil* Director of the residency program on GI Endoscopy.

MARCH 2023 - OCT 2024

**Member** | Ethics Committee - Barretos Cancer Hospital, *Barretos - Brazil* 

Working with the Ethics Committee, representing the Brazilian Medical Society within Barretos Cancer Hospital.

AUG 2017 - NOV 2024

**GI Endoscopy department representative |** Tumor Board – Department of Surgery, Department of Endoscopy - Barretos Cancer Hospital, *Barretos - Brazil* 

Discussion of challenging cases in multidisciplinary meetings.

#### **Formal Education**

SEPT 2023 - PRESENT

Master's student | Institute for Teaching and Research, Barretos Cancer Hospital, Barretos -

Pursuing advanced studies in Pancreatic Cancer Molecular Characteristics at the Institute for Teaching and Research, Barretos Cancer Hospital.

- Thesis title: Assessment of KRAS Mutation Frequency in Pancreatic Cancer and Its Potential as a Diagnostic Biomarker in Liquid Biopsy
- Thesis defense schedule: the second semester of 2025.

MAR 2016 - MAR 2017

**Endoscopic Ultrasound Residency** | Santa Casa de Sao Paulo College of Medical Sciences, *Sao Paulo, Brazil and Marseille, France (details in the Training Section)* 

MAR 2014 - MAR 2016

Gl Endoscopy Residency | Santa Casa de São Paulo College of Medical Sciences, Sao Paulo, Brazil

MAR 2012 - MAR 2014

**General Surgery Residency |** Pontifícia Universidade Católica de São Paulo (PUC-SP), *Sorocaba, Brazil* 

JAN 2006 - JAN 2011

Medical Degree | Pontifícia Universidade Católica de São Paulo (PUC-SP), Sorocaba, Brazil

### **Awards**

Best Abstract Award Grant | ENDO 2024, Seoul, South Korea.

World Congress of GI Endoscopy.

"EUS-guided Gastroenterostomy vs. Enteral Stenting for Malignant Gastric Outlet Obstruction: A Systematic Review and Meta-Analysis".

## **Conferences**

MAY 2025

Panelist | APAGE-ELC Webinar Series

Asian Pacific Association of Gastroenterology (APAGE) Emerging Leaders Committee (ELC) online event.

- "Role of Cholangioscopy in Biliary Strictures: Current Concepts, Controversies, and Innovations."
- "US-guided gallbladder drainage: When, Where, and How?"

MAY 2025

Speaker and Moderator | Digestive Disease Week (DDW) - San Diego, USA

American gastrointestinal conference.

- Presented on "State-of-the-art presentation: Surgery as the management of cholecystitis? Pro Endoscopic Management."
- Moderated the session "Breaking Boundaries: Elevating ERCP for Exceptional Outcomes."

MAR 2025

**Speaker and moderator |** EURO-EUS / Next-Generation EUS - San Raffaele Scientific Institute, *Milan, Italy* 

European EUS conference directed by Paolo Giorgio Arcidiacono.

- Presented about research, networking, and consensus building.
- Moderated two sessions of live advanced endoscopy cases.

AUG 2024

**Speaker |** 1<sup>ST</sup> São Paulo Meeting of SOBED Endoscopy Training Centers 2024 - University of Sao Paulo Faculty of Medicine - Clinics Hospital, *Sao Paulo, Brazil* 

The Brazilian Society of GI Endoscopy organized the first meeting of São Paulo state residents.

Presented a lecture about post-ERCP pancreatitis.

**OCT 2018** 

**Speaker |** EUS Summit 2018 & WISE 2018 (Module III) & 17<sup>th</sup> KSGE EUS Hands-on Workshop, ASAN Medical Center, *Seoul, South Korea*.

The EUS Summit 2018 in Seoul focused on advanced EUS-guided interventions and diagnostic techniques, with lectures and hands-on training for experts and trainees across Asia.

Presented on "Endoscopic Ultrasound Anatomy of the Pancreatobiliary System in a Swine Model: The WISE experience."

# **Other Teaching Experiences in Events**

MAR 2018 - NOV 2024

Faculty | IRCAD Latin America, Barretos, Brazil

IRCAD Latin America Barreto's facility hosts two international GI endoscopy courses yearly: one on ESD and the other on pancreatobiliary endoscopy.

**EVENTS** 

**Associate Faculty** | Brazilian Society of Endoscopy, *Brazil* 

Teaching with the SOBED (Brazilian Society of Digestive Endoscopy) during training program events.

## **Publications**

The gallbladder drainage odyssey: Are we reaching the shores of EUS-guided bridge to surgery? **Baraldo, Stefano**, Gastrointestinal Endoscopy, 2025, August, Volume 102, Issue 2, 181 – 183. doi: 10.1016/j.gie.2025.04.012

<u>Baraldo S</u>, Meine GC, Espirito Santo PA, Barbosa EC, Nau AL, Keane MG, Chavan R, Kuo YT, Ligresti D. Fully covered self-expandable metal stents versus multiple plastic stents for the treatment of post orthotopic liver transplant anastomotic biliary strictures: An updated systematic review and meta-analysis of randomized controlled trials. Surg Endosc. 2024. doi:10.1007/s00464-024-11467-6

Florencio de Mesquita C, Antunes V, Milioli NJ, Fernandes MV, Correa TL, Martins OC, Chavan R, <u>Baraldo S</u>. Endoscopic ultrasound-guided coiling plus glue injection compared with endoscopic glue injection alone in endoscopic treatment for gastric varices: A systematic review and meta-analysis. Gastrointest Endosc. 2024 Oct 8. doi:10.1016/j.gie.2024.10.005

Fernandes MV, Milioli NJ, Livramento Junior VA, Correa TL, Martins OC, Florêncio de Mesquita C, Maida M, <u>Baraldo S</u>. EUS-guided gastroenterostomy vs enteral stenting for malignant gastric outlet obstruction: A systematic review and meta-analysis. Tech Innov Gastrointest Endosc. 2025;250926. doi:10.1016/j.tige.2025.250926.

Martins OC, Antunes VA, Costa MCP, Florêncio de Mesquita C, Correa TL, Fernandes MV, Milioli NJ, <u>Baraldo S</u>. Evaluating the use of EUS-guided hepaticogastrostomy combined with antegrade stenting for malignant biliary obstruction and comparing to EUS-guided hepaticogastrostomy alone for patients who failed ERCP: a pairwise and single-arm meta-analysis. Surg Endosc. 2025 May 5. doi: 10.1007/s00464-025-11760-y.

Chavan R, Ligresti D, <u>Baraldo S</u>, Keane G, Kuo YT, Mamone G, Quintini D, Nabi Z, Rajput S, Tarantino I. A station-wise approach to liver anatomy for linear endoscopic ultrasound. *VideoGIE*. 2025. doi:10.1016/j.vgie.2025.06.006

Correa TL, Antunes VLJ, Bulhoes E, Bolner G, Martins OC, Florencio de Mesquita C, Fernandes MV, Milioli NJ, <u>Baraldo S</u>. Somatostatin analogs in the treatment of gastrointestinal angiodysplasia bleeding: A systematic review. Gastroenterol Hepatol Bed Bench. 2024;17(4). doi:10.22037/ghfbb.v17i4.3001

Ligresti D, <u>Baraldo S</u>, Chavan R. Endoscopic ultrasound-guided biliary drainage in a novel radiofrequency ablation-based swine biliary dilatation model. Endoscopy. 2019;51(7):162–3. doi:10.1055/a-0867-9348

Chavan R, <u>Baraldo S</u>, Patel N, Gandhi C, Rajput S. Technical tips for EUS-guided embolization of varices and pseudoaneurysms. VideoGIE. 2024. doi:10.1016/j.vgie.2023.12.006

Correa TL, Keko M, Danielian P, Modest AM, Antunes V, Costa MCP, Fernandes MV, Milioli NJ, Martins OC, <u>Baraldo S</u>, Bockorny B. Association between ABO blood groups and pancreatic cancer outcomes: a systematic review and meta-analysis. *Pancreatology*. 2025. doi:10.1016/j.pan.2025.06.002

Chavan R, <u>Baraldo S</u>, Rajput S. Inclusion of patients with duodenal obstruction in endoscopic retrograde cholangiopancreatography group: Not a right intention. Gastroenterology. 2023. doi:10.1053/j.gastro.2023.05.011

Chavan R, <u>Baraldo S</u>, Patel N, Gandhi C, Rajput S. Technical tips for endoscopic ultrasound guided embolization of varices and pseudoaneurysm. VideoGIE. 2023. doi:10.1016/j.vgie.2023.12.006

Ligresti D, Kuo YT, <u>Baraldo S</u>, Chavan R, Keane MG, Seleem S, Seo DW. EUS anatomy of the pancreatobiliary system in a swine model: The WISE experience. Endosc Ultrasound. 2019;8(4):249–54. doi:10.4103/eus.eus\_10\_19

Barbosa EC, Espirito Santo PA, <u>Baraldo S</u>, Meine GC. Remimazolam versus propofol for sedation in gastrointestinal endoscopic procedures: A systematic review and meta-analysis. Br J Anaesth. 2024. doi:10.1016/j.bja.2024.02.005

Santo P, Meine G, <u>Baraldo S</u>, Barbosa E. Cold endoscopic mucosal resection versus cold polypectomy for colorectal lesions: A systematic review and meta-analysis of randomized controlled trials. Endoscopy. 2024. doi:10.1016/j.gie.2024.04.1782

Martins OC, Antunes V, Florêncio de Mesquita C, Correa TL, Fernandes MV, Milioli NJ, **Baraldo S**, Chavan R, Maluf-Filho F. The addition of endoscopic sphincterotomy to biliary stent placement and its impact on the risk of adverse events: An updated meta-analysis of randomized controlled trials. Gastrointest Endosc. 2024. doi:10.1016/j.gie.2024.05.014

Barbosa EC, Espirito Santo PA, <u>Baraldo S</u>, Nau AL, Meine GC. EUS-versus ERCP-guided biliary drainage for malignant biliary obstruction: A systematic review and meta-analysis of randomized controlled trials. Gastrointest Endosc. 2024. doi:10.1016/j.gie.2024.04.019

Maida M, Celsa C, Lau LHS, Ligresti D, <u>Baraldo S</u>, Ramai D, Di Maria G, Cannemi M, Facciorusso A, Cammà C. The application of large language models in gastroenterology: A review of the literature. Cancers. 2024. doi:10.3390/cancers16193328

Correa TL, Martins OC, Fernandes MV, Milioli NJ, Antunes V, Florêncio de Mesquita C, <u>Baraldo S</u>, Gallo de Moraes A. Effectiveness of transjugular intrahepatic portosystemic shunt creation for the treatment of hepatopulmonary syndrome. *Journal of Vascular and Interventional Radiology*. 2025. doi:10.1016/j.jvir.2025.06.010

Antunes VLJ, Correa TL, Manoj MA, Fernandes MV, de Mesquita CF, Martins OC, Milioli NJ, **Baraldo S**, Amaral S, Lima JP. Comparative analysis of supraglottic versus infraglottic airway in endoscopic retrograde cholangiopancreatography: a systematic review and meta-analysis. *Gastroenterology and Hepatology from Bed to Bench*. 2025;18(1). doi:10.22037/ghfbb.v18i1.3044

Milioli NJ, Fernandes MV, Correa TL, Antunes V, Martins OC, Florêncio de Mesquita C, <u>Baraldo</u> <u>S</u>, Furfaro F. Vedolizumab versus ustekinumab in Crohn's disease with prior anti-tumor necrosis factor failure: An updated meta-analysis. Eur J Gastroenterol Hepatol. 2024. doi:10.1097/MEG.0000000000002817

Espirito Santo PA, Meine GC, Nau AL, Barbosa EC, <u>Baraldo S</u>, Lenz L, Maluf-Filho F. Endoscopic ultrasound-guided versus percutaneous liver biopsy: A systematic review and meta-analysis of randomized controlled trials. Endoscopy. 2024. doi:10.1055/a-2368-4608

Barbosa EC, Aguirre JM, Bertoldi PFE, Espirito Santo PA, <u>Baraldo S</u>, Nau AL, Meine GC. Intravenous lidocaine with propofol-based sedation for colonoscopy: A systematic review and meta-analysis with trial sequential analysis. Anaesthesia. 2025 Mar 18. doi:10.1111/anae.16563

Santo P, Meine GC, Holanda EU, Barbosa EC, <u>Baraldo S</u>, Nau AL, Moore KMH. Thermal ablation of margins for recurrence prevention after endoscopic mucosal resection: A systematic review and meta-analysis. Surg Endosc. 2025;39:741–8. doi:10.1007/s00464-024-11498-z

# **Editorial Experience**

Peer-Reviewed for Gastrointestinal Endoscopy Journal and Surgical Endoscopy Journal.

# **Other Training**

JAN 2025 - DEC 2027

**Trainee** | World Endoscopy Organization (WEO) – Emerging Stars

The Emerging Stars initiative, organized by the WEO Education Committee, aims to equip a select group of promising young doctors with the skills necessary to become leaders in digestive endoscopy. This program seeks to establish a network of "next generation" expert endoscopists and is structured around a curriculum that includes three training modules (https://www.worldendo.org/education/emerging-stars)

- The first training took place in Munich at the end of February 2025.
- Next training scheduled to the end of January in Singapore.

MAR 2018 - FEB 2019

Trainee | WISE (WEO International School of EUS), ASAN Medical Center, Seoul, South Korea.

One-year state-of-the-art Endoscopic Ultrasound (EUS) training program by the WEO under Professor Dong-Wan Seo's direction. The program focused on a specialized group of early-career doctors. Covering basic anatomy to interventional EUS, it comprised lectures, case presentations, and hands-on training with phantoms, as well as live animals.

(http://www.worldendo.org/education/weo-international-school-of-eus-wise/)

- Developing new skills in EUS drainages and enhancing techniques in FNA and anatomy delineation
- Great opportunity to practice in high-end training centers under the mentorship of Prof. Seo.

JAN 2016 - MAR 2016 AND AUG 2016 - OCT 2016

**Trainee** | Paoli-Calmettes Institute, *Marseille, France*.

Part of a special training program for endoscopic ultrasound under the guidance of renowned Dr. Marc Giovannini. One of the major Hospitals of France. Development of diagnostic and therapeutic techniques for EUS.

#### Links

Google Scholar:

https://scholar.google.com.br/citations?user=CM0WQBAAAAAJ&hl=en&oi=ao

- LinkedIn: https://www.linkedin.com/in/stefanobaraldo/
- Twitter/ X: <a href="https://x.com/stefanobps">https://x.com/stefanobps</a>
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### Languages

Portuguese: Native

English: Fluent

French: Intermediate

#### **Abbreviations**

- EUS: Endoscopic Ultrasound
- **ERCP:** Endoscopic Retrograde Cholangiopancreatography
- EMR: Endoscopic mucosal resection
- GI: Gastrointestinal
- WEO: World Endoscopy Organization
- SOBED: Brazilian Society of Gastrointestinal Endoscopy (Sociedade Brasileira de Endoscopia Digestiva)
- IRCAD: Institut de Recherche contre les Cancers de l'Appareil Digestif (Institute for Research on Cancers of the Digestive System)
- ESD: Endoscopic Submucosal Dissection